

ANDOVER TOWNSMAN

Making a Difference

Some Andover families have 'adopted' grandparents

In Andover there are scores of residents who go out of their way to help others, who give back perhaps more than they take from their community. With this story about adopting grandparents, the Townsman begins a series on people Making A Difference. Readers' nominations for the series are welcomed.

By Lisa Boudreau

TGIF – Thank Goodness it's Friday – has more than whimsical meaning to Acel and Dorothy Workman, who live at Wingate Nursing Home on Andover Street. They never had children of their own and do not have relatives living in the area.

(Continued on page 51)

Making a Difference:

The Townsman is looking for readers' nominations for its new series, Making a Difference, stories about people in the community who are giving back as much as they are getting from living or working in Andover.

Appropriate stories are those about children and adults who have gone out of their way to make life better for someone or some group.

Call Editor Perry Colmore or Reporter Lisa Boudreau at 475-1943 with your nominations. Or fax them to 470-2819.

Bingo!

State law says local seniors' bingo game take is too large

By Lisa Boudreau

Winners of the Friday bingo games at the Andover Senior Center may not leave the game table with as much money as they have in the past. Pots may soon be cut in half, due to a state law that regulates how much money bingo players can win.

Bingo players at tomorrow's game, Friday, May 7, will not see any changes, said center director Sharon Souza. But she was notified by the state Lottery Commission last month that the Andover Senior Citizen bingo games are in violation of state laws mandating that senior citizen bingo pots may not exceed \$5 per game.

"It is totally ridiculous," said Ms. Souza.

(Continued on page 84)



Photo by Matthew Sapienza

Aldene Large, of 17 Ballardvale Road, holds a bouquet of flowers, her prize for winning the Townsman's Mother's Day essay contest: What I Learned From My Mother. She also holds a photo of her mother, Hazel Pollard, age 93, who received the flowers from her daughter soon after this photo was taken.

What I Learned From My Mother

Sunday is Mother's Day. Aldene Large, of Ballardvale Road, won the Andover Townsman's Mother's Day contest. Contestants wrote about What I Learned From My Mother. What follows is Ms. Large's essay. Other essays from the contest are printed on page 42.

By Aldene Large

I lift the spoon and she opens her mouth like a

fledgling. Under my hand I feel the gnarled fingers, and my thumb strokes the wedding ring placed on her finger 73 years ago. No light shines behind her eyes – does she know me? There is an emptiness between us that I cannot penetrate. Are you in there, Mother?

Images of the past become

(Continued on page 42)

Property revaluation inspections begin

By Don Staruk

Employees of Patriot Properties Inc., of Peabody, the private contractor hired by the town to perform physical inspections of all residential properties, began work last week. The inspection process could last about six months.

For the first time since 1979 or 1980, Andover is doing a complete inspection of all property for revaluation purposes. The residential inspections are being paid for with \$125,000 approved at Special Town Meeting last fall, plus approximately \$45,000 garnered from unexpended balances in other accounts. Town employees will inspect all commercial and industrial property.

Data gathered will affect the fiscal 1994 tax bills. The fiscal '94 tax rate would normally use the Jan. 1, 1993, valuations, but those will

(Continued on page 41)

Job sharing: Andover couple will be co-pastors of a church

By Alix Driscoll

The Rev. Susan Horgan Baker and her husband, Richard Baker, will begin sharing a job in June. They will be co-pastors of the United Church of Christ in Somerset. The two were determined to work together.

Last month, Rev. Horgan Baker was ordained at West Parish Church, her congregation for 20 years. In a month, Mr. Baker will earn his master of divinity degree.

This is a change of careers for them both. Susan Baker, a native of Ohio, taught, raised four children in Andover, and worked in the corporate world. Over the years, she chaired many West Parish Church commit-

(Continued on page 43)

INSIDE:

- Six teens charged with breaking into a house to party: page 2.
- 23 AHS juniors are Merit high scorers: page 26.
- Girls go to work with adults: Editor Perry Colmore writes with her guest: page 44.
- Pike School fair, Crafts in The Park, both this weekend: pages 18 and 28.

NEXT WEEK:

- Dogs, cats, horses, rabbits, lizards and more: Your photos in a special section.

Six teens arrested in house break

By Don Staruk

Six juveniles were arrested inside a house on High Plain Road two weeks ago after allegedly breaking into the home while its owners were on vacation, drinking beer and vodka and using the home owners' car to pick up other members of the group, according to police.

The incident was not reported in this newspaper earlier because it was omitted from the version of the police log available to the *Townsmen*.

A neighbor watching the house of Joseph and Maureen Morrison, of 18 High Plain Road, while the Morrisons and their children were on vacation, called police at 9:46 p.m. on Wednesday, April 21, to report seeing youths in the house.

Police responding

All six youths were booked at the police station, each charged with breaking and entering with intent to commit a misdemeanor (trespassing) and possession of liquor.

to the call entered the Morrison home with a key provided by the neighbor and found a juvenile female inside. The girl said she was alone and that she was a friend of the family and had permission to be there. But in checking further police found five more youths, four boys and another girl, all ages 13 to 16 years old, in the cellar with both open and unopened beer, a bottle of vodka and a half gallon of orange juice for mixing drinks.

"Six teen-agers were having a party in the cellar," said

Lt. Richard Enos.

All six youths were apparently friends of the Morrisons' teen-age daughter. They had forced open a basement window and crawled in. The two girls, aged 15 and 16, had taken the Morrisons' car and used it to pick up other members of the group, according to police. The 16-year-old is a licensed driver.

All six youths were booked at the police station, each charged with breaking and entering with intent to commit a misdemeanor (trespassing) and

possession of liquor. The two girls were also charged with unauthorized use of a motor vehicle.

The six may be referred by the court to the town's juvenile diversion program for first-time offenders and be required to perform community service projects, according to police.

Deadline for school news is Friday at 5 p.m.

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Head injury group to meet

The Merrimack Valley Region of the MA Head Injury Association "Circle of Friends" will meet Wednesday, May 12, from 7 to 9 p.m. at Vision House, 460 East St., Tewksbury. Micheal

Ogott from the Statewide Head Injury Program will discuss the program.

For more information, call Lisa Goguen at 241-3889 or Pat Callanan at 658-6622.

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CLASSIFIEDS

NEWS IN BRIEF

What to do with brush, leaves?

By Lisa Boudreau

The town's brush dump will be open for eight days during the next two weeks so residents can drop off small bundles of wood debris, except leaves. The brush dump is located on Ledge Road, which connects Greenwood and Chandler roads. It will be open Wednesday, May 5, through Friday, May 7, and Wednesday, May 12, through Friday, May 14, from 3:30 to 7 p.m. It will also be open Saturday, May 8, and Saturday, May 15, from 9 a.m. to 5:30 p.m.

Leaves may not be deposited at the brush site. Leaves can be discarded at the town's leaf composting site at Bald Hill off High Plain Road. Residents can carry bags of leaves into the composting site at any time and deposit the leaves. Paper and plastic bags may not be left with the leaves. Bags must be taken off the Bald Hill site and discarded properly.

Bike race to close some streets Sunday

A few streets in Andover will be closed to traffic Sunday, when Phillips Academy will host its twelfth annual New England high school cycling race.

From 1:30 to 5 p.m., the loop encompassing Old Campus Road, School Street, Central Street and Phillips Street will be closed to parking and motor traffic. See the sports pages.

Habitat plans dedication

Greater Lawrence Habitat for

Humanity will dedicate two new homes on Saturday, May 22, at 3 p.m. The homes are located at 8 and 10 Mason St., Lawrence. The dedication will include entertainment and refreshments. Everyone is welcome.

Public invited to observatory

There will be an open house at Merrimack College's Observatory, located in the new Science, Engineering and Technology Center, on Thursday, May 20, from 7 to 10 p.m.

A slide show, "A Quick Tour of the Universe," will be presented by Dr. Thomas Morrill, physics professor at the college. There will be a demonstration and visitors will be able (weather permitting) to view the heavens through the 20-inch reflecting telescope.

Meet in Room 273. Observatory open houses will be held (weather permitting) on the third Thursday of every month. For information, call Dr. Morrill at 837-5000, Ext. 4281.

Checking cholesterol

The Andover Board of Health will hold a cholesterol screening clinic Wednesday, May 12, from 9 a.m. to noon, for Andover residents only. An appointment is necessary.

The simple fingerstick test for total cholesterol costs \$5 and does not require fasting. The program includes dietary counseling by the public health nurse and referral to your private physician for follow-up care as needed.

For more information or an appointment, call the health department at 470-3800, Ext. 255.

CLT gives Coon a perfect score

State Rep. Gary M. Coon, R-Andover, scored a perfect 100 legislative rating on taxpayer issues for his 1991-1992 voting record, as released by Citizens for Limited Taxation (CLT).

The rating was based on 20 votes regarding measures to increase the sales and state income tax, repeal the sales tax on services, change Proposition 2½ extend the deeds excise and several votes regarding term limits.

According to Rep. Coon, "It is gratifying to be named 'Friend of the Taxpayer' on Tax Freedom Day. We in government can never forget that the money we spend is not 'ours'; it comes from the hard-working people we represent. Tax Freedom Day is a good reminder of that fact."

CLT released the ratings May 3 to coincide with Tax Freedom Day. According to CLT, "Tax Freedom Day, as tabulated by the Washington-based Tax Foundation, is the day upon which the average taxpayer begins to keep his own money after paying out to all the government levels from Jan. 1 to May 2."

Rep. Coon vowed "to continue the fight for fiscal responsibility in Massachusetts through spending restraint and efficiencies, not raising taxes."

Correction

Due to a reporting error in a story about the new Dunkin' Donuts franchise, at 96 Main St., in last week's Townsman (page 10), the name of the store's owner was misspelled. The owner's name is Frank Pino.

Story idea? Call Townsman Editor Perry Colmore at 475-1943.

Quote, unquote . . .

'It's to the homeowner's benefit to let us in.'

Home inspector Scott Bedard, who is one of four people doing revaluations on Andover houses, pages 1, 41

'I didn't really have any hope at all when I walked into Dr. Horsley's office because I was stone blind in one eye, and only had about 20 percent of my vision in the other.'

Story about a mother and a son, both of whom had eye surgery with remarkable results, page 19A

'She belonged to no organizations, she held no titles, received no awards, chaired no committees, she bore no degrees. She carried patience in her pocket, she wore rings of integrity and decorum and a necklace of courage, determination and faith.'

Aldene Large, writing about her mother, pages 1, 42

Index

Automotive	60-62
Business	8-15
Classified / Real Estate	68-83
Editorials	44
Entertainment	27-30
Menus	20
News Calendar	61
Obituaries	38, 39
Police Log	50
Property Transfers	69
Religion	35-37
Schools	16-26
Senior Citizens	60
Social news	31-34
Sports	57-59, 62
Towntalk	59

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Planners need \$6K more for Andover High alcohol-free graduation party

By Lisa Boudreau

Andover High School's all-night, drug- and alcohol-free graduation celebration is planned for Monday night, June 7, from 10 p.m. to 5 the next morning. Jane Batts, one of the parent coordinators of the event, said the planning committee has raised about half of the \$12,000 it needs to cover the evening.

The theme of the event is the Senior Safari and the school's gym will be transformed into a jungle. A local florist has pledged to loan the group plants and the decorating committee is busy making paper palm trees, butterflies and other jungle-like items.

Ms. Batts, whose daughter, Jennifer, is a senior at AHS, said her committee is looking for people to donate any decorations or accessories that will complement the safari motif.

"We could use mosquito netting, stuffed animals like birds and monkeys, and, of

course, we could use money," she said.

The planning committee has received donations from parents and a few businesses from town and nearby communities. Ms. Batts said a few local nurseries will loan the group plants and flowers and the Burger King chain of fast-food restaurants will provide a Whopper Hopper, an inflatable romper room shaped like a giant hamburger.

Some of the activities planned for the evening are movies, dancing, fortune telling, handwriting analysis, volleyball, Karaoke, pizza, subs and ice cream smorgasbord.

Students will sell beach towels to raise money for the event.

Tickets will not be available at the door. They are \$15 and must be purchased before the event, said Ms. Batts.

Students will have to sign up for the event and register at the door. They will not be allowed to leave the gym unless a parent or guardian is notified. Parents will also be notified if their child bought a ticket, but did not show up for the safari, she said.

To contribute to the event, people can send checks to the Andover High Senior Celebration Committee, Andover High School, Shawsheen Road, Andover, Mass. 01810, or contact Jane Batts, 16 Argyle St., or Judy Reghitto, 17 High Plain Road.

950 AHS lockers fixed after defect noted

By Lisa Boudreau

A manufacturer's defect in the locking mechanism of 950 lockers at Andover High School resulted in a number of thefts last month at the school.

Steve Richardson, assistant principal at Andover High, said many students reported clothing, money and personal items such as Walkmans and compact discs, stolen from their lockers during the past three or four weeks. About 30 thefts have been reported

since the school year began, said Mr. Richardson. He did not know how many thefts were a result of the defective lockers.

Students have the option of reporting thefts to Andover police, said Mr. Richardson. Some thefts such as car radios and large sums of money are automatically reported, he said.

The administration replaced the 950 defective locking mechanisms during a three-week period of time.

There are 1,250 students at AHS and approximately the same number of lockers. During

the past few years the school has replaced old lockers. Mr. Thomas said about two-thirds of the new lockers had defects in their locking mechanism that allowed them to be opened by sliding the padlock to one side.

The manufacturer gave the high school free replacement parts that made the lockers tamper-proof, he said.

The company that installed the lockers attached the new pieces and charged the school system \$1 per locker, Mr. Thomas said.

Menus are on page 20

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Figuring music teachers for the public schools

By Lisa Boudreau

School Committee members told the superintendent they do not completely agree with his plans on how to spend the extra \$260,000 in state aid Andover is slated to receive. At their Tuesday night meeting members said that adding more hours to senior music teachers' schedules is not a cost-effective solution to resolve the staffing shortages in the instrumental music program next year. Committee members agreed that \$28,000 is too much to pay to receive the work equivalent of six-tenths of a full-time position.

"I'd like to try and find a full-time teacher at that salary," said committee member Mary Lyman.

Ms. Lyman said that adding more hours will mean that at least one music teacher will have to commute to seven buildings next year. Her suggestion was supported by committee member Dick Muller, who said the administration should even consider hiring a part-time instrumental teacher if a full-time teacher cannot be hired at that price.

The problem

Next fall a tenured vocal teacher will return to the system from an unpaid leave. Stephen Livingston, the substitute hired to take the place of the returning teacher, is trained to teach instrumental lessons. He will be let go because the administration said

it does not have enough money to pay another salary. As a permanent substitute, Mr. Livingston will make approximately \$24,000 this year.

There is a set salary for substitutes. Full-time teachers' salaries are higher and are based on years of experience and the number of degrees teacher have earned.

One solution

Instead of hiring a part- or full-time instrumental music teacher to cover the shortages next year, the superintendent recommend that the committee increase the hours of several music teachers, some of whom are vocal music teachers and not specifically trained to teach instrumental music lessons.

"The idea is that we utilize our existing staff, mostly vocal and choral people, and use their skills in the instrumental elementary (school) program," Superintendent Mark McQuillan told the committee Tuesday.

"It isn't a whole or perfect solution, but it does stand by our commitment to the program," he said.

Parents don't agree

Ed Kelley, of 21 Gleason St., does not believe Dr. McQuillan's recommendation is the best solution. He is the president of the High School marching band parents' association.

"Our greatest concern was that you hire someone with expertise and training (in

instrumental music), not a vocal teacher who's going to take a one-week summer course to try and learn how to teach instrumental music," he said.

"You say it's a one-year deal, but it could end up hurting the (music) program overall. You

(Continued on page 6)

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Figuring music teachers

(Continued from page 5)

have a person already there. The band parents have already told you they are willing to get by this year by paying a fee to keep the program going," Mr. Kelley said.

Former School Committee member Michael Frishman, of 230 Andover St., said he believes the administration can find qualified college graduates it can afford to pay at a starting teacher's salary - in the mid-\$20,000 range - who are skilled to teach instrumental music lessons.

The price to pay

It will cost approximately \$28,000 to increase some senior music teachers' hours to equal six-tenths of a full-time position. Dr. McQuillan said that Diana Kolben, coordinator of the schools' fine arts programs,

believes this configuration will allow the administration to hire a highly qualified and experienced instrumental music teacher the following school year, 1994-'95, without having to worry about salary constraints, because a senior instrumental music teacher, whose salary is in the high-\$40,000 range, will retire at the end of the 1993-'94 school year.

The committee directed the superintendent to begin a search for a full-time instrumental music teacher. The committee capped the salary for that position at \$28,000.

If Andover receives the extra \$260,000 in state aid, the committee agreed to spend it for the positions and programs listed in the box below.

Here's how extra state money would be spent

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- Add .2 foreign language teacher at AHS..... \$9,000
- Add .6 to one full-time instrumental teacher.....\$28,000
- Add .2 special needs positions at Shawsheen..... \$8,000
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Board changes asst. supt. job description

By Lisa Boudreau

The School Committee voted 3 to 2 Tuesday night to accept a new job description for the assistant superintendent and begin advertising the job and its \$60,000-plus salary this week.

Superintendent Mark McQuillan plans to appoint community volunteers to a screen-

ing committee once applications arrive. He plans to have a new assistant superintendent working here by mid-July.

Committee Chairwoman Susan Dalton and committeeman Richard Muller cast the dissenting votes. Both said they agree a school system as large as Andover's needs an

(Continued on page 7)



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Board changes description

(Continued from page 6)

assistant superintendent, but they disagreed with the majority of the committee as to what skills should be stressed.

Mr. Muller believes that the teacher-staffed curriculum council and the other department heads, such as director of media and technology, the director of special projects and the director of pupil personnel, will provide leeway for an assistant superintendent to spend more time on the business side of the school system.

"We have an excellent opportunity to look at how we manage the school system," he said.

Eileen Woods, the former Sanborn Elementary School principal who was hired last summer to be the assistant superintendent, announced earlier this spring that she will resign her post and return to the system as principal at South Elementary School this fall. Ms. Woods will earn \$69,000 this year as assistant superintendent.

Ms. Dalton said the job description for the assistant superintendent listed many of the skills that the current superintendent, Mark McQuillan, already possesses.

"What I was looking for," said Ms. Dalton, "is someone who can pick up the slack and aid the superintendent on the business-management side of administration. This is the one area that has created the most land slides."

Other requirements and skills listed in the job description include a master's degree in administration or an appropriate academic discipline, a doctorate degree is preferred, broad working knowledge of strategic planning, personnel practices, educational

research, learning theory and testing measurement, experience in developing and implementing in-service and staff development.

Dr. McQuillan said that the skills named by Ms. Dalton and Mr. Muller are addressed in one section of the new job description. One requirement, he said, asks that applicants have effective administrative and management skills, including demonstrated success in finances, financial forecasting, budgeting and school plant operations. The other more specific skills should fall under the business manager's job description, he said.

At a previous meeting, Dr. McQuillan told the committee he and acting business manager David Reilly currently are looking at ways to reconfigure and consolidate the school administration business office to save money and be more productive.

"We would have a problem finding an assistant superintendent who has a strong business background and one who has experience in curriculum development and management, too," said Dr. McQuillan.

The teachers' union had officially opposed hiring a new assistant superintendent. That was before Dr. McQuillan announced that extra state aid money would allow the system to hire back several of the teachers who were slated to be cut next year. Although the union is not as strongly opposed to filling the position as before union president Tom Meyers asked committee members and the superintendent to closely examine the worth to the system of one administrator at \$60,000-plus versus two teachers at a starting salary in the mid-\$20,000 or several part-time positions.

Lt. Mooers' case continues to wait

By Don Staruk

The Lawrence Superior Court trial of former Andover police lieutenant Donald Mooers Jr. for six charges of incest is delayed indefinitely. The case was last scheduled for trial April 12, but was postponed until May 3 at the request of Mr. Mooers' attorney, Neil Hourihan, because some psychiatric reports were not completed. Mr. Hourihan had requested a new court date of

May 3, but a prosecution witness could not be available for that date, and no new date was set at that time.

Steve O'Connell, spokesman for the Essex County District Attorney's office, speculated in late April that the trial might begin this Monday, May 10, but said this week that the two sides have still not set a new start date. "It won't go the 10th," Mr. O'Connell said Wednesday.

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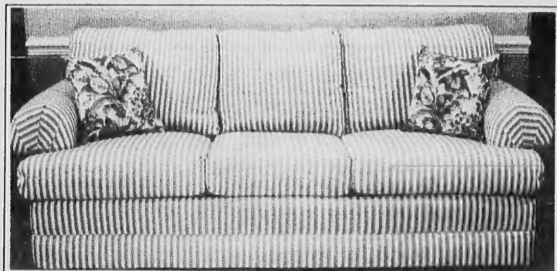
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BUSINESS

Business people are making the news

Stephen St. Jean

Stephen St. Jean, a native of Andover, has been appointed director of First Trust's Systems Development Organization.

First Trust is located in Denver, Colo., and employs 600 people. The corporation is the nation's largest independent trustee of self-directed IRAs and business retirement plans. First Trust provides trustee and administrative services for more than 309,000 retirement plans with asset value of more than \$10.3 billion.

Mr. St. Jean received his undergraduate degree from the University of Massachusetts in Amherst, in 1976 and his master's degree in business administration from Suffolk University in Boston in 1978.

The project director has assumed overall responsibility for managing Systems Development. First Trust's program to assure that its information management systems continue to address the changing needs of its clients and the company.

"In the service-oriented retirement industry, the new system will allow First Trust to provide a superior client

orientation," Mr. St. Jean said.

Mr. St. Jean has more than 14 years project planning and analysis experience. He has worked with Fidelity Investments, Chubb LifeAmerica and Electronic Data Systems.



Stephen St. Jean

Frank Firicano

Frank Firicano, of Advertising Concepts Inc. of North Andover, has been awarded the designation of Master Advertising Specialist (MAS) by the Specialty Advertising Association International. As the only international trade association for the specialty advertising industry, SAAI grants the designation to those who have made a commitment to increasing their educational growth in the industry.

To achieve the designation of MAS, the specialty advertising professional must attend a minimum of 170 hours of continuing education. These hours include attendance at week-long seminars, as well as workshops at the industry trade shows.

The Specialty Advertising Association International represents more than 5,000 companies that distribute and manufacture specialty advertising.



Frank Firicano

People are adding on to their houses

The following building permits were issued by the town during the month of March:

Single family

10 Shadow Lane, CA Investment Trust, \$169,900 (value), \$1,283 (fee); 9 Acorn Drive, Wynwood Assoc., \$212,500 (value), \$1,630 (fee); 6 Stoneybrook Circle, Elsa and Ajit Rao, \$183,000 (value), \$1,381 (fee), all for foundation and structure.

Residential additions, alterations

4 Richard Circle, Bernard Smith, renovate kitchen, \$4,000 (value), \$29 (fee); 65 Central St., Antony DiNapoli, remodel bath, interior alterations, French doors, \$3,600 (value), \$29 (fee); 12 Arundel St., James Cunningham, remove and replace screened porch, \$8,000 (value), \$57 (fee); 5 Wabanaki Way, Frank Bill, renovate kitchen, \$38,500 (value), \$274 (fee); 15 Downing Ave., Joe Lahood, renovate kitchen and sun room, \$20,000 (value), \$141 (fee); 22 Granli Drive, D.K. Berube, renovate basement, \$1,000 (value), \$15 (fee); 27 Strawberry Hill, Jack Gourney, replace slider, interior alterations, \$3,500 (value), \$29 (fee); 6 Millstone Circle, Raymond Hender, interior alterations, \$5,500 (value), \$43 (fee); 4 Old South Lane, Martin Klein, gazebo, \$3,100 (value), \$22 (fee); 4 Eagle Way, Donald Cooper, kitchen cabinets, \$9,000 (value), \$64 (fee); 11 Bailey Road, Thomas Carroll, completion of building, \$15 (fee); 304 North Main St., Thomas Curtin, remodeling, \$18,000 (value), \$127 (fee); 26 Shipman Road, Ted O'Brien, remove bearing parts and install beam, \$7,500 (value), \$57 (fee); 11 Blood Road, Mr. Richards, remodel kitchen, \$15,000 (value), \$106 (fee); 2

Hazelwood, Wynwood Assoc., deck, \$1,000 (value), \$15 (fee); 17 Vine St., William Brogan, replace shed, \$1,000 (value), \$15 (fee); 12 Stratford Road, Robert Hatton, interior alterations, \$3,000 (value), \$22 (fee); 7 Abbot Bridge Drive, Jim Gray, renovate kitchen, \$13,000 (value), \$92 (fee); 221 Lowell St., Lorraine Couture, rebuild shed and hobby shop, \$5,000 (value), \$36 (fee); 1 Orchard Crossing, Martin Port, addition, \$12,000 (value), \$85 (fee); 11 Old South Lane, Gregory Christie, addition, \$13,300 (value), \$92 (fee); 4 Embassy Lane, Debby O'Leary, kitchen alterations, \$1,500 (value), \$15 (fee); 23 Wethersfield Drive, Frank Licata, master bedroom over garage, \$28,000 (value), \$197 (fee); 7 Donna Road, Peter Zammuto, gazebo, \$4,200 (value), \$29 (fee); 35 Enmore St., Robert Faucher, enclose porch and replace base, \$6,000 (value), \$43 (fee); 5 Hartigan Court, Philip Thomes, vinyl siding, \$5,000 (value), \$36 (fee).

Multi-family, alterations

207 Andover St., Richard Duarte, repair front porch, \$2,500 (value), \$22 (fee).

Non-residential

100 Brickstone Square, Brickstone Prop., renovate mail room, \$5,000 (value), \$36 (fee); 100 Brickstone Square, Brickstone Prop., install exhaust fans, \$1,000 (value), \$15 (fee); 89 Main St., Peter Onanian, tenant fit-up, \$1,000 (value), \$15 (fee); 5 Main St., Kap's Inc., awnings, \$3,000 (value), \$29 (value); 96A Main St., Frank Pino, interior alterations, \$20,000 (value), \$141 (fee); 451 River Road, St. Francis Friars, renovate stairwell for elevator shaft,

(Continued on page 9)

News deadline:
Monday, 5 p.m.

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People are adding onto their houses

(Continued from page 8)

\$40,000 (value), \$281 (fee); 1 Tech Drive, Prudential Insurance Co., interior alterations, \$47,984 (value), \$344 (fee); 2 Burtt Road, Genetics Institute, three-story building, \$23,664,734 (value), \$120,424 (fee); 459 River Road, St. Francis Friars, renovate guest wing, \$21,000 (value), \$148 (fee); 60 Main St., CAE Realty Tr., install window, \$50 (value), \$15 (fee); 400 Federal St., Vicor Corp., continue constructing skylights, \$15 (fee); 2 Elm Square, E Law Corp., interior alterations, \$5,200 (value), \$36 (fee); 3000 Minuteman Drive, Hewlett Packard, seismic control in stairwells, \$60,000 (value), \$421 (fee); 10 New England Business Center, Cigna Investments, tenant fit-up, \$14,000 (value), \$99 (fee); 1 Tech Drive, Prudential Insurance Co., renovate lobby, \$23,240 (value), \$162 (fee); Central Street at Shawsheen River, town of Andover, remove and replace superstructure, \$230,000 (value), gratis; Stevens Street at Shawsheen River, town of Andover, remove and replace superstructure, \$285,000 (value), gratis; 3000 Minuteman Road, Hewlett Packard Inc., interior alterations, \$9,000 (value), \$64 (fee).

Other permits

Old River Road, S&L Realty Tr., temporary sign, \$1,200 (value), \$49 (fee); Old River Road, S&L Realty Tr., change face of existing signs, \$400 (value), \$42 (fee); 1 Tech Drive, Prudential Insurance Co., demolition of carpet, ceilings and partitions, \$29 (fee); 5 Main St., Kap's Inc., sign, \$800 (value), \$32 (fee); 3 Wintergreen Circle, Curtis Siller, in-ground swimming pool, \$16,000 (value), \$137 (fee); 139 Greenwood Road, George Chongris, raze barn and shed, \$41 (fee); 32 Banister Road, Richard Dunn, re-roof, \$2,990 (value), \$22 (fee); 2 Poor St., Janet Boisvert, re-roof, \$9,500 (value), \$71 (fee); 96A Main St., Frank Pino, sign, \$2,000 (value), \$39 (fee); 6 Dairy Lane, Michael O'Dean, inground swimming pool, \$14,000 (value), \$123 (fee).

Total fees collected is \$129,031. Total water connection fees are \$1,887. Total estimated value is \$25,279,848.

AIDS support is available here

An AIDS support group meets from 7 to 9 p.m. every Thursday at Christ Church Andover, 25 Central St.

For further information call Leslie Bresnahan, 686-1010.

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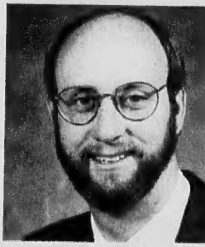
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Business people are making news

Jonathan M. Samel

The designation of Certified Insurance Counselor has been conferred upon Jonathan M. Samel, president of Samel Insurance Agency Inc. at 15 Central St., following his successful completion of a rigorous



Jonathan M. Samel

insurance education program sponsored by the Society of Certified Insurance Counselors.

The Society of Certified Insurance Counselors is a national non-profit organization dedicated to professional insurance education.

Mr. Samel is the third generation of Samels to

be involved in the agency.

Mr. Samel is also a Licensed Insurance Advisor. He is assistant treasurer of Congregation Temple Emanuel and past treasurer of the Lawrence Rotary Club.

Mr. Samel is actively involved in the Read Aloud Program at the Hennessy School in Lawrence and is games director and fund-raising chairman for the Massachusetts Special Olympics Unified Sports Program.

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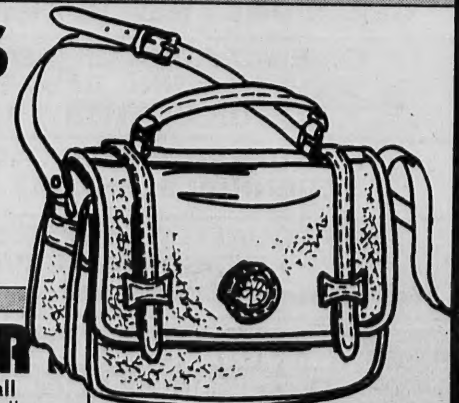
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Business people are making the news here

Pilot Pen Corporation of America has named Julie Baerenrodt area manager. Her appointment was announced by Chuck Rice, national sales manager.

With offices in North Andover, Ms. Baerenrodt will be responsible for the sales and distribution of the entire Pilot line of writing instruments through stationery and office supply channels in Maine, Massachusetts, New Hampshire, Rhode Island and Vermont.

Prior to joining Pilot Pen, Ms. Baerenrodt was a sales consultant with Thomas Publishing Co. in Wilmington. Earlier, she was a district manager with Alma Desk Co. in Portland, Maine.

She graduated from the University of Maine with a bachelor of science degree in business administration.

Ms. Baerenrodt and her husband, Mark, live in North Andover.



Julie Baerenrodt

Pilot Pen Corporation of America, headquartered in Trumbull, Conn., is a national supplier of quality writing

instruments, including the Better Ballpoint, Razor Point, Precise and VBall pens.

Peter Gay

Peter A. Gay has been named manager of Raytheon Company's Missile Systems Division facility in Andover.

Mr. Gay succeeds Peter Galligani, who recently retired.

Mr. Gay moves to his new position from his former role as deputy operations manager at the



Peter A. Gay

Andover plant.

Mr. Gay obtained his bachelor of science degree in electrical engineering

and completed postgraduate work at Northeastern University. He is also a graduate of Raytheon's Program Management, Engineering Management, Advanced Manufacturing Management and Advanced Management programs. He

joined Raytheon in 1973.

Mr. Gay and his wife, Linda, live in Tewksbury with their three children.

Jeffrey R. Lentz

The Washington, D.C.-based Accountants for Public

Interest has named Jeffrey R. Lentz a recipient of their 1992 Volunteer Achievement Award in recognition of his service to their Massachusetts affiliate, The Support Center of Massachusetts.

(Continued on page 11)

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Jeffrey R. Lentz

(Continued from page 10)

The Support Center of Massachusetts, through their network of professional volunteers, provides training, consulting and pro bono accounting assistance to area non-profit organizations. Mr. Lentz has served as director of the center and is a charter member and past-chairman of its accounting assistance program.

Mr. Lentz is group controller of NOVA Biomedical Corporation, an international medical instrumentation company headquartered in Waltham. He lives at 7 Granli Drive with his wife, Nancy, and three children.

Gabriel Paci

Raffi and Swanson Inc. of Wilmington has announced that its board of directors has elected Gabriel Paci of North Andover president of the company. Mr. Paci will also continue as chief operating officer.

He replaces Peter M. Jarowey of Waban who will remain chief executive officer and a director of the firm. Mr. Jarowey also is managing partner of High Street Associates, Inc. of Boston, parent company of Raffi and Swanson.

Mr. Paci joined

(Continued on page 12)

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Business people are making the news here

Gabriel Paci

(Continued from page 11)

Raffi and Swanson, Inc. in January 1992 as chief operating officer. Previously, he was with Cabot Corporation, where he worked primarily in the Cab-O-Sil division. During his 25-year career with Cabot, he held a variety of positions in the technical, operating and marketing areas.

Mr. Paci received his bachelor of science degree from Northeastern University. He is a member of the American Chemical Society. He, his wife, Carol, and their children, Mark, Eric and Gabrielle, live in North Andover.

Johanna Webster

Johanna Webster of Andover recently joined more than 1,000

Century 21 brokers and sales associates from throughout Eastern Massachusetts and New Hampshire at the annual Century 21 Gold Ball at the Copley Marriott in Boston. The Michael Way resident has worked at Century 21 Minuteman for three years.

Kathy O'Shaughnessy, regional director for the Century 21 of New England Region, was on hand to honor Ms. Webster, recipient of the Centurian Award for 1992. "The annual Gold Ball conducted by our Eastern Massachusetts/New Hampshire Broker's Council is a tremendous opportunity for our region to showcase the talent and hard work that has made us the best real estate sales organization in the world. Century 21 brokers and sales associates throughout the area have weathered the bleak economic climate of the

past couple of years and have emerged with a renewed dedication to quality service to best serve our clients," said Ms. O'Shaughnessy.

Century 21 Minuteman is one of 185 Century 21 offices in the Eastern Massachusetts.

Century 21 of Andover broker Johanna Webster, at left, is shown with Kathy O'Shaughnessy, regional director for the Century 21 of New England Region, when the former won the 1992 Centurian Award.



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NECC offers workshop on hiring and firing

Northern Essex Community College (NECC) Office of Cooperative Education will present a workshop on Hiring, Motivating, and Terminating: What You Need To Know in the 1990s, on Tuesday, May 11. The workshop will run from 7:45 to 10:30 a.m.

The workshop is designed for the business professional seeking expertise in human resources.

The presenter is Beverly Purtell of Swift Purtell & Associates in Chelmsford, a human resource professional with 20 years experience in the field.

She has worked with the W.R. Grace Company and C.R. Bard Inc., and for the past 10 years has managed her own consulting firm providing solutions to human resource issues for small to medium-sized employers.

There is no fee, but registration is required before May 4. public service through a Title VIII grant.

This workshop will be held at the Northern Essex Haverhill Campus in the Bentley Library conference area and is provided as a

For more information or to register, call the NECC Office of Cooperative Education at 374-3722.

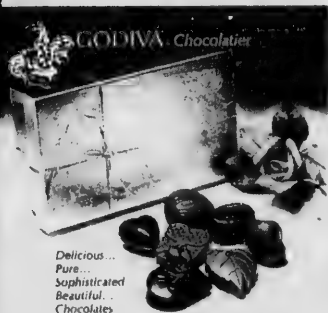
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Dec-Tam of Andover adds two more to its staff

Dec-Tam Corporation of Andover, one of the largest asbestos abatement contractors on the East Coast, announces that David Renner, David Rugato and other key employees of Middlesex Lead & Inspection Removal Inc., Woburn, have joined its recently established lead paint abatement division.

"We anticipate this venture will allow Dec-Tam to assume a leadership position in the environmental service areas of lead paint abatement and duct cleaning, along with our established asbestos abatement division," said Dec-Tam President Lee Snodgrass.

"We believe this combination of industry experience and technical skill will substantially benefit our clients," continued Ms. Snodgrass.

Dec-Tam Corporation, a woman-owned enterprise, was incorporated in 1981 to offer the full services of asbestos abatement to the public and private sector markets.

The company experienced phenomenal growth during the first eight years and expanded its operations into other states.

"When the Massachusetts recession took its toll on real estate and construction, the business experienced a diminished market and the necessity to downsize and restructure at a rapid pace became apparent," said Ms. Snodgrass.

"The recession was a learning experience

for corporate managers and those who survived have changed their business strategies. The company has always instituted strong health and safety techniques, embraces the total quality management concept and is very customer oriented."

Middlesex Lead & Inspection

Removal, one of the pioneers in lead abatement, has appeared on the PBS production, *This Old House* and *Kids and the Lead Hazard*, ABC's *Good Morning America* and other media reports and magazine articles.

Mr. Renner and Mr. Rugato are activists with the State Lead Com-

mission and are working on lead paint procedures with the federal government.

Dec-Tam Corporation offers many other environmental services, including decontamination procedures to correct the "Sick Building Syndrome."

Your Dental HEALTH

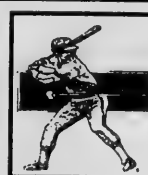
by Richard D. Hopgood, D.M.D.

GOOD AS GOLD

When either decay or wear conspire to damage a substantial portion of tooth's crown, the dentist may turn to the restoration known as an "onlay" to repair it. An onlay is essentially a large cast-metal filling that is used for crown replacement when at least one protruding cusp is involved. Because metal onlays are generally limited to the back teeth, they must be able to endure heavy chewing pressures. In most cases, this means that gold alloy is the material of choice for an onlay. Gold offers the added advantages of resisting the effects of hot and cold. Once cast in a mold of the cavity and cemented in place, a gold onlay is so strong that it reinforces the strength of the surrounding tooth.

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by Mark F. DeLorenzo, D.C.



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Victorian Treats opens on Main Street

By Don Staruk

Victorian Treats, a new shop selling English toffee, gifts and collectibles, opened last week in the lobby of the Bernardin Insurance building at 60 Main St.

"I just wanted kind of a creative outlet," said Lucy Bernardin, owner of the store. "I just love Victorian things. My whole apartment is Victorian. And right now it's just something that's become popular."

Ms. Bernardin, originally from Andover and now living in Brookline, makes English toffee for friends during the holidays and said friends have always been very fond of it.

"If I was going to a party, people would ask me to bring it. And they came to expect it," she said.

Her friends kept telling her she ought to do something more with it, so now she has.

Ms. Bernardin opened Victorian Treats on April 2 in the small space once occupied by Shawmut Bank's automatic teller machine before the bank moved the machine across Chestnut Street to its new location. Her family owns the building.

Her father, Gene Bernardin, started The Bernardin Insurance Agency in a house that was located where the Andover Savings bank parking lot is now, then moved across the street into what was then the Pioneer Financial Bank building at 60 Main St. and ended up buying the building. He died four years ago but Ms. Bernardin's mother, Lynie, sister and brothers now run the insurance business. She leases the lobby space.

The shop will have the toffee wrapped in a num-



Lucy Bernardin is the owner of a new shop on Main Street: Victorian Treats.

ber of ways, along with many other Victorian gift items.

"English toffee wrapped in a glass teacup is one of the big Mother's Day things," Ms. Bernardin said. "For Mother's Day I'm going to do special wrapping of the toffee."

She will carry a line of old teacups and "some Victorian things like the beaded bags, some collectibles and I'll have some framed prints."

She'll also have reproduction jewelry, and some Victorian hats and clothing, and will exchange her toffee for candies from another specialty store in Methuen

to offer a greater variety of treats.

Her store is good for someone looking for small gifts, Ms. Bernardin said.

"Nice hostess presents too, if somebody's going to a dinner party or someplace for a weekend."

She will also have some fabric covered luggage and has some people who are

making hand painted furniture for her to sell.

"I'm going to have some unique things that you won't be able to find anywhere else in town," she said.

Ms. Bernardin is a manufacturer's representative for an office furniture company in Boston four days a week, work-

ing 10-hour days, and she opens the new shop only Fridays and Saturdays for now. She also works for a caterer part-time "to keep this place going."

The shop is open Fridays and Saturdays from 10 a.m.-5 p.m. and other days by appointment.

"Hopefully there'll be a demand so that I can expand my hours," Ms. Bernardin said.

News deadline is Monday at 5 p.m.

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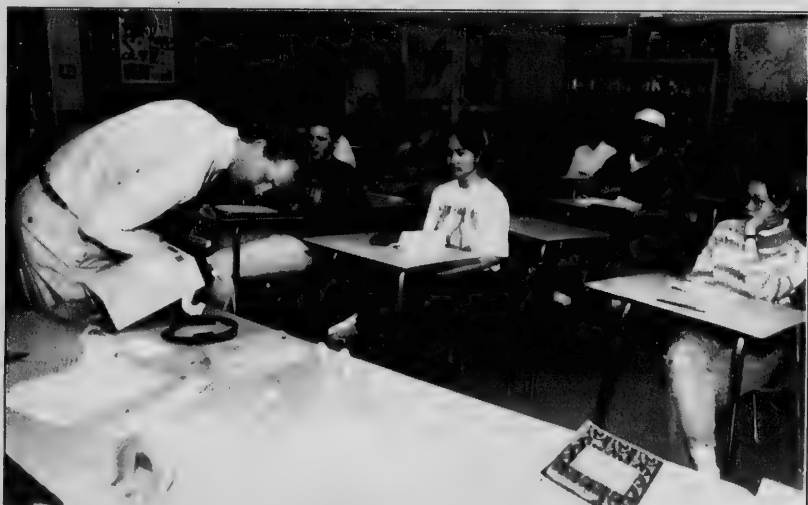
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AHS students get close-up view of work at Career Day

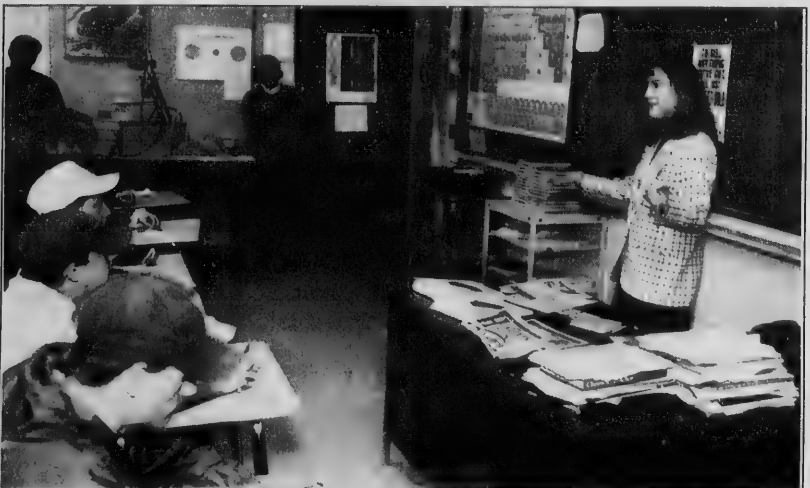


FBI Special Agent Earl Anderson had such an enthusiastic sign-up for his talk on a career with the bureau, his sessions were held in the Collins Center.

Photos by Matthew Sapienza



Dr. Daniel Biles shows students some of the equipment he uses as an anesthesiologist. About 70 careers were represented: air-traffic controller, hairdresser, model, banker, hotel manager, and animal trainer. Perry Colmore, editor of the *Townsmen*, gave a presentation on careers in the newspaper business.



The day-long, April 29 event was attended by all 1,250 AHS students during eight periods. Above, Kathleen Licata discusses a career in advertising.

SCHOOLS



AHS community service members in front of Mount Rushmore are: (from left, standing) Jay Darrin, Pria Singh, Amy Kattapuram, Nicole Kramer, Sarah Hamilton, Marcie Jacobson, Kevin Sharkey and David Gangi; (front row) Jenny Huang, Madhavi Reddy and Jen Kimball.

AHS Community Service ventures to Minneapolis

By Kevin Sharkey

During April vacation, nine student leaders of Andover High School's Community Service Program, and two advisers participated in a National Conference in Minneapolis, Minn., that focused on service as the central theme. Teacher advisers Jay Darrin and David Gangi accompanied students Sarah Hamilton, Jenny Huang, Marcie Jacobson, Amy Kattapuram, Jen Kimball, Nicole Kramer, Madhavi Reddy, Kevin Sharkey and Pria Singh.

The group participated in numerous informative workshops. Also, students and faculty advisers visited high schools in the Minneapolis area and interacted with more than 1,000 participants who share the same beliefs about community service.

The purpose of the conference was for students and advisers to learn about the programs of

schools nationwide and bring back those ideas and incorporate them into Andover High's program. Each member of the group worked on meeting as many people as possible and developing strong contacts with them. Ms. Singh said that, "It was extremely eye-opening to socialize and work with people from around the country towards the same cause."

However, this trip was not all work. After the three-day conference, the group traveled across the state of South Dakota. Some of the sights they visited were Mount Rushmore, Badlands National Park, the Corn Palace, Wall Drug and the Mall of America (world's largest mall).

Mr. Gangi summed up the trip best by saying, "It doesn't get any better than this."

Kevin Sharkey is a student at Andover High School.

West Middle's PAC holding festive meeting Tuesday night

West Middle School's PAC will hold its final meeting in a more informal and festive location than usual. Members will celebrate what they described

as "an extremely productive" school year at Grassfield's Restaurant, Tuesday, May 11, at 7 p.m. A brief business meeting will precede the festivities.

Inside this
issue of the
Townsmen:
Hospitals,
Health Care,
Beauty &
Fitness,
a special
section.

Next week:
PETS section

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THE REAL ESTATE CORNER



with Jean Fitzgerald &
Pamela Lebowitz

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The first step is finding a good agent who knows the area well and can show you only the homes that meet your main criteria. The second step is to invest in a small note pad, and keep a record of the homes you visit. Note the address, style and exterior color, as well as something distinctive about the inside that will trigger your memory. If a house has real possibilities, make a special note. Jot down important pluses and minuses of each property, and be sure to share this information with the agent. This will help to narrow down the houses he or she will select to show you, focusing in on those most likely to have that special appeal you are seeking.

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Seniors at AHS register to vote

By Lisa Boudreau

Students at Andover High School took one of the first steps to having their voices heard by the government. More than 100 seniors who had not already registered, signed up Tuesday, May 4, to have their votes counted in next fall's elections.

Even 17-year-olds got into the act. One third, or 32 of the 109, aren't old enough to vote, but they will turn 18 before the next election. Their names will automatically be placed on the voter registration list the day they turn 18, said Town Clerk Randy Hanson.

Tuesday's registration drive was a special, one-day program sponsored by the Andover League of Women Voters and the town clerk's office. It followed a senior assembly on government, in which state Rep. Gary Coon, R-Andover, and state Sen. John O'Brien, D-Andover, addressed the seniors on the importance of voting.

"We hope to have another registration session next spring," said Ms. Hanson.

"This helps make registering easier for kids who will turn 18 over the summer, or in the fall when they might be away at school," she said.

How to register

High school students who are 18 or older can register at the school's main office or at the town clerk's office on the second floor of the town office building, 32 Bartlet St. If 17-year-olds, who will be 18 by the next election, did not register Tuesday, they may register at the city- or town hall in the community in which they go to school next fall.

Ms. Hanson added, "Seventeen-year-olds cannot register now for when they turn 18. That was a one-time shot we offered to students on Tuesday. We hope to do it again next spring."



◀ State Sen. John O'Brien, D-Andover, addresses AHS seniors on the importance of being a registered voter and staying informed. Looking on, from left, are state Rep. Gary Coon, R-Andover; Town Clerk Randy Hanson, and Assistant Principal Ellen Parker.



Photos at left by Matthew Sapienza

◀ AHS senior Jessica Elias shows off the pin she was given after registering to vote Tuesday morning during the registration drive held at the Collins Center.

Spring fair at Pike features hot-air balloon, karaoke, carnival fare

The annual Pike School Spring Fair will be held Saturday, May 8, from 10 a.m. to 3:30 p.m.

Activities include games of chance appropriate for children, a petting zoo and the

moonwalk. Fair-goers will again be able to ascend in a tethered hot-air balloon for a sky-high view of Andover. New attractions are a gyro trim, fun slide and karaoke.

In addition to traditional

carnival fare such as fried dough and cotton candy, Pike parents will offer food from the grill and international salads and Grandma's Pantry will provide sweets and baked goods.

There will be a used book stall for adults and a variety of plants for the spring gardener. Inexpensive gifts at the crafts table will be available for children to buy for Mother's Day.

Chances will be sold for a Victorian dollhouse or a \$100 gift certificate to the store of the winner's choice.

The public is invited join the fun at the Pike School on Sunset Rock Road.

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ON CAMPUS

Kelly Moynihan, a 1990 honors graduate of Andover High School and a junior at Colby College in Waterville, Maine, is studying at the Universidad de Sevilla (University of Seville) in Seville, Spain. She is participating in the business and society program sponsored by the Council on International Educational Exchange, which runs from January to June 1993. Ms. Moynihan lives with the family of Señora Angeles Nuñez Garcia, a family that neither speaks nor understands English.



Kelly Moynihan

She has studied the Spanish language since seventh grade.

In keeping with the philosophy of the program, Ms. Moynihan is experiencing total immersion in the Spanish language, customs and culture. She has already visited Granada, Barcelona and Costa del Sol in Spain; Bruges and Brussels, Belgium; Paris, France; Rome and Florence, Italy; and the Swiss Alps.

Ms. Moynihan and her brother, Dan, who played professional hockey in Belgium, toured Spain, crossed the Mediterranean and traveled to Morocco in Africa.

She will return to Andover in June and to Colby College in September. The administrative science major has achieved dean's list status each semester.

She is the daughter of Daniel and Carolyn Moynihan of 10 Howell Drive.

Bassist **Jonathan Boho**, son of Jeannie Allen of Andover, has been accepted at Berklee College of Music. He will study under a faculty of inno-

vative educators and professional musicians, fluent in contemporary music styles and will undertake a program of music study in common with some of the most respected per-

forming and recording artists in today's professional music industry.

Adelina Coppola was inducted

(Continued on page 24)



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PALS tutoring program hosts special presentation

Twenty seventh-grade students from the Leonard Middle School in Lawrence and their Andover High School, Central Catholic and Phillips Academy tutors attended a special presentation featuring lecturer, multi-cultural percussionist, performer and teacher Nurudafina Pili Abena.

Ms. Abena, a teller of stories of African, African-influenced

and American cultures, discussed the significance of music in traditional African life. Students were given some hands-on instruction in playing various types of ethnic percussion instruments.

The program was one in a series of special Wednesday afternoon offerings sponsored as part of the academic year component of the PALS program (a

partnership between Phillips Academy and the Leonard School). A division of PA's Community Service Program, PALS is a year-round program for selected Leonard School students that seeks to strengthen the academic skills and better prepare them to enter and successfully complete high school.

There is a month-long academic and extra-curricular program during the summer. Tutoring and special events are offered during two afternoons each week during the school year.

High school tutors at the special presentation included:

Andover High: Sarah Cook '93, who will attend Dickinson College in Carlisle, Pa.

Central Catholic: Frank Morris '93 of Andover, who will attend Brown University in Providence, R.I.

Phillips Academy: John Calderon '94 of Bayside, N.Y.; Colin Chen '94 of Hinsdale, Ill.; Stephanie Dixon '94 of Lowell; Morgan Fong '93 of Hillsborough, Calif.; Jawad Haider '93 of Karachi, Pakistan; Emily Liao '94 of Westborough; and Annabelle Schierman '96 of Waterville, Maine.

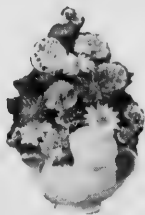
Tom Cone, PA biology instructor, and Julie Morse are PALS directors.



Percussionist and teacher Nurudafina Pili Abena of Arlington gives the PALS program an acoustic demonstration.

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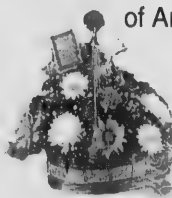


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SCHOOLTALK

Students in Eileen Murphy's second-grade class at Bancroft School recently completed a unit on environmental awareness. They discussed ideas such as recycling, reducing, reusing and rethinking our attitudes toward Mother Earth. The children participated in a variety of activities ranging from a visit to the water treatment plant to an environmentally-safe picnic.

To conclude the unit, the students decided to do a play, one they wrote themselves. They wrote a piece of rap music, designed scenery and worked together to perform for kindergarten, first- and second-grade students as well as a number of parents.

The Treble Chorus of New England will present an open rehearsal Tuesday, May 11. This is an opportunity for children to hear the chorus and experience what is available to them by joining the chorus. Children ages 7-11 should come from 4 to 5 p.m. and ages 12-15 from 6:30 to 8:15 p.m. at Pike School on Sunset Rock Road.

For more information, call 664-4705.

This past week, West Middle School, teaming up with Bruce School in Lawrence for an Academic Bowl win, received their first-place award at the Greater Lawrence Academic Bowl All Star Match and Awards ceremony, held at the Comprehensive Grammar School in Methuen.

Sponsored by the Greater Lawrence Education Collaborative, the three-month academic competition consisted of seventh- and eighth-graders from

Andover, Methuen, North Andover and Lawrence. Teams from suburban com-

munities were paired with intercity school students to compete in a series

of competitions which were held in each of the Merrimack Valley towns

throughout the winter and spring months. West Middle

School was paired with the Bruce School in Lawrence and they went on to

win first place in the problem-solving category under the lead-

(Continued on page 23)

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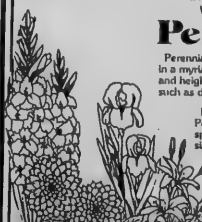
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(Continued from page 22)

ership of eighth-grade teacher Barbara Neal. Each team was composed of groups of eight students each from seventh and eighth grade from West Middle and Bruce schools. Competition subjects included history, geography, current events, U.S. Constitution, and general knowledge.

West Middle's top eighth-grade scorers, Matt McGrath, Peter Bernardin and Nick Vantelfde, as well as one seventh-grade top scorer, Daniel Barch, went on to tie in the All Star Match at the Comprehensive School in Methuen.

West Middle School is holding its annual Scholars Nights in the DeCesare Media Center this week. Tuesday, May 4, was for grade 6, and Wednesday, May 5, was for grade 7.

Tonight, Thursday, is for grade 8. The evening begins at 7:30. Parents of the scholars have been invited to join the festivities. Coffee and dessert are served after the ceremonies.

About 600 Merrimack College students will receive degrees at ceremonies in the college's Volpe Athletic Center on Sunday, May 16. The Baccalaureate Mass will be celebrated Saturday.

(Continued on page 25)

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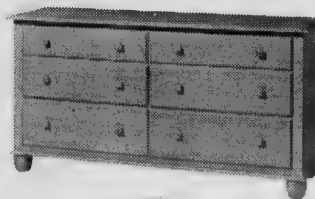
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Gift Certificates

◀ First-place Academic Bowl students from West Middle School from the combined team are shown after the All-Star Match and Awards Ceremony. West Middle students are: from top left, David Holmes (eighth-grader), Jessica Fleet (eighth-grader), Matt McGrath (eighth-grader and top-scorer), Karthik Venkatesh (eighth-grader), Greg Dennis (seventh-grader), Barbara Neal (teacher/coach), Peter Bernardin (eighth-grader and top scorer), Daniel Barch (seventh-grader and top scorer) and Marc D'Agostino (seventh-grader). Front row, from left: Justin Conlon (eighth-grader), Mike Monteiro (seventh-grader), Trang Nyugen (eighth-grader), Abbey Goldstein (seventh-grader), Rachel Venuti (seventh-grader), Nick Vantelfde (eighth-grader and top scorer) and Mike Ravens (seventh-grader).

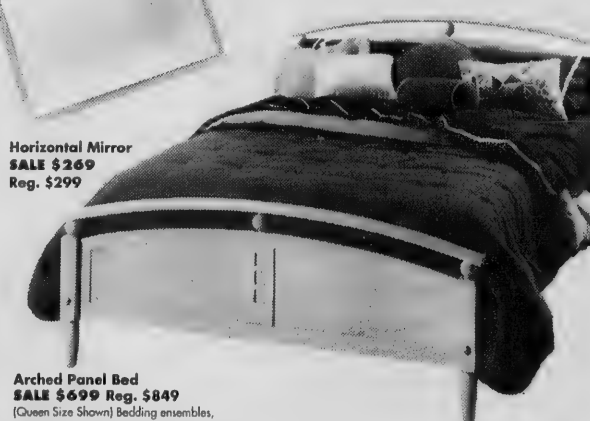
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SALE WEEK: APRIL 27, 1993

THE SPRING SALE

ON CAMPUS

(Continued from page 19)

into the Middlesex Community College Alpha Delta Omicron chapter of Phi Theta Kappa on April 23.

Phi Theta Kappa is the international honor society for two-year colleges. Its purpose is to encourage and recognize scholarship excellence among students. To be considered for membership in the Alpha Delta Omicron, a student must have a 3.70 grade-point average and earned 24 credits.

Regis College in Weston has announced that Larisa Willey of Andover has been selected for membership in Tower Society. This honor is awarded to a limited number of outstanding students at Regis College who demonstrate admirable leadership qualities. They represent the college at regional college fairs, serve as tour guides for visitors to the campus and are admissions ambassadors for prospective students.

Holly Binda, a graduate of Andover High School, starred in her first lead role April 22-25 in *Cabaret* at the University of Massachusetts at Dartmouth in the Main Auditorium. She played the part of Fraulein Schneider, a 60-year-old German landlady and sang two solos and two duets. Her previous roles included the small part of Nancy in *Bye Bye Birdie* and Baroness Livenbaum in *Anastasia*.

Ms. Binda will be a junior in the fall.

Three Andover residents have been named to the dean's list at Boston University for the fall semester.

Students recognized for this honor include Kelley C. Doyle, Robert F. Doyle and Matthew T. Fardy.

**Deadline for school news is
5 p.m. Friday, May 7.
Deadline for the rest of the paper is
5 p.m. Monday, May 10.**

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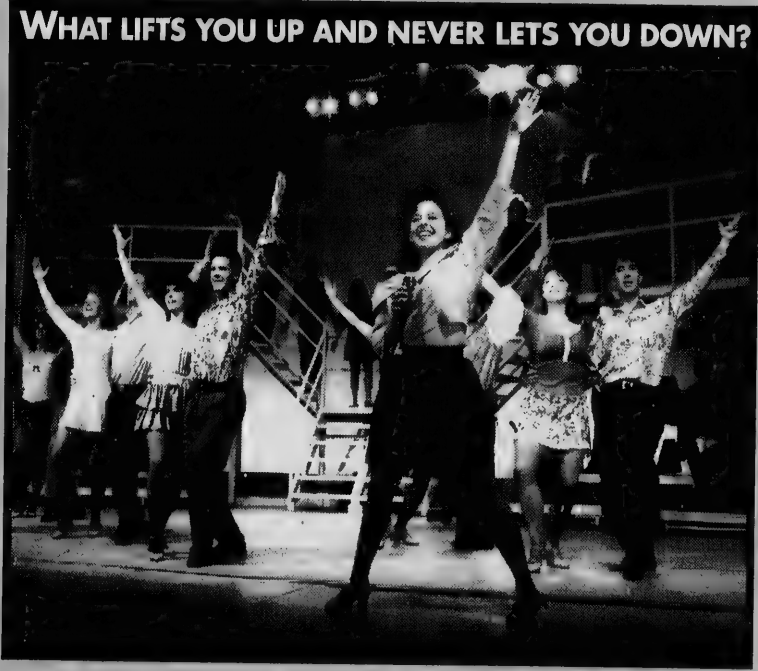
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(Continued from page 23)

day, May 15. The graduation speaker is Dr. Alexander W. Astin, director of the Higher Education Research Institute at UCLA. Among those receiving honorary degrees will be Dr. Astin, attorney Patricia McGovern, and Andover novelist Mary McGarry Morris.

The annual art show at Pike School opened with a reception on Monday evening, May 3. Painters, photographers and artists demonstrated their talents and music was provided by Pike students.

Each of the 408 students in prekindergarten through grade 9 had work on display. Graphic art, photography and creations in fabric hung on the walls and three-dimensional art included sculpture in clay and paper mache figures.

Students in grades 1-5 have art twice a week while students in grades 6-9 have art four times a week for one or two terms.

St. Augustine School will sponsor its spring fund-raiser "Duck Day" Sunday, May 16. Participants expect to launch more than 1,000 yellow rubber duckies into the Shawheen River. They will float about two miles downstream to the finish line across the stretch of the river that runs through St. Augustine property on Lupine Road. All the ducks will be numbered to correspond to adoption papers. A river duck patrol will accompany the ducks in canoes to be sure no little duck goes astray. The duck judges will scoop up the first three ducks to cross the finish line. Prizes are \$500, first; \$250, second; and \$100, third.

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23 AHS juniors are Merit high scorers, testing in top 1 percent of 1.2 million students

By Lisa Boudreau

Almost two dozen Andover High School juniors scored in the top 1 percentile of their peers on the nationwide PSAT exam earlier this year. The National Merit Scholarship program announced last month that 23 AHS juniors were among the top 50,000 scorers. More than 1.2 million students took the exam.

The following students were named National Merit high scorers: Steven Andreadis, Cheryl Battles, David Douglas, Mona Elsheikh, Lauren Forbes, Samantha Ford, Lisa Gabriel, Adam Greene, Sarah Hamilton, Brian Hill, Jennifer Huang, Anne Hwang, Amy Kattapuram, Robert Lord, Akilesh Palanisamy, Elizabeth Peterson, Jesse Recinos, Beth Segal, James Stratton, Jaime Weida, Robert Weisman, James Woodroffe, and Nicholas Zammuto.

Those high scorers are now eligible to become semifinalists in the National Merit Scholarship program. Their PSAT scores will be sent to two colleges of their choice along with a letter from the Merit program identifying them as high scorers.

In the fall the Merit program will choose 15,000 of the high scorers to become semifinalists. Once a student is a semifinalist he or she has to submit an essay, teacher recommendations and other information to the Merit judges.

From those ranks 2,000 students are chosen to be Merit Scholars. One of the factors that determines which students are chosen is each state's PSAT

cut-off score, which is decided by Merit program officials, said Ruby Easton, head of the AHS guidance department.

"Massachusetts usually has a higher state selection score than many others in the country," she said.

For example, all 23 of the Andover High students may have scored higher on the PSAT exams than students in other states, but they may not be chosen as Merit Scholar semifinalists or finalists, because Massachusetts' selection score is higher than

those in other states.

Scholarships are sponsored by the National Merit program as well as private corporations. Not all of the 2,000 Merit Scholars receive scholarships, which average between \$1,000 and \$2,000. AHS "usually averages one or two

Merit Scholars each year, but it has been a number of years since we have had anyone get a scholarship," Ms. Easton said.

KITE program set for Aug. 2-6

Merrimack College will again provide the setting for a one-week thinking-skills institute for academically-talented children Aug. 2-6. The program is open to students currently in kindergarten through grade eight. Last year almost 90 students from 20 communities attended KITE.

For more information, call 475-1422. Details about the program and registration forms are available in the Kaleidoscope '93 brochure.

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ENTERTAINMENT CALENDAR

THURSDAY, MAY 6

Merrimack Valley bird walk at Ipswich River Audubon Sanctuary, woodcock walk, meet at Retelles at 6 p.m. or at the sanctuary at 6:45; Evelyn Retelle 475-4412.

Book signing by Barbara Cooney, Andover Bookstore, 89 Main St.; 3-5 p.m.; 475-0143.

Changing Course: Toward a People's History of Sea, lecture by Dr. Marcus Rediker, East India Marine Hall, Peabody site, East India Square, Salem; 8 p.m.; \$14, (members \$10); 745-9500.

FRIDAY, MAY 7

Faculty Jazz Ensemble in concert, featuring Robert Baughman, Vincent Monaco, Eric Thomas, Kate Tetzl and Nat Mugavero, Graves Hall, Phillips Academy, 7 p.m.; free and open to the public; 749-4263.

Book Signing by Barbara Cooney, *illustrator*, Andover Bookstore, 89 Main St.; 3-5 p.m.; 475-0143.

All Aboard for Broadway, musical theater review, sponsored by North Reading Theatre Workshop, North Reading High School auditorium, Route 62, North Reading; 8 p.m.; 664-3949.

SATURDAY, MAY 8

Crafts in The Park, sponsored by American Field Service and Dept. of Community Services, The Park; 10 a.m.-4 p.m.; rain date, Sunday, May 9.

Pike School spring fair, petting zoo, moonwalk, tethered hot-air balloon, gyro trim, fun slide and karaoke, food, Grandma's Pantry, used books, plants, crafts, chances for Victorian dollhouse or a \$100 gift certificate; Sunset Rock Road, 10 a.m.-3:30 p.m.; open to the public.

Merrimack Valley bird walk at Mt. Auburn Cemetery, Cambridge, meet at the Retelles for carpools at 6:30 a.m.; Sid Wilson 475-2302.

Children's Spring Craft Workshop, Andover Unitarian Universalist Church, 6 Locke St.; 2-4 p.m.; \$3; 685-6526.

Reception for artist Ursina Amsler, *Optical Quotations* collage exhibition, Andover Books and Prints, 68 Park St., 2-5 p.m.; free and open to the public.

Spring Celebration of Song by the Greater Merrimack Valley Chorale, *Cantata #4* by Bach, *Non Nobis Domine* by Hayden, *Alleluia* by Randall Thompson and songs by Copland and Effinger, directed by David Tierney;

First Calvary Baptist Church, corner of Massachusetts Avenue and Chickering Road (Rt. 125), North Andover; 8 p.m.; \$7, seniors and students \$5; 688-2816.

Dido and Aeneas, fully-staged opera by Treble Chorus of New England, Trinitarian Church, Elm Street, North Andover, 8 p.m.; \$8; 664-4705.

All Aboard for Broadway, musical theater review, sponsored by North Reading Theatre Workshop, North Reading High School auditorium, Route 62, North Reading; 8 p.m.; 664-3949.

Appalachian Mountain Club canoe trip, Ipswich River; Fred Snell 686-3641.

Aztec Two Step in concert at Crossroads Coffeehouse, opening act Ellis Paul; North Parish Church, corner of Massachusetts Avenue and Great Pond Road, North Andover; 7:15 p.m. doors open, 8 p.m. concert; \$8; Debb Putnam 474-8925.

Catholic Alumni Club of Boston singles dance, Tage Inn; 8:30 p.m.-12:30 a.m.; \$8 (non-members \$10); Liz Davey 475-1975.



Leslie Maglitta

Women's Voices: Poems by Women Set to Music, Leslie Maglitta, soprano, Fischer Recital Hall, Durgin Hall, UMass Lowell, 7:30 p.m.; free; Leslie Maglitta 453-5279.

Lowell, 7:30 p.m.; free; Leslie Maglitta 453-5279.

SUNDAY, MAY 9

Concert of chamber music by the Essex Ensemble, Gerald Itzkoff, Heidi Yenney, Mark Smith, William Thomas,



◀ Aztec Two Step in concert

Christopher Walter and Peter Warsaw, sponsored by Andover Historical Society and Phillips Academy; Cochran Chapel, Phillips Academy; 3 p.m.; \$5; 749-4263.

Mary's Boy, a play performed by Margaret Anderson, at the Mother's Day 10:45 a.m. worship service, Free Christian Church, 31 Elm St.; free and open to the public; 475-0700.

Andover Appalachian Mountain Club hike on the Pennacook Trail along the Merrimack River, meet at the entrance to Deer Jump Reservation at end of Bundrett Avenue; 1:30 p.m.; Warren Lewis 475-1328.

Dido and Aeneas, fully-staged opera by Treble Chorus of New England, Methuen Memorial Music Hall, 182 Broadway, Methuen, 4 p.m.; \$8; 664-4705.

Merrimack Valley bird walk at Barker's Road to Chadwick's Pond, Boxford, meet at Pool Sales store, Osgood Street and Route 125,

North Andover, 6:30 a.m.; Al Retelle 475-4412.

TUESDAY, MAY 11

Treble Chorus of New England open rehearsal, for children 7-15, Pike School, Sunset Rock Road, children 7-11, 4-5 p.m., 12-15 year-olds 6:30-8:15 p.m.; Paula King 664-4705.

Portraits in the Great Age of Sail, walking tour, emphasis on portraiture in the exhibit; Dodge Wing, Peabody site, East India Square, Salem; 7:30-8:30 p.m.; free with admission; 745-9500.

WEDNESDAY, MAY 12

Tribute to Women in Industry (TWIN) luncheon, at Andover Country Club; speaker Elsa Rassbach, producer of documentary about Merrimack Valley textile mills, sponsored by the Greater Lawrence YWCA; call the Y before May 7 for reservations.

Senior Recital by Beth Canterbury, soprano and Paul Choi, baritone, Timken Recital Room, Graves Hall, Phillips Academy, 7 p.m.; free and open to the public; 749-4263.

Greater Lawrence Camera Club, three-screen competition, Trinitarian Congregational Church, Elm Street, North Andover; 7:30 p.m.; free; 664-4537, evenings 664-3140.

THURSDAY, MAY 13

Merrimack Council of International Reading Association spring dinner, speaker Leona Curhan, Andover Country Club; 5:30 p.m.; \$30; Merrimack Valley Reading Council, 945 Riverside Drive, unit 30-B, Methuen.

My Husband's Wild Desires Almost Drove Me Mad, John Toblas comedy, Giordano's Starlight Dinner Theatre, Route 97, Georgetown; opening night, through

June 6; performances Thurs., Fri. and Sat. evenings, dinner at 6:15 and show at 8:30, Sunday matinees, dinner at noon and show at 2 p.m.; \$15.95-\$24.95; reservations 352-7300.

FRIDAY, MAY 14

Salute to Armed Services and veterans of Merrimack Valley area breakfast, sponsored by the Merrimack Valley Chapter of American Red Cross and Association of U.S. Army Minutemen Chapter; Ramada Hotel Rolling Green, 311 Lowell St.; 7:45 a.m.; 683-2465.

Senior recital by Christina Kuo, violin, and Christina Greene, cello, Timken Recital Room, Graves Hall, Phillips Academy; 7 p.m.; free and open to the public; 749-4263.

Judy Small in concert, New Moon Coffeehouse, Universalist Unitarian Church, routes 125 and 110, Haverhill; 8 p.m., doors open at 7:30; \$10; Carol Allen 373-9259.

Drood, a Broadway musical based on *The Mystery of Edwin Drood* by Charles Dickens, Kemper Theatre, Denworth Hall, Bradford College; 8 p.m.; \$5, \$4 for seniors and students; 374-0076.

SATURDAY, MAY 15

Clown Town, sponsored by Andona Society, The Park; rain or shine 9:30 a.m.-4:30 p.m.; 10:30 a.m. Silverado "Fit Kids" presentation, 11:30 a.m. children's sing-along; 1 and 3 p.m. Confetti Kids performance at Doherty auditorium; 3:30 p.m. raffle drawing.

Drood, a Broadway musical based on *The Mystery of Edwin Drood* by Charles Dickens, Kemper Theatre, Denworth Hall, Bradford College; 8 p.m.; \$5, \$4 for seniors and students; 374-0076.

(Continued on page 30)

Concert of chamber music by the Essex Ensemble at 3 p.m. Sunday



William Thomas



Heidi Yenney



Gerald Itzkoff



Mark Smith



Christopher Walter



Peter Warsaw

Shop for Mom May 8 at Crafts in The Park

The 16th annual Crafts in The Park will be held Saturday, May 8, from 10 a.m. to 4 p.m. in The Park.

Mother's Day is Sunday, May 9 (also the rain date of the craft fair), so families can plan on spending Saturday shopping for mom, dining on picnic fare such as hot dogs, hamburgers and vegetarian pita pockets served by AFS volunteers.

Crafts in The Park is sponsored by the Andover chapter of AFS Intercultural Programs and co-sponsored by the Department of Community Services. The fair is staffed by

local AFS volunteers, exchange students and host families.

The fair is co-chaired this year by B.J. Witman, whose daughter, Amanda, spent a year in Finland, and Kathy Maxwell, whose family hosted a student from Japan.

Proceeds from the show are used to further intercultural understanding by providing scholarships and support for local students and host families.

AFS has been organizing intercultural exchanges for more than 40 years and annually sends approximately 250 New England students to more than 50 foreign countries and hosts nearly 200 foreign students in New England.

Nationally, approximately 3,000 students are hosted and sent.

Call 475-7210 for more information on Andover Crafts in The Park or AFS exchange programs.

Academy Concert Band and Jazz Band in concert Sunday, May 16 at PA

The Phillips Academy Music Department will present the Academy Concert Band and Jazz Band in concert on Sunday, May 16, at 3 p.m. The Concert Band, under the baton of Vincent Monaco, will feature *Variations on a Korean Folk Song* by John Barnes Chance and *Hungarian Dance No. 5* by Johannes Brahms.

The Jazz Band, under the direction of Eric Thomas, will play "The Flintstones" by William Hanna, Joseph Bar-

bera, and Hoyt Curtin; "Blues for B.B." by Harry Stone, "Blues for Clyde" by Sammy Nestica, "Donna Lee" by Charlie Parker, and "Jupiter," written especially for the PA Jazz Band by Philip Pidot, PA '94, member of the concert and jazz bands.

This concert will take place in Cochran Chapel,

Chapel Avenue, on the PA campus. The concert is free and the public is invited.

Elegant luncheons & afternoon teas; meetings; bridal showers; tea making supplies; Mother's day baskets

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Historical Society, PA present the Essex Ensemble Sunday at 3

The Andover Historical Society and Phillips Academy will present the Essex Ensemble on Sunday, May 9, at 3 p.m. in the Cochran Chapel on the Phillips Academy campus. The featured artists are Phillips Academy faculty members Gerald Itzkoff, violin; Heidi Yennery, violin; Mark Smith, viola; William Thomas, cello; Christopher Walter, piano; and Peter Warsaw, piano. The program will feature *Quartet No. 3 in C Major*, "The Emperor", Op. 76 by Franz Joseph Haydn; *Piano Quartet No. 3 in C minor*, Op. 60 by Johannes Brahms; and *Quintet for strings and piano*, Op. 1 by Samuel Coleridge-Taylor.

General admission is \$5.

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MAY 6 1993

Ursina Amsler's artwork exhibiting at AB&P; reception Saturday

Wrapping paper scraps and old stamps dribble from a cardboard box at Ursina Amsler's elbow; the young Marblehead artist leans over her drawing board and picks with tweezers through little drifts of book clippings and map snippets. From this chaos of scissored matter, Ms. Amsler is creating a peculiar kind of order. "I don't like using the word 'collage'" she says, arranging, then rearranging, adjusting and, ultimately, rejecting, a piece of old greeting card. "That brings to mind high school art classes, with magazine cut-out collages." She sits back and gives her work-in-progress a critical eye. "I need kind of a better word for it."

It was her search for a term for what she does and her concept of each finished work as a "little story" that led Ms. Amsler to entitle her current exhibition "Optical Quotations." The display of diverse works of varying themes and sizes will hang at Andover Books and Prints from through May 31; a reception for the artist will be held in the bookshop on Saturday, May 8, from 2 to 5 p.m. It will be free of charge and open to the public.

An "optical quotation" by Ms. Amsler is an arrangement of layers of cut-outs from materials gleaned in antique stores - books in various languages, Victorian cards and wrapping paper, reproductions of religious and secular art, maps, old calendars, postage stamps, and other miscellaneous printed matter - made three-dimensional by the strategic use of foamcore and acrylic transparency material. Often, layers overlap



Ursina Amsler works at her drawing board.

and early materials are buried; sometimes, they are embellished with beads, matches, feathers, gold leaf or other bits of found matter. "I never have

a vision when I start," she says. "I just go through my things; the stories and themes develop as I'm doing it." When she has completed a piece, some-

times at one long sitting, she writes around the edges in free verse a line that touches upon one or more of its finished themes.

The finished

pieces project an airy affection for life and art. "There are a few things that recur," she says. "Mail, often in the form of packages. Religion, in a kind of a whimsical way."

The recent Skidmore graduate has been working in mixed collage media

for about a year and a half. For years, she has sketched and painted, primarily in gouache, an opaque water color. Although she maintains that her "drawing style is very realistic and illustrative," many of her painted works reveal the light and some-

times fantastic touch seen in her "optical quotations." In these, she reworks in bright gouache and rearranges characters from existing works by artists like Rene Magritte into new paintings.

Andover Books & Prints is located at 98 Park St.

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CALENDAR

(Continued from page 27)

Of Memory and Magic by North Reading Community Chorale, music of Ellington, Gershwin, Waller, Berlin, Brown, Shearing, Carmichael and Arlen, Congregational Church, Haverhill Street, North Reading; 8 p.m.; \$7.

Evening of traditional Celtic music, featuring Scottish and Irish performers in Greater Boston area, sponsored by Creative Arts, Inc. of Reading, 8 p.m.; \$10, \$8 seniors, children under 12 free; (617) 942-0538.

SUNDAY, MAY 16
Strike up the Bands, Academy Concert Band and Academy Jazz Band, Cochran Chapel; Phillips Academy; 3 p.m.; free and open to the public; 749-4263.

Sheep shearing festival, sheep shearing, sheepdog demonstrations, spinning, and weaving exhibits, raffle, museum tours, sponsored by the Museum of American Textile History, and AFS Intercultural of North Andover, Old North Andover Common and at the museum across from the common at 800 Mass. Ave.; 10 a.m.-5 p.m. rain or shine; free and open to the public; Linda Carpenter 686-0191.

Tanya Anisimova, cello, in concert with **Tanya Kodinsky**, piano, works of Brahms, Bach, Casado and Russian favorites; St. Paul's Church, 15 St. Paul St., Brookline, 3 p.m.; \$8, \$5 senior citizens; (617) 566-4953.

Merrimack Valley Bird Club Plum Island walk, meet at Old Andover Center at 6:30 a.m. or parking lot #1 at Parker River NWR at 7:30 a.m.; those interested in continued birding in the afternoon

should bring a lunch; Al Retelle 475-4412, Mrs. Hollis French 283-5541.

ONGOING
Art at the Addition, Next Generation: Alumnae/i

Artists of Phillips Academy and Sol LeWitt: Twenty-
(Continued on page 40)



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WEDDINGS

Andersen-Morello

Christine Louise Morello and Scott Henry Andersen were married Sept. 26, 1992, in St. Augustine Church. Deacon John Capomaccio performed the ceremony.

Donna Morello, the bride's sister, was maid of honor. Jeana DeSeno of Avon, N.H., Karen Grace of Boston, Christen Cavallaro and Robin DePippo, both of Andover, were bridesmaids.

James Andersen was his brother's best man. The bride's brothers, Philip Morello and Matthew Morello, both of Andover, and Thomas Selfridge of North Reading and Jay Donovan of Medford were ushers.

The bride wore a fitted white gown that flared towards the bottom into a cathedral train and had a beaded bodice. The headpiece was beaded with netting down to the train. She carried a bouquet of lilies, ivy, roses, baby's breath and stephanotis.

Following a reception at Castleton in Windham, N.H., the couple left for Aruba.

The bride is the daughter of Dominic and Elaine Morello of 3 Clover Circle. She graduated from the College of Boca



Scott H. and Christine Andersen

Raton, Fla., and is continuing her education at Salem State College. The former kindergarten teacher is a professional beauty consultant with Mary Kay Cosmetics.

Her husband is the son of Howard and Judie Andersen in North Reading.

He attended Salem State College and is a sales distributor with LePage Bakeries in Hudson, N.H.

The couple live in Nashua, N.H.

Hymanson-McNamara

Joan Maureen McNamara and Philip Mark Hymanson were married Sept. 25, 1992, at St. Augustine Church. Father Arthur D. Johnson performed the ceremony.

Jane McNamara was her sister's maid of honor. Richard Beauchamp of Lynn was the best man. Samantha Dexter, daughter of the groom, and Kirsten Stuke, the bride's niece, were flower girls. Patrick McNamara handled the usher duties.

The bride wore a princess-style white silk gown with a scalloped portrait collar and scalloped cathedral length train. Her bouquet consisted of white roses, orchids, freesia and baby's breath.

Following a reception at the Vene-tian Room of the Copley Plaza Hotel in Boston, the couple left for Charleston and Myrtle Beach, S.C.

The bride is the daughter of Paul and Alice McNamara of 6 Downing St.

Her husband is the son of Edward and Elaine Hymanson of Lynnfield.

The couple live in Lynnfield.



Philip and Joan Hymanson

▲ The wrong photograph for the Hymanson-McNamara wedding was published in last Thursday's *Townsmen*. By mistake, the photographer sent a photo of Ms. McNamara and her father, Paul McNamara. The story is reprinted above and is the correct version.

Kinsella-Rogers

Gina Ann Rogers and Paul Michael Kinsella were married Jan. 2 in St. Thomas Aquinas Church in Palo Alto, Calif. The ceremony was performed by Father James Erps, S.J.

Following a reception at the Stanford Park Hotel in Stanford, Calif., the couple left for Hawaii.

Ms. Rogers is the daughter of Mr. and Mrs. James A. Rogers of Kennebunk, Maine. She graduated from Kennebunk High School in 1987 and Colby College in 1990. She is associate editor at Mayfield Publishing Co.

Her husband is the son of Dr. and Mrs. Michael G. Kinsella of 25 Kathleen Drive. He graduated from Phillips Academy in 1984 and Boston College in 1988. A third-year law student at Stanford Law School, Mr. Kinsella will join the law firm of Sullivan and Cromwell in Los Angeles, following graduation in June.



Gina and Paul Kinsella

Severance-Driscoll

Ann Elizabeth Driscoll and Paul Stanley Severance were married Oct. 23, 1992, in St. Augustine Church. The ceremony was performed by the Rev. George Morgan, O.S.A.

Mary P. McDonough was her sister's matron of honor. The bride's sister-in-law, Jacqueline A. Driscoll, and cousins, Amy W. Reilly, Stacey L. Reilly, Kelly L. Walsh and Nicole W. Bourke were bridesmaids. The groom's nieces, Morgan Krieg and Kelsey Krieg, were junior bridesmaid and flower girl, respectively.

Dr. Gary Severance was his brother's best man. Groomsmen were Thomas Severance, the groom's brother, James A. Driscoll and John R. Driscoll, the bride's brothers, and Douglas Bartel, Nobuhiro Ebina, Todd Higgins and Guy Hocker. Mark J. Thompson was ring bearer.

Following a reception at the Indian Ridge Country Club, the couple left for St. Lucia.

The bride is the daughter of Mr. and Mrs. Arthur C. Driscoll. She graduated the University of Lowell with a degree in physical therapy and holds a master's degree in public health from Boston University. She is an adjunct professor at the University of Massachusetts in Lowell and director of rehab services for A.D.S. Management Inc. in North Andover.

Her husband is the son of Dr. and



Ann and Paul Severance

Mrs. Lewis S. Severance. He graduated from the University of Minnesota with a bachelor of science degree in aerospace engineering and has a master of science degree from West Coast University. He is a captain in the Air Force stationed at Hanscom Air Force Base.

The couple live in Bedford.

See Miss Saigon this fall through DCS

The Department of Community Services will sponsor a bus trip to see *Miss Saigon* at the Wang Center Thursday, Sept. 9.

Registration is underway and DCS told the *Townsmen* this week

that the deadline for sign-up is tomorrow, May 7.

The DCS office is open Monday through Friday from 8:30 a.m. to 4:30 p.m.

Miss Saigon combines a love story with a production that includes

among its special effects a full-scale helicopter landing on stage.

The bus leaves from the rear of Doherty Middle School at 6:45 p.m. and returns at approximately 10:45.

The cost is \$61 per person.

BIRTHS

ADLY - A daughter, born to Bahram and Marina (Penta) Adly of 117 Greenwood Road April 19 at Melrose-Wakefield Hospital in Melrose. Grandparents are Lina and Edward Penta of Melrose and Parry and Rahmat Adly of Concord, Calif.

ANGELL - A son, Timothy Walter, born to Michael and Nancy Angell of 22 Rattlesnake Hill Road March 13 in Anna Jacques Hospital in Newburyport. Grandparents are Walter and June Gruber of Richmond, Va., Susan Angell of New Milford, Conn., and Jerome Angell of North Attleboro. Timothy has a sister, Jennifer, 2.

BURKE - A daughter, Meghan Cassidy, born to 1st Lt. Michael and Lori Ann (DiLiegro) Burke, both formerly of Andover, March 16 at Fort Stewart, Ga. Grandparents are John and Anne Burke of 64 Haverhill St. and Nick and Susan DiLiegro of 8 Tiffany Lane.

BYRNE - A son, Christopher Michael, born to Francis P. and Susan M. (Darragh) Byrne of 17 Boston Road April 17 at New England Memorial Hospital in Stoneham. Grandparents are Tom and Gloria Darragh of Malden.

CLAYTON - A son, Benjamin Edward, born to Joseph Clayton and Lisa Alexander of 91 Lowell St. March 16 at New England Medical Center. Grandparents are Gretchen Alexander of Glenview, Ill., David Alexander of Brahtenahl, Ohio, Judith Clayton of Rock Island, Ill., and James Clayton of Iowa City, Iowa.

COOK - A son, Geoffrey Alton, born to Bruce and Karla (Kamens) Cook of 11 Barrington Drive

March 12 at Holy Family Hospital and Medical Center in Methuen. Grandparents are Mr. and Mrs. Richard Cook of Geneva, N.Y., and Mrs. Alton G. Kamens of Madison, Conn. Geoffrey has a brother, Garrett John.

DAVIDSON - A son, Conor Jordan, born to Ken and Ellen (Edwards) Davidson of 140 Chestnut St. March 24 at Winchester Hospital. Grandparents are Gerald and Rita Edwards and Earle and Doris Kirschner, all of Long Island, N.Y.

DRISCOLL - A son, Christopher Charles, born to James A. and Jacqueline A. (Harris) Driscoll of Haverhill March 31 at Winchester Hospital. Grandparents are Arthur and Dorothy Driscoll and Robert and Elizabeth Harris, all of Andover, and Anthony and Hilda Carreiro of Fort Meyers, Fla. Christopher has two brothers, Timothy and Bryan.

EASTMAN - A daughter, Amanda Elise, born to Daniel

and Jennifer Eastman of Londonderry, N.H., March 30. Grandparents are Mr. and Mrs. Charles Carroll and Vera Stanwood of Londonderry and Malcolm Eastman of Andover. Great-grandparents are Mr. and Mrs. Frederick Eastman of Andover.

FRENETTE - A son, Madison Conor, born to Mark and Kerrilyn (Walshe) Frenette of Salem, N.H., April 4 at Nashua Memorial Hospital. Grandparents are Beverly Walshe of Andover, Douglas Walshe of Stoneham and Mr. and Mrs. Russell Anderson of Manchester. Great-grandparents are Mr. and Mrs. Walter Reynolds of Andover. Madison has two brothers, Billy Hale and Mark Jr.

FROCIONE - A son, Adam Michael, born to Dominick and Susan (Horrigan) Frocione of Tewksbury April 15 at New England Memorial Hospital in Stoneham. Grandparents are Mr. and Mrs. John Horrigan of Burlington and

Mr. and Mrs. Ernest Frocione of 6 Shadow Lane.

HENNESSY - A daughter, Julia Elyse, born to Daniel and Beth (Waron) Hennessy of 97 Shawshen Road March 14 at Melrose-Wakefield Hospital in Melrose. Grandparents are Sol and Nan Waron of Florida and Arthur J. Hennessy of Wakefield. Julia has a brother, Robert Arthur, 3.

NOSSIFF - A son, Peter Hager, born to John Nossiff and Gabrielle Hager of 16 Cedar Road March 21. Grandparents are Therese Nossiff and Robert and Honore Hager.

O'CONNOR - A son, Kevin Patrick, born to John P. and Cindy A. (Boiardi) O'Connor of 4 Lamancha Way April 25 at Newton-Wellesley Hospital. Grandparents are Charles and Helen Boiardi of Wellesley and John and Shirley O'Connor of Woburn. Mrs. James O'Connor of Arlington is the great-

grandmother. Kevin has three sisters, Meghan, 4, Katie, 2, and Jennifer, 1.

PENTA - A son, Christopher Michael, born to Chris Penta and Eileen Holzman of 269 South Main St. March 19.

PHANEUF - A daughter, Mackenzie Lee, born to Gregory and Holly Phaneuf of 3 Pepperidge Circle April 13 at New England Memorial Hospital in Stoneham. Grandparents are Mr. and Mrs. Paul H. Phaneuf of Malden and Mr. and Mrs. William J. Yopp of Ossining, N.Y.

Mackenzie has a brother, Matthew.

REILLY - A daughter, Catherine Lavin, born to Lawrence and Shannon (Larson) Reilly of Providence, R.I., March 4 at Brigham and Womens Hospital in Boston. Grandparents are Mr. and Mrs. Don Larson of Rye, N.H., formerly of Andover, and Mr. and Mrs. Lawrence Reilly of New City, N.Y.

STABILE - A daughter, Rebecca Anne, born to Robert and Mary (Tropeano) Stabile of Haverhill April 7 at Winchester Hospital. Grandparents are Mr. and Mrs. James A. Tropeano and Mr. and Mrs. Gerald Stabile, all of Andover. Rebecca has a sister, Samantha.

TRAVERS - A daughter, Marianne Kathleen, born to Mr. and Mrs. Joseph Leonard Travers of Norton April 13 at Norwood Hospital. Grandparents are Mary Victoria Travers of Foxboro and Anne Rees Gemmell of Andover. Marianne has a brother, William Arnold, 22 months.

VANSCHALK-WYK - A son, David Aaron, born to Mr. and Mrs. Kurt Vanschalkwyk March 20 at New England Memorial Hospital

in Stoneham. Grandparents are Mr. and Mrs. Vanschalkwyk of 111 Salem St. David has a brother, Clay.

WARREN - A son, Richard Scott II, born to R. Scott and Margaret F. (Fellows) Warren of North Andover April 28 at Lawrence General Hospital. Grandparents are Mr. and Mrs. Gordon W. Fellows of Wayland and Mr. and Mrs. J. Robert Warren of Norwalk, Conn. Richard has a sister, Lura.

WHEELER - A son, Maxwell Stuart, born to John and Elmira (Knceu) Wheeler of 167 Woburn St. March 19 at Winchester Hospital. Grandparents are Marija Knceu of Methuen and Lawrence and Louraine Wheeler of Reading.

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Nicholas Malatos



Lauren Rae Chuha



Naomi Rebecca Smith

Nicholas Malatos will celebrate his first birthday tomorrow, May 7. He is the son of George and Ann Malatos. His grandparents are Arthur and Mary Drivas of Andover and James and Matina Malatos of Roslindale. Nicholas has a brother, James.

Lauren Rae Chuha celebrates her first birthday today, May 6. Her parents are Teri and Steve Chuha of North Reading. Her grandparents, Arthur and Sandra Durling, and her uncle, Craig, live in Andover. Lauren has an older sister, Ashley.

Naomi Rebecca Smith turned 1 on Monday, May 3. She is the daughter of Joel and Janet Smith of Andover and the granddaughter of Larry and Elayne Smith of Andover and Alvin and Florence Marshall of Nashua.



Photograph by Matthew Sapientza

B'nai B'rith Joseph G. Koffman Lodge 1522 presented its 12th annual community service award Sunday to attorney Patricia McGovern, honoring her at a breakfast as its "1993 Person of the Year." Presenting the award, at right, is Lodge President Louis Zidle. On former state Sen. McGovern's right is master of ceremonies, James B. Krasnoo.

► Births are published in the *Townsmen* on the first Thursday of the month.

► Babies celebrating their first birthdays, affiliated with Andover, may have their picture in the *Townsmen* free. It will appear in the issue dated the same week as baby's first birthday; it must be received by 5 p.m. the previous Friday.

Economic adviser to Yeltsin to speak at Phillips Academy

The first Bernard Palitz lectureship at Phillips Academy will have Jeffrey Sachs as its featured speaker. The professor of international trade at Harvard University will speak on the transition to market economies in Eastern Europe and the Soviet Republics, on Thursday, May 20, at 8 p.m. in the Tang Theater in George Washington Hall.

Mr. Sachs, cited by *The Economist* magazine as one of the world's leading young economists, is currently leading a team of economic advisors to Russian President Boris Yeltsin and is an advisor to several governments in Latin America and Eastern Europe. He was one of the architects of the economic reform program introduced in Poland in 1990. From 1990-'92 he directed a project on economic reform in the Soviet

Republics and in Eastern Europe.

He received his B.A. summa cum laude from Harvard College in 1976 and his M.A. and Ph.D. from Harvard University in 1978 and 1980, respectively.

The talk is free and open to the public.

A Spring Celebration of Song from Merrimack Valley Chorale

The Greater Merrimack Valley Chorale will present *A Spring Celebration of Song* on Saturday, May 8, at 8 p.m. at the First Calvary Baptist Church, corner of Massachusetts Avenue and Chickering Road (Route 125), North Andover.

The concert will feature Bach's *Cantata #4*, Haydn's *Non Nobis Domine*, Randall Thompson's *Alleluia* and songs by Aaron Copland and Cecil Effinger. Tickets are \$5 for seniors and students and \$7 for general admission and are available at the door or by calling 688-2816.

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Area events

The Merrimack Valley Council of the International Reading Association will hold a dinner meeting Thursday, May 13, at the Andover Country Club. Dinner is poppyseed chicken, salad, potato, coffee and dessert. The cost is \$30 per person.

Leona Curhan from Sundance Publishers will address the issue of quality multicultural literature for children.

Send name and check to Merrimack Valley Reading Council, 945 Riverside Drive, Unit 30-B, Methuen, Mass. 01844. Reservations should be received by Tuesday, May 11.

The Village Garden Club of Andover and Sutton Hill Nursing and Retirement Center will present a program of slides and lecture entitled "Lemons, Limes and Plums," the lights, brights and darks of the perennial garden, by Larry Lirot. The award-winning speaker and gardening expert of Capriland Farms will speak Wednesday, May 12, at 7:30 p.m. at the Sutton Hill Nursing and Retirement Center, Route 114, North Andover.

Admission is free. Advance reservations are requested. Call 475-2189, 475-6548 or 475-1647.

Jeanne David Porter, pianist and teacher, will give a party and musicale for her students Sunday, May 16.

Those participating in the musicale from Andover are Alisa and Paul Adams, Sara Lockman, Megan and Kelley Doyle, Matthew Derba, Gary Chen, Christopher Nabhan and Elisabeth Wheeler. Catherine Hedberg from Reading and Elizabeth Hatem from Methuen will also perform. Eli Porter Durmer from Fitzwilliam, N.H., will also take part in the performance.

The program will consist of solos, duets and duo-piano concertos. This is the culmination of a year's study for each student.

The fine art photographs of Andover resident Angelina Janet Caiati were on display in a one-woman show in the exhibit room of the Bronxville Library in Bronxville, N.Y., during April. The exhibit room is limited to photographers and artists in the Westchester, N.Y., area.

Mrs. Caiati, a native of Mount Vernon, N.Y., was invited to submit her work. This display gave Mrs. Caiati the opportunity to share her work with family and friends who live in the New York area.

She is a member of the Andovers Artists Guild and also exhibits her photographs locally.

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Jewish Family Service to meet at Temple Emanuel May 16

Jewish Family Service of the Merrimack Valley will hold its annual meeting at Temple Emanuel Sunday, May 16, at 6 p.m. After a catered buffet, recently retired District Court Judge Maurice Schwartz will be honored for his service to the Greater

Merrimack Valley community.

Superior Court Justice Isaac Borenstein will be the featured speaker. Volunteers are also being honored.

Ann Kazer is president of Jewish Family Service. Co-chairwomen of

the event are Dr. Thelma Halberstadt and attorney Judith Mizner.

Tickets are \$18 per person. Make reservations by May 9 by contacting Jewish Family Service of the Merrimack Valley, 439 S. Union St., Lawrence, Mass. 01843. Call 683-6711.

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WORSHIP SERVICES

Apostolic

St. Gregory
Armenian Apostolic Church
158 Main St.
North Andover
Der Gomidas Baghsarian,
Pastor
SUNDAY: 9:45 a.m. Morning
prayer; 10:15 a.m.
Badarak (Holy Mass).

Baptist

Andover Baptist Church
7 Central St., Andover
Rev. Thomas Goldthwaite,
Pastor
THURSDAY: 7 p.m. Choir.
SUNDAY: 9:30 a.m. Sun-
day School; 10:20 a.m. choir;
10:45 a.m. Worship.
MONDAY: 7:30 p.m.
Standing committee.
TUESDAY: 7:15 p.m. Cir-
cle of Hope.
WEDNESDAY: 7 p.m.
Bible study and prayer.

Arabic Baptist Church
3 Green St., Lawrence
689-0444
Rev. George Wakim, Pastor
SUNDAY: 4 p.m. Worship.

Calvary Baptist Church
Rev. Gregory E. Thomas
13 Ashland St.
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ley for 120 years.

SUNDAY: 9 a.m. Fellow-
ship, refreshments; 9:30 a.m.
Sunday school for all ages;
10:50 a.m. Morning worship.
WEDNESDAY: 7 p.m.
Prayer meeting; 8:15 p.m.
Pastoral Choir rehearsal
(first and third Wednes-
days).
THURSDAY: 6 p.m. Girl
Scout troop meeting; 8 p.m.
Sanctuary Choir rehearsal.
SATURDAY: Noon.
Youth/Children's Choir re-
hearsal, Women's Fellow-
ship/Bible study (second
and fourth Saturdays),
Men's Fellowship/Bible
study; 2 p.m. Adult Bible
study (first and third Sat-
urdays).

Good Shepherd
Baptist Church
3 Green St., Lawrence
689-0444
Rev. Rafael Hernandez,
Pastor
Rev. Jose Reyes,
associate pastor
FRIDAY: 7 p.m. Bible
study.
SUNDAY: 12:45 p.m. Sun-
day school; 2 p.m. Worship.

Judson Memorial
Baptist Church, S.B.C.
3 Green St., Lawrence
689-0444

Rev. Paul Temple, Pastor
SUNDAY: 9:45 a.m.; 11
a.m. Bible study for all ages,
11 a.m. Worship; 6:30 p.m.
Worship.
WEDNESDAY: 7 p.m.
Prayer service.

Bible chapels

Andover Bible Chapel
266 Lowell St., Andover
475-4733
SUNDAY: 9:15 a.m. BB; 11
a.m. Service and Sunday
school.
WEDNESDAY: 7:30 p.m.
Prayer, praise and devotion-
al. Nursery provided.
FRIDAY: 7 p.m. Kids'
Night for 5- to 12-year-olds;
7:30 p.m. Friday night Fel-
lowship/Bible study.

Fellowship Bible Church
525 Turnpike St.
North Andover
Pastor Joseph Stranger

SUNDAY: 8:05 a.m. Fel-
lowship time, WCCM; 9:15
a.m. Sunday school; 10:30
Morning worship; 6 p.m.
Evening worship.
WEDNESDAY: 7 p.m.
Prayer meeting.

New England Bible Church
16 Haverhill St.
Andover
Rev. M. E. Thompson III
SUNDAY: 9 a.m. Morning
worship service; 10:30 a.m.
Sunday school; 6 p.m.
Evening worship.
WEDNESDAY: 7 p.m.
Bible study and prayer.

Catholic

St. Augustine Church
Rev. Arthur Johnson,
O.S.A., Pastor
43 Essex St., Andover
SATURDAY: Masses at 8
a.m. and 4 p.m.

SUNDAY: Masses at 8
a.m., 9:30 a.m., 11 a.m., 12:30
p.m. and 5:30 p.m. Babysit-
ting is available in Good
Counsel Hall during the 9:30
a.m. Mass. The 9:30 a.m.
Mass is a young people's
liturgy on the second Sun-
day of the month.

WEEKDAYS: Masses at 8
a.m. and noon, 10:30 a.m.
First Friday (Oct.-June).
MONDAY: 7:30 p.m. AA
meeting.

St. Robert Bellarmine
Church
Rev. Arthur J. Driscoll,
Pastor
Haggetts Pond Road,
Andover
SATURDAY: Mass at 5
p.m.

SUNDAY: Masses at 8,
9:30 and 11 a.m.
Reconciliation: Saturday
at 4 p.m. and after all week-
end Masses.
Daily Mass: 9 a.m.
Safeplace: Second and
fourth Tuesday of every
month in rectory at 7 p.m.

St. Joseph's Church
22 High Vale Lane
Ballardvale
SUNDAY: 10 and 11:30
a.m. Mass.

St. Michael's Church
Rev. Joseph Svirskas,
Pastor
196 Main St., North Andover
SATURDAY: Two Masses
at 4:30.

SUNDAY: Two Masses at
10:30 a.m.
Daily Masses at 6:45 a.m.
and 9 a.m.
MONDAY: 7 p.m. AA
meeting.

Christian Science
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WEDNESDAY: 8 p.m. Tes-
timony meeting.

Congregational

Free Christian Church
Rev. Dr. Jack L. Daniel Jr.,
Senior pastor
Tim S. Boynton,
Associate pastor
31 Elm St., Andover
THURSDAY: 9 a.m. BSF;
4:30 p.m. Cherub choir; 7
p.m. Junior high youth; 7:30
p.m. Senior Choir; 8 p.m. AA
meeting, 12-Step program.
FRIDAY: 7:30 p.m. FACS.
SATURDAY: 9 a.m. Praise
group.

SUNDAY: 9 a.m. Worship
service. Sunday School all
ages. New members class. 10
a.m. Teacher's meeting; 10:45
a.m. Worship Service. Crib
room through toddler care;
Crib room through nursery
care.

MONDAY: 3:45 p.m. Pio-

neers Club 1-4.
TUESDAY: 8 p.m. AA
meeting.
WEDNESDAY: 7 p.m.
Women's Bible study; 7:15
p.m. Single/But Not Alone.

Episcopal

Christ Church
Rev. James A. Diamond,
Rector
Rev. Donald R. Woodward,
Assistant minister
25 Central St., Andover
475-0529

SUNDAY: Fifth Sunday
of Easter. 8 a.m. Holy Com-
munion - Rite I; 9 a.m. Choir
warm-up. 10 a.m. Morning
prayer/Holy Communion;
11:15 a.m. Coffee and meet-
ings.

MONDAY: 8 p.m. Al-
Anon.
WEDNESDAY: 7 a.m.
Holy Communion and heal-
ing service (North Chapel),
10:30 a.m. AA, 5:30 p.m.
Overeaters Anonymous; 8
p.m. Al-Anon Step.

St. Paul's Episcopal Church
Rev. Alexander S. Daley,
Rector

390 Main St., North Andover
THURSDAY: 7:30 p.m.
Choir rehearsal.
SATURDAY: 7:30 a.m.
Men's breakfast/reading
group.
SUNDAY: Fifth Sunday of
Easter. 8:30 a.m. Holy Com-
munion; 10 a.m. Morning
prayer and sermon.

Church school all Sun-
days.

Greek Orthodox

Sts. Constantine &
Helen Church
71 Chandler Road
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Rev. Dr. George Karahalios,
Pastor

(Continued on page 36)

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WORSHIP SERVICES

(Continued from page 35)

470-0919 or
470-8715

SUNDAY: 9:15 a.m. Orthodox; 10 a.m. Divine liturgy and Sunday School; 11:30 a.m. Family hour.

Inter-denominational

BrookRidge
Community Church
West Elementary School
Beacon Street, Andover
Rev. William D. Watson,
Pastor
Andrew D. Wilson
Assistant Pastor
682-0302

SUNDAY: 9:30 a.m. Christian education program for all ages. 10:30 a.m. Service. All mothers will be honored with flowers. Mothers will share how God has impacted their lives as moms.

WEDNESDAY: Connections, a small group ministry, meets. Call the church for more information.

Rehoboth Lighthouse
Full Gospel Church
409 Washington St.
Haverhill
Pastor Franklin W. Hobbs
SUNDAY: 10 a.m. and 6 p.m. Worship service.
WEDNESDAY: 7 p.m. Bible study.

Jewish
Congregation
Tifereth Israel
Andover's Conservative
Congregation
474-0540

Rabbi Barbara A. Penzer
Services each Saturday, 10 a.m., at The Hall, 34 Central St., Andover.
Special Friday night services as announced in the *Townsmen*.

Temple Emanuel
7 Haggetts Pond Road
Andover
Rabbi Robert S. Goldstein,
D.D.
Rabbi Harry A. Roth, D.D.,
Merrimack Valley

emeritus
Cantor Donn R. Rosenzweig
FRIDAY: 8:15 p.m. Shabbat eve service.
SATURDAY: 9 a.m. Shabbat service in chapel.
SUNDAY: 9 a.m. Chapel service.

Temple Emanuel
Of Merrimack Valley
101 W. Forest St.
Lowell
Rabbi Everett Gendler
Wendy Sprattler
Local contact
FRIDAY: Shabbat services weekly. Call for information.

Temple Beth El
105 Princeton Blvd.
Lowell
453-0073 or
453-7744

Rabbi Jonah Layman
Cantor Stephen Thompson
FRIDAY: 6:15 p.m. Kabbalat Shabbat followed by family dinner on first Friday of every month through spring.

Shabbat morning service at 9 a.m. Shabbat afternoon service at sunset.
Daily Minyan: Sundays and holidays, 8:30 a.m.; weekdays, 7:30 a.m. Contact temple office for more information.

Lutheran
Faith Lutheran Church
360 S. Main St., Andover
Rev. Jonathan T. Heydenreich
Pastor

SUNDAY: 8:15 a.m. Spoken Eucharist; 9:15 a.m. Sunday school (ages 3 through high school) and adult forum; 10:30 a.m. Service of Holy Communion; nursery care provided.

Presbyterian
First Presbyterian Church
Broadway, Haverhill
Exit 50 off 495
Rev. Donald Wick,
Pastor
SUNDAY: 11 a.m. Services.

Merrimack Valley

Community Church
Atkinson School, corner of
Route 125 and
Massachusetts Avenue
North Andover
10 a.m. Worship service, followed by Sunday school for children and adults.

United
Presbyterian Church
Pastor Andrew T. Hamilton
96 E. Haverhill St.
Lawrence
SUNDAY: 10 a.m. Worship and church school.

Quakers Religious Society of Friends

Graham House
Wheeler Street
Andover
SUNDAY: 10:30 a.m. Worship, First Day school and child care.

Seventh-day

Adventist

Lawrence
Seventh Day
Adventist Church
54 Salem St.
South Lawrence
Pastor David Koot,
667-7242
SATURDAY: 10 a.m. Sabbath hymn and prayer service; 10:30 a.m. Bible study; 11:30 a.m. Worship.
WEDNESDAY: 7:30 p.m. Mid-week Bible study.

Unitarian
Unitarian
Universalist Church
6 Locke St., Andover
475-4454
Thomas Dresser,
President
Rev. Peter T. Richardson
Minister

Marie Houck,
Director of
Religious education
Georgia Leigh Bills,
Music director
THURSDAY: 7:30 p.m. Grief group.
FRIDAY: 6 p.m. Chez Lockstreet.
SATURDAY: 2-4 p.m. Kid's craft workshop.
SUNDAY: 9 a.m. Mother's Day brunch; 9:45 a.m.

Choir rehearsal; 10:30 a.m. Worship service and church school. Sermon by the Rev. Peter T. Richardson.

MONDAY: 7:30 p.m. R.E. committee meeting.

TUESDAY: 7:30 p.m. Reading.

WEDNESDAY: 7:30 p.m. Membership committee meeting.

United Church

of Christ
South Church
41 Central St., Andover
Rev. Dr. Calvin F. Mutti,
Senior pastor

THURSDAY: 4 p.m. Cherub choir; 4:45 p.m. Carol choir; 7 p.m. Support group; 7:30 p.m. Sanctuary choir.

FRIDAY: 8 p.m. Alcoholics Anonymous.
SATURDAY: Senior Pilgrim Fellowship retreat. Noon, Two and One.

SUNDAY: 9:15 a.m. Inquirer's class; 10:30 a.m. Worship service, Mozart's *Requiem*; 10:45 a.m. Sunday school class; 11:30 a.m. Fellowship time; 5 p.m. Junior Pilgrim Fellowship.

TUESDAY: 7 p.m. Survivors of Incest Anonymous.
WEDNESDAY: 6:30 a.m. Men's Fellowship, Women's Early Risers; 9:30 a.m. Bible study.

(Continued on page 37)

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WORSHIP SERVICES

(Continued from page 36)

Trinitarian
Congregational
Church
Rev. Herbert J. Schumm
72 Elm St., North Andover
SUNDAY: 10 a.m. Wor-
ship service, church school.

West Parish Church
129 Reservation Road
Andover

Rev. Joseph W. La Du,
Senior pastor
THURSDAY: 9:30 a.m.-3:30
p.m. NE area clergy
Covenant Day.
SATURDAY: 5-7 p.m. Ham
and bean supper.
SUNDAY: 10 a.m. Wor-
ship and church school; 11:15
p.m. Youth choir.
MONDAY: 7 p.m. Opera-
tions, Soccer board; 7:30 p.m.
Cemetery.
TUESDAY: 7 p.m. Music

committee; 7:30 p.m. Out-
reach, Worship, Education.
WEDNESDAY: 7 a.m.
Men's group; 7 p.m. Scout
Troop 77; 7:15 p.m. Adult
choir.

United Methodist

Ballardvale United Church
(United Methodist and
United Church of Christ)
23 Clark Road, Andover
475-2506

Rev. Susan J. Morrison,
Pastor
SUNDAY: Fifth Sunday of
Easter. Sacrament of Bap-
tism, 10:30 a.m. Worship.
With a focus on the Chris-
tian family, Rev. Morrison
will preach on "Building
with living stones," using
texts from Deuteronomy
6:20-25; 1 Peter 2:1-10; and
John 14:1-14. Fellowship
hour follows worship. No
confirmation class.

TUESDAY: 8 p.m. Al-
Anon meeting.

First United
Methodist Church
57 Peters St.
(Intersection of
routes 114 and 133)
North Andover
682-5305

Pastor James G. Todd
SUNDAY: 9 a.m. Church
school, adult Bible study,
nursery care at 10 a.m. Ju-
nior choir (grades one

through eight), coffee hour;
10:30 worship service, nurs-
ery care.

North Boston Korean
United Methodist Church
244 Lowell St.
Andover
470-0621

Rev. Sung Kim, Pastor
SUNDAY: 10:30 a.m. Bilin-
gual worship (Korean and
English). All racial back-
grounds welcome, with spe-
cial invitation to adopted Ko-

rean-Americans and their
families; nursery provided,
Sunday school for kinder-
garten through high school;
coffee and doughnuts for
members and visitors after
the service.

WEDNESDAY: 7:30 p.m.
Bible study and prayer.

FRIDAY: 7:30 p.m. Area
class meetings for home
Bible study.

SATURDAY: 9 a.m. Kore-
an and English language
classes for children and
adults.

Andover Unitarians celebrate Mother's Day

The Andover Unitarian Universalist
Church at 6 Locke St. will host a Mother's
Day breakfast Sunday, May 9, at 9 a.m.

The breakfast will be followed by a ser-
vice featuring poetry that celebrates wom-
en, mothers, their strengths and nurturing
powers.

All are welcome.

The Unitarian Universalist Church of
Andover draws from all religious tradi-
tions to help individuals find pathways to
spiritual growth in the community.

Ballard Vale United's spring bazaar to be held Saturday, May 15

The Ballard Vale United Church will
hold its second annual spring bazaar Satur-
day, May 15, from 10 a.m. to 3 p.m. There
will be crafts, a snack/salad bar, bake sale,
plants and seedlings and an "English Tea
Room." Special features will be the silent
auction and men's club custom T-shirt
table.

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Amstel Light	\$17.99
Sam Adams	\$17.99
Bud 2-12 pk bot.	\$12.99
Michelob &	\$12.99
Michelob Light 2-12 pk bot.	
Keystone reg., light	\$9.99
Miller High Life	\$9.99

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MAY

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1993

OBITUARIES

Charles Garabedian Sons live in Andover

Charles K. Garabedian, 82, of Lawrence, died on Friday, April 30, at Lawrence General Hospital.

Mr. Garabedian was educated in Lawrence schools. He graduated from Lawrence High School and the Massachusetts Institute of Technology. He had been employed by the former Precision Communications of Lawrence and was a member of the Shriners and the Lawrence United Lodge of Masons.

Mr. Garabedian attended the Holy Cross Armenian Church in Lawrence.

Members of his family include his sons, John C. Garabedian and Charles P. Garabedian, both of Andover; sister, Margaret Mooradian of Salem, Mass.; six grandchildren; three great-grandchildren; and several nieces and nephews.

He was also father of the late Mrs. John (Mary Ann) Wakley.

Funeral services were held Tuesday at Holy Cross Armenian Church.

Arrangements were by John Breen Memorial Funeral Home Inc., 122 Amesbury St., Lawrence.

Memorial contributions may be made to Holy Cross Apostolic Church, 54 East Haverhill St., Lawrence, Mass. 01841.

Hubert D. Stuck Resided on Chestnut Street more than 30 years

Hubert D. Stuck, 71, of Worcester died Thursday, April 29, at St. Vincent Hospital in Worcester.

Mr. Stuck was born in Lawrence. He lived at 29 Chestnut St. in Andover for more than 30 years.

He was a graduate of Puncard High School and attended Brown University in Providence, R.I. He was an Army veteran of World War II.

There are no immediate family members.

A Mass was celebrated Tuesday in St. Augustine Church. Burial will be in Veterans Administration National Cemetery in Bourne.

Arrangements were by McDonald Funeral Service of Wakefield.

G. Harold Lloyd Daughter lives here

G. Harold Lloyd, 88, of Cromwell, Conn., died at Middlesex Hospital Thursday, April 29.

Mr. Lloyd was born in Liverpool, England, son of the late George Walker and Catherine (Abernethy) Lloyd.

Mr. Lloyd had lived in Cromwell for 11 years, moving there from Hamden. Mr. Lloyd graduated from the University of Pennsylvania in 1927 and earned his master's degree at Yale University. He did graduate work at Cornell University and the University of Connecticut.

Mr. Lloyd served on the faculty of Hamden High School from its opening in 1935 to his retirement in 1968. He taught chemistry, chaired the science department, served as assistant principal and was appointed principal in 1957.

He was a member of the Hamden Rotary Club, secretary of the Connecticut Association of Secondary Schools and a member of the National Association of Secondary School Principals. He was also a member of the Town of Hamden Ambassador Committee and a member of Covenant Congregational Church in Cromwell. He was a summer resident of Bowerbank, Maine.

Members of his family include his daughters, Marcia Langston of Westborough and Jennifer Rogers of Andover; four grandchildren; and one great-grandchild.

Funeral services were held Monday at Covenant Congregational Church. Internment will be in Village Cemetery in Sebec, Maine.

Arrangements were by the Cromwell Funeral Home in Cromwell.

Memorial contributions may be

made to Pilgrim Manor, 52 Missionary Road, Cromwell, Conn. 06416 or Covenant Congregational Church, Hicksville Road, Cromwell, Conn. 06416.

Ethel McParland Son in Andover

Ethel F. (Smith) McParland, 92, of Lowell died Saturday, May 1, at Academy Manor Nursing Home.

She was born and educated in Lowell. She graduated from Lowell High School and Lowell Commercial College.

Mrs. McParland was a teller at Lowell Five Cents Savings Bank until her retirement in 1962.

She attended Immaculate Conception Church and was a member of the Holy Rosary Sodality and AARP.

Members of her family include her son, Francis H. McParland of Andover; daughter, Dr. Anne M. McParland of Lowell; granddaughter, Patricia A. McParland of Andover; grandson, Edward F. McParland, and his wife, Michelle, of Lowell; two great-grandchildren; and a sister, Vera Smith of Dracut.

Services were held Wednesday at Mahoney Funeral Home in Lowell. A Mass was said at Immaculate Conception Church. Burial was in St. Patrick Church, Lowell.

Thomas M. Fallon Member of St. Augustine's; services are today

Thomas M. Fallon, 86, of 62 Maple Ave. died Monday, May 3, at Prescott Nursing Home in North Andover following a short illness.

Mr. Fallon was born in Jamaica Plain.

He was a member of St. Augustine Church. He was a veteran of the U.S. Army and served during World War II.

Members of his family include his sister, Mary M. Sullivan of Andover;

Obituaries Pages 38-39

Thomas M. Fallon, 86

Charles K. Garabedian, 82

Gertrude Hacker, 88

G. Harold Lloyd, 88

Sidney L. McIntire, 69

Ethel McParland, 92

Harry N. Shuster, 86

Hubert D. Stuck, 71

nieces, Mary Potvin of Andover and Barbara Huard of Pokipsi, N.Y.; nephews, Albert E. Perrault of Lawrence and Thomas Perrault of Methuen.

A Mass will be celebrated today, Thursday, at 10 a.m. at St. Augustine Church. Burial will be in Immaculate Conception Cemetery. Relatives and friends may call Wednesday from 7 to 9 p.m. at Burke Funeral Home, 390 N. Main St.

Memorial contributions may be made to the American Heart Association.

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OBITUARIES

Sidney McIntire Firefighter for 25 years

Sidney L. McIntire, 69, of North Reading died Saturday, May 1, at Waltham-Weston Hospital.

Mr. McIntire was born and educated in North Reading.

He was an Army veteran of World War II.

Mr. McIntire was a firefighter with the North Reading Fire Department for more than 25 years. He retired in 1976.

Members of his family include his wife, Jeanne A. McIntire of North Reading; sons, Steven R. McIntire of Andover and Larry W. McIntire of Kennebunk, Maine; daughter, Joyce M. McIntire of North Reading; sister and brother-in-law, Phyllis W. and Carl Wood of North Reading; 10 grandchildren; and many nieces and nephews.

He was also father of the late Dean R. McIntire.

Services were held Tuesday at Croswell Funeral Home in North Reading.

Burial was in Riverside Cemetery.

Harry N. Shuster Retired from Navy Yard

Harry N. Shuster, 86, of 30A Washington Park Drive died Sunday, May 2, at Lawrence General Hospital.

Mr. Shuster was born in Boston and lived most of his life in Mattapan and Dorchester. He moved to Andover three years ago.

Mr. Shuster was a sheet metal supervisor at the Boston Naval Yard. He retired 30 years ago.

He belonged to Temple Emanuel, the Sheet Metal Workers Union Local 17 and was a 52-year mason and mem-

ber of Adelphi-Noodle Island Lodge.

He was formerly a member of Henry Price Lodge of Masons and Temple Beth Emenah of Brockton.

Members of his family include his wife, Diane (Greenstein) Shuster of Andover; son, Marvin Shuster of Reading; sisters, Esther Garber of Brookline and Bess Slavin of Newton.

Services were held Tuesday at Goldman Funeral Chapel in Malden. Burial was in Agudath Israel Cemetery in West Roxbury.

Condolence calls may be made at his late residence.

Memorial contributions may be made to local chapters of the American Cancer Society.

Gertrude Hacker Brewmaster's wife

Gertrude (Prothmann) Hacker, 88, of 122 Ocean Boulevard, Seabrook

Beach, N.H., died May 3 at Anna Jaques Hospital in Newburyport.

Born in Hamburg, Germany, she came to the United States in 1932.

Mrs. Hacker was a resident of Andover until retiring in 1946.

She was the widow of William Hacker, who was the brewmaster of Hacker's Brewery of Lawrence.

Family members include her daughter, Mrs. Daniel J. (Wally) Sullivan of Seabrook Beach, N.H.; sisters, Anna Borner, Hedi Gruntzdorff and Greta Ploog, all of Hamburg; brother, Anton Prothmann of Hamburg; three grandchildren; five great-grandchildren; and several nieces and nephews.

Services are scheduled for tomorrow, Friday, at 11 a.m. at the chapel of Emmett & Sons, 93 East Haverhill St., Lawrence. Burial will be in Bellevue Cemetery, Lawrence.

Friends may call today, Thursday, from 3 to 8 p.m. at the funeral home.

One-woman play at Free Christian

Margaret Anderson will perform a one-woman play on Mother's Day, Sunday, May 9, at the 10:45 a.m. service at the Free Christian Church, 31 Elm St. The performance is free.

Mary's Boy tells the life of Jesus through the eyes of his mother, Mary. The play begins with the astonishment of a young girl as she learns that God has chosen her to be the mother of Messiah, right through to the Crucifixion. And then the drama moves to the

Upper Room, where many events of Jesus' life are put into perspective. *Mary's Boy* is appropriate for all ages.

Ms. Anderson is a professional actress from New York City who performs one-woman plays based on the Bible.

She has performed *Mary's Boy* across the United States and in England, Germany and other countries.

The public is invited to attend this special Mother's Day worship service.



Photo by George McLean

Barbara Levine (right) of Levine Chapels in Brookline presents a gift to the membership and clergy of Temple Emanuel. The limited-edition, original work of art, signed by award-winning artist Jamie Columbus, depicts Jewish traditions and customs. Accepting on behalf of the congregation are (from left) temple president Stephen Flashenberg and Rabbi Robert Goldstein. The donation was made in honor of Levine Chapels' 100th anniversary and will be on permanent display at the synagogue.



Margaret Anderson will perform a one-woman play on Mother's Day at the 10:45 a.m. service at the Free Christian Church. *Mary's Boy* tells the life of Jesus through the eyes of his mother, Mary. The event is free and the public is invited.

ENTERTAINMENT CALENDAR

(Continued from page 30)

Five Years of Wall Drawings, 1968-1993; both through June 13; Tuesday through Saturday, 10 a.m.-5 p.m.; Sunday 1-5 p.m.; free and open to the public; 749-4027.

Andover Historical Society, Amos Blanchard House, 97 Main St; ongoing exhibition *Patterns in Glass, American glass making* throughout the 19th century, through May; and *Andover Portrayed: Faces from the Past;* through mid-October; Monday-Friday 9 a.m.-5 p.m., Wednesdays until 8:30 p.m.; 475-2236.

Walking tours, sponsored by the Andover Historical Society; visit the following locations:

Academy Hill, Andover Village, Andover Village Industrial District, Ballardvale, School Street, Shawsheen Village, West Parish Center and a video tour: *Tour of the Andovers.* Each tour is 1-2 hours; a small fee; 475-2236.

Robert S. Peabody Museum of Archeology, Ten Thousand Years in Tewksbury: Archeological Investigations of the Heath Brook Site, exhibit through Dec. 30, Phillips Academy; Tuesday through Friday noon-5 p.m., Saturday 10 a.m.-5 p.m.; free and open to the public; 749-4490.

Factory Labor: Shaping Work in America, Museum of American Textile History, 800 Mass. Ave., North Andover; Tuesday through Friday 9 a.m.-5 p.m., first Sat-

urday of the month 1-5 p.m.; tours Tuesday through Friday 10:30 a.m., 1 and 3 p.m., 1:30 and 3 p.m. first Saturday of the month; Linda Carpenter 686-0191.

Lowell in the Civil War, sponsored by Lowell Historical Society and Lowell National Historical Park, Boott Cotton Mills Museum Gallery, 200 Foot of

John St., Lowell; through July 31, daily 10 a.m.-4 p.m.; free; 970-5180.

Activities Network, recreational and sports organization for active single adults, 25 and up; meetings second and fourth Mondays; 7:30 p.m. Jane 352-2367.

Great Age of Sail: Treasures from the National Maritime Museum

of Greenwich, England; Peabody and Essex Museum, East India Square, Salem; through June 2; call for times and prices 745-9500.

Singles, Dinner for 8, meet and dine with interesting and compatible adults, every Saturday evening at 6 in the Merrimack Valley area; Carolyn Hazlett 475-9450.

Sen. O'Brien announces family education loan program available

State Sen. John D. O'Brien, D-Andover, and the Massachusetts Educational Financing Authority (MEFA) announced a new loan program is available for families financing the high cost of a college education. The new loan program is called the MassPlan, which is a comprehensive, easy-to-understand loan program, specifically targeted to benefit middle-income families.

More than 50 Massachusetts colleges and universities are offering the MassPlan, a set of financing options including a fixed or variable rate and a home-mortgage option at very low interest rates.

The loan program is administered by the Massachusetts Educational Financing Authority, a non-profit, quasi-public authority that provides middle-income families with low interest loans. The MassPlan was designed to help middle-income families who do not receive sufficient financial aid from traditional sources such as scholarships, local business and religious institutions and who can greatly benefit from the program's simplified approach to college financing.

According to Grace Bartini,

associate director of MEFA, "The MassPlan program is easy for parents to use and understand. The authority has a 10-year track record of providing low-interest college loans and we believe that MassPlan is the best college financing option available for Massachusetts families today."

Ms. Bartini expects the loan volume for the new program to exceed \$50 million for the 1993-'94 academic year. Sen. O'Brien said, "I am truly pleased to introduce this financial aid plan to the citizens I represent, and I am hopeful that this loan program will greatly assist all of those families who have contacted me regarding the high cost of sending their children to college."

The MassPlan is funded by administrative and financial commitments of the Commonwealth, the 56 participating colleges and universities and by the MEFA's tax-exempt bond financing.

Massachusetts is the only state with this type of partnership.

For more information on the MassPlan or for a brochure and application, call 1-800-842-1531.

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Advertisers: This section will be published on May 27, 1993. The deadline for advertising is May 19. You can get a free press release with a half- or full-page ad. For information call 475-1943.

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Property revaluation home inspections begin

(Continued from page 1)

be adjusted to include the revaluation figures.

Inspectors at your home

Scott Bedard, a licensed appraiser and one of four Patriot employees working in town, inspected the home of John and Janet Petty at 10 Talbot Road last Friday morning. Mr. Petty, an assessor for the town, agreed to let the *Townsmen* join Mr. Bedard on the inspection.

"We do the interior inspection first. That takes about five minutes," Mr. Bedard said.

Anything that is built in or permanent can be figured into the valuation, like whirlpool tubs or jacuzzis.

"We don't care if the house is messy or clean," Mr. Bedard said.

(For the record, the Pettys' house was immaculate.)

The first thing Mr. Petty did was offer the inspector a floor plan for his house.

"A lot of people have a floor plan, but we'd rather measure the house," Mr. Bedard said.

Inspectors have a printout of the information the town already has on file, but some of that information was skewed when it was converted from one computer program to another, so it all has to be rechecked.

"Basically, it's a full measure and list," Mr. Bedard said.

The Pettys have lived in the home for 29 years and describe it as "multi-level."

The basement is under the left side of the house. Steps lead to the right up to a second level with a sitting room, laundry room, half bath and garage. Another set of steps to the left leads to the main level, where the kitchen, living room and main entrance are located. Steps from there go to the right, up to three bedrooms. A last set of steps to the left leads back to a fifth level and the master bedroom and a den.

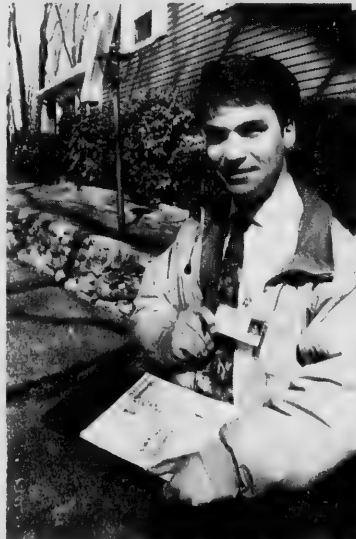
Mr. Bedard noted that the basement is unfinished, that the second level has a half-bath and a laundry room and that the garage is for one car.

On the third level, Mr. Bedard makes a note of the wall-to-wall carpeting, and checks the wall type, plaster or dry wall. He asks Mr. Petty about the heating system, which is gas-fired forced hot water.

Mr. Petty points out that the fifth-level den is unheated, which Mr. Bedard jots down. But the inspector doesn't take much notice of a small crawl-space attic that Mr. Petty uses for storage.

The one fireplace was already in the record but a porch was added on to the side of the house and needed to be recorded. That was it for the inside walk-through and Mr. Bedard asked Mr. Petty for a signature.

"The signature only says we got into the house - somebody let us into the house - we didn't break in or any-



Photos by Matthew Sapientza

Scott Bedard, a licensed appraiser and one of four Patriot employees working in this town, inspected the home of John and Janet Petty at 10 Talbot Road last Friday morning. Mr. Bedard carries an identification badge that includes his photo and his fingerprints.

thing."

Inspectors can do the revaluation without the interior inspection, but the estimate will probably not be conservative in the homeowner's favor. If all the neighbors have two to four bathrooms, in fairness to the neighbors, the inspectors will likely go with the higher number on houses they can't get into, according to Mr. Bedard.

"It's to the homeowner's benefit to let us in," Mr. Bedard said.

The only questions usually asked are the heat type and what year the house was built, according to Mr. Bedard.

"Everything else is visual," Mr. Bedard said. "It's a very simple process for the homeowner."

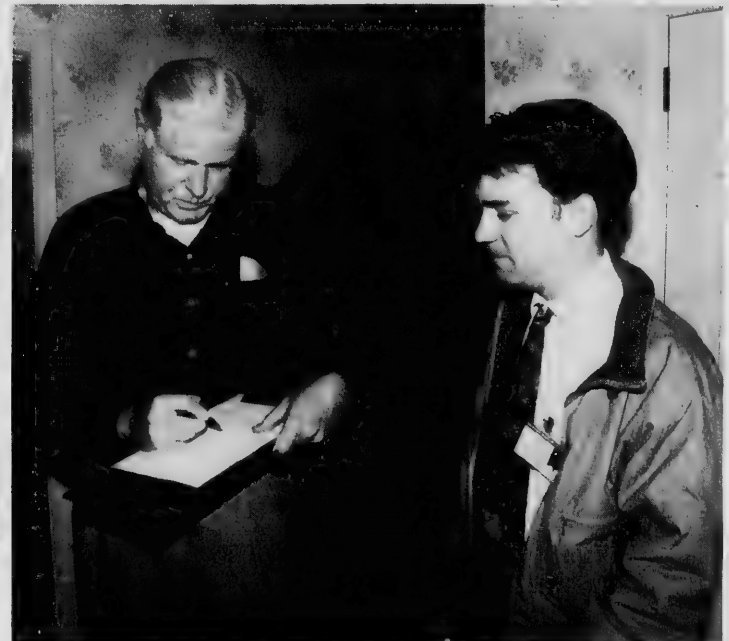
Inspecting the outside

Mr. Bedard uses a tape to recheck the exterior wall measurements of the house. He checks the type of siding, clapboard or shingles, and the roof style. He also checks the height in stories.

Mr. Petty was sure to point out that he has a power company easement running across his back yard, a fact that reduces his assessment because no permanent structure, like a swimming pool, could be built there.

The Pettys' wooden shed counts toward the valuation but steel sheds, unlike in most towns, don't count in Andover.

"Metal sheds are considered portable in Andover. Most towns pick



John Petty, at left, signs a piece of paper that indicates he let the inspector, Scott Bedard, into his house.



Inspector Scott Bedard takes some notes in the Pettys' unfinished basement, while John Petty looks on.

them up," Mr. Bedard said.

Most swimming pools are factored in, but some smaller, above-ground pools are not counted in Andover.

"Landscaping has no effect on value," Mr. Bedard said.

And that's it. The entire inspection is complete in about 15 minutes.

"The main thing we want to let them know is it's simple and it's quick, and we do all the work," Mr. Bedard said.

Security

The town has been divided into nine blocks of about 1,000 homes each, which will be addressed one at a time by the inspectors. About three to four weeks before any home is inspected,

residents should receive a letter explaining the program and introducing Patriot Properties.

Each inspector wears an identification badge complete with photograph and fingerprints. In addition, police are notified on a daily basis which inspectors will be working in which areas every day.

A follow-up letter will go to each home giving the revaluation figure and the data on which it was based.

If the resident has a dispute or question regarding the valuation, he or she can contact the town and make an appointment for a re-inspection.

What I learned from my mother . . .

Aldene Large

(Continued from page 1)

the present with each stroke of my finger - she crackles as she walks in her crisply starched housedress and apron, echoes of her voice - "Cleanliness is next to Godliness."

Five a.m. and the grates of the furnace rattle as she shakes down the ash, the shovel scrapes as she fills it with coal for the furnace. She wants the house warm for the arising family. Buddy, my cerebral palsied brother, is bathed, diapered and fed. A pattern followed for his 38 years of life. The astonishment in her voice and the love in her eyes when she answers, "He is my son" to the often asked question, "Why don't you institutionalize him?"

Bleach-pitted fingers from the interminable washing, hands chapped and red, warming over the stove after hanging the laundry on a frosty morning. She had no washing machine and the

'She carried patience in her pocket.'

breeze was her dryer. The aroma and sizzling of doughnuts in a toasty kitchen and the delightful flavor of a hot doughnut freshly sprinkled with sugar. The moist fragrance from the starch as she irons each garment to smoothness. Whirring of her sewing machine as she created frocks for me, sometimes far into the night.

Many the casserole delivered to an ill neighbor, many the offer to care for the children. Supper was always shared with a pseudo aunt or uncle having no family of their own. Compassion that stretched from the pigeon with the broken wing to the assortment of relatives or friends that convalesced on our sofa. A finger wagging in emphasis, "If it was proper 50 years ago, it is proper now." "Do it right, or don't do it at all." "If it is worth doing, it is worth doing right."

I never saw her hands clasped in prayer but I know she prayed. She accepted the pattern of her life with dignity. She never judged. She believed in dress codes, courtesy and everyone's right to respect.

She belonged to no organizations, she held no titles, received no awards, chaired no committees, she bore no degrees. She carried patience in her pocket, she wore rings of integrity and decorum and a necklace of courage, determination and faith.

What did I learn from my mother? "If I can stop one heart from breaking, I shall not live in vain; if I can ease one life the aching, or cool one pain, or help one fainting robin unto his nest again, I shall not live in vain." - Emily Dickinson.

Aldene Large, who manages an Andover doctor's office, lives at 17 Baldardale Road. Her mother is Hazel Pollard.



Photo by Matthew Sapienza

Jeanne Simpson Carver shows some photos of her family.

Jeanne Simpson Carver

By Jeanne Simpson Carver

When I was 8 years old, I imagined that, if there was a beauty pageant of all the mothers in our neighborhood, my mother would win. There was no doubt in my mind that she was the most beautiful, most intelligent, most gracious mom for miles around ... in fact, in the whole world.

That was 25 years ago, and many things have changed, but my mom, Nancy Simpson of Seabrook, N.H., is still the most beautiful, most intelligent, most gracious mom in the world. She has been the standard of womanhood I have struggled to achieve for as long as I can remember. Although I inherited a heavy dose of my dad's personality, I have learned many of my most valuable lessons from my mother.

From Mom I learned to be polite, to practice a pleasant telephone voice, to stop beating up on my three younger brothers (she told my oldest brother to hit me back, just once ... hard ... and it worked), and that it is OK for girls to collect caterpillars, catch field mice and climb trees, even though these were not her favorite activities. I learned to love animals and to be open to and accepting of all people and all lifestyles. I learned to be generous with my friendship.

My mother did not often lose her temper and the lesson I learned was patience. When she did become angry, she seldom raised her voice. Instead she would sit down at the piano and throw herself into the pounding "Dream of Olwen," and I truly reaped the benefits of this activity. I did not get scolded (beyond a word of warning) and to this day I revel in the magical passion and emotional release of music.

My mother always carries herself with dignity and gentle pride, and through this example I learned the importance of self-esteem and to

believe in myself. I learned to face adversity with quiet inner strength.

Mom has enabled me to face the future without doubt that there are lessons to be learned in every situation and to never hold a grudge ... well, not for very long.

I have faith that things always work out for the best, although not necessarily as I would have them and I eventually learned to accept with grace that things will not always go my way (but I keep trying ... that's my dad in me).

My mother is always supportive without being intrusive, permitting me to learn from my mistakes, to become independent and to trust my own judgment. When I asked questions about spirituality, she shared her experiences and beliefs and I learned that I am not a kook or silly or recalcitrant for having doubts and asking questions. I still say the prayers she taught to my brothers and me when we were tiny; I still "God bless" all my friends and my ever-growing family, every cat I have ever loved and my youngest brother's favorite stuffed animal, the long-gone "Kitty Bear." It brings me comfort to offer these prayers and to remember gathering in the boys' room each night to share that special, peaceful moment before we all went to sleep. I learned the importance of love and family loyalty.

All told, my mother has taught me about the kind of mother I want to be to my own children. If my son loves and respects me half as much as I do my mom, I will know that I learned these lessons well, and I hope I will be able to pass these precious gifts on to him.

I love you, Mom. Happy Mother's Day!

Jeanne Simpson Carver, who is a secretary, lives at 153 Andover St.

Jia Jung

By Jia Jung

I will begin by telling you, I am pretty sure that everybody looks up to



Photo by Matthew Sapienza

Jia Jung, center, gives her mother, Myong Jung, a huge hug while her sister, Ji Eun, looks on.

someone and follows this someone's footsteps. Well, I look up to my mother. And I follow her footsteps. That is how I learn from her. Even if I am still learning, (and try very hard), I have learned enough to have a good life and be thankful to my mom.

From my mother, I have learned to love others, share, be patient, give, care and all those wonderful things.

Mom is all of these things, more or less, so thanks to her, I have been able to pick up what a good and happy person should be like. People who know me and are reading this story might think, "Jia is not patient or very much giving. I'm shocked," or something like that.

But all I can say is that I can't possibly do and be everything at once. I am working on it and still learning, but I have learned a lot about caring and being helpful.

You know what else I have learned, just by writing this paper? I have learned that my mother is genuine and there is only one mother exactly like her and guess who that mother is. Mine. The one I have been writing about all along. And I hope you know that this means that every single mother is truly in a class by herself. Observe your mother and just see how many wonderful qualities she has.

Jia Jung, of 80 Central St., is a fifth-grader at South Elementary School. Her mother is Myong Jung.

Christine Knab Michelinie

By Christine Knab Michelinie

Growing up as the middle child in a family of five, I took a certain smug comfort in the belief that I was my mother's favorite child. It came as quite a shock to my ego to discover recently that each of my four siblings also grew up believing that they were her favorite. As the mother of three

(Continued on page 43)

Mom . . .

Christine Michelinie

(Continued from page 42)

boys myself, I now realize what a remarkable gift my mother had for nurturing.

My mother, Teresa Serpentelli Knab, was not an educated woman by today's standards. As the oldest of eight children with no mother of her own, she was faced with the responsibility of leaving school in the 10th grade to help support her family. It wasn't until many years later, after raising five children of her own, that Mom received her high school equivalency diploma.

My mother died this past winter after a courageous 20-year battle with cancer. She left behind her mate of 52 years, five grown children, 13 grandchildren, one great-grandchild, and many relatives and friends, all of whom miss her very much. But the simple gifts she gave us through her warmth, her gentleness, her faith in God and especially her devotion to her family, still grow in our hearts and she will always be a part of us.

Today my youngest son and I took a walk in the woods to savor a perfect spring day. As I sat resting with my face toward the sun, my 7-year-old wonder ran up to me with a huge grin on his face and a bouquet of wildflowers in his outstretched hand. I was struck with the sudden awareness that what I had learned from my mother were all the most important lessons in the world.

Thanks, Mom. I love you.

Christine Knab Michelinie lives at 44R High St.

Elizabeth Mancuso

By Elizabeth Mancuso

My mother has taught me many things during the past seven years. Some of the things are the normal things kids do like, learning how to read and write. We have read lots of books from the library and from school. My mother and I write stories about people we know. But the best thing I have learned from my mother is how to make new friends. My mother says that it doesn't matter where people live and how they look, they are still people who we should like. That's what I've learned from my mother.

Elizabeth Mancuso, 7, of 10 Bellehaven Drive, is a second-grader at West Elementary School. Her mom is Stanice Mancuso.

Catherine Meeks

By Catherine Meeks

Daddy always claimed that our mother was the original feminist. Feminist? Maybe, maybe not. But original and champion of the individual she



Christine Michelinie shows a photo of her and her mother.

most certainly was and is. That infuriating "so what" response to our "but everyone else has one" has served the three of us well. The creaky 100-year-old house we had to suffer in while all our friends luxuriated in split-levels with finished basements, the '51 Austin she had to get out and hand-crank to get us to or from Pomp's, that unswerving refusal to go along with any crowd no matter how luscious their offerings might seem.

We learned from her how to make our own clothes and while the skills she passed along enabled us to copy any coveted Macartney's or Andover Shop skirt or blouse, the hidden bonus was the realization that style and self-worth were not to be bought at any price, not at either of those stores nor at Filene's, Bloomingdales, or any place else.

For as our artistic natures were cultivated we three came to value above all the power of the individual to make a real difference in the lives of those in our orbit. Our mother, Elizabeth Fitzgerald, caretaker then as now of countless lucky nurtured in and out of Andover, seemed to possess an unlimited supply of heart. Stationed somewhere in the background as our father made his name in her home town, for better and occasionally for worse (depending on one's perspective), our mother has made her own name. Ask around. To an astounding number, this isn't Mrs. Fred Fitzgerald, this is Betty, the survivor, peacemaker, shepherdess, teacher.

Now we three sisters are artists, choosing old houses in towns crowded with split levels. We've inherited that infuriating way of responding "so what" to the complaints of our children and, we hope, the power of knowing ourselves and others as unique, important and worthy individuals.

Catherine F. Meeks lives in Acton. Her parents live in Andover.

Andover couple to be co-pastors of a church

(Continued from page 1)

tees and understood much about a church community. After the death of her first husband, Donald Horgan, she decided to find a new focus for her life. After attending the popular introductory workshop Conference on the Ministry at Andover-Newton Theological School in Cambridge, she enrolled as a full-time student in the master of divinity program.

"It offered more choices," she said.

"I have studied analytical philosophy, especially Jungian. We try to ask questions about where we are going in the second half of life," said Dick Baker.

He, too, had gone to the same workshop, but in a different year.

"At the end there was a service by Dr. George Peck and that was my call," he said.

He enrolled at Andover-Newton as a part-time student and left a career as corporate comptroller at L.S. Starrett, the world's largest maker of industrial tools, according to Mr. Baker.

Becoming an ordained minister is taking Mr. Baker four years. He will be ordained in September.

"My interest in the field goes way back. My brother is a minister and my father wanted to be," he said.

"God works differently with different people," she said.

While in divinity school she met Mr. Baker. "He knew the call and I knew the marriage," said Sue Horgan Baker.

They were married two years ago.



Photo by Matthew Sapienza

The Rev. Susan Horgan Baker and her husband, Richard Baker, will share a job at the United Church of Christ in Somerset.

She said that slowly she came to accept that she would be ordained. She had family support and her oldest son gave her the minister's robe for ordination.

She served her field education internship at Lexington Hancock Church and was assistant pastor of West Parish last summer. Senior Pastor Joseph W. La Du of West Parish Church said, "We worked together as professionals."

As part of their divinity school training both husband and wife served as chaplains at Westboro State Mental Hospital. She worked with geriatric patients and he assisted psychotic patients.

Both bring to the ministry a diversity and richness of experience. They say there are now many divinity students who have had previous careers. In addition, Pastor La Du said there are now many women in their middle years entering the ministry. They are coming out of the Bible study groups and women's issues groups in the mainline churches, he said.

Her pastor, Rev. La Du, said, "She added a very special dimension, which is very important. Being a woman minister she brings a sensitivity to the ministry ... in order to minister to all of us, to minister to the male and female in all of us."

They hope that their new congregation in Somerset will call them "Sue and Dick."

They will have to move from Andover to take the job.

EDITORIALS

Mothers are special people

Here are some of the things our readers have learned from their mothers: to accept people as they are; to believe in dress codes; to be courteous; that everyone has a right to respect; that all mothers are beautiful and are individuals; to practice a pleasant telephone voice; and to stop beating on younger siblings.

Also, to be generous with friendships; to love animals; to be open and accepting of all people and all lifestyles.

Also, not to lose one's temper; to carry oneself with dignity and pride; to face adversity with quiet inner strength; to face the future without doubt; and to have faith that things will work out for the best.

Also, to earn money to buy your own things; to love one another and to share; to work hard; never to stop trying; not to look down on people; never to regret; to keep your head up and try your best; to understand right from wrong; and to make some sort of spiritual time a top priority in one's life.

Those are some of many ideas and goals readers answered to the *Townsmen's* essay contest: What I Learned From My Mother. We ran the contest in honor of Mother's Day, which is Sunday. Some of your answers begin on page 1 in today's paper.

Imagine a world in which people lived by the above traits readers said they learned from their mothers!

Most mothers are special. We recommend recognizing that fact every day, but especially Sunday. Happy Mother's Day.

Write us

The *Townsmen* welcomes readers letters.

Letters should be no longer than two, typed pages, double-spaced. They should be signed with a name, address and phone number. The phone number won't be published but might be needed for verification purposes.

Letters are due Monday at 5 p.m., at 33 Chestnut St., or fax it to: 470-2819.

The editor reserves the right to edit letters for space, clarity, length or libel. In addition, letters that are part of an obvious letter-writing campaign will not all be published.



Photos by Matthew Sapienza

In Andover, all across the country and in Massachusetts last week, and even this week, girls skipped a day of school and went to work with their mothers, or fathers, or a borrowed adult, for the Ms. Foundation-sponsored Take A Girl To Work Day. The event was designed to help girls between the ages of 9 and 15 see their potential. In the above photo, Gail Ralston, left, and her daughter, Heather, worked last Wednesday at Phillips Academy, where Gail Ralston works in the office of the dean of studies and registrar.

Girls spend a day at work with adults

(Last Wednesday was Take A Girl To Work Day, when hundreds of girls went to work with adults. Townsman Editor Perry Colmore invited Pasho Street resident, 15-year-old Julia Darling to spend the day with her. The paper also asked others who participated in the day to share their reactions.)

By Perry Colmore and Julia Darling

Ms. Darling: I didn't know what to expect during my day at the *Townsmen*. Actually, I thought I might see the printing press. And I thought it might be boring to spend a day here.

Ms. Colmore: I thought it might be a bit of a pain to have Julia here. No, just kidding, but I did think it might be difficult to host a person and try to get my work done at the same time. That's why I asked her to come on a Monday instead of deadline day, last Wednesday, which was the actual Take A Girl To Work Day. Julia, who is an Andover High School freshman, accepted my invitation to spend a day at the *Townsmen*, learning what I do here, and also what others do. The day was designed by the Ms. Foundation to address the problem of girls losing self-esteem as they grow older.

Ms. Darling: I like it here. It's

fun. You guys goof around a little, more than I thought you would. I thought it would be more serious.

Ms. Colmore: My goal was to help Julia see that working at a newspaper is just one of lots of jobs she could think of doing. I thought she'd like to see that here it doesn't matter if you're a woman or a man; it's just people working at jobs they like.

Ms. Darling: There's no difference between a man and a woman doing the same job. As far as being able to do the job, I think women are just as equal as men. But probably when I start working, they will still



Townsman Editor Perry Colmore and Andover High ninth-grader Julia Darling pause for a photo during a lesson in sizing a photo for this week's business pages in the newspaper. Ms. Darling spent Monday at the paper for Take A Girl To Work Day. The actual day was last Wednesday, but that's deadline day at the *Townsmen*.

discriminate against women. I do think girls' self-esteem goes down because guys are always putting us down. They stereotype us, saying you can't do this or that.

Ms. Colmore: Julia, is there any job here you think you'd like to have?

Ms. Darling: I think the photographer's job would be nice because it gives you room to create, and it

just looks like fun.

Ms. Colmore: Was the Take A Girl To Work Day a good idea?

Ms. Darling: Yes, it was because it showed girls whose self-esteem

(Continued on page 45)

LETTERS

Continuing saga of Bartlet trees

Editor, *Townsmen*:

I must confess to having had low expectations going into the tree removal hearing (Bartlet Street trees) last Wednesday night, as did some of my neighbors, fearing a "done deal," something on the order of "This is what we're going to do and why and the trees go. Sorry." Perhaps some of us have become too cynical.

What ensued was more a cross between an encounter group and town meeting as for more than an hour and a half a patient and receptive Jim Bamford (supervisor of Tree Department) and a somewhat less patient, but good-natured, Bob McQuade (director, Department of Public Works) fielded questions, waxed technical and listened to the opinions of more than two dozen fairly vociferous residents.

The upshot of the session was a promise from Mr. McQuade to add a grassy strip between paved sidewalk and curb from Chestnut to Morton and one from Mr. Bamford to plant this strip next spring with the "maximum density" (Paul Cronin's term) of new trees, their placement to be determined and added to the blueprints before road construction starts. Of the five existing trees, the two lindens stay to take their chances with the construction.

Many of us would still prefer to see the healthy ash left in place to decide its own fate, root trauma notwithstanding, since Mr. McQuade was willing to work around it. Also, having seen the devastation wrought on our property already by the one small crew laying gas pipe, we are not looking forward to the summer. (A fast-forward to next spring would be nice so we could start nurturing our new trees.)

I suppose we can't have everything.

What we do have, I'm happy to report, is a town administration that listens to people and takes account of their feelings and opinions. Not for the first time, I'm glad I live here (and that Paul Cronin lives down the street, incidentally).

Way to go, Andover.

Kristina Trott
22 Morton St.

Clean up the sidewalks

Editor, *Townsmen*:

Re: Winter's debris not removed on several pedestrian sidewalks in Andover.

Sand, earth clods, dead pieces of grass and twigs continue to litter sidewalks here on Maple Avenue, Elm Street (especially from Maple Avenue leading to Main Street) also partly even on Main Street. I read regularly lately how much was spent by the town management during this past (long) winter on sanding, snowplowing, etc., yet now, when some of the sand (or dead leaves, etc.) could be collected for further use, nothing or very little has been done about the highly necessary spring cleaning of this town's sidewalks.

Earth Day has come, but seems to have been blithely ignored here in my street and adjacent streets of such pedestrian sidewalks. I wrote to the town management quite recently about this deplorable condition but received no reply so far. Some parts of my street (Maple Avenue) have been cleaned by the property owners, e.g., right in front of my home the owner did clean up. Not so three houses up to Elm Street where mud, sand, dog-dirt remained. The lack of cleaning of the sand is not only a matter of bringing more unwanted dirt into one's home, but whenever wind blows, sand blows into eyes and are a considerable health haz-

ard. Also, that self-same sand blows into noses and could damage breathing as well. We have often enough windy and stormy days to warrant far greater care of our environment and health.

As I have not heard from the town management about my complaints, I now turn to the *Andover Townsman* with them.

Fricka Leistikow
37 Maple Avenue

Pig's reputation is blemished

Editor, *Townsmen*:

Last week, the *Townsmen* printed a story about my pot-bellied pig, Charlie. In the reporter's eagerness to capitalize on the alliteration of the letter "p" in pig, she widely misrepresented the incident on the front page of the paper. Also, the *Townsmen* advertised last week's issue with bright pink signs proclaiming "Problem Pig." I found both the opening front page statements and the advertisement offensive and insensitive.

Charlie does not deserve to have his reputation blemished in such an offhanded way, especially since the article was the end result of a student needing a Bandaid for a small scratch. The student-actor cares very much for Charlie and enjoyed working with him in the play.

Charlie is a big hit both on and off stage at the academy. He is also a well-recognized figure about town - his rounded curves, wagging tail and slow swagger prompt welcoming cries of "Charlie" from both children and adults alike.

The two pictures in the article were submitted by me for the upcoming May 13 Pet Photo Section. I withdrew them from the special section after the "Pig Produces Pierce" story was published.

I feel the *Townsmen* took advantage of a very minor incident and promoted an image of a "bad pig" in order to sell papers. I can only hope that Charlie will not have to contend with any prejudice because of this type of tabloid journalism.

Pot-bellied pigs are extremely intelligent animals and are smarter than dogs. They are frequently misunderstood because they have different personalities from dogs and cats and must be trained in a different way. Also, many people assume that they are dirty animals that smell. This is blatantly untrue. Charlie smells better than most people I know because he doesn't sweat. Of course, when he had a litter box during the extremely cold month of February, there was an odor. Frankly, I think my cats' litter box is much more of an odor-control problem. Charlie prefers to do his business outside as the weather is now warming.

We meet new people every day as we walk on campus and this is good because anyone who meets Charlie walks away with a smile. He is happy to pose for pictures even if he doesn't say much. And if I launch into a set speech when folks begin to ask questions, it is because I have answered the same questions hundreds of times over in the past year.

Hopefully, Charlie will be with me for at least the next 15 years and I hope that no matter where we go, people will recognize him for the wonderful animal that he is.

We need more stories about the positive, fun qualities of these pigs, rather than articles that capitalize on the disappointing aspects (major or minor) of living with animals.

Jennifer A. Johnston
Phillips Academy

Other letters, page 46

Some Andover girls spent the day with an adult at work

(Continued from page 44)

might be low that women can do as good a job as men can.

Ms. Colmore: Other adult-girl teams shared with us what they did during Take A Girl To Work Day:

Carly Davenport, a third-grader at West Elementary School, who went to work with her father: My dad works for Lotus, a software company. I learned how my dad and his company make and package the software. I also learned how to make the software that people might like. So two people came in and told us how they want their bookmarks. Then we made them. I also played a game called Finopoly. I had a fun and interesting day. (Dana Henderson, also a third-grader at West Elementary, visited Lotus, also.)

Gail Ralston: As the mother of a daughter, I feel my greatest responsibility to her is to point her in the direc-

tion toward financial independence. This can only be accomplished through her education and through her choice of career. When I was growing up, I had no role model of a working mother. I was neither encouraged nor prepared to assume the dual responsibilities of mother and wage-earner.

When circumstances dictated that I enter the work force, the adjustment was very difficult. By taking Heather to work with me, I hoped to give her the role model that was missing in my life.

I hope Heather will be confident in her own ability to achieve personal fulfillment and to embrace a family life, should that be her choice. To that end, I feel stronger than ever my obligation to promote activities, programs and institutions that will give her support as a woman at this stage in her life and as she reaches adulthood.

Coming to work with me, as an



Emily Cohen, 9, at left, got a first-hand look at how the Andover public school system is managed during Take A Girl To Work Day last week. Emily spent the day with Assistant Superintendent Eileen Woods, right in the photo. Emily goes to Sanborn School.

administrative assistant in the dean of studies and registrar's office at Phillips Academy also helped, I think, to erase some job stereotypes.

Heather quickly found out there's no time to "sit around filing your nails," and that the work done here is support necessary to the functioning of the school. With all this in mind, it is my hope that our daughters will grow up

(Continued on page 42)

LETTERS

Who did what on Earth Day

Editor, Townsman:

The townwide Earth Day litter cleanup and celebration held in mid-April left Andover much cleaner. Some areas are trash free for the first time in years. As various individuals and groups went to work, wonderful things happened all over town.

Hewlett-Packard employees did a good job of cleaning up part of River Road. People in three small boats fought the unusually strong Merrimack River current to pick up trash along the river's edge.

Students at Bancroft and Sanborn schools cleaned up their school grounds and surrounding areas and analyzed the trash - what is most made up of? Who drops litter? Why? Can any be recycled? Students at Pike School cleaned up their school and its surroundings and then sorted out recyclables into three bins and with the remaining unrecyclable litter built a "garbage sculpture." All students at Phillips Academy cleaned up their campus and put the trash in one big amazing pile and then celebrated with refreshments.

Employees of Digital Consulting Inc. and Shawsheen Rubber and other Ballardvale businesses cleaned up the railroad parking lot in Ballardvale and other areas there. Nineteen automobile tires recently dumped in the AVIS Stanley Reservation were hauled out and carted away. Three huge truck tires littering Lupine Road were disposed of. Many center businesses and the selectmen cleaned downtown.

Digital Equipment Corp. employees did a big cleanup along Dascomb Road. Students at the Greater Lawrence Regional Technical School cleaned up in

their area.

Near the Steven's Street bridge over the Shawsheen River, many fishermen and other supporters of the Shawsheen came from out of town to help clean the river. Near the Shawsheen Plaza parking lot people in wet suits braved the fast-flowing current to haul junk out of the river. The Environmental Action Group of the Newcomers' Club de-littered the YMCA grounds and nearby streets. Neighborhood groups collected litter all over town. This recounts just some of the action. Many more things were also happening.

Also, the Earth Day party and celebration in The Park was outstanding. There were delicious decorated cakes made by students at the Technical School, a great storyteller, face-painting, a large display of material about Earth Day and the environment, and super music and singing by the Burnt Braids, the South School Singers and Dr. Joe Gior-dano and his group.

A few observations: Most of us do not want to live in a trashy place. We know that the only way to de-trash it is to clean it up ourselves. Once you clean up an area, there is less to clean up the next time. A cleaner area draws less trash. The town cleanup by everybody - individuals, neighborhood groups, schools, businesses, industries, town workers and officials, etc., is an example of the enthusiasm and cooperation that makes Andover a wonderful community. People who were unable to help this year should plan to join in with the community effort next year. Many hands make light work.

Margaret Pustell
For the Earth Day
Committee

SUPPORT GROUPS

Safe Place, a support group for people who have lost a loved one through suicide, meets at St. Robert Bellarmine Rectory in Andover on the second and fourth Tuesdays of the month at 7:30 p.m.

Northshore Stepfamily Association holds a monthly support meeting the second Monday of each month at 7:30 p.m. in the

Franciscan Center at 475 River Road.

The group provides understanding, information and support for couples and individual adults in stepfamilies or planning to form a stepfamily.

For more information, call 683-9985.

Alcoholics Anonymous meets Friday nights at 8 at South Church, 41 Central St.

How to write

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Letters must be signed with a name and address and should be no longer than two typed pages, double spaced. Please include a phone number, in case there are questions.

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Girls go to work . . .

(Continued from page 45)

in a society where "the sky's the limit," where women and men work as equals and partners, and where one's life choices are both encouraged and supported.

Katie Browne, age 14, of 10 West Parish Drive, a student at St. Augustine's School, spent the day with her mother, Clare Browne, who is the administrator for pensions at the Bank of Boston.

Katie: At first I wasn't sure I wanted to go. I thought it sounded boring. You had to go to "classes." But I had a really good time. The whole morning we did tours in small groups, five or six, of different floors of the bank.

(Katie ate lunch with her mother and also spent an hour and a half with her at her job. In addition, Katie and the other more-than-100 girls participating at the bank filled out forms on what they liked and didn't like about the day. Katie said she saw a job she would be interested in holding: being a lender.

Asked if girls lose self-esteem between the ages of 9 and 15, Katie said, "I think girls do lose their self esteem. They are very self-conscious about how they look. You see all these women have jobs and they are just as important as men. I think girls lose their self-esteem mainly because of society. In ads and movies we see these gorgeous women."

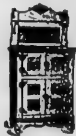
Beth Fleet of Andover called the *Townsmen* to say her daughter, Jessica Fleet, went to work for the day with her husband, Steve Fleet, a doctor who in an internist and who is training to be a cardiologist. He works at Lahey Clinic in Burlington. Beth, 14 years old, is an eighth-grader at West Middle School. She went to work with her dad last Thursday because she was participating in an academic bowl Wednesday.

Beth Fleet reports that Jessica wore scrubs and pink Converse tennis shoes, and visited with a couple of patients. Her mother said any teen-agers Jessica saw at Lahey

Clinic thought Jessica was another Doogie Howser. Her mother reports it was an interesting day for Jessica.

While visiting patients, one elderly woman asked the men in the room to leave, but when Jessica asked if she'd like her to leave, the woman said, no, it was OK for her to stay.

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Permits are required for docks, piers and floats

By Alix Driscoll

The Massachusetts Chapter 91 Amnesty Period for licensing docks, piers and floats ends Oct. 4. Robert Pustell, chairman of the Andover Conservation Commission, which is handling the licensing procedure for this town, said the aim of the licensing program is to ensure that when structures are built in great ponds and inland and coastal waterways, they are safe, are not injurious to the body of water, and do not significantly obstruct navigation or public access.

Both Haggetts and Fosters are great ponds, that is, ponds that are larger than 10 acres. Both have docks, piers and floats. In addition, the Shawsheen River has some piers. There are two boat ramps on the Merrimack, one town-owned.

According to Mr. Pustell, "Under Chapter 91 of the General Laws of Massachusetts, anyone who builds into a waterway any kind of structure needs a permit. The state is allowing an amnesty period until October as a way after the act for getting an authorization."

"The state owns great ponds. They are locally-administered. Individuals can own wetlands with restrictions on their use," he said.

Mr. Pustell reports there is discussion about ownership of property around Fosters Pond because of old assessors maps and the

existence of an old dam. He says the state owns the middle and possibly more. The Andover Conservation Commission owns a section of land on Fosters Pond that was bought from a developer with the last bond issue. It is used for "passive recreation with a neighborhood orientation," said Mr. Pustell.

The location of docks, floats and piers in town are not cataloged at this time.

Some people may believe that remaining anonymous is the best way, but it may not be. The law requires permits, he said.

People who have these structures from prior to 1975 may have their permits grandfathered.

After that time residents must apply to the Conservation Commission for a permit. Once this grace period expires, those who have not applied will be at risk of enforcement action, including possible fines and penalties.

There are three types of permits: a 99-year permit with engineering studies, a 30-year permit that may be transferred to a new owner, and a 30-year permit that may not be transferred.

"No-one has applied for a permit. Some people are aware of the amnesty program," Mr. Pustell said.

Central Street bridge open at end of June; Stevens Street next

By Don Staruk

Workers will complete the replacement of the Central Street bridge over the Shawsheen River and the road should be re-opened by the end of next month, according to John Avery, town engineer.

"It's still towards the end of June it will be all finished and open, which is on their schedule. They haven't lost any time," Mr. Avery said this week.

Contractors will then move over and begin work on replacing the Stevens Street bridge, which is scheduled for completion in October.

"Nothing will happen on Stevens Street until we have this one open," Mr. Avery said.

The Central

Street bridge has been closed since the end of October when it was determined it was unsafe for traffic due to rusted structural beams. Workers this spring completely removed the old bridge and rebuilt or replaced all the support struc-

tures.

"The steel is all in," Mr. Avery said.

New gas and water mains and telephone duct work are being installed now, and a new solid deck will be put on last.

"It will be a concrete deck with a hot

top surface," Mr. Avery said.

Part of the problem with the old steel grate bridge was that it allowed sand and road salt to fall through and rust the steel beams, according to Mr. Avery.

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3 businesses seek reduced parking downtown

By Don Staruk

Planners this week will consider petitions by three business owners who have asked that the town reduce the number of parking spaces required. The businesses want to expand.

The decision by the board could affect whether two of those businesses will open here, or at least determine the size and scope of all three businesses. But the requests could have far greater implications for other businesses. The town six years ago turned down a similar request by Ben Osgood and G. Bradley Richards, owners of the former bowling alley building on Park Street, and currently is being sued by the two who claim they lost business time and money as a result of that decision.

New requests

Nicholas Valhouli, owner of Petro's Seafood & Deli at 16 Post Office Ave., opened six years ago as a take-out service with "a few" tables, and has since expanded to a 32-seat, full-service restaurant. The changes constitute a "change of use," according to planners, and as such Mr. Valhouli needs to provide parking spaces for his employees and customers to comply with zoning bylaws.

No parking spaces are currently available to Petro's or set aside for its customers, and 16 are needed to comply with the bylaw.

Mr. Valhouli applied to the Planning Board for a special permit to reduce the parking requirement and a hearing was held last week, on Tuesday, April 27. At that meeting Mr. Valhouli said he is negotiating for use of the spaces owned by the Mus-

grove Building in a small parking lot at the end of Post Office Avenue. The hearing was continued to the Planning Board meeting scheduled for this Tuesday, May 11, at 7:30 p.m. in town offices.

At the same time last month, David Kiu, new owner of the former Lane's End property at 36-42 Park St., petitioned the Planning Board for a reduction in his parking requirements so he can have 20 seats in Peking Garden of Andover, a primarily take-out Chinese-food restaurant he wants to open in that building.

Mr. Kiu, of Somerville, is required to have 15 parking spaces for his employees and customers, according to the bylaw. Only eight were available for the two businesses the restaurant would replace - the former Calcina's paint store and Lane's End candy shop, so he's looking at a deficit of seven spaces.

But there are some questions regarding permits received previously and the mixed uses in the building, and Mr. Kiu may only need as few as one or two additional spaces, according to Hooks Johnston, Planning Board chairman.

The public hearing for Mr. Kiu's petition was completed last week, but board members will view the site on May 15 and deliberate on some additional information requested of planners before making their decision later this month.

Finally, a new public hearing will be opened at the upcoming May 11 meeting to consider a petition by Bruegger's Corp. of Beverly for reduced parking for a planned Bruegger's Bagel Bakery at 10 Main St.

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POLICE LOG

ARRESTS

Wednesday, April 28 - At 11:32 p.m., Robert A. Pepe Jr. 27, of Lawrence, was arrested on North Street and charged with operating after suspension of his license and with defective equipment.

Thursday, April 29 - At 10:21 p.m., Kathy Goodson, 24, of Pelham, N.H., was arrested on River Road and charged with operating after revocation of her license. Brian Donahue, 28, of Lawrence, was arrested with Ms. Goodson and charged on a Newburyport District Court warrant for operating after revocation of his license.

Saturday, May 1 - At 5:24 a.m., Kenneth A. Johnson, 22, of Boston, was arrested on Fox Hill Road and charged with disorderly conduct after he was reported harassing a female student at Merrimack College.

Sunday, May 2 - At 6:40 p.m., William A. Woods Jr., 21, of Salem, N.H., was arrested on North Main Street and charged with operating after suspension of her license.

At 10:22 p.m., Gregory A. Lindley, 40, of Methuen, was arrested on Route 495 northbound and charged with operating under the influence (liquor).

Monday, May 3 - At 9:21 p.m., Wilfredo Gonzales, 23, of Mattapan, was arrested on Route 495 southbound and charged on a Boston default warrant for larceny.

INCIDENTS

Wednesday, April 28 - At 4:26 p.m., a 35-year-old woman was placed in protective custody for threatening behavior on Bulfinch Drive.

At 5:45 p.m., police backed up state police with an arrest on William Street.

Friday, April 30 - At 12:33 p.m., a McDonald Circle resident reported she had two foxes in her yard and that one appeared to be sick. It turned out one was just young.

At 10:50 p.m., a motorist reported a wire down on Haggetts Pond Road blocking Lakeside Circle. Police found it was an electric wire and called Massachusetts Electric Co.

Saturday, May 1 - At 12:17 a.m., Lawrence police reported they were in pursuit of a red Chevrolet Caprice on Lowell Street, then Tessier Drive. The Caprice crashed through a post and rail fence at 105 Bellevue Road and traveled 40 or 50 yards into a resident's yard before coming to a stop. Lawrence and Andover police searched for at least two hours but could not find any of the three suspects. The next morning a car was reported stolen overnight on Bellevue Road and the suspects may have used it to escape.

At 11:18 p.m., a woman reported her daughter was struck by a salt and pepper shaker thrown from a white jeep as the daughter was waiting for a ride in front of the R&R Coffee House on School Street.

Monday, May 3 - At 4:22 p.m., a dog reportedly attacked a girl on Lowell Street.

ACCIDENTS

Tuesday, April 27 - At 1:20 a.m., an



Photo by Matthew Sapienza

Andover Police Department detectives David Grant, left, and Donald Pattullo examine 47 bronze grave markers stolen from Spring Grove Cemetery on April 24 and recovered by the two detectives at a scrapyard in Lowell last week. The brass rods the plaques were mounted on had already been cut up by the time the detectives tracked down the markers. No arrests have been made but the investigation is still in progress.

accident was reported on Route 125 at Vine Street.

Wednesday, April 28 - At 1:46 a.m., a two-car accident was reported near 70 Elm St.

At 12:03 p.m., an accident was reported near 439 N. Main St.

Friday, April 30 - At 7:01 a.m., a Wilmington man was injured after he lost control of his truck and struck several trees near 187 Woburn St. The truck rolled over and down an embankment and trees fell on top of it, trapping Robert F. Volpe, 37, of Wilmington, inside. He was freed by firefighters using the Jaws of Life hydraulic tool.

"We had to take the whole roof off to get him out," said Firefighter Thomas Agnew.

Firefighter Cliff Pattullo, who worked with the Jaws tool at the scene, said Mr. Volpe's truck just missed sev-

eral large trees.

"He's lucky. He was a real lucky guy," Firefighter Pattullo said.

Mr. Volpe is a diabetic and the accident was probably the result of an insulin reaction or a bad sugar level, according to firefighters. He had a cut on his head and trauma to his chest from hitting the steering column, was taken to Lawrence General Hospital and transferred to Emerson Hospital in Concord and discharged the same day.

At 10:05 a.m., a car struck a pole near 192 Beacon St.

At 5:45 p.m., an accident was reported on the ramp to Route 495 southbound from Route 28.

Saturday, May 1 - At 11:36 a.m., an accident was reported near 73 River St. after a car belonging to a Dec-Tam Corp. employee lost its breaks and struck a tree.

Sunday, May 2 - At 10:21 a.m., a minor accident was reported in front of the Sunoco gasoline station near Main and Stevens streets.

Monday, May 3 - At 5:12 a.m., a truck struck a pole near 50 Red Spring Road.

BREAKS

Wednesday, May 28 - At 2:13 p.m., a car break was reported in the parking lot at Andover High School.

Saturday, May 1 - At 12:45 p.m., an attempted house break was reported on Bailey Road after a resident returned from vacation and found a screen door broken.

At 6:04 p.m., a Samos Lane resident reported a house break that occurred a week earlier.

THEFTS

Tuesday, April 27 - At 3:52 p.m., a student's bike was reported taken from Doherty Middle School on Bartlett Street.

Wednesday, April 28 - At 4:52 p.m., a motorist reported two hubcaps taken from a car in Shawsheen Plaza.

Sunday, May 2 - At 9:09 a.m., an employee at Bailey's Mobil on River Road reported two cartons of cigarettes stolen after the thief tried to buy them with a bad credit card.

Monday, May 3 - At 3:40 p.m., a youth reported his bike stolen from outside a store on Post Office Avenue. The youth rode around with police in the cruiser and found the bike abandoned.

VANDALISM

Tuesday, April 27 - At 7:18 p.m., a basketball hoop backboard was reported damaged on Glen Meadow Road.

Thursday, April 29 - At 1:08 p.m., a truck tail light was reported smashed at the Greater Lawrence Technical School.

Friday, April 30 - At 9:11 p.m., flares were reported lit on the roof of the West Middle School. The fire department was notified.

At 9:17 p.m., a car was reported damaged earlier in the day at the Andover High School.

Sunday, May 2 - At 10:41 a.m., a resident reported the phone lines to a house cut on Salem Street.

STOLEN CARS

Tuesday, April 27 - At 8:12 a.m., an attempted car theft was reported on Brookside Drive.

At 2:50 p.m., a car reported stolen in Medford was recovered on Colonial Drive.

At 5:39 p.m., an employee at Market Basket in Shawsheen Plaza reported witnessing the theft of a 1986 Pontiac Grand Am from the parking lot.

At 8:22 p.m., a car reported taken from Andover was recovered in Revere.

Saturday, May 1 - At 9:02 a.m., a 1987 Toyota Camry was reported stolen overnight on Bellevue Road. (It was recovered in Lawrence at 1:29 a.m.)

Monday, May 3 - At 8:16 a.m., a car reported stolen in Lawrence was recovered on Andover Country Club property off Chandler Circle.

MAY 6

The Cohens are Making A Difference

(Continued from page 1)

But, every Friday for the past five or six weeks, Emily Cohen, 9, and her brother, Toby, 7, have visited the couple.

The Cohens, who are the children of Judy and Martin Cohen of 6 Mayflower Road, are part of the Adopt a Grandparent program at the nursing home.

"Ace and Dorothy enjoy their company," said Sandy Lyons, the assistant activities director at Wingate.

"The smiles on their faces when the children come in tell you how much the visits mean to them," she said.

The nursing home has five children who participate in the adopt-a-grandparent program.

The program is a spinoff of a community service program at Sanborn Elementary School where the Cohens go to school. Each month about a dozen students from Sanborn Elementary visit the residents at Wingate. They plan games, activities and sometimes perform special songs and dances, said Jade Reitman, Sanborn's principal.

Ms. Lyons said the nursing home tries to match the adopt-a-grandparent volunteers with residents who do not have regular visitors. In most cases a parent accompanies the younger children on the visits, said Ms. Lyons.

Mrs. Cohen said her children truly enjoy the visits with the Workmans.

"It is a reciprocal relationship. The children are also getting a lot out of this program," she said.

In addition to learning that nursing homes don't have to be scary places, Mrs. Cohen said her children are learning how to make a commitment and that doing something for another person can make them feel good.

"I was really touched at how much the kids have come to care for Ace and Dorothy. One day Ace wasn't feeling well and Toby just lay down at the foot of the bed next to him and quietly kept him company," she said.

During the Cohens' visit last Friday, Mr. Workman told another visitor that he liked everything about the visits with the children. On that day Emily read to the couple, but on other visits the four play games, "but not cards," said Mrs. Workman. "We've never been much for cards."

Mrs. Cohen said her children also love to listen to the stories Mr. Workman tells about his jobs in the textile mills in Lawrence.

"He loves to tell us about the beautiful cloth he made. Sometimes he gets a little choked up and he can't finish the stories," said Mrs. Cohen.

This happened last week and Toby and Emily waited patiently for him to regain his composure and finish the story he began about his last car, a Ford Taurus, and the Buick he owned before that. Another of Mr. Workman's favorite topics is his and his wife's life together.

Mr. Workman is 81 and Mrs. Work-



Photo by Matthew Sapienza

Toby and Emily Cohen enjoy their Friday visits with Dorothy and Acel Workman, residents of Wingate Nursing Home. Other students from Sanborn Elementary School have "adopted" grandparents at the Andover Street nursing home. All the Cohens, children and their parents, Judy and Martin, are involved with the Workmans, who have no relatives in this area.

man is 83. They have been married more than 50 years.

"Marriage is a 50-50 proposition," Mrs. Workman told Emily and a guest last week.

Mr. Workman, whose hobby is making clocks, has promised to help Toby build a clock, said Mrs. Cohen.

The children are not the only ones in the Cohen family who have benefited from the bond that's developed with the Workmans. Her husband, Martin Cohen, is usually at work when she and the children visit, but on Easter he went with them to visit the Workmans. Mrs. Cohen said her husband was moved when he saw how grateful the Workmans were to receive an Easter lily and a short visit that day.

Last weekend Mrs. Cohen brought her own mother to Wingate to meet the Workmans.

Like other Andover families, the Cohens are busy with school and other extra-curricular activities. She said her children have surprised her pleasantly with their enthusiasm and commitment to visiting the Workmans each Friday.

"For example, last Friday we planned to spend a family night out, but we went to see Ace and Dorothy first. I like to tell the kids that they have brought a little pleasure into the day by doing something for someone else," she said.



Photo by Matthew Sapienza

FAMILY PORTRAIT: The Cohen family visits with the Workman family at Wingate Nursing Home. From left, are, Emily Cohen, Dorothy Workman, Toby Cohen, Judy Cohen and Acel Workman.

For information about the adopt-a-grandparent program or volunteering at Wingate, contact Pamela Jones, the activities director.

To nominate a person for the Making A Difference series, call Editor Perry Colmore or Reporter Lisa Boudreau at 475-1943.

'The smiles on their faces when the children come in tell you how much the visits mean to them.'

SPORTS

AHS tennis teams remain undefeated

By Rick Harrison

"The virtually unstoppable Andover High boys and girls tennis machines both remained undefeated and assumed sole possession of first place in their respective divisions of the Merrimack Valley Conference, chalk-ing up four more victories apiece in recent play.

The twin net powers improved to 8-0 in league matches as the season reached the halfway point, registering consecutive post-vacation week victories over Billerica, Lawrence, Chelmsford and Lowell.

The AHS boys had no trouble with Billerica (5-0), Lawrence (5-0) and Lowell (5-0), while the Andover girls romped past Billerica (4-1), Lawrence (5-0) and Chelmsford (5-0).

Both teams also squeezed past their primary title challengers, the boys edging defending MVC champ Chelmsford 3-2 and the girls opening a two-match lead in the standings with a tight 3-2 triumph over co-runnerup Lowell.

Coach Mike Wartman's Warrior boys are now 129-9 in their last 138 league matches and 152-17 including tournament play.

Coach Tony Russo's Lady Warriors, seeking a seventh consecutive MVC championship, are 114-1 in their last 115 league matches and 122-7 overall.

The Andover boys were scheduled to play at Central Catholic yesterday, while both AHS squads host Wilming-toh tomorrow afternoon at the high school courts (3:30 p.m.).

Player records

Top records on the boys' side through the first eight matches belonged to undefeated Dan Queen (8-0), Mike Stein (6-0) and Eric Block (5-1) in singles, and the doubles tandems of Erik Dahlstrand-John Faldetta (5-1) and Kurt Dahlstrand-Adam Monahan



Photo by Matthew Sapienza

Rachel Roberts focuses on the ball during a recent match.

(3-0).

Alison Georgian remains relentless for the AHS girls, a perfect 7-0 thus far, while Rachel Roberts is 5-1 in singles,

Andrea Marvin 3-1, Jackie LeMaitre 2-0 and Jen Griffin 2-0.

Beth Everett and Julie Doherty, the only doubles team to play together

more than twice, are unbeaten at 4-0.

Andover boys

Everything was decided in straight sets as the Warriors avenged their only two regular season losses last year by nipping Chelmsford 3-2.

"Several of the matches were closer than the final scores indicate," stated Coach Wartman. "There were a lot of long rallies and tough points at second singles (Dan Queen victory) and first doubles (AHS loss) in particular."

The Warriors displayed their superiority depth against Chelmsford, snapping the Lions 24-match MVC win streak with victories at second and third singles and No. 2 doubles.

Junior Dan Queen bumped off Lions' veteran Matt Ireland 6-2, 6-2 at No. 2 singles, and Mike Stein toppled Chris Pajack 6-0, 6-2 at third singles.

The other Andover point came on a 6-4, 6-2 decision by Adam Monahan and Kurt Dahlstrand over the Lions' tandem of Jeff Waber and Wilson Tsu.

Chelmsford No. 1 singles Eric Kaplan, the MVC Player-of-the-Year in 1992, continued his mastery of Warrior opponents with a 6-3, 6-1 conquest of previously-undefeated senior Co-Captain Eric Block.

Andover's senior No. 1 doubles of Erik Dahlstrand and John Faldetta fell from the unbeaten ranks as well, dispatched by Jason Bisset and Chris Zylich of Chelmsford 6-3, 6-2.

In the 5-0 shutout of Billerica, Eric Block was the only AHS player who struggled as he inexplicably lost the first set to the Indians Gus Millerup.

Block recovered quickly and completely, however, sweeping the last 12 games in an unusual 4-6, 6-0, 6-0 triumph.

Dan Queen dropped only three games in a 6-1, 6-2 rout of Kevin Taylor, (Continued on page 54)

Local swimmers take part in YMCA Masters championships

Twenty-six members of the Andover/North Andover YMCA Masters swim team competed in the recent YMCA Masters National championships at the International Swimming Hall of Fame pool in Fort Lauderdale, Fla.

Michele Fox had six victories in the 19-24 age group. She took gold in the 100-, 200- and 500-yard freestyle events, 50- and 200-yard backstroke and 100-yard individual medley. She also placed second in the 100-yard backstroke. Sonia Hausner was second in the 200 back, third in the 500- and 1,000-yard freestyle, 100 back, 100 fly and 400 I.M. and fourth in the 200 I.M. Colleen Hayes placed second in the 100- and 200-yard butterfly, third in the 50 fly, fourth in the 50 free and fifth in the 200 I.M.

Diane Sagaser (25-29) established a new national YMCA masters record in

the 1,000-yard freestyle when she posted an 11:00.94. She won the 500 free, was second in the 200-yard butterfly, third in the 200 free, fourth in the 400 I.M. and sixth in the 100 fly and 200 I.M. Michele Roy took the 200-yard breaststroke, was third in the 50 breaststroke, fourth in the 50 free and 100 breaststroke, sixth in the 1,000 free and seventh in the 100 free. Trish Maienza was fourth in the 200-yard breaststroke, seventh in the 50 breaststroke and 500 free and eighth in the 100-yard breaststroke.

Swimmer/coach Dan Rogacki (44-45) won the 200 I.M. and was second in the 50 and 100 freestyle, 50 and 100 back and 200-yard breaststroke.

Bob Wright (70-74) won the 200 I.M. and was second in the 50 back and 100 breaststroke, third in the 50 fly and 100 I.M. and fifth in the 50-yard breaststroke.

Esther Pelletier (65-69) won the 100-yard freestyle and was second in the 50-yard breaststroke, third in the 50 free and 100-yard breaststroke and fourth in the 50 and 100-yard backstroke events. Elinor Wright was second in the 200-yard backstroke and third in the 100 I.M., 200 free and 200-yard breaststroke while Frank Pelch was third in the 50 back and free, fourth in the 100 free and seventh in the 50-yard breaststroke. Pelch, Pelletier and Bob and Elinor Wright won gold in the mixed freestyle and medley relays.

Harry Hamilton captured the gold in the 50-54 age group in the 500-yard freestyle, was second in the 1,650-yard free, third in the 200 free and sixth in the 100-yard butterfly. Janos Vajda was fourth in the 50 and 200-yard backstroke, fifth in the 100 back and 50 and 100 free and sixth in the 100 I.M. Dick Hahn was fourth in the 200, 500 and

1,000 freestyles, sixth in the 100 free and seventh in the 50 free.

In the 30-34 age group, Nanci Sirois placed fourth in the 1,000 free, sixth in the 200 breaststroke and 500 free, seventh in the 400 I.M. and eighth in the 200 back. Howard Tocman was sixth in the 500 free, seventh in the 1,000 free and eighth in the 50-, 100- and 200-yard freestyle events.

In the 35-39, Bill Geary finished second in the 200-yard breaststroke, third in the 100 breaststroke, fifth in the 50 breaststroke and 400 I.M., sixth in the 100 free and 200 I.M. and seventh in the 100 I.M. Duncan Pyle placed second in the 200 backstroke, third in the 50 free and fourth in the 100 I.M. while Joel Meltz was fourth in the 200-yard breaststroke, sixth in the 100 breaststroke and seventh in the 50 breaststroke and 400 I.M. Marcia Misiorski was eighth

(Continued on page 55)

Warriors blank Tewksbury

Hesenius throws 2-hit shutout

By Rick Harrison

Justin Hesenius fired a brilliant two-hit shutout as the Andover High baseball team spotlighted recent action with a 9-0 triumph over visiting Tewksbury High earlier this week.

Hesenius's latest gem, in which he struck out nine, walked just one and threw only 79 pitches, enabled the No. 1 team in the latest Eastern Mass. Division 1 Coaches Poll to improve to 8-0 this spring and 6-0 atop the Merrimack Valley Conference Large School Division.

AHS is also 57-3 in its last 60 baseball games.

The three-time reigning league champs and two-time defending State Division 1 titlists also won three other games within a 72-hour period, chalking up back-to-back-to-back victories over Dracut (8-1), Billerica (10-6) and Chelmsford (6-2).

"We're doing OK," understated Coach Ken Maglio.

Among the more gaudy statistics entering this week's play were team batting leader Matt Wolcott's .538 average, and the figures being accumulated by Player-of-the-Year candidate Hesenius.

On the mound the AHS tri-captain, whose fastball was clocked at 83 m.p.h. in the seventh inning of the Tewksbury game, is 4-0 with complete-game shutouts over Haverhill and Tewksbury and a shared-shutout against Tewksbury. The Redmen failed to cross the plate in 10 innings against Hesenius this spring.

At the plate he is batting slightly more than .400, and in the four-game stretch prior to yesterday the Warriors' cleanup hitter was literally "cleaning up" with 7-for-14 including his first two home runs of the

season, three triples, one double and 12 RBI.

After belting seven triples last spring Hesenius already has five this season.

The Golden Warriors hosted annual nemesis Lowell High yesterday, travel to Methuen tomorrow afternoon (3:30 p.m.), and face Large School second place team Central Catholic next Monday at Merrimack College's Warrior Field (3:30).

The MVC Large School top four remained tightly-bunched prior to yesterday's game, which saw left-handers Scott Eggert and Benny Cooper of Lowell square off on the mound.

Central Catholic was one game behind Andover at 5-1 in the league, while Lowell and Billerica had lost just twice in MVC action.

This past Monday, as Hesenius was authoring his two-hit shutout, Lowell sophomore righthander Steve Cushing fired a no-hitter and near-perfect game in a 3-0 win over Dracut and Central's Ryan Kearney carried a no-hitter into the seventh before settling for a one-hit, 2-0 victory over Lawrence High.

Murray mends

Junior righty pitcher Todd Murray was given a clean bill of health by doctors earlier this week.

He had complained of a sore arm after pitching one inning against Wilmington, with the problem perhaps tracing back to a throw he made from the outfield in an earlier game.

"Todd will begin throwing this week but we're going to take things slow and easy," cautioned Coach Maglio.

Andover, 9-0

Tewksbury, thrashed 8-0 by Andover in the semifinal round of

the Ted Boudreau Memorial Tournament, was overmatched again.

While Justin Hesenius was mowing the Redmen down, facing only 23 batters (two over the minimum) in seven innings and striking out the side on 12 pitches in the fourth, the Warriors were scoring at least one run in every stanza.

In the bottom of the first Tri-Captain Josh Nelken slapped a leadoff single to center field, stole second, took third on junior Paul Allard's infield hit and crossed on Matt Wolcott's sacrifice fly.

Toby Guzowski opened the second stanza by angling a double down the left field line and scoring on Tri-Captain Ben Russell's single.

The lead doubled to 4-0 in the third as Allard beat out another infield hit, Hesenius clouted an RBI triple and Guzowski hoisted a sacrifice fly.

Andover batted around in the fourth, scoring three runs on just two hits. Andy Brown reached on a throwing error, Nelken drew a one-out walk, Paul Allard's third single rescued Brown, Nelken raced home on a wild pitch, Matt Wolcott was hit by a pitch, and Hesenius legged out an RBI infield hit.

In the fifth Josh Nelken reached base a third time on a two-out walk, stole second, and displayed his outstanding speed by scoring from second on a wild pitch.

Wolcott created the ninth run in the sixth inning when he walked, took second on Guzowski's infield out and came across on an error.

Paul Allard led the 10-hit attack with three safeties, Hesenius and Russell added two apiece, and Nelken scored three runs.

The lone Tewksbury hits were a

(Continued on page 55)

Coach's Corner

A PROFILE

Name: Art Iworsley

Occupation:

Physical education teacher at West Elementary School. I have a unique job. I see children from age 5 to 18; I see children when they start school up to seniors in high school.

Sports(s) coached:

Boys and girls outdoor and indoor track and volleyball.

Education: Doane College 1970, bachelor of arts degree; UMass. (Lowell) 1974, master's degree in education.

Coaching experience: Outdoor track, 20 years; indoor track, 16 years; volleyball, 8 years.

Most memorable team: The 1983-'84 boys indoor and outdoor track teams. They won every meet - dual meet, invitationals, state relays class meet, all-class meet and New Englands. The coaches and kids worked very hard to get there.

Most memorable sports event: Every time I see one of our athletes improve on their performance, for that moment it is a most memorable sports event.

Hobbies: Traveling with my family (wife Kathy, fifth-grade teacher at West Elementary; daughter Joy, 9, fourth-grader at Sanborn School; son Eric, 4, at Shawsheen), kite flying, stamps and sports pin collection

The person I would most like to meet: President Bill Clinton.

Most influential person in my sports career: My college track coach, Fred Beile and coaching with Dick Collins.

Advice to young athletes: Don't let your mind put a limit on you before you start. Dick Collins says the word "quit" does not exist in Andover. I would like to add to that - the words "I can't" should be changed to "I can't yet" or "I'll try my best."



Art Iworsley

Pingree holds lacrosse camp

The Pingree Summer Lacrosse Camp for girls entering grades 7 through 12 will be held at the Pingree School campus, 537 Highland St, South Hamilton, June 28-July 2. Camp hours are 9 a.m. to 1 p.m. with evening scrimmages Tuesday and Thursday at 6 p.m. Tuition is \$170 per player.

Camp director Sandy Bryan Weatherall is a 10-year member of the U.S. Women's Lacrosse team and two-time World Cup Gold medalist. She is a varsity coach at the University of New Hampshire.

For more information and application, call the school at 468-5121.

The deadline for news is Monday at 5 p.m.

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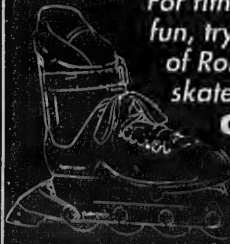
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Tennis teams remain undefeated

(Continued from page 52)

and Mike Stein showed no mercy in a 6-0, 6-0 blitz of Billerica's Jeff Bass.

The Warriors yielded only six games in a pair of straight-set doubles sweeps, Erik Dahlstrand and John Faldetta cruising 6-1, 6-1 while Kurt Dahlstrand and Adam Monahan were only slightly more sympathetic in a 6-1, 6-3 victory.

Despite some major lineup shuffling against winless Lawrence, the Golden Warriors swept everything in straight sets and lost only 12 games along the way.

Dan Queen won for the second time this spring at No. 1 singles (6-1, 6-2), senior Andy Cohen stepped in at No. 2 and rolled (6-2, 6-2), and junior Jon Iarrobino was inserted at No. 3 and responded with a 6-2, 6-1 triumph.

In doubles, Akil Palinsamy and Will Hall breezed 6-2, 6-0 at No. 1 while Rick Crispo and Eric Pisick were 6-0, 6-0 perfect at No. 2.

Andover reached the halfway mark in the season with its seventh 5-0 shutout in eight matches, everything decided in straight sets once again versus Lowell (4-3).

Eric Block routed the Red Raiders' Mike Dunn 6-0, 6-2, Dan Queen remained undefeated with a similar 6-2, 6-0 romp past Tom Walsh, and Mike Stein was overpowering in a 6-0, 6-0 shutout of Matt Thomas at No. 3.

John Faldetta and Erik Dahlstrand were 6-0, 6-1 masters at first doubles, while Andy Cohen and Jon Iarrobino merged for the second time this spring and prevailed 6-0, 7-5 at second doubles.

Andover girls

Billerica and Chelmsford both had only one prior loss this spring before being humbled by the Lady Warriors.

Billerica became the first team to grab a point from Andover this season, capturing second doubles after AHS had surrendered just nine games in four straight-set sweeps.

In singles, junior No. 1 Alison Georgian routed the Indians Sindi Boudreau 6-2, 6-1, junior No. 2 Jackie LeMaitre toppled Julie Gibson 6-0, 6-1, and sophomore Jen Griffin at No. 3 was a 6-1, 6-2 victor over Tiffany Gurney.

The veteran doubles tandem of senior Co-Captain Beth Everett and senior Julie Doherty continued their two-year domination with a lopsided 6-0, 6-2 decision.

Sophomores Kelly Mitchell and Melissa Guerrero teamed at second doubles and were beaten by Tina Carrabba and Gail Pascucci of Billerica 6-3, 6-2.

Chelmsford offered merely token resistance, with senior Rachel Roberts pressed at No. 2 singles before registering a come-from-behind 4-6, 6-2, 6-3 victory over Jill Bernard.

Alison Georgian remained in a class by herself with a 6-1, 6-2 dismantling of Lions' veteran No. 1 Kara Main, and Jen Griffin once again rolled at No. 3 with a 6-4, 6-2 win over Jen Cyrkler.

In doubles, Julie Doherty and Beth Everett were 6-3, 6-3 victors at No. 1 while freshman Andrea Marvin and junior Amy Fenton hooked up for the second time this spring and rolled 6-4, 6-1 at No. 2.

Winless Lawrence was overmatched against the Lady Warriors, winning just four games in singles and two in doubles.

Alison Georgian surrendered one game at No. 1 (6-0, 6-1), Andrea Marvin rolled to her third victory of the spring at No. 2 (6-0, 6-0), and senior Sajini Shetty debuted at No. 3 sin-

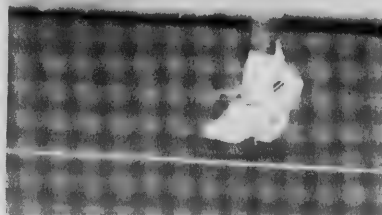


Photo by Matthew Sapienza

Meghan Pauley serves the ball during a recent match against Tewksbury. She won the match 6-0.

gles with an impressive 6-1, 6-2 cruise.

Two new doubles tandems emerged with rousing victories, senior Co-Captain Kara Gack and Jackie LeMaitre prevailing 6-0, 6-0 while Erin Cowhig and Cindy Su subdued their Lancer opponents 6-1, 6-1.

Lowell challenge

For the first time in a long time the Lady Warriors were tested by a league opponent, but a sweep of the doubles and another win by Rock of Gibraltar Georgian prevented a Lowell upset.

Georgian performed major 6-0, 6-1 surgery on the Red Raiders' Jessica Hughes at No. 1.

Rachel Roberts and Andrea Marvin were beaten in straight sets at second and third singles by Stefanie Deveres and Caroline Hughes respectively.

First doubles was no cakewalk, but the Beth Everett-Julie Doherty combine played all the big points well in a 7-6, 6-3 decision over Lowell's stubborn tandem of Jen Cormier and Alex McAdam.

The Lady Warriors' 10th different doubles team, Sajini Shetty and Kara Gack, closed the door with a resounding 6-1, 6-1 triumph at second doubles.

Two bakes sales to benefit AHS track team

The Andover High Track Boosters will hold two bake sales to raise funds for their program.

The first will be at the Andover Boosters Invitational

Track Meet Saturday, May 8, from 10 a.m. to 3 p.m.

The second will be during the Mass. State Relays meet Saturday, May 15, from 10 a.m. to 3 p.m.

Strong performances spark girls track team

By Rick Harrison

Strong individual performances by sophomore Jamie Barron and Kerry Hagerty sparked the Andover High girls track team past Haverhill 82-54 in a Merrimack Valley Conference dual meet, while Steve Shepard was routinely brilliant in leading the AHS boys to a resounding 92-53 decision over the Hillies.

But double wins by Lady Warriors' sophomore Rebecca Goldenberg and Shepard weren't enough in non-league dual duels against intra-town power Phillips Academy, the Big Blue handing both AHS squads their first losses by nearly-identical 77-68 (boys) and 77-59 (girls) scores.

The defending MVC Large School champion AHS boys improved to 2-0-0 in the division and 3-1-0 overall, with the loss to Phillips snapping a 14-meet win streak that stretched over portions of three different seasons.

The Andover girls are now 1-0-0 in the division and 2-1-0 overall.

"Every year Phillips is tough and I knew they were going to give us trouble again this year," stated AHS Head Coach Dick Collins. Last spring the Warriors split with PA, the boys winning 75-70 and the girls losing 79-57.

Andover returned to the MVC wars yesterday against visiting Billerica, and Saturday morning at 10 a.m. a dozen teams will converge on the Lovely Field oval for the 35th annual Andover Boosters Invitational Meet.

The AHS boys entered the Billerica meet alone atop the Large School standings, while the Lady Warriors were tied for first with Chelmsford which went undefeated during the indoor dual meet campaign and will host Andover in a season-ending showdown on Tuesday, May 25.

Injury report

The AHS girls were weakened considerably for the Phillips Academy meet by the absence of injured standouts Stacey Lavoie and Jen Batts.

Miss Lavoie, who had a shot

at winning both the 100-meter high hurdles and long jump against PA, broke a wrist while making a landing in the long jump pit en route to a second place finish against Haverhill.

Captain Batts, a middle distance runner, had more problems with a recurring knee injury while running the 800 meters against Haverhill.

Her knee buckled, causing a collision with teammate Tricia McNeice, although both recovered and finished 2-3 in the race.

"We expect Stacey Lavoie to be back running with us this week," noted Coach Collins, "and hopefully she'll be able to compete against Billerica."

The timetable for Jen Batts' return was unknown earlier this week.

Andover girls, 82-54

Jamie Barron displayed some versatility against Haverhill by winning the long jump (15'11"), the 100-meter dash (13.2), and anchoring the victorious 4x100 sprint relay quartet that also featured freshman Randi Spiegel, sophomore Amy Levesque and sophomore Melissa Gould.

Senior Kerry Hagerty won her double in the javelin (117'7") and discus throws (91'2").

The Lady Warriors placed first in 11 of the 16 events, swept the long jump and 200 meters, and outscored the winless Hillies (0-3-0) by a 51-31 margin in the running events and 31-23 in the field events.

Other individual winners for Andover were sophomore Evelyn Yang in the triple jump (32'3"), freshman Carol Cunningham in the 300-meter intermediate hurdles (53.3), Amy Levesque in the 200 meter dash (28.2), junior Leigh Clarke in the 400 meters (65.6) and Captain Ellen Sullivan in the two-mile (12:29.0).

Completing the sweeps were Melissa Gould and freshman Kim Young in the 200, Stacey Lavoie (15'3") before the break and freshman Liz Salvia in the long jump.

(Continued on page 56)

Hesenius throws 2-hitter as Warriors blank Tewksbury

(Continued from page 53)

second-inning leadoff double to center by Mike Orlone and a two-out third-inning single by Roy Fabila.

Second baseman Allard led the defense by initiating a double play in the fifth.

Andover, 8-1

Senior lefthander Scott Eggert, who will follow older brother Chris to Assumption College next fall, boosted his record to 3-0 with a crisp six-hitter at Dracut.

Eggert's complete-game performance, videotaped by Dracut local access cable, featured four strikeouts and just one walk.

It was a tight game most of the way, the Golden Warriors finally breaking it open with three runs in the fifth and two more in the seventh.

The locals grabbed a quick 2-0 lead in the first, junior Matt Wolcott ripping a two-out triple against Middies' starter Mike St. Jean and DH Justin Hesenius following with a two-run homer up the right-center field gap.

Andover made it 3-0 in the third but also squandered the opportunity for a big inning. A walk to junior Bob Daley and singles by Andy Brown and Josh Nelken loaded the bases. Junior Paul Allard forced home the run with a walk, but St. Jean escaped further trouble by retiring the next batter.

Eggert lost the shutout in the bottom of the third as Ed Lussier singled, advanced to third on a balk and infield out, and scored on St. Jean's infield out.

In the Warriors' fifth Allard singled, Wolcott singled, Hesenius rocketed a two-run triple to right-center, and Toby Guzowski's outfield liner was misplayed enabling Mr. Triple to score.

In the seventh Hesenius drew a one-out walk, Ben Russell and Daley reached on consecutive errors to plate Andover's seventh run, and Matt Chapin slapped a pinch-hit RBI single.

Hesenius and Wolcott led the attack with two hits apiece, while defensively Ben Russell played a solid game at catcher.

Andover, 10-6

The Warriors sent 14 batters to the plate and scored eight runs in the top of the second inning against perennial Large School pennant contender Billerica (6-2), building a 10-0 lead by the third inning and then weathering a sixth-inning uprising by the pesky Indians.

Justin Hesenius was the winning pitcher, tossing five frames of overpowering ball before tiring in the sixth.

Through five Hesenius allowed just three harmless singles (one bunt) and struck out eight, but when lifted his complete line read 5.2 innings, six hits, six runs, six walks and nine strikeouts.

A Chicago Cubs scout was also on hand to watch the Rollins College scholarship player.

First reliever Jeff Lembo got the final out in the sixth, after yielding a bases-loaded triple, and then Scott Eggert set Billerica down 1-2-3 in the seventh.

Andover inched ahead 1-0 in the first when leadoff batter Josh Nelken walked, moved to second base on a passed ball, to third on Paul Allard's bunt single, and scored on Matt Wolcott's single.

The wild second stanza started with walks to Ben Russell and Bob Daley. Lembo singled to load the bases, Scott Henry rapped a two-run single to center field, Josh Nelken rescued Lembo with a bunt single, Wolcott was hit by a pitch, and Hesenius clouted a grand

slam to left-center field for his second home run in two games.

Indians' second reliever Darren Marsh, who settled down nicely to limit AHS to one run and five hits over the final five innings, was summoned after the slam and immediately hit Toby Guzowski with a pitch.

Russell then doubled, Daley walked to load the bases, and a two-out walk to Henry forced home the final run of the inning.

In the Andover third Wolcott singled and scored on Hesenius's double, giving Justin five RBI in this game and nine in consecutive contests.

The Warriors had baserunners in every inning thereafter but never scored again.

In the fourth Lembo walked and Nelken reached on an error, in the fifth Wolcott doubled and Russell walked, in the sixth Henry and Nelken preceded Billerica's second double play with back-to-back singles, and in the seventh Wolcott drew a leadoff walk.

The key stroke in the Indians' sixth was the three-run triple by Tom Davis.

Wolcott led the 12-hit Andover offense with two singles and a double while Hesenius, Nelken and Henry added two safeties each.

Defensive standouts for Andover were first baseman Toby Guzowski, whose acrobatic stretch completed a double play in the first inning, and center fielder Henry.

Andover, 6-2

Spectacular relief pitching by Matt Wolcott and Scott Eggert saved the victory for senior righthander Scott Henry (1-0), who scattered five Chelmsford hits over 5.2 innings.

Henry struck out four and left after issuing his only two walks in the Lions' sixth.

Eggert, appearing in his third straight game, worked out of a bases-loaded sixth inning predicament by fanning the first batter he faced.

Wolcott was summoned after two singles and a walk jammed the bases with no one out in the seventh. He retired the first two batters on routine flies, the first by Chris Stagnone going as a sacrifice, and Wolcott then capped things with a flourish by striking out the final batter.

AHS notched a pair of unearned runs in the bottom of the first. With two down Wolcott's soft popup to first base was dropped in foul territory. He eventually walked and scored on Justin Hesenius's triple to left. Toby Guzowski then walked and Hesenius scored on the delayed end of a double steal.

The lead ballooned to 4-0 in the third as consecutive leadoff walks to Paul Allard, Wolcott and Hesenius loaded the bases. Chelmsford sophomore hurler Scott Brown fanned the next two batters, but couldn't work out of the jam as Bobby Daley rapped an opposite-field two-run single.

The Lions nicked Henry for a run in the fourth, but Andover made it 6-1 in the sixth as Daley singled, Lembo walked, Nelken was hit by a pitch, Daley scored on an error by the catcher, and Wolcott singled home Lembo.

That set the stage for Wolcott's mound heroics in the seventh.

Daley finished the game 2-for-3 and Guzowski added a single.

Defensive standouts were Bob Daley, with a spectacular running catch in foul territory down the left field line, and second baseman Paul Allard who opened the game by taking a hit away from Chelmsford's John Myers with a back-to-the-plate running catch down the right field line.

Holly Parker earns varsity letter

Dartmouth College freshman Holly Parker was recently awarded a varsity letter for her achievements as a member of the Dartmouth women's squash team.

Parker played in the seventh position and had an 8-4 individual match record and won four out of five matches in the intercollegiate Howe Cup championships at Yale.

The team finished the season ranked 12th in the nation.

Parker is the daughter of Mr. and Mrs. Edward Parker of Andover.

She graduated with honors from Phillips Academy where she was captain of the girls' squash team.

Swimmers take part in championships

(Continued from page 52)

In the 1,000 freestyle.

Joan McKee was fifth in the 1,000 free, sixth in the 500 free, seventh in the 50-yard breaststroke and eighth in the 50 and 100 free and 200-yard breaststroke in the 40-44 age group.

In the 45-49 class, Vicki Haley placed second in the 1,000 free, sixth in the 50 free and seventh in the 500 free while Barry Mahoney was eighth in the 1,000 free.

Also scoring in the relay competition were: 200 free relay: women 19+ age group, Sagaser, Sirous, Roy and Fox, third; 45+, Atwood, E. Wright, Haley and Pelletier, fifth. Men 25+, Rogacki, Mark Keil, Geary and Tocman, sixth; Vajda, Pelch, Hamilton and

Hahn, seventh.

200 Medley relay: women 19+ "A", Fox, Roy Sagaser and Hayes, second; "B", Hausner, Maienza, Sirols and Misiorski, fifth. 45+, E. Wright, Pelletier, Atwood and Haley, fourth. Men 25+, Pyle Geary, Rogacki and Tockan, fifth. 35+, Keil, Meltz, Hamilton and Vajda, seventh.

200 mixed free relay: 19+ "A", Rogacki, Fox, Roy and Geary, fourth; "B", Jeff Liotta, Sirols, Hayes and Meltz, seventh. 25+ Keil, Sagaser, Maienza and Tocman, sixth. 45+, Hahn, Atwood, Haley and Vajda, sixth.

200 mixed medley relay: 19+ "A", Rogacki, Geary, Roy and Fox, third; "C", Hayes, Meltz, Sagaser and Hahn, eighth. 45+, Vajda, Atwood, Hamilton and Haley, seventh.

ANDOVER GIRLS Summer SOFTBALL LEAGUE

6/28/93 - 8/12/93

- 1993 REGISTRATION -

Thursday, May 20

Friday, May 21

7:00 - 9:00 p.m.

West Parish Church

Primary Division (Grades 1-3).....\$15.00

Junior Division (Grades 4-5) 25.00

Senior Division (Grades 6-9).....25.00

Traveling Team (Grades 9-11) 35.00

Family Maximum \$40.00

Late Fee: \$5.00

9th Graders have the option of playing on an in-town team or trying out for the more competitive

Traveling Team

(Grade 9-11).....\$35.00

475-9147

Please bring daughter to registration to be fitted for pants.

AHS track:

Girls show strong performance; boys' win streak snapped

(Continued from page 54)

Other runners-up were Stephanie Casey in the discus (81'0"), sophomore Amanda Verreault in the high jump (4'8"), junior Chrissie Donovan in the 100 hurdles (19.1), Randi Spiegel in the 100 meters (13.5) and Miss McNeice in the 800 meters (2:34.2).

Placing third were freshman triple jumper Missy Famiglietti (30'6"), Captain Amanda Holmes in the mile (5:55.0), Miss Verreault in the 400 meters (67.7) and Jen Batts in the 800 meters (2:34.2).

Phillips girls, 77-59

Rebecca Goldenberg returned to the Andover lineup with an outstanding individual performance against PA, winning the long jump (16'3") and 300-meter hurdles (50.8) and placing second in the 100-meter hurdles (17.4) for 13 points.

But the Big Blue placed first in 10 of the 16 events, registered a key sweep in the triple jump, and used a 35-19 edge in the field events as the springboard to victory.

The Lady Warriors, outpointed only 42-40 in the running events, backed Miss Goldenberg with other firsts from Jamie Barron in the 100 meters (12.9), Amy Levesque in the 200 meters (26.4), Ellen Sullivan in the deuce (12:32.0), and the 4x100 meter sprint relay crew of Randi Spiegel, Levesque, Melissa Gould and Barron (51.9).

AHS recorded its lone swwp in the long jump, with Miss Barron a close second (16'2") and Missy Famiglietti third (15'2").

Kerry Haggerty was runner-up in both the discus (91'10") and javelin, while other second places went to Captain Alex Wendt in the shot put (28'11"), Julie Rozopoulos in the 300 hurdles (51.8), Leigh Clarke in the 400 meters (65.6) and Amanda Holmes in the mile (5:50.0).

Notching third places were high jumper Amanda Verreault (4'10"), Miss Spiegel in the 100 meters (13.3), Tricia McNeice in the 800 meters (2:43.6) and freshman Erin Collins in the mile (6:00.0).

Phillips Academy had a trio of double winners. Becky Dowling captured the shot put (29'5") and discus (108'10"), Leslie Dise the high jump (5'2") and triple jump (32'11"), and Cynthia Miller the mile (5:46.0) and 800 meters (2:35.0). Miller also ran a leg on the winning 4x400 meter relay team.

Andover boys, 92-53

Steve Shepard rang up another triple triumph as AHS extended its league dual meet win streak to 13 straight by romping past Haverhill (12-0).

Villanova grid recruit Shepard was tops in the 100-meter dash (11.4), 200-meter dash (23.0) and triple jump (42'10").

The Golden Warriors placed first in 12 of 17 events, swept the discus and triple jump, and outscored the Hillies 41-22 in the field events and 51-31 in the running events.

Joining team Captain Shepard in the winner's circle were Junior Phil Smith in the discus (124'2"), sophomore Brian Marshall in the long jump (20'7"), senior Dan Wrigley in the pole vault (11'0"), junior Dave Jorgenson in the 110-meter high hurdles (16.1), senior Jon Cirella in the 300-meter hurdles (41.9), sophomore Matt Ely in the 800 meters (2:03.4), Captain Brian Twomey in the mile (4:38.4) and Junior Max Dawson in the two-mile (10:28.0).

The 4x100 meter sprint relay four-some of freshman Josh Hatch and seniors Peter Murphy, Brian Croteau and Rod Lumley also won in 45.9.

Finishing 2-3 in the discus were junior Robert Lane and Jack Dalton (108'8"), and completing the sweep of the triple jump were senior Jon Hess (42'1") and Captain Colin Arsenault (39'9").

Other seconds went to Captain J.P. Ciruso in the shot put, Hess in the long jump (20'6"), senior Mike O'Sullivan in the high jump (5'8"), senior Eric Fox in the 110 hurdles and Arsenault in the 400 meters.

Additional third place finishers were senior shot putter Bryan Adams, rapidly-improving Matt Blake in the javelin (142'0"), sophomore Jon Hall in the high jump (5'6"), senior Tadg Corkery in the pole vault (10'0"), Rocket Lumley in the 100 meters (11.7), junior Doug Edmands in the 800 meters, sophomore miler Chad Collins (4:53.0), freshman two-miler Charlie Russo (10:50.0) and Fox in the 300 hurdles.

Phillips boys, 77-68

Andover High managed just six first place finishes, and was swept in the two-mile, but stayed close with a strong showing in the field events where it outscored PA 32-30 including a 9-0 sweep of the long jump.

Steve Shepard earned victories in the 100 meters (11.2) and triple jump (42'6"), but missed another triple triumph when he was edged by Big Blue speedster Mario Watts in a blistering 200 meter race. Watts crossed in 22.2 with Shepard a quarter-stride behind in 22.5.

Brian Marshall led the sweep of the long jump with a 20'7" leap, while Jon Hess was second (20'1") and Kevin Foltz third (19'1").

The only other individual Warrior winners were Colin Arsenault in the 400 meters (52.8) and Jon Cirella in the 300 intermediate hurdles (42.2).

Andover captured the 4x400 meter relay as Cirella, Brian Twomey, Max Soong and Arsenault were clocked in 3:36.1.

AHS took 11 of 15 possible second place finishes, with Hess also a runner-

up in the triple jump (42'3") and Dave Jorgenson No. 2 in both the high jump (5'8") and 110-meter high hurdles (15.3).

Twomey was second in the mile (4:36.0), Matt Ely in the 800 meters (2:07.4) and Matt Blake in the javelin (149'5").

Far distant to Phillips strongman Ethan Philpott in the shot put and discus were J.P. Ciruso (45'11") and Robert Lane (124'4") respectively.

Andover thirds went to shot putter Bryan Adams (42'2"), Phil Smith in the discus (121'5"), senior Alan Guibord in the javelin (134'10"), Jon Hall and Mike O'Sullivan who tied in the high jump (5'6"), Dan Wrigley in the pole vault (11'0"), Eric Fox in the 300 hurdles (45.6) and Josh Hatch in the 200 meters (24.4).

North Andover resident Philpott was immense for PA with a 58'4" toss in the shot put and 159-foot heave in the discus.

Andover resident Jim Eckels won the pole vault for the Big Blue by clearing 12 feet.

Northern Area Meet

The majority of Andover's top ninth and 10th grade track performers were with the varsity teams at Phillips Academy.

However, several others competed at the conflicting Northern Area Freshman-Sophomore Meets held at Wilmington and Reading High.

The only Andover points in either meet came from the boys 4x110 meter sprint relay team, which finished sixth in a personal-best time of 50.5.

Members of that squad were Rick Santagati, Chris Cullen, Brian Kwon and Chris Richter.

Also performing well for the young Warriors, who defeated Central Catholic 54-50 in their opening dual meet last week, were miler Chris Rogers (personal-best 5:17), two-miler Leo Blais (personal-best 11:25), Rudy Morando in the discus (97'3"), Brian Kwon in the 100 meters (12.2), Chris Richter in the 220 dash (26.5) and Mike Scarpulla in the 880 run (2:26).

'Every year Phillips is tough and I knew they were going to give us trouble again this year.'

**Dick Collins
Head coach, AHS track**

Last chance to try out for Andover Blue and Gold baseball teams

The Andover Blue and Gold baseball teams of the Suburban Pony League will conclude their annual spring tryouts this Saturday and Sunday, May 8-9, from 1-5 p.m. at the Andover High varsity and junior varsity fields.

All candidates must be between the ages of 13 and 15 years and may not turn 16 prior to Aug. 1, 1993.

All prospective 13-year-old players should report to the field at 1 p.m. both days, while 14- and 15-year-olds should report at 3 p.m.

All returning players must attend the tryouts for the purpose of registration.

A nominal fee will be charged play-

ers making either team.

The two Andover teams will once again compete in the Suburban Pony League, which also includes teams from North Andover, Methuen, North Reading, Reading, Wilmington, Lowell, Lynnfield, Stoneham, Winthrop and new entry Medford.

Each team is guaranteed a regular season schedule of close to 20 games,

The two Andover teams have enjoyed unqualified success in the (Pony) league, both winning numerous division and eight overall league championships during the past decade.

with playoffs to follow for the top clubs in both divisions.

The season will start in mid-June and run through early August.

The two Andover teams have enjoyed unqualified success in the league, both Blue and Gold com-

bining to win numerous division and eight overall league championships during the past decade.

Last year was one of the rare times

Andover did not prevail, with Blue reaching the playoff finals before losing a best-of-3 series to Methuen. The final game was a 1-0 classic.

Most members of Andover High's back-to-back State Division 1 championship teams are alumni of the Pony League program, as are the majority of players on this year's AHS varsity and junior varsity squads.

Returning as head coaches this year are Dan Grams (Gold) and Joe Iarrobino (Blue), with Leo Gravell III the Gold team assistant and Steve Tisbert the Blue team assistant.

Further information is available by calling Jim Oppenheim at 475-4004.

Sweeney pitches shutout and leads offense for girls softball team's 21-0 thrashing of winless Lowell

By Rick Harrison

Putting it all together in one devastating package, the Andover High softball team began the week with a 21-0 thrashing of winless Lowell High as Lindsey Sweeney pitched the shutout and led the offense with three hits and five RBI.

The resounding victory pulled the Lady Warriors up by the bootstraps, as they rebounded from a pair of recent losses to Lawrence High (10-1) and Chelmsford (3-1) where runs were definitely at a premium.

Those results left Coach Ken Pellerin's squad at 3-6 overall and 2-6 in Merrimack Valley Conference action.

After the first nine games the Lady Warriors had five players hitting over .300, led by sizzling senior Gina Paone at .458, Lindsey Sweeney at .424, sophomore April Canniff at an even .400, sophomore Eileen Sweeney at .346 and senior Sharon Su at .342.

"We've been hitting the ball consistently (.255 team average) and, except for the Lawrence game where the wheels just fell off our wagon, we've played well but have little to show for it," said Coach Pellerin.

Andover began a tough three-day stretch yesterday against traditional MVC power Dracut (6-4 record).

Today the locals travel back to Billerica to complete a rain-suspended game against the Large School Division leaders (6-1). When the game is resumed Andover will be at bat in the top of the third inning, ahead 3-2 with runners at first and third, two outs and Gina Paone at the plate with two strikes.

Tomorrow Small School Division frontrunner Wilmington (7-1), which beat AHS 9-1 earlier this season, will be at the West Middle School field (3:30 p.m.).

Next week could be a good one as the Lady Warriors battle Haverhill (Monday, away), Methuen (Wednesday, home) and Tewksbury (Friday, away).

Andover, 21-0

This game at Lowell's Harry Allen Field was called after five innings by the 15-run mercy rule.

The Lady Warriors had 11 hits, took advantage of 12 walks, and broke open a 2-0 game with five runs in the third inning, five more in the fourth and nine in the fifth.

Lindsey Sweeney went the route on the mound, tossing a three-hit shutout with no walks and four whiffs.

At the plate she was 3-for-5 with two doubles, one single and five RBI.

Gina Paone went 2-for-2 with a pair of RBI, junior Andrea Marino was 2-for-3 and junior Rachel Buonopane contributed a three-run double.

Lindsey Sweeney completed a triple threat afternoon with some excellent defense, starting two double plays on one-hoppers tapped to the mound.

Miss Buonopane, who has made just three errors in 67 chances this spring, also played her usual steady game in the field at first base.

Lawrence, 10-1

"There isn't too much to say about this one," stated Coach Pellerin. "Lawrence clearly outplayed us."

The Lancers chipped away with runs in every inning except the third, while Andover managed its lone tally

in the bottom of the second when freshman Vanessa Blank singled, stole second and scored as junior Mindy Fox reached on a two-out error.

AHS managed just three singles, the other two by Sharon Su and Gina Paone.

Miss Blank contributed two strong innings of relief pitching, and senior Jenna DeMarco was a defensive stand-out at second base where she initiated an inning-ending double play in the fifth with an outstanding stop of a hard ground ball.

Lena Morris paced the Lawrence attack with four basehits, while Jen Annaldo and Jen Arraj contributed three safeties and scored three runs apiece.

Chelmsford, 3-1

The Lady Warriors couldn't get through to winning pitcher Theresa Daley for any timely hits.

"You have to give her (Daley) credit," admitted Coach Pellerin. "We had a runner at third base in every inning except the fourth and seventh, with some of our top batters at the plate. But she sucked it up against the tough hitters and got them out."

Daley was fresh off a strong one-hit shutout performance in a 13-0 rout of Dracut, and the Chelmsford ace emerged from this game with a route-going five-hitter, 10 strikeouts and only two walks.

The Lions improved to 7-2 overall with the victory.

Lindsey Sweeney was the hard-luck losing hurler, yielding just two hits while fanning five and walking four.

Chelmsford scored a pair of unearned runs in the top of the first, and made it 3-0 in the third on two walks and an RBI single by Tricia Metz.

Despite all its baserunners, Andover scored just once when Sharon Su singled, stole second and raced home on Lindsey Sweeney's RBI double to left field in the bottom of the third.

Mindy Fox reached on an error in the AHS seventh, but she also was left stranded.

Gina Paone went 2-for-2 for Andover, Lindsey Sweeney was 2-for-3 with a double, and Sharon Su had the fifth hit.

Defensively the entire team played well, led by junior first baseman Rachel Buonopane and senior Captain Amy Cassidy at shortstop.

Phillips Academy, 5-4 (scrimmage)

Although it was just a scrimmage game, Andover High produced one of its finest efforts ever against the undefeated (5-0-1) and traditionally-strong Big Blue.

Phillips put together a four-run second stanza, Andover countered with a four-run third, and PA pushed across the scrimmage-winner in the fifth.

Lindsey Sweeney smacked a two-run double in the AHS third, while Sharon Su also doubled, Eileen Sweeney singled, and runs were scored by Amy Cassidy (walk) and Jenna DeMarco (walk).

Defensive standouts were DeMarco at second base and Gina Paone in center field.

Boys volleyball team stretches win streak to seven games

By Rick Harrison

The Andover High boys volleyball team, which had built up momentum by winning four straight matches prior to spring vacation, needed a jump start upon its return to the net wars after almost two weeks of inactivity.

The schedule-maker was kind to Coach George Sullivan's crew, bringing them back against three teams with losing records. And the Warriors responded with victories over Algonquin Regional (2-0), Somerville (2-0) and Boston Latin Academy (2-1) whose combined won-lost ledger is an anemic 5-20.

The recent sweep stretched the AHS win streak through seven matches and boosted the locals' overall record to 7-2.

Andover, undefeated in North Alliance play (4-0), returned to the court yesterday and should have gotten a stiffer test against non-Alliance foe Newton South.

Tomorrow afternoon the locals travel to Boston to face J.D. O'Bryant (formerly Boston Tech), and Monday new team St. John's Prep of Danvers comes to Andover.

The second round of matches

against North Alliance opponents begins next Wednesday, May 12 versus Methuen, and the locals will chase the North title with subsequent battles at Lowell (May 14), Chelmsford home (May 17) and Billerica away (May 19).

Andover, 2-0

The Golden Warriors were understandably lethargic in their first match after the aforementioned 12-day spring vacation layoff, but they still managed to sweep non-league host Algonquin Regional in Northboro 15-10, 18-16.

"We'd been off for almost two weeks and it showed," confirmed Coach Sullivan. "Practice is not like match play, so it took awhile to get our timing and on-court communication skills back. Things weren't jelling."

Algonquin, with a 2-7 record after this loss, tried to throw the Andover players off even more with psychological warfare.

"They did some talking and it bothered a few of our kids," noted Coach Sullivan. "Our guys wanted to kill the ball and began over-hitting."

The first game was tied 6-6 before AHS jumped ahead and led the rest of the way.

In the second game, which extended to overtime, both teams scored points in bunches. Andover led 6-0 early, fell behind 9-6, moved ahead 12-9, dropped into a 13-13 tie, and rallied from a 14-15 deficit by scoring four of the final five points.

Senior Rhett Bachner had 20 good hits and 10 kills in the match, while Co-Capt. John Formichella contributed 21 hits and five kills.

Junior Glenn Wilson was a standout serving and hitting, going 8-for-9 from the service line and delivering seven kills. "He was banging the ball through with lightning quickness and velocity," said Coach Sullivan.

Co-Capt. Matt Reghitto was 11-for-12 serving and also played a strong defensive match.

"You could tell we were rusty because we had eight bad serves," said Coach Sullivan. "Prior to vacation we averaged only one or two (errors) per match."

Andover, 2-0

The Golden Warriors were back in a smoother groove against Somerville, blasting the struggling Hilltoppers (1-6 overall) by 15-4 and 15-5 scores at the

Dunn Gym.

"We still weren't super sharp," said Coach Sullivan. "Some of the kids had an extended case of the rusties, but Somerville is struggling this year so it was a relatively easy win."

"We started slowly. Our passing was good, but the sets were off the net and we didn't hit well."

John Formichella and Glenn Wilson sparked AHS to the victory, combining for 30 hits and 12 kills in the lopsided match.

"John really teed off in the first game with nine hits and seven kills," said Coach Sullivan. "He was pounding the ball."

Defensive standouts for Andover were Rhett Bachner and Matt Reghitto.

Wilson also produced seven service aces, sophomore Sean Croteau was the top setter, and AHS trimmed its service errors down to five for the match.

Andover, 2-1

The Golden Warriors could easily be accused of inconsistency in the Monday match against Boston Latin Academy, winning the first game, 15-1, losing the second, 10-15, and rolling 15-4 in the

(Continued on page 58)

PA TIDBITS

Baseball team improves to 5-2

The "Andover Connection" helped the Phillips Academy varsity baseball team improve to 5-2 on the season this past week, as the Big Blue routed visiting Wilbraham Monson 17-7 and split with archrival Phillips Exeter Academy, losing the opener 5-3 and winning the second game 2-1 in 10 innings.

In the triumph over Wilbraham center fielder Mike Sullivan, the leadoff batter, went 2-for-3 and scored two runs, sophomore shortstop Todd Harris was 2-for-4 and scored twice, first baseman Gus Quattlebaum went 2-for-2 at scored three runs, second baseman Brian Flanagan scored twice, and third baseman Mike Famiglietti had one hit, three RBI and scored once.

In PA's dramatic 2-1 triumph over Exeter, Quattlebaum outduelled post-graduate Matt Daniels on the mound.

Daniels, an Andover resident headed to Brown University next fall, was a catcher on Andover High's back-to-back State Division 1 championship baseball teams in 1991 and '92.

He never pitched while at AHS.

Quattlebaum, now 3-1 on the season, fired a complete-game five-hitter while Daniels also went the 10-inning route and yielded seven hits.

Todd Harris doubled and scored the winning run in the 10th inning of the marathon nightcap, while Quattlebaum scored the first PA run.

Quattlebaum was named PA's athlete of the week.

Girls lacrosse team remains unbeaten

The Phillips Academy girls' lacrosse team remains undefeated after a 10-9 win over Tabor Academy.

Phillips led 7-3 at the half. Tabor's offensive surge in the second evened the score at 9-9. With 17 seconds remaining, sophomore Ali Coughlin scored her third goal to put

Phillips ahead. However, Tabor won the draw, headed downhill and, with one second remaining, a Phillips' defender was called for an illegal check. Tabor's eight-meter penalty shot was deflected by senior goalie Andrea Paradis and Phillips recorded the win.

Andover natives make up a large portion of the team. Junior midfielder Honor McNaughton leads the team in ground balls with 25. Senior Morgan Pecelli is in her first year on varsity and, according to coach Kathy Henderson, is a quick attack player. Juniors Emily Kalkstein, Meggan Haarman and Heidi Cline are part of the defensive unit that has allowed only 29 goals in seven games. Haarman has three goals and two assists and Cline has scored seven goals.

PA hosts bike race

Phillips Academy will host its 12th annual New England high school cycling race Sunday, May 9. The Andover Board of Selectmen and police department have approved the closing of Old Campus Road, and School, Central and Phillips streets to parking and motor traffic.

Spectators are invited, but cars, pets and careless pedestrians are a hazard to cyclists.

Track team wins

The Phillips track team defeated Andover High School 77-68. The team was led by Ethan Philpott's victories in the shot put and discus. The senior from North Andover tossed the shot 58-4 1/2 and threw the discus 159-0. Andover native Jim Eckels won the pole vault in an area-best jump of 12-0. Senior Trevor Bayliss of Williamstown won the mile in 4:35 and the 800 in 2:06.6.

Three double event winners fueled the girls' 77-59 victory.

Sophomore Leslie Dise from North Andover jumped 32-11 1/4 to win the triple jump and 5-2 to win the high jump. Junior Cynthia Miller of North Reading won the 800 in 2:35 and the mile in 5:46.

Becky Dowling, a junior from Washington, won the shotput with a 29-4 3/4 toss and the discus with a 108-10 throw.

Boys volleyball team stretches win streak

(Continued from page 57)

deciding game.

"We annihilated them in the opening game. But then I made some lineup changes and we were out of sync in the second game," explained Coach Sullivan.

An interesting sidelight was the personal battle that developed between John Formichella and Latin Academy's formidable 6'6" freshman hitter.

"Their kid was strong as an ox," said Coach Sullivan. "He and John were teeing off with vicious hits at one another. It was like a slam-dunk contest in basketball, each one trying to come back harder at the other. It was fun to watch."

Formichella finished the three-game match with 18 hits, nine kills and six service aces.

Glenn Wilson contributed 14 hits, six kills and three aces, Rhett Bachner 10 hits and seven aces with his Japanese roundhouse

serves, and junior J.P. Guerard had five kills.

The well-balanced Golden Warriors made only four service errors and two serve-receive errors.

Andover JVs

The Golden Warriors' junior varsity (6-2 record) beat Algonquin Regional 2-0 as well, with the game scores of 15-10, 18-16 identical to the varsity.

Standouts were freshman Zach Smith (serving and passing), sophomore Greg Litchfield (passing), sophomore Andy Shen (spiking) and junior Jim Woodroffe (all-around).

The JVs also patterned a 2-1 triumph over Boston Latin Academy after the varsity win, capturing game one (15-3), losing game two (5-15) and winning game three (15-6).

Aaryn Schmuhl and Andy Shen played strong all-around matches, Zach Smith and Greg Litchfield were defensive standouts, and freshman Shaun Rodriguez displayed great hands with his setting ability.

St. Augustine School golf tourney set for June 7

The St. Augustine School third annual golf tournament will be held at the Andover Country Club Monday, June 7. Tee time for this scramble shotgun format is 7:30 a.m. A \$100 donation includes greens fees, cart breakfast, refreshments, buffet lunch, giveaways and prizes.

Thanks to Woodworth Motors of Andover, players

have a chance to win a free car for getting a hole in one. The player who comes closest to the pin on the designated hole will win a Lazy Boy recliner from Leone's Furniture of Lawrence.

Anyone who would like to play in the tournament should call Paul King, St. Augustine School development director, at 475-7189.

Chris Hall qualifies for championships

Chris Hall of Andover, a sophomore at Muhlenberg College in Allentown, Pa., is one of 13 members of the school's spring track team to qualify for the Middle Atlantic Conference Championships at Swarthmore.

Hall made the grade in four

events: the 100 meter dash, 200 meters, long jump and 4x400 relay.

During the regular season he was a member of the 4x400 team that set a Muhlenberg record of 3:26.56.

YOUTH SOCCER

Triton United 0 Andover Raiders 2

Zachary Traynor provided excellent goaltending for the Raiders. Brent Siniawski scored from midfield in the second half and Daniel Rabinovitz quickly put in another goal with an assist from Philip Diblasi.

Booster of the week: Brent Siniawski, Zachary Traynor and Daniel Rabinovitz.

Under 16 Division

Haverhill Stars 2

Andover Breakers 0

Andover put forth a great team effort against a stronger Haverhill team. Andover tried to tie the score even though short a player due to injury. Special credit goes to right forward Susanne Eymmer, fullbacks Erica Clausen, Gillian Corkery and Amy DiDomenico as well as goalie Elizabeth Lee.

Under 14 Division

Salem 4

Andover Junior Warriors 3

Andover took an early lead when Noelle Blank scored off a crossing pass from Courtney Barron. But Salem came back to take a 2-1 led. Just before half time, Bethany Caruso scored with a shot just inside the post off a pass from Charlotte Muller to Victoria Costello to Bethany. Jessie Smith tied the game off a pass from Sarah Muller who was controlling the centerfield from her half-back position. Salem scored with less than a half minute to play after a series of defensive lapses. Julie Litzenger and Megan Roth played solid defense.

BOW: Barb Contos and Brenna O'Connor.

Andover Junior Warriors 5 Lynnfield 0

Kaitlin Dargan was excellent in goal and Julie Litzenger, Viki Pierce, Brenna O'Connor, Megan Burke and especially Erin Baggeroer and Barb Contos played great defense. Goals were scored by Jessie Smith (two, one off an excellent pass by Kim McKew) and Courtney Barron (two, off a near-perfect pass from Jessie and another off a lead pass from Viki Pierce). Noelle Blank played an overall fine game and scored unassisted.

BOW: Megan Roth, Bethany Caruso and Victoria Costello.

Andover Lions 3

Ipswich Tigers 0

Keeper Matt Kavanaugh dominated the penalty box and earned the shutout. Matt Wessler hit the net at the 16-minute mark of the second half from passes by Rob Busby and Peter Ellis. Eight minutes later, Jed Wartman placed a direct kick on Matt Rogers' chest. Rogers dropped it to the ground and beat the keeper. Three minutes later, Wartman hit a wide-breaking Mark O'Sullivan who put a long shot just under the bar. Dan Kulp, David Sullivan and David Homes were strong in midfield.

BOW: Shaun Connors and Drew Maletz.

Under 12 Division

Andover 2 - Lynn 0

Andover scored early with a goal from Paul Bellaqua to Simon Thavaseelan. A few minutes later Paul passed to Benjamin Wessler who scored the second goal. Great goaltending by Casey Russo held Lynn score-

(Continued on page 62)

TOWNTALK

ROLAND KELTS, son of Larry and Kaori Kelts of 135 Abbot St., has won the eighth college fiction contest sponsored by *Playboy* magazine. *Equilibrium*, a contemporary story that explores the trappings of power, love and dependency, will appear in the October issue. Mr. Kelts is a second-year graduate student in the writing program at Columbia University in New York City. For his thesis he is writing an adventure novel and hopes to get it published.

"It is about guilt. A character commits a crime on the East Coast and goes west," he said.

In addition to winning \$3,000 for the *Playboy* contest, Mr. Kelts has earned a Jacob Javits scholarship for writing, a national award.

LT. MICHAEL BURKE, son of John and Anne Burke of Haverhill Street, is heading to Somalia in about two weeks, according to his wife, Lori Anne.

He will be in charge of the distribution of fuel and desalinated water for the port of Mogadishu in support of the United Nations operation "Restore Hope."

LT. BURKE is a 1981 graduate of Andover High School and a Distinguished Military Graduate from the ROTC program of the University of Lowell.

Lt. Burke has been placed on the Captains' Promotion List and will serve a four- to six-month tour of duty in Somalia, says Mrs. Burke. She is a 1983 graduate of Andover High School and is in town visiting her family, the DiLiegros.

"Andover Earth Day Committee is a real grassroots organization," said **PHYLLIS BEINART**, 130 Hidden Road, as she planted an Earth Day garden at the triangular intersection of Hidden Road and South Main Street.

"Anyone who wants to donate flowers can do so. Just dig them in," she said, as she planted a circle of lilies, which had decorated the bandstand at The Park for the Sunday celebration.

Her neighbor, **DICK LUX**, helped her dig up the heavy sod surrounding the remains of an ancient mountain range.

"There's lot that can be done if we have the right spirit," said Ms. Beinart.

She urges people all over town to plant similar areas "to build pride in our town." She suggests planting perennials when they are divided in the spring or fall.

iday flowers that will be discarded.

How do you get an Earth Day gar-



Photos by Matthew Sapienza

In the above photo, **GREG STEPHENS** and **KYLE MACKENZIE** high step their way in a mini walk for hunger, held last Sunday at West Parish Cemetery. In the photo at right, **LESLIE NICHOLS** and **RACHEL GREER** start out on their walk. It was the eighth such walk made by children of the parish, who collected pledges to help fight hunger in the country. Children ages 3 to 14 participated. Scores of Andover residents participated in the 20-mile walk for hunger the same day, in Boston.



den started in your neighborhood? Call **JAMES BAMFORD**, town forester, to let him know your plans so the flowers don't get mowed. A wide spot in the road or intersections are great.

He mentioned there is already an attractive planting at the intersection of Holt Road and Salem Street and a wildflower garden bordering Hussey's Pond.

YMCA offers fitness course for people with back problems

The Andover/North Andover YMCA will offer a special fitness course for people with low back problems. The Y's Way to a Healthy Back course begins Monday, May 10, and meets Mondays and Wednesdays from 6 to 10 p.m. Most back problems are due to a lack of exercise combined with stress. This national YMCA program is specially designed for those who suffer pain and discomfort in the lower back. The exercises are designed to help by strengthening the muscles that support the back and by improving flexibility. The course is medically approved and taught by certified trainer **BRIAN DORRINGTON**, YMCA physical director. Registration is being accepted at the Y at 165 Haverhill St., Andover. For further information, call Brian Dorrington at 685-3541.

Openings are still available in many of the Y's adult fitness courses. Y's Way to Physical Fitness meets Monday, Wednesday and Friday at 6:15 to 7:15 a.m. or 7:15 to 8:15 p.m. A Beginner Workout meets Tuesday and Thursday from 7 to 7:45 a.m. and Saturday from 7:30 to 8:15 a.m. Both programs as well as many other aerobic programs, aquacizes, STEP classes, body conditioning and strength training classes meet for 10 weeks. Classes began April 26, but new registrants are welcome at any time. Interested participants may attend one class at no charge.

The Youth Leaders Club will sponsor a car wash Saturday, May 8, from 10 a.m. to 3 p.m. in the Andover YMCA parking lot. Proceeds will help to pay for leadership training at the Northeast YMCA Leaders School in Pawling, N.Y., in August for many of the teenagers who work as volunteers at the Y.

For information about membership or any of the programs and services offered by the YMCA, call or visit the Andover/North Andover YMCA.

Volunteers needed to drive the blind

The Lowell Association for the Blind is looking for volunteers to drive blind and visually impaired people during the daytime.

The association receives numerous requests for transportation to doctors' offices, other professional appointments, meetings, luncheon events, and the University of Massachusetts-Lowell and Middlesex Community College.

Any person with a valid driver's license who can volunteer time between 8 a.m. and 5 p.m. should call the 454-5704 or write to the Lowell Association for the Blind, 174 Central St., Lowell, Mass. 01852.

Cancer Society seeks volunteers, too

The American Cancer Society is seeking volunteers for the Road to Recovery program. Volunteers will be trained to assist with transportation of patients to and from outpatient treatment appointments.

For more information, call the American Cancer Society at 851-4870 or 686-1010.

SENIOR CITIZENS

RSVP plans music fest to celebrate Elder Week

By Sharon L. Souza

The Retired Senior Volunteer Program is celebrating its 20th anniversary in conjunction with Elder Week. A music fest is scheduled on Essex Street (between Amesbury and Lawrence Streets) in Lawrence Friday, May 7, from 11 a.m. to 3 p.m. There will be entertainment and the community is invited to this free event.

Alzheimer's group

The Andover Chapter of the Alzheimer's Support Group will sponsor a lecture at the Andover Senior Center on Monday, May 10, at 7 p.m. which is open to the public. Alan Dick, R.N., manager of utilization management at Tufts Associates Health Plans, will speak on "Managed Care - Perspective for the '90s," and his wife, Sarasue Dick, R.N., discharge planner for Whittier Rehabilitation Hospital, will speak on "Post Hospital and Rehabilitation Options." This lecture is free and the community is invited.

Home security

"The Alarm Center, Inc." of Salem, N.H., will present a demonstration on home security on Monday, May 10, at 12:30 p.m. General information will be provided on how to protect your home and how to select a security system.

Rep. Gary Coon

Stop by the Senior Center to chat with Rep. Gary Coon on Tuesday, May 11, from 9 to 10 a.m.

Lawyer to speak on estate tax law

On Wednesday, May 12, at 12:30, attorney Debra Silberstein will present a lecture on "The Successful Management and Protection of Understanding your Options" and will briefly discuss recent developments in Massachusetts estate tax law. Ms. Silberstein will answer questions and provide materials.

Mall breakfast

An open invitation is extended to all Seniors to attend the "Kickoff" break-

fast at Rockingham Mall in Salem, N.H., on Wednesday, May 12, at 9 a.m., in the "Food Court," introducing the mall's newly developed "Sensational Seniors Club." The event is free. The club will offer discounts to mall stores, special events of senior interest and other benefits which will be announced that day.

Cocktail hour at nursing home

In honor of National Nursing Home Week, all seniors are invited to a cocktail hour at Sutton Hill Nursing & Retirement Center on Thursday, May 13, from 2 to 4 p.m. Entertainment will be provided by Stan Lucas and his one-man band. Join us at Sutton Hill. We'd love to see you there.

Needed: a photographer

We are looking for a senior volunteer to take photographs of seniors at our functions. The center will provide the camera, film and developing. We hope to print the photos in our newsletter, to frame and hang around the center and to begin a scrapbook collection.

What are your needs?

All seniors will receive a Council on Aging needs/assessment survey in the mail very shortly. The Council on Aging and staff at the Senior Center are eager to improve and build upon services and programs offered by the center. Kindly take a few minutes to fill the survey out and return it as soon as possible. To more effectively meet the needs and interests of the seniors in Andover we must understand what those needs and interests are. We would appreciate any additional comments and suggestions you might add.

Senior citizens in Andover can reach Sharon Souza, director of the Senior Center and of the Council on Aging, at 470-3830.

Life Long Learning plans a party

Area seniors are invited to celebrate Older Americans Month at a party at Christopher's Restaurant in Haverhill on Thursday, May 13, at 1 p.m. The party is sponsored by Northern Essex Community College's Life Long Learning Program.

Chandler Noyes will perform tunes from the 1940s and '50s and lunch will be served.

Tickets, including lunch and entertainment, are \$7. To make reservations, call the Life Long Learning Office at 374-3688. The deadline for reservations is May 7.

Newspaper writer to speak in area

Donald Murray, writer of the column "Over 60" in the *Boston Globe*, will speak in the Library Gallery at Northern Essex Community College's Haverhill campus on Thursday, May 6, at 2 p.m.

His talk will focus on how writing fiction and poetry can be therapeutic and enjoyable for seniors and he will refer to his own experiences.

The lecture is sponsored by the Life Long Learning Program at Northern Essex and is free and open to the public. For more information or a free calendar of Life Long Learning events, call 374-3688.

Senior meals: page 20

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NEWS CALENDAR

THURSDAY, MAY 6

Board of Appeals, 7 p.m., Memorial Hall Library.

NESWC, 1:30 p.m., Community Safety Building, Arlington.

FRIDAY, MAY 7

Board of Appeals, 9 a.m., activity room, Memorial Hall Library.

MONDAY, MAY 10

Board of Selectmen, 7:30 p.m., third floor, town offices.

Board of Health, 6 p.m., second floor, town offices.

TUESDAY, MAY 11

Planning Board, 7:30 p.m., third floor, town offices. The agenda includes three public hearings: Ashley Place, an 11-lot subdivision off Salem Street; a request for reduction in required parking spaces for

Brueggers Corp. for 10 Main St.; continuation of public hearing on reduction in required parking spaces because of change of use for Petro's Restaurant, 16 Post Office Ave.

Historical Commission, 7 p.m., second floor, Memorial Hall Library.

Rep. Gary M. Coon office hours, especially for senior citizens, 9-11 a.m., Senior Center, 722-2489.

WEDNESDAY, MAY 12

Cholesterol screening clinic, Andover residents only, 9 a.m.-noon; \$5; appointment necessary; call 470-3800, Ext. 255; sponsored by Andover Board of Health.

Getting into the calendars

The *Townsmen* publishes two calendars each week, the news calendar and the entertainment calendar. The deadline is Monday at 5 p.m. for items.

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YOUTH SOCCER

(Continued from page 58)

less. The entire team was good in defense, but especially Doug Hsu, Joshua Cotes and Nick Kline.

Chile 3 - Peru 0

Chile defeated Peru 3-0 on goals from Jeff Olender, Ryan Rucki and Ryan Slavin. Olender, Ryan Nelson and Brian Welch were credited with assists.

BOW: Nathan Vantzelfde, Michael Welch and Jordan Klein (Chili) and Stas Cannon and Rob Bolway (Peru)

Argentina 2 Brazil 0

Argentina shut out Brazil 2-0 on goals from Jeremy Spiegel and Craig Parker with assists from Spiegel and Adrian Purdy.

Evan Telios, Ryan Nugent and Cody Frost (Argentina) and Mike Wallace,

Leo DeMarco and Kevin Hess (Brazil). **Australia 2 - Italy 0**

Scoring for Australia was Dem Gonzales, unassisted, and Ted Deinnocentis, from Gonzales.

BOW: Brian Anderson, Mike Murphy and Mike Mallen (Australia) and Philip Delude, Eric Green and Will Carter (Italy).

Avias 0 - Nikes 0

In a strong defensive effort, the Avias tied the Nikes 0-0.

BOW: Caitlin Murry, Catherine Kannam and Kirsten Houghton (Avias) and Elizabeth Bigelow, Catherine Filbin and Emily Cullinan (Nikes).

Reeboks 3

Mitres 0

The Reeboks won the first game of the season 3-0. Goals were scored by Lea Spires (two, one unassisted and one with an assist from

Allison James) and Lindsey Pearson, from Stacy Luti.

BOW: Adrienne Clampa, Jessica Hyman and Kristen Hearlihy (Mitres) and Sarah Marden, Melissa Langlais and Nicole Menschel (Reeboks).

Sambas 1

LA Gears 1

Sambas' Lesley Ring opened the scoring in the first quarter with an assist by Laurie Willey. LA Gears answering goal came in the fourth quarter from Judy Huang, assisted by Jennifer Roberge.

BOW: Sarah Lochmann, Angeline Yang and Jennifer Roberge (LA Gears) and Elizabeth Demers, Jennifer Boyce and Katie Mckain (Sambas).

Under 10 Division

Bluejays 4

Wildcats 1

Bluejays' goals

were scored by Andrew Chairaluce, Oliver Gregory (assisted by Adam Lundquist), Evan Hatch and Luke Moskal (assisted by Andrew Salini). Eric Nothnagel scored the Wildcats' goal.

BOW: Jeffrey Gorrie, Kyle Houghton and Samuel Nigh (Bluejays).

Roadrunners 4

Turbos 2

Roadrunners' goals were scored by Jeffrey Rocca (three) and Henry Davidson. Matt Schiff scored both Turbos' goals, one on a breakaway and the other with an assist by Greg Stephens.

BOW: Marc Barnaby, Adam Gardner (Turbos) and Jeffrey Webber and Joseph Castonguay (Roadrunners).

Eagles 5 - Comets 0

Eagles' goals were

scored by Jonathan Swift (assisted by Brian Gorrie), Adam Vucerevich (two goals, assisted by Matt Leclerc and Derek Powers), Danny Mayer (assisted by Powers) and Danny Bellacqua.

BOW: James Ford, James Ayoub and David McGrath (Comets) and Brian Gorrie, Michael Anderson and Matt Monteiro (Eagles).

Hawks 7 - Huskies 2

Hawks' goals were scored by Evan Ozimek-Mayer, Greg Booth, Brian Broderick, Chris Brouillard and Joe Furey (two goals) and Mark Browne.

BOW: Mark Browne (Hawks).

Phantoms 6

Bolts 2

Phantoms' goals were scored by Chris Kish (assisted by Richard LaFranchi), Matthew Bengston

(three goals, one with an assist from Mark Bausemer), Jacob Iannazzi and Mark Bausemer (assisted by Bengston). Justin Leider was excellent in goal.

BOW: John Shannon-Wheeler, Brian Walker and Michael Cashman (Phan-

toms).

Lions 3 - Hornets 0
M. Morrissey scored two goals for the Lions and Brent Adriance one.

BOW: Matt Fournier, Jeff Sandman and Spenser Washburn (Hornets) and Nick Brown (Lions).

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Openings still available for basketball camp

There are still openings available for both the fourth annual Andover Boys Basketball School and second annual Andover Girls Basketball School, which have been scheduled for three outstanding weeks in July at the Andover High gym.

Both schools are under the direction of Andover High boys' varsity basketball coach Dave Fazio, the 1993 Merrimack Valley Conference Large School Division Coach-of-the-Year.

Program director for the girls school is Andover High girls' varsity basketball coach George Sullivan.

All prospective campers, both boys and girls, wishing further information should call Coach Fazio at (508) 683-1966.

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BUSINESS PROFILES



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Holland's Flower Shoppe is your Mother's Day flower headquarters. From beautiful cut-flower arrangements to hanging baskets of flowering plants, they can provide exactly the floral expression of love that suits you. Their selection of flowering plants is varied and includes azaleas, gladiolus, violets, hibiscus and mums and for outside display they have geraniums, impatiens and fuchsia. If your Mom is a gardener, Holland's has a variety of bedding plants available in flats. A selection of mylar Mother's Day balloons is also available to add a touch of whimsy to your gift.

Holland's Flower Shoppe can meet your other spring flower needs as well. Corsages and bouquets, from the simple to the elaborate, are available for prom-goers. Come in with your color scheme and let Holland's create the exact look that you want.

Recital and graduation bouquets are also available. Father's Day gift ideas from Holland's Flower Shoppe include green plants or bedding plants.

Mixed bouquet specials are always available at Holland's Flower Shoppe along with a wide variety of other cut flowers, so stop by for a day brighter for you or someone special. Holland's also has a wide variety of indoor plants, both flowering and non-flowering, to brighten your home. Holland's Flower Shoppe also carries a selection of dried flower wreaths and arrangements for your home as well as a selection of other gift ideas.

Mike and Kathy Holland, the owners of Holland's Flower Shoppe, have provided the highest quality fresh flowers to the Merrimack Valley community for over 10 years. The Hollands, residents of North Andover,

specialize in using Dutch flowers and Dutch garden designs. Both Mike and Kathy are always available for advice.

There is no charge for local delivery (North Andover, Andover, Methuen, Lawrence, Salem and Haverhill) for purchases over \$40 and a minimal charge beyond the local area. Major credit cards are honored and Holland's is an FTD member, which allows them to ship throughout the country.

To accommodate Mother's Day orders, Holland's Flower Shoppe will have special hours the week of May 3. M-Th. 8-6, Fri. 8-7, Sat. 8-6 and Sunday morning, Mother's Day, 9-1. Regular hours are M-F 8-6, Sat. 8-5. Holland's Flower Shoppe is located at 139 Main St., North Andover. Telephone: (508) 685-3212.

Susan Pokress



Teppanyaki chef Huh Song Hak, nicknamed "Samurai"

Yokohama Japanese Steak House

For a unique dining experience, try Yokohama Japanese Steak House, just across the border in Lawrence. This fine restaurant offers authentic Korean and Japanese cuisine in a lively and fun atmosphere.

The diners enjoy the drama of the chef's presentation of a meal prepared at your Teppanyaki table in the finest Japanese tradition. The expertise at food preparation displayed with "faster than the eye" slicing of the meat and the humor of the chef as he pops a shrimp into his shirt pocket (and sometimes the customer's pocket) makes for humorous and entertaining dining. The diners are treated to the theatrics of flames igniting as the food is prepared. Teppanyaki is

served at both dinner and a lunch-time special.

At the Yokohama Steak House the customer may choose from two types of seating arrangements, the Teppanyaki tables or the usual tables in the main dining room. Special moderately priced luncheon and children's menus are available. Domestic, Japanese and other imported wines and beer are served.

The menu boasts an extensive variety of Oriental dishes. Appetizers include sushi and sashimi. The California Roll, consisting of crab meat and avocado rolled with seaweed, is a delight to the eye as well as the palate. The Beef Soup à la Yokohama takes 18 hours to prepare. Beef, poultry and

seafood entrees may be ordered or different combinations of the three. The food is artistically presented.

Manager Jun Jin Won is dedicated to bringing customers the finest Japanese and Korean foods available. The entire menu is available for takeout. Reservations are recommended for the Teppanyaki Room.

Yokohama Japanese Steak House is located at 311-313 South Broadway (Route 28), Lawrence. Hours are Monday 5 to 10; Tuesday-Thursday 11:30 to 3 and 5 to 10; Friday and Saturday 11:30 to 3 and 5 to 11; and Sunday 1 to 9. Telephone: (508) 689-4047.

Rosemary C. Bernal

NEWS DEADLINE at the Andover Townsman is Monday at 5 p.m., except for school news, which is due Friday at 5 p.m. for the next paper.

BUSINESS PROFILES

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BUSINESS PROFILES



Owner John Clifford
Clifford Jewelers

When you enter Clifford Jewelers to be greeted by the soft strains of Rossini or Mozart, you know that this is not your average jewelry store. The emphasis at both locations is on personal service and the friendly and creative atmosphere inspires your confidence. The staff at Clifford Jewelers gets to know their customers well and can provide them with the best service possible.

When you stop at the Salem shop, you can see jewelry in the making. Customers are fascinated on their first visit there to be able to observe John Clifford at work. John will work from your design or he will help you create a design that reflects your style and personality. Also available to choose from are 700 wax molds of ring designs and close to 500 molds for

charms, many of which are John Clifford's own designs and are unique to Clifford Jewelers.

The North Andover shop features several lines of fine watches. Especially popular is the new line of Swiss Army watches. Clifford Jewelers also carries Swiss Army knives. Manager Jean Foley is very knowledgeable in the jewelry field and is available to assist you in the selection of personal items and gifts.

Clifford Jewelers carries gold jewelry, precious gems, pearls, sterling silver and a full line of children's jewelry. They specialize in appraisals, which are done while you wait, which means that items do not have to be left at the shop. Jewelry repairs are another specialty, most done, again, while you wait, but all done on

premises.

Spring is the season of special celebrations and Clifford Jewelers is the one place to buy unique and long-lasting remembrances for Mother's Day, Father's Day, graduations or weddings.

Clifford Jewelers' North Andover store is located at Messina's Plaza, 109 Main St. They are open Tuesday-Friday 10-6 and Saturday 10-5. Telephone: (508) 682-4653. The Salem, N.H. location is 450 South Broadway (Rte. 28) at Newman's Plaza, across from Salem Tri-Cinema. Hours are Monday 12-5, Tuesday-Saturday 9-5. Telephone: (603) 894-5755. John Clifford is at the North Andover store on Friday and Saturday afternoons and in Salem all other times.

Susan Pokress

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Sunshine in Shawsheen's early childhood class

By Alix Driscoll

One youngster sits crosslegged on the rug and chats with a grownup. He illustrates his tale with descriptive fingers. Another munches a popsicle. An adult helps him hold it.

Nearby poster paint drawings ooze fresh purple paint. A student's mother helps the children clean up at the work table. Two girls noisily improvise a puppet show with furry animals. A dark-haired lad watches them intently. One youngster proudly shows off his Clifford dog. The class has just finished the book. They gather in a circle singing "If You're Happy and You Know It" with teacher Patty Campbell. They share animated glances. They enjoy each other's company.

Welcome to the morning session of the early childhood class at Shawsheen School. Each class of 15 pre-schoolers includes a balance of "special needs" and "typical" children, but a visitor is hard pressed to figure out which label belongs to which child.

"Inclusive schools means that everyone belongs. There's lots of respect and building upon the strengths which everyone has. We focus hard on abilities," said Mary French, Pupil Personnel coordinator, the person responsible for this program.

What do the parents say

"It is possible for Eric to get lots of individual attention," said his mother, Sharon Mason. "The kids are really happy. That means more to me than I can really tell you."

Cheryl Hill has sent two children to the early childhood classes. "The teachers suit the program to each individual child. Each child is different. Each child is entitled to his moment of the day," she said.

Her daughter, Christine, "loves it. The program instills values and manners," said Mrs. Hill.

"I love the program. I promote it. It's a win-win situation. Kids take handicapped children in stride and treat them as any other children. There is no difference in their minds," said Marlene Couture, who has sent three children.

One mother spoke of a situation where children had a disagreement in class. Rather than calling attention to the negative behavior, the adults set up situations where the two youngsters had to learn to cooperate.

"It is Andover's best-kept secret," said Amy Brady, Tamar's mom. "It's given her independence and lots of interpersonal skills. The teacher creates a warm and loving environment. It's been a very positive year."

History of the program

By the time the special needs children are 3 years old, Massachusetts laws offer and require assistance. The state mandate providing for special needs children was established in 1974 and bolstered by federal requirements.

"Andover had the foresight to establish classes in the system rather than having no alternative than to send chil-



Photos by Matthew Sapientza

Alexander Ortstein, Santiago Costello and Joey Cartolano share a box of building blocks.

dren out," said Ms. French.

Funding the program

"The special needs costs in Andover are modest in comparison to other towns. We work hard to do the most in a cost-efficient way. We have to reshuffle individuals and classes," said Ms. French.

"Andover gets state funding and some federal funding. The cost of running the classes is \$96,000. There is \$6,600 reimbursement from federal government; \$1,800,000 comes from the state. This is unearmarked money, which goes to many programs. Some goes to the early childhood classes," she said.

Referrals to the program

Referrals come from many sources. Parents, nursery school teachers, public school screening professionals and doctors refer children for monthly evaluation. Referrals also come from the early intervention program at the Professional Center for Handicapped Children on Osgood Street. A public school team visits children in nursery classes and at home. Preschool Liaison Betsy Jankauskas is generally the first person who the parents of these youngsters meet.

"Typical children" come to the program mainly through word of mouth. Andover established the integrated class of both special needs and typical children eight years ago.

The program

Because of the low ratio of children to adults, emphasis is strong on language development, storytelling and fine motor development. There's lots of copying of positive behavior. One youngster who did not walk when he entered the class, watched his classmates and gradually began to walk. An only child is learning socialization skills.

Patty Campbell and assistants



Emily Cogliano is pleased with the results of her painting.

Martha Bancroft and Rosalie Konjoian teach the two classes. "We challenge all the developmental levels of children. We use open-ended materials," said Ms. Campbell. For example, when stringing beads, which trains fine motor skills, some children can work with shoelaces and small wooden beads, while others use pipe cleaners and large beads.

Communication

Children attend class four half-days a week. On Fridays, Ms. Campbell and her team plan and meet with parents. There is lots of communication between families and the faculty, including monthly support meetings. Some youngsters carry a notebook back and forth on a daily basis for parent and teacher comments.

On the day a guest visited, a speech therapist was sitting on the rug quietly

chatting with a youngster. The children are used to the idea that specialists are a regular part of this class. And parents, too. Sharon Mason, Eric's mother, said when she visits to help she is very much a part of the class. "They are very open to my being there," she said.

Other special needs preschoolers

Not all special needs preschoolers are in the early childhood classes. Some parents prefer to work with their children at home. Consulting Resource Teacher Alice Flynn brings "activity cards" when she visits parents. She helps them take advantage of many opportunities during the day to strengthen the skills of their children. She suggests small motor and language activities, and lends toys.

"Parents see how they can enrich children's development in all areas of life," said Ms. Flynn.

Others remain in a nursery school setting but visit Shawsheen School to work with physical therapists, speech and language therapists and the special needs teachers.

After early childhood classes

After completing the early childhood classes, some of the children go off to a regular kindergarten. Some attend a private kindergarten. Others enter a small public school class with lots of mainstreaming to a kindergarten or first grade.

"Mainstreaming for these children means going to a regular class for whatever part of the day is useful for them. They might go with an assistant or teacher. The criteria is what does it take for them to be in a regular class," said Ms. French.

Part of Shawsheen community

The early childhood children are members of a school community. Although the children are pre-kindergarten, they participate in the music and cultural enrichment activities of Shawsheen School.

Recently, they met the Bay Colony Educators and they were "saxophones" in the "Finally an Orchestra" presentation at the Fine Arts Festival at the Collins Center with other students from Shawsheen School. Amy Brady, Tamar's mother, spoke of "perks including sign language, adaptive physical education and Regina Stein's music class."

"The older children at the Shawsheen School are very welcoming. From time to time the first- and second-graders come in to read," said Cheryl Hill. She spoke enthusiastically of the children's participation in the Thanksgiving Feast. They joined the Celebration of Lights in December.

The morning class has 3 and young 4-year-olds; older 4-year-olds and 5-year-olds attend the afternoon class. Ms. French suggests interested parents should call right away. There's an orientation session. For next year's class there's lot of interest and a lottery.

IN THE SERVICES



Pvt. Scott Miner

Pvt. Scott W. Miner

Pvt. Scott W. Miner recently completed basic training at Fort Jackson in Columbia, S. C. He spent eight weeks training as a specialist in heavy construction equipment at Fort Leonard Wood in Missouri and is now stationed at Fort Campbell in

Kentucky.

Pvt. Miner is the son of William and Barbara Miner of 211 Salem St.

Airman William R. Stones

Airman William R. Stones recently graduated from Air Force basic training at Lackland Air Force Base in San Antonio, Texas.

During the six weeks of training, the airman studied the Air Force mission, organization and customs and received special training in human relations.

Airmen who complete basic training earn credits toward an associate degree through the Commu-



Airman William R. Stones

nity College of the Air Force.

The airman is the son of Martin R. Stones of 8 Wescott Road and Valerie J. Stones of Murrsville, Pa.

COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT THE PROBATE AND FAMILY COURT Essex Division

Docket No. 93P 0625-EI
Estate of ALBERT A. ANDREW late of Andover in the County of Essex.

NOTICE

A petition has been presented in the above-captioned matter praying that a certain instrument be probated purporting to be the last will and codicil of said deceased by ROBERT A. CURLEY of Centerville in the County of Barnstable, praying that he be appointed executor thereof, without giving a surety on his bond, and to the ATTORNEY GENERAL of said COMMONWEALTH.

If you desire to object to the allowance of said petition, you or your attorney should file a written appearance in said Court at Salem on or before 10:00 in the forenoon on July 6, 1993.

In addition you should file a written statement of objections to the petition, giving specific grounds therefore, within thirty (30) days after the return day (or such other time as the Court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

Witness, Thaddeus Buczek, Esquire, First Justice of said Court at Salem, the twenty-first day of April in the year of our Lord one thousand nine hundred and ninety-three.

Everett C. Hudson

Register of Probate

May 6, 1993

COMMONWEALTH OF MASSACHUSETTS LAND COURT DEPARTMENT OF THE TRIAL COURT (SEAL)

Case No. 192275

To Sylvia K. Goldman and to all persons entitled to the benefit of the Soldiers' and Sailors' Civil Relief Act of 1940 as amended: Massachusetts Business Development Corporation claiming to be the holder of a mortgage covering real property in Andover, Massachusetts at number 8 Joyce Terrace given by Sylvia K. Goldman to Plaintiff, dated as of July 1, 1987, recorded with Essex County (Northern Dis-

trict) Registry of Deeds, Book 2565, Page 271 and amended by Amendment dated June 30, 1988 and recorded at said Registry in Book 2767, Page 218 has filed with said court a complaint for authority to foreclose said mortgage in the manner following: by entry and possession and exercise of power of sale.

If you are entitled to the benefits of the Soldiers' and Sailors' Civil Relief Act of 1940 as amended and you object to such foreclosure you or your attorney should file a written appearance and answer in said court at Boston on or before the 31st day of May 1993, or you may be forever barred from claiming that such foreclosure is invalid under said act.

Witness, ROBERT V. CAUCHON, Chief Justice of said Court this 15th day of April 1993.

Charles W. Trombly, Jr.

Recorder

May 6, 1993

COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT THE PROBATE AND FAMILY COURT Essex Division

Docket No. 93P 0905-EI
Estate of HELEN DALEY late of Andover in the County of Essex.

NOTICE

A petition has been presented in the above-captioned matter praying that a certain instrument be probated purporting to be the last will of said deceased by BARBARA C. SHEFFER of Weston and LEO H. DALEY of Winchester both in the County of Middlesex, praying that they be appointed executors thereof, without giving a surety on their bond, and to the ATTORNEY GENERAL of said COMMONWEALTH.

If you desire to object to the allowance of said petition, you or your attorney should file a written appearance in said Court at Salem on or before 10:00 in the forenoon on May 24, 1993.

In addition you should file a written statement of objections to the petition, giving specific grounds therefore, within thirty (30) days after the return day (or such other time as the Court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

Witness, Thaddeus Buczek, Esquire, First Justice of said Court at Salem, the twentieth day of April in the year of our Lord one thousand nine hundred and ninety-three.

Everett C. Hudson

Register of Probate

May 6, 1993

COMMONWEALTH OF MASSACHUSETTS LAND COURT DEPARTMENT OF THE TRIAL COURT 4298 Reg.

To the Town of Andover, a municipal corporation, located in the County of Essex, and certain Commonwealth; Alfred Tallini, Lucille Tallini, Laura J. Ahern, David H. Gould, Robert D. Demers, Anthony Mottolo and Mabel Mottolo, both trustees of Mabel Mottolo Realty Trust and The Trustees of

MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

PREMISES:

7 Ayer Street
Andover, MA 01810

By virtue and in execution of the POWER OF SALE contained in a certain MORTGAGE given by Pablo Navarro and Nelly Robles to Commonwealth Mortgage Company, Inc. dated August 9, 1989 and recorded with the Essex County (Northern District) Registry of Deeds in Book 2979 Page 86 of which the undersigned Federal National Mortgage Association is the present holder, for breach of the conditions of said mortgage and for the purpose of foreclosing the same will be SOLD AT PUBLIC AUCTION at 10:00 am, on June 9, 1993 upon the mortgaged premises:

7 Ayer Street
Andover, MA 01810

as described below, all and singular the premises described in said mortgage.

Phillips Academy, all of said Andover, Andover Bank, a duly existing corporation, having an usual place of business in said Andover, and to all whom it may concern:

Whereas, a petition has been presented to said Court by James L. Sheldon and Shirley A. Veenema, both of said Andover, to register and confirm their title in the following described land:

A certain parcel of land with the buildings thereon, situate in said Andover, bounded and described as follows:

Westerly by Center Street, 79.00 feet;

Northerly by land now or formerly of Alfred Tallini and Lucille Tallini, 131.93 feet;

Easterly by Marland Street, 71.02 feet;

and

Southerly by land now or formerly of John D. Townsend, Jr. and Nancy K. Townsend, 131.98 feet.

The plaintiffs claim as appurtenant to the above-described land rights or easements as follows: With the benefit of an easement dated May 27, 1987 and recorded Middlesex North Registry of Deeds on June 1, 1987 as Instrument No. 17065.

Petitioners deny rights of all others in and over that portion of locus shown as Howe Street, a so-called paper street delineated by dotted lines and seek to have same eliminated.

The above described land is shown as Lot B on a plan hereinafter mentioned.

The above described land is shown on a plan filed with said petition and all boundary lines are claimed to be located on the ground as shown on said plan.

If you desire to make any objection or defense to said petition you or your attorney must file a written appearance and an answer under oath, setting forth clearly and specifically your objections or defense to each part of said petition, in the office of the Recorder of said Court in Boston (at the Court House), or in the office of the Assistant Recorder of said Court at the Registry of Deeds at Lawrence in the County of Essex where a copy of the plan filed with said petition is deposited, on or before the thirty-first day of May next.

Unless an appearance is so filed by or for you, your default will be recorded, the said petition will be taken as confessed and you will be forever barred from contesting said petition or any decree entered thereon.

Witness, ROBERT V. CAUCHON, Chief Justice of said Court, this twenty-second day of April in the year nineteen hundred and ninety-three.

Attest with Seal of said Court.

(Seal)

A TRUE COPY ATTEST:

CHARLES W. TROMBLY, JR.,

Recorder

Frederick B. Hayes III, Esq.,
Hayes, Clark, Hunt & Embry,
43 Thordike St.,
Cambridge, MA 02141

April 29,

May 6 & 13, 1993

TO WIT: The land at 7 Ayer Street, Andover, Essex County, Massachusetts, being shown on a Plan entitled "Plan D Showing Property Owned by Textile Realty Co., Located in Shawheen Village, Andover, Mass.", dated June, 1932, John Franklin, C.E., recorded with Essex North District Deeds as Plan No. 879, bounded and described as follows:

Commencing at the southwestern corner of Lot numbered thirty two (32), as shown on said plan, the line runs westerly by the northerly line of Ayer Street, one hundred feet to an iron pipe at land retained by the grantor corporation;

Thence the line makes an interior angle of 95 degrees 26' and runs northerly somewhat westerly of the westerly line of Lot "A" as shown on said plan, for a distance of one hundred twenty three and 18/100 feet to an iron pipe; Thence the line turns at an interior angle of 98 degrees 58' and runs easterly ninety one foot to another iron pipe; Thence the line turns and runs still easterly but slightly more southerly nineteen and 30/100 feet to an iron pipe at the northerly corner of said Lot numbered thirty two (32); Thence the line turns and runs southerly by said Lot numbered thirty two (32) one hundred forty feet to the point of beginning.

SAID PREMISES ARE SUBJECT TO THE FOLLOWING ENCUMBRANCES:

1. Restriction set forth in a deed from Andover Shawheen Realty Company, dated October 26, 1949, recorded with said Deeds, Book 728, Page 594.

TERMS OF SALE: Said premises will be sold and conveyed subject to any and all outstanding municipal or other public taxes, tax titles, assessments, liens or claims in the nature of liens, rights of tenants and parties in possession, and existing encumbrances of record, if any, which take precedence over the said mortgage above described and also to all laws and ordinances including but not limited to, all building and zoning ordinances.

The highest bidder shall be required to deposit the amount of \$10,000.00 by cash, certified check, bank treasurer's check or bank cashier's check at the time and place of sale. The balance of the purchase price shall be paid in or within 60 days thereafter at the Law Offices of Elliott S. Hopkins, 255 Bear Hill Road, Waltham, MA 02154. Other terms to be announced at the sale.

LAND COURT CASE NUMBER: 187579

PRESENT HOLDER OF SAID MORTGAGE:

Federal National Mortgage Association

3900 Wisconsin Avenue N.W.

Washington, DC 20016

AUCTIONEER: Hatfield Associates (AB)

May 6, 13 & 20, 1993

MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by JEFFREY A. LOCKE and BARBARA M. LOCKE to Northmark Bank and assigned to QUINCY SAVINGS BANK d/b/a Adams Bank Services, a duly existing corporation having a usual place of business in said Quincy, Massachusetts, dated September 18, 1990, recorded with Essex North District Registry of Deeds in Book 3165, Page 84, of which mortgage the undersigned is the present holder by assignment for breach of the conditions of said mortgage and for the purpose of foreclosing the same will be sold at Public Auction at 1:00 in the afternoon on Friday, May 21, 1993, said sale to take place on the premises hereinafter described situated in Andover, Essex County, all and singular the premises described in said mortgage as follows:

A certain parcel of land situated on the northerly side of Heather Drive, a non-dedicated public way in the Town of Andover, Massachusetts, County of Essex, designated Parcel B on a plan entitled "Plan of Land (A division of land plan)" in Andover, Mass., dated March 1979, prepared by John Callahan Associates, engineers, surveyors, land planners, of Andover, Massachusetts, said parcel being more particularly described as follows:

Beginning at the southwest corner of said parcel at an iron pipe set in the northerly right of way of Heather Drive, a non-dedicated public way, said point being the southeasterly more corner of Parcel A as delineated on said plan. Thence N 16°00'00" E by line of the grantor designated Parcel A on said plan a distance of 77.50 feet to a point; thence S 73°28'22" E by line of Alden and Maude Coggins a distance of 168.10 feet to a drill hole set in a stone wall at land of Peter Dugan; thence S 23°56'04" E along said stone wall, by land of said Dugan, a distance of 98.12 feet to the northerly right of way of said Heather Drive; thence N 74°00'00" W along said northerly right of way of Heather Drive a distance of 226.72 feet to the point of beginning. Said Parcel B contains 14,940 square feet and is conveyed subject to the perpetual use of ingress and egress for purposes of Heather Drive, a 40 foot non-dedicated public way, and subject to restrictions of record. AND ALSO, the land in Andover shown as Lot No. 2 on a plan, recorded with Essex North District Registry of Deeds as Plan No. 11250, drawn for Jeffrey and Barbara Locke, on 189 Highland Road, Andover, Mass., by Merrimack Engineering Services, 66 Park St., Andover, Mass 01810 dated September 1988. Said land is bounded and described as follows: Beginning at a point at the Northeastly boundary of Lot No. 1 as shown on said plan, thence running South 54°12'28" East as shown on said plan, 109 feet by land now or formerly of Myatt; thence turning and running South 2°57'00" East as shown on said plan by land now or formerly of Lundgren, 128.66 feet; thence turning and running North 54°22'27" West as shown on said plan by Parcel B and land now or formerly of Goblick, 189.23 feet; thence turning and running North 35°37'33" East as shown on said plan by Lot No. 1, 100.90 feet to the point of beginning. For title see Deed recorded in Book 2608, Page 207 & Book 2813, Page 131.

Said premises will be sold subject to any and all tax titles, unpaid taxes, municipal liens and assessments, if any there be.

Terms of Sale: Fifteen Thousand (\$15,000.00) Dollars to be paid in cash or certified or cashier's check by the purchaser at the time and place of sale. The balance to be paid in cash or by certified or bank cashier's check at the offices of Sarafini, Purdy, DiNardo & Wells, 1200 Hancock Street, Quincy, MA 02169 within twenty-five (25) days from the date of sale. Other terms to be announced at the sale.

Signed

QUINCY SAVINGS BANK

d/b/a Adams Bank Services

By: Peter Mulise, Treasurer

Present holder of said mortgage

Lawrence A. DiNardo, Esquire

Sarafini, Purdy, DiNardo & Wells

1200 Hancock Street

Quincy, MA 02169

April 29, May 6 & 13, 1993

Casey Services seeks foster homes

Casey Family Services of 1 Corporate Drive, a private, non-profit agency, seeks foster homes for school-age children.

Foster homes are especially needed for children over the age of 10 and bilingual homes are needed for Hispanic children.

On-going support and financial reimbursement is provided foster families. For information and

directions, call 687-2414.

COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT THE PROBATE AND FAMILY COURT Essex Division

Docket No. 93P 0929-EI
Estate of LILLIAN BEIZER, otherwise known as LILLIAN B. BEIZER late of Andover in the County of Essex.

NOTICE

A petition has been presented in the above-captioned matter praying that a certain instrument be probated purporting to be the last will of said deceased by RUTH B. ROSEN of Beverly and DOROTHY ECKMAN of Andover, both in the County of Essex, praying that they be appointed executrices thereof, without giving a surety on their bond.

If you desire to object to the allowance of said petition, you or your attorney should file a written appearance in said Court at Salem on or before 10:00 in the forenoon on June 1, 1993.

In addition you should file a written statement of objections to the petition, giving specific grounds therefore, within thirty (30) days after the return day (or such other time as the Court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

Witness, Thaddeus Buczek, Esquire, First Justice of said Court at Salem, the twenty-sixth day of April in the year of our Lord one thousand nine hundred and ninety-three.

Everett C. Hudson

Register of Probate

May 6, 1993

Call the information line at 374-2437.

Haverhill offers AIDS support

Bill Comeau, HIV/AIDS coordinator at the Haverhill Health Department and chairman of the Consortium for Better Living with HIV, has announced that support groups for people impacted by HIV disease will soon be offered in the Haverhill area.

LEGAL NOTICES

COMMONWEALTH OF MASSACHUSETTS
LAND COURT
DEPARTMENT OF THE TRIAL COURT

(SEAL) Case No. 192258

To Frans R.D. Teding van Berkhout, Trustee of F & M Trust; and to all persons entitled to the benefit of the Soldiers' and Sailors' Civil Relief Act of 1940 as amended: Federal Deposit Insurance Corporation, liquidating agent for Boston Trade Bank claiming to be the holder of a mortgage covering real property in Andover numbered 18-26 Elm Street given by Frans R.D. Teding van Berkhout, Trustee of F & M Trust to Boston Trade Bank dated April 27, 1990 and recorded with Essex County (Northern District) Registry of Deeds in Book 3104, Page 36 has filed with said court a complaint for authority to foreclose said mortgage in the manner following: by entry and possession and exercise of power of sale.

If you are entitled to the benefits of the Soldiers' and Sailors' Civil Relief Act of 1940 as amended and you object to such foreclosure you or your attorney should file a written appearance and answer in said court at Boston on or before the 31st day of May 1993, or you may be forever barred from claiming that such foreclosure is invalid under said act.

Witness, ROBERT V. CAUCHON, Chief Justice of said Court this 15th day of April 1993.

Charles W. Trombly, Jr.
Recorder
May 6, 1993

COMMONWEALTH OF MASSACHUSETTS
LAND COURT
DEPARTMENT OF THE TRIAL COURT

(SEAL) Case No. 191527

To Suzanne D. Burgess, Trustee of the LBJ Realty Trust and to all persons entitled to the benefit of the Soldiers' and Sailors' Civil Relief Act of 1940 as amended: GE Capital Mortgage Services, Inc. formerly known as Travelers Mortgage Services, Inc. claiming to be the holder of a mortgage covering real property in Andover, Essex County, Massachusetts known as 5 Peppercom Lane given by Jordan J. Burgess and Suzanne D. Burgess to Travelers Mortgage Services, Inc. now known as GE Capital Mortgage Services, Inc. dated August 13, 1987 recorded with Essex North Registry District of the Land Court as document number 43765 and as noted on certificate of Title number 11175, and now held by the plaintiff by assignment has filed with said court a complaint for authority to foreclose said mortgage in the manner following: by entry and possession and exercise of power of sale.

If you are entitled to the benefits of the Soldiers' and Sailors' Civil Relief Act of 1940 as amended and you object to such foreclosure you or your attorney should file a written appearance and answer in said court at Boston on or before the 31st day of May 1993, or you may be forever barred from claiming that such foreclosure is invalid under said act.

Witness, ROBERT V. CAUCHON, Chief Justice of said Court this 16th day of May 1993.

Charles W. Trombly, Jr.
Recorder
May 6, 1993

COMMONWEALTH OF MASSACHUSETTS
THE TRIAL COURT
THE PROBATE AND FAMILY COURT

Essex Division

Docket No. 93P 0809-EI

Estate of JEREMIAH F. O'BRIEN otherwise known as

JEREMIAH FRANCIS O'BRIEN late of Andover in the

County of Essex.

NOTICE

A petition has been presented

in the above-captioned matter

praying that a certain instrument

be the last will of said deceased

by THOMAS M. O'BRIEN of Andover in the

County of Essex, praying that he

be appointed executor thereof,

without giving a surety on his bond.

If you desire to object to the

allowance of said petition, you

or your attorney should file a

written appearance in said court

at Salem on or before

10:00 in the forenoon on June 1, 1993.

In addition you should file a

written statement of objections

to the petition, giving specific

grounds therefor, within thirty

(30) days after the return day

(or such other time as the

court, on motion with notice to

the petitioner, may allow) in accordance

with Probate Rule 16.

Witness, Thaddeus Buczek,

Esquire, First Justice of said

Court at Salem, the twenty-ninth

day of April in the year of our

Lord one thousand nine hundred

and ninety-three.

Everett C. Hudson

Register of Probate

May 6, 1993

May 6, 1993

May 6, 1993

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lines are claimed to be located on the ground as shown on said plan.

If you desire to make any objection or defense to said petition you or your attorney must file a written appearance and an answer under oath, setting forth clearly and specifically your objections or defense to each part of said petition, in the office of the Recorder of said Court in Boston (at the Court House), or in the office of the Assistant Recorder of said Court at the Registry of Deeds at Lawrence in the County of Essex where a copy of the plan filed with said petition is deposited, on or before the twenty-fourth day of May next.

Unless an appearance is so filed by or for you, your default will be recorded, the said petition will be taken as confessed and you will be forever barred from contesting said petition or any decree entered thereon.

Witness, ROBERT V. CAUCHON, Chief Justice of said Court, this fifteenth day of April in the year nineteen hundred and ninety-three.

Attest with Seal of said Court.
(Seal)

A TRUE COPY ATTEST:
CHARLES W. TROMBLY, JR.,
Recorder

Frederick B. Hayes III, Esq.,
Hayes, Clark, Hunt & Embury,
43 Thordike St.,
Cambridge, MA 02141

April 22 & 29
May 6, 1993

Recycle

DO YOU HAVE an item or items that you no longer need, but that would be useful to someone else, something you'd be willing to give away if someone would come get it? For instance: boxes, storm windows, a child's bicycle, cardboard boxes, an old set of dishes. You can list your recyclable items in the Townsman's newest classified section: "RECYCLE". (FREE of charge!) It's a way to clean up your place while acknowledging the world is running out of landfill space. Simply write us listing your recyclables and we'll print them in the paper. No phone calls please.

Special Notices

ADVERTISE...IT WORKS! Your service listed here puts you in touch with thousands of interested readers. Call our Classified Department at 475-1943. Deadline for placing ads is Tuesday at noon. Any cancellations must be made by Monday at 5pm.

Entertainment

CHILDREN'S FAVORITE SONGS! Accompanied by guitar. I sing and sing-alongs, action songs, song games. Face painting too. Nancy-Lynn 794-0885.

FORMER BOSTON PIANIST- Available for background dinner music for private parties, weddings and functions. Sophisticated repertoire. Attractive rates. Call 475-8474.

Alterations

ANDOVER TAILORING. Quality alterations. Men's, Women's and Children's. Call 475-1447. Tuesday-Friday, 8-5; Sat. 8-3.

Health & Beauty

PERSONALIZED HAIRDRESSER - will come to your home to do your hair. Perms, colors, cuts, etc. For more information call 794-3342.

Antiques & Collectibles

ANTIQUE ITEMS AND old or used oriental rugs bought. Single items or whole estates. We pay the most. Rose 475-4676.

Lost & Found

LOST: Gray female tiger cat. Declawed, had all shots including rabies. Please call 475-8684.

Novenas

ST. JUDE'S NOVENA. May the Sacred Heart of Jesus be praised, worshipped, glorified and preserved throughout the world, now and forever. Pray for us St. Jude, worker of miracles, pray for us. Say this prayer 9 times a day, by the 8th day your prayers will be answered. My prayers have been answered. J.M.

Summer Camps

BALLARDVALE PRE-SCHOOL, 23 Clark Road, Andover, is now accepting registration for SUMMER SCHOOL, for children ages 2 yrs 9 months to 6 years old. Call Laurel Hansen 470-2033.

CAMP EVERGREEN - Celebrating 30 years day camping. 2, 4, 6, 8, 10 week sessions. Open House Sunday May 2, May 9, May 23, 1 p.m. to 4 p.m. Swimming, boating, canoeing, arts and crafts, much more. 475-2502.

DANCE CAMP: Ballet, Jazz, Tap, Stretch, Crafts. Ages 6 years and up. Mon.-Fri., July 5-16 and August 2-13. ANDOVER SCHOOL OF BALLET, Park Street. 475-5919.

KALEIDOSCOPE '93. Summer enrichment program for children ages 3-12. Outstanding one week courses in science, math, computer, art, performing, video, electronics, astronomy and much more. July 12-30 in Andover. For brochure information call 475-1422.

KITE- Program for academically talented students. Excellent thinking skills institute for grades K-8 at Merrimack College. August 2-6. For brochure information call 475-1422.

Services Offered

A DUMP TRUCK for hire. ATTICS, CELLARS, YARDS CLEANED for a reasonable price. Prompt, reliable service. Call Jim at 685-1302.

A M-P M DUMP TRUCK. Services. We clean out ATTICS, CELLARS, GARAGES, etc. We do moving and gutters too. Fast services, low prices, fully insured. Established 1976. 688-7102 or 881-8262.

ADD A DECK- Open decks to closed-in winterized porches. I will also design multi-level decks to fit your unique requirements. 30 years experience in the area. MA Licensed. 475-1958.

ANTIQUE AND AGED CLOCKS. Tall or shelf, brass or wood. Expertly maintained, restored, repaired, packed, moved, installed. Prompt, guaranteed workmanship. Free estimates. Reasonable rates, buying mechanical clock parts and tools. 683-3688.

BACKGROUND DINNER MUSIC on piano. Classical, showtunes, easy listening. Reasonable rates. Available for weddings and other functions and private parties. Call 1-372-9394.

BIRTH ANNOUNCEMENTS, WEDDING INVITATIONS and Parties. Individually designed and hand lettered by graphic designer, Ned Williams. See samples at: BETSY WILLIAMS/The Proper Season, 68 Park Street, Andover.

CALLIGRAPHY BY GINA: Properly executed by hand to your personal specifications. Envelopes addressed, placecards, certificates, poems, family trees, signs. Call 682-1066.

CALLIGRAPHY WITH A CREATIVE TOUCH. DISTINCTIVE CALLIGRAPHY for addressed envelopes, place cards, poems, songs, certificates, scrapbooks. PERSONALIZED STATIONERY & GIFTS for adults and children. INVITATIONS: wedding bridal/baby showers, Christenings, birthday/anniversary, Bar/Bat Mitzvahs, birth/engagement announcements. Album Invitations discounted. Exciting graduation announcements, invitations. Distinctive, Unique & Personally Designed especially for you. THE WHITE PLACE on the porch at 10 Essex Street, Andover. (next to Ginny's). Tues.-Fri. 10-5:00; Sat. 10-4:00. 474-4645.

CALLIGRAPHY- add a classic touch to wedding invitations, place cards. Reasonable price, prompt turn around. 470-1778.

DO YOU OWN a computer? I do hardware or software consulting, installation, troubleshooting or training in the comfort of your own home. REASONABLE RATES. 475-7307.

FREE, FREE. Horse manure. 475-5685.

GETTING MARRIED? Let us dry your wedding flowers and turn them into a long lasting Keepsake wreath or basket. For more information visit our shop. Betsy Williams/The Proper Season, 68 Park St., Andover. 470-0911.

HIRE A TRUCK. No job too small. Tree work, lawn work, Rototilling. Call 658-3117 ask for John.

GRAD. SCHOOL STUDENTS will paint your house for 1/2 the price this summer. 6 years experience. References available. 475-9690, 617-241-8546.

HOUSESITTER AVAILABLE for summer or otherwise. Responsible working woman happy to take care of pets, yard and home. References. Tara 508-649-6353.

ODD JOBS: Attics, cellars, yard work, debris removal. Truck available for moving. We do it all! 685-7762.

RELAX AND ENJOY the summer. Let me do the lawn mowing. Call Tom at 685-4462. You'll be glad you did.

TYPING: ACCURACY, spelling guaranteed! Word processing, transcription. Resumes. Call 475-1665.

ZED RAY COMPANY Home Improvements, vinyl siding, windows, decks, additions, garages, sheds, and roofs. Licensed and Insured. 975-3438.

Tree Service

TREE WORK & FIREWOOD: TREE REMOVAL & TOTAL TREE CARE: Pruning, Land clearing, stump grinding, Brush-chipping, American Tree Specialist. Free estimates. Fully insured. Seasoned firewood \$150/cord. 508-682-1558 (North Andover); 508-887-7399 (Boxford).

TREE WORK. Stumps ground out. Brush chipping and yard debris hauled. Firewood sold. Free estimates. 1-603-329-5320 or 470-1328.

Decorating Service

CUSTOM MADE SLIP Covers. Pin fitted to your set. Your own fabric. Call 685-2229.

FURNITURE REFINISHING, repair and restoration. 15 years experience. High quality work. Specializing in older pieces. Attractive rates. Call Warren 686-0842.

WINDOW TREATMENTS AND PILLOWS made with your fabric to complement your lifestyle and decorations. Free estimates. Call Pat Vanderpot 470-1469.

Handyman Service

ALL ODD JOBS. Dump runs, yard, cellar, attics cleaned. Best prices, excellent references. Call Jack 521-0445.

HANDYMAN REPAIR SERVICES. Home repairs/maintenance, carpentry, painting, window/door replacements or adjustments, odd jobs, mechanic, small electrical/plumbing. Small repairs welcomed. Len Vigneault 686-9813.

SAM'S HOME REPAIR/LAWN SERVICE. (20% DISCOUNT for the month of May). Home repairs/maintenance, interior painting, plastering, odd jobs and small electrical/plumbing jobs. Lawn and Shrub care. Call 475-9351.

THE VALE HANDYMAN- Your one stop for Repairs, New Decks, Screenhouses, Carpentry, Brick Walkways, Patios, Cement Work, Wallpapering, Painting Indoor/Outdoor, Pressure washing, Repairs-Electrical, Plumbing. No job too small. Free estimates. Call Doug, leave message 475-0140.

Carpentry Service

#CARPENTRY/HOME IMPROVEMENT# Service. 30 years local experience!!! All phases of construction from design, layout, and sketches to the completed project. Mass. licensed and insured. Robert A. Brown, General Contractor. 475-1958.

\$\$\$SAVES\$\$\$

CARPENTRY- All phases. Quality work at the lowest possible price. Free estimates. Call 688-8137.

ABILITY CARPENTER- specializing in small additions, decks, play rooms, ceramic tile, repair and installation. License #040056. 683-4008.

ALLEN CONSTRUCTION: Interior/exterior remodeling. No job too small. Free estimates. Call 682-7443.

AN HONEST & RELIABLE Carpenter/Contractor. All phases of residential construction and repair. Licensed. Insured. References. Free estimates. Superior Const. Andover. 1-800-244-1330.

HOME IMPROVEMENTS: Finish carpentry, built-in cabinets, bookcases, entertainment centers, fireplace mantels and paneled walls. License and references. Call Robert Wilkie 470-1269.

QUALITY CARPENTRY WORK. Specializing in cabinetry and finish work. Call Paul at 975-7661.

TOWN WIDE HANDYMAN. Carpentry, paint and ceramic tile. Quality work. Reasonable rates. No jobs too small. Clean-outs, basements, attics. References. Hank 475-4001.

Masonry Service

BRICK WORK- Cement Work, Stairs, Walks, Walls. All size jobs. Free estimates. Excellent Andover references. Call Tony at 681-7701.

CUSTOM STONE MASONRY. Stone walls, stone veneer. Steps, walkways, stone entryways. Quality, artistic work. References. Free estimates. Call 603-880-8178.

J.P. MASONRY. Brick, block, concrete bluestone and limestone ceramic and vinyl tiles. Free estimates. Fully insured and licensed. 685-9789.

MASONRY- Brick, block, stone. 35 years experience. Reasonable rates. MA. contractors license #011207. Call 470-0980.

PAUL DRISCOLL MASONRY. Brick, block, stone, chimneys. Restoration specialist. Fully insured. Free estimates. Call 683-7482.

PROPERTY TRANSFERS

Andover

The following is a list of properties in Andover that sold from April 16 to April 26.

1 Richard C. Duarte bought 205-207 Andover St., PCL 14, for \$145,900 from Valerie Trombly. The mortgage is with Lawrence Savings Bank.

2 Luigi Fusco bought 126 Osgood St., Lot 12, for \$203,000 from John A. Angus. The mortgage is with Warren Five Cents Savings Bank.

3 Shelley J. Solomon bought Colonial Drive, Unit 10A, for \$24,000 from Steven Gordon.

4 Arthur L. Friedman bought 5 Stoneybrook Circle, Lot 31, for \$390,000 from North Andover Realty Corp. The mortgage is with First Eastern Mortgage Corp.

5 Robert A. Medaglio bought 1 Newman Hill Drive, Lot 1A, for \$557,000 from Andover Building & Development Corp. The mortgage is with Andover Bank.

6 Michael C. Galatis bought 4 Stratford Road, Lot 2, for \$151,000 from Meridian Mortgage Co. The mortgage is with CenterBank Mortgage Co.

7 Joel A. Kaplan bought 14 Oriole Drive, Lot 26A, for \$433,750 from DJC Realty Trust. The mortgage is with Andover Bank.

8 Ralph A. Zimmerman bought 200 Cardigan Road, Lot 16A, for \$175,000 from Richard C. Baron. The mortgage is with PHH US Mortgage Corp.

9 Michael D. Norton bought 4 Nollet Drive, Lot 4, for \$335,000 from Raven Realty Trust. The mortgage is with Andover Bank.

10 Robert A. Bobek bought 19 Argyle St., Lot 41, for \$166,000 from John Dambrosio. The mortgage is with Sears Mortgage Corp.

11 Robert J. Flaherty III bought Haggetts Pond Road, Lot A, for \$75,000 from Federal Deposit Insurance Corp., RCVR. The mortgage is with South Boston Savings Bank.

North Andover

The following is a list of properties in North Andover that sold during the same period.

1 Gregory E. Garbick bought 190 Dale St., Lot 9, for \$138,000 from BayBank. The mortgage is with BayBank.

2 John P. Cahill bought South Bradford Street, Lot 17, for \$38,062.50 from Alin Realty Trust.

3 Robert J. Janusz bought 330 Boxford Road for \$175,000 from Anthony J. Szelest Jr.

4 Thomas M. Jodka bought 3 Wintergreen Drive, Lot 6A, for \$277,500 from Wintergreen Realty Trust. The mortgage is with Salem Five Mortgage Corp.

5 Karl J. Arsenault bought South Bradford Street, Lot 2A, for \$80,000 from Guy Bardascino.

6 Richard C. Conroy bought 2192 Turnpike St., Lot 2, for \$140,200 from Larry R. Taylor. The mortgage is with First Eastern Mortgage Corp.

7 Elias Salgado Jr. bought 160 Candlestick Road, Lot 11, for \$232,000 from David M. Crowley. The mortgage is with First Massachusetts Mortgage Co.

8 Richard M. Rejniak bought 15 Lexington S., Lots 166, Etc., for \$137,000 from Brickyard Realty Trust. The mortgage is with First Eastern Mortgage Corp.

9 David G. Gabriel bought 47-49 Milton St., Lot 9, for \$115,000 from Robert J. O'Sullivan. The mortgage is with First Eastern Mortgage Corp.

10 Christopher Vecchiarelli bought 280 Granville Lane, Lot 38A, for \$292,000 from Leo H. Skellchock. The mortgage is with Prudential Home Mortgage Co. Inc.

11 Donald H. Evans bought 109 Phillips Common, Lot 14, for \$265,000 from Phillips Common Realty Trust. The mortgage is with First Financial Inc.

Source: Essex County Registry of Deeds, Lawrence branch.

Window Repair

WINDOW REPAIRS—Reputable and sash cords. Also carpentry. Free estimates. Call 685-6275.

Home Interiors

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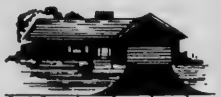
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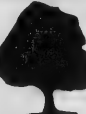
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Century 21
MINUTEMAN REALTY
The Musgrove Building
2 Elm Square, Andover

Help Wanted

LOCAL CONDO SEEKS part time employee for on-call services covering alternate evenings and weekends. Call 475-4929.

★★★
EXCELLENT PAY! Babysitting needed. Saturday evenings and weekday afternoons. One child. Needed immediately! 688-3837. Leave message.

REAL ESTATE SALES- Earn what you deserve! Ask about training. Call Jean at 475-1243.

MEDICAL ASSISTANT OR LPN part time for doctor's office. Respond in writing to P.O. Box 558, Wilmington, MA 01887.

MOTHER'S HELPER FOR newborn and toddler, 15-20 hours per week. Flexible with time and days. Must have experience with infants and references. Call 470-3115.

NANNY- Begin in July to care for infant boy in Andover home with 2 cats. Five days per week, no smoking. Own transportation and references required. 475-8712.

NEW ITALIAN RESTAURANT now hiring. Full & part time wait people must have minimum 2 years experience for fine dining. Full and part time hosts. Call Paul or Vinnie for an interview. 475-7711

PAINTERS WANTED immediately. Experience preferred but will train. College students ok. Own transportation. Call immediately 452-1551.



IN-TOWN-LOCATION- Commercial zoning, 5-6 bedrooms, 4 fireplaces. Potential for many uses: Bed & Breakfast, office space with living quarters, etc. Tastefully renovated. \$169,000.



HISTORIC - Lovely old brick Colonial overlooks one of the largest unspoiled commons in NH. Comfortably updated with 4 bedrooms, 2.5 baths, in-law, and 3 car garage. \$255,00.



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MORTGAGEE'S SALE OF REAL ESTATE ON THE PREMISES

ANDOVER

**5.2± Acres of Land
70 North Street**

FRIDAY, MAY 14, 1993, 10:00 A.M. - REF# 270-93

5.2± acres of land with buildings and single family home.
TERMS: \$10,000 deposit in cash, certified or bank check at sale. Balance due in (45) days. Other terms if any to be announced at sale. Kaye, Fialkow, Richmond & Rothstein, 100 Federal Street, Boston, MA 02110, Atty. for Mortgagee. North Essex Country Reg. of Deeds, Bk. 698, Pg. 240.

DIRECTIONS: Rte. 93 N to Exit 45 (River Road) left on River Rd. to bear right on North Street.

RESIDENTIAL LOTS

LOTS 5 & 6

Rattlesnakehill Road

FRIDAY, MAY 14, 1993, 11:00 A.M. - REF# 270-93

2 residential lots in desirable area. 1 lot contains 1.14± acres, 1 lot contains 1.23± acres.

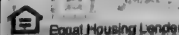
TERMS: \$10,000 deposit in cash, certified or bank check at sale. Balance due in (45) days. Other terms if any to be announced at sale. Kaye, Fialkow, Richmond & Rothstein, 100 Federal Street, Boston, MA 02110, Atty. for Mortgagee. North Essex Country Reg. of Deeds, Bk. 1576, Pg. 332.

DIRECTIONS: Rte. 93 N to Exit 41 (Rt. 125) follow Rt. 125 West to Andover St. on left. Follow Andover St. to bear right on Rattlesnakehill Road.



Daniel J. Flynn & Co., Inc.

AUCTIONEERS • REAL ESTATE
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1-800-649-0018 617-770-0444 #858



PART TIME WORKING
morn needs siller in my home 6-8 hours per week. Mondays and Tuesdays for 5 and 1 year old. References and great attitude required. College students welcome. 470-2554 after 5pm.

SUMMER FUN/CARE for 2 boys ages 5 and 11 in ur Andover home. Boys need a creative active pal for beach, sports, crafts etc. Live out, own transportation required. Non-smoker. Start now Monday-Friday. Could become permanent. Some housework. Call 474-8891 or 474-0044 10 a.m. to 8:30 p.m.

WANTED: Student/Typist to transcribe dictation, cassettes to computer, preferably Macintosh Word 4. Call Lisa at 475-7445.

Publications

\$200-\$500 WEEKLY. Assemble products at home. Easy! No selling. You're paid direct. Fully guaranteed. FREE information- 24 hour hotline. 801-379-2900. Copyright #MA011350.

HELP WANTED: Earn up to \$500 per week assembling products in your home. No experience. Info 504-646-1700 Dept. MA-173.

UTILITY COMPANY JOBS \$8.25-\$15.75 per hour, this area. Men and women needed. No experience necessary. For information call 1-219-736-4715 ext. U4004, 9am to 9pm, 7 days.

Work Wanted

CERTIFIED TEACHER SEEKING nanny position. For information call 508-851-3338.

EXPERIENCED ELDER CARE worker available for part time position. Have worked with Alzheimer patients. Excellent references. Please call 688-4256.

Business Opportunities

HEALTHCARE- Japanese contact urgently needed. Also Hong Kong, Taiwan, Australia, New Zealand and Canada. Call 686-5584.

PARTNER- Successful business person seeking protegee for massive expansion. Call 688-6900.

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ADVERTISE...IT WORKS! Your ad here puts you in touch with thousands of potential buyers. Call our Classified Ad Department at 475-1943 today! Deadline for placing an ad is Tuesday at noon. All ad cancellations must be made by Monday at 5pm.

WANTED

2 or 3 Family House in Andover, MA
Write to
P.O. Box 743
Andover, MA 01810

Articles for Sale

Bahama cruise - 5 days/4 nights. Over-bought, corporate rates to public. Limited tickets, \$279 per couple. 407-767-8100 ext. 4588, Monday through Saturday 9 a.m. to 10 p.m.

ELVIS PRESLEY- many albums and 45's plus assorted memorabilia and collectors items. All mint condition. Call evenings 603-362-4770.

MAHOGANY BEDROOM SET. 5 drawer chest, 3 drawer matching chest, mirror, full size poster bed. \$650. Circa 1940. Call 688-3109.

MT. MASTER CHILD BACKPACK, for child 15 to 45lbs. Far superior to Gerry for serious walker/hiker. Washable. Call 470-1425.

THREE BOYS BIKES. 2 bikes for ages 5 to 7 years. \$25 each. Bike for 7 through 10 years \$50. 475-0193.

Wanted to Buy

ANTIQUES - Anything old Marbletop, Walnut, Grape and Rose Carved Furniture, Glass, China, Silver, Jewelry, Clocks, Prints, Frames, Guns, Coins, Furniture, Etc. William F. Graham, Jr. 149 Golden Hill Ave., Haverhill, Mass. Tel. 372-3708, will call to look.

ANTIQUES BOUGHT. Single items or whole estates. Furniture, paintings or collectibles. We pay the most for old or used oriental rugs. Call Paul or Rose at 475-4676.

KNOW WHO YOU'RE dealing with. Bider's Antiques for 20 years a trusted name in Merrimack Valley. We pay top prices for antiques. Quality used furnishings and collectibles. Please call 688-4347.

WANTED: SLATE POOL TABLE. 7 or 8 ft. Excellent condition. Call 470-3606.

Garage Sales

ANDOVER NEIGHBORHOOD SALE. Saturday, 5/18, 9am-2pm. Gavin Circle (off Haggetts Pond Road, St. opposite St. Robert's Church.

GARAGE SALE. Saturday, May 8th, 9am-3pm. 26 Ivy Lane, Andover (off Wildwood Road). Rain or shine. No early birds.

BARNYARD PLANT SALE: Field dug and potted perennials. SPECIAL: Large clump of Shasta Daisy or Yarrow \$4.00. Corner of Winter and Dale Street, North Andover. Saturday, Sunday, 9am-1pm.

FLEA, CRAFT & GARAGE SALE. May 8th. Rain date May 15th. North Andover Middle School (corner Route 125 and Main Street) Vendor setup 6am-9am. \$15.00 per car length. Free admission to the public 9am-4pm. Sponsored by Kiltredge PTO.

GARAGE SALE- Saturday, 5/18, 4pm. 6 Agawam Lane, Andover. Furniture, household, toys, clothes, books, bikes, much more. No early birds.

GARAGE SALE- Saturday, May 8th, 9am-4pm. 41 Lovejoy Road, Andover. Two older windsurfers, skis, clothes, books, furniture, etc.



**PRICE REDUCED
HUGE DUPLEX
\$179,900!**



NORTH ANDOVER - Attractive Duplex in great location. 10+10+ rooms, 4+4+ bedrooms makes this a rare find! Vinyl siding, oversized yard. Great for owner occupied.

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**NORTH ANDOVER
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\$144,900!**



VERY ATTRACTIVE 3 bedroom Tudor split. Eat-in kitchen with tile floor and slider to deck. Fireplaced family room, bay window in living room. Heated garage. Treed 3/4 acre lot. Great Price!

3 MAIN ST. ANDOVER



470-0707

SHAWSHEEN FARMS - OPEN HOUSE SUNDAY 1-3

Come see this magnificent **Scholz** designed Home Sunday. Custom built by one of Andover's Premier builders, **Doherty & Sons, Inc.** There is only **two one** lot available. Bring your dream designs or review over 200 architectural designs available. Call Valentine Realtors for additional information.



ANDOVER - Do you have a large family? Need space? This custom Contemporary at the end of a circle is for you! Almost new family room on the main level, **two additional Family Rooms** on the lower level...four Bedrooms, large kitchen, formal Dining Room, and 2.5 Baths makes this home ideal for the young family that needs additional privacy. **\$289,000**



ANDOVER - Why not investigate this large home within walking distance to the Center. Presently used as a two family-excellent opportunity for first time buyer-but could be converted into a single family home. Compare-this home could cost you less than it does to rent your present apartment. **\$124,900**

**TERRIFIC OPPORTUNITY
TO OWN YOUR OWN
BUSINESS!**

Close to the center of town. If you are looking for a large commercial building with parking, this may solve your problems. Call **VALENTINE REALTORS** for additional information.

WE GET RESULTS!! LET US PUT A SOLD SIGN ON YOUR HOME!! CALL TODAY 470-0707



Garage Sales

MOVING SALE ANDOVER, 50B Washington Park Drive Apt. 8, Jefferson House. Furniture, dishes, pictures, lamps and much more. **EVERYTHING MUST GO!** Saturday, May 8th, Sunday May 9th, 9am-4pm. Tel. 474-0593.

MOVING SALE- Saturday, May 8th, 9am-12noon. 5 Woburn Street, Andover. Toys, games, furniture and more.

MOVING SALE- Bunk beds, matching dresser, canopy bed, matching dresser, bookcases, puzzles, games, books, etc. Saturday, 5/8, 8am-2pm. 28 Cross Street, Andover.

GIANT YARD SALE- Some antiques, furniture, toys. Something for everyone. Saturday, 5/8, 9am-5pm. 65 Sunset Rock Road, Andover.

TWO FAMILY YARD SALE, Saturday, May 8th, 9am-2pm. Furniture, lamps, toys, books and miscellaneous. Rain date Sunday, 5/16. 1 Shipman Road, Andover.

MULTI-FAMILY GARAGE SALE. Saturday, 5/8, 10am-4pm. 225 Chandler Road, Andover. Appliances, household items, etc.

YARD SALE- everything for babies and toddlers, household items, furniture. Saturday, May 8th, 9am-1pm. 25 Cedar Lane (off Forest Street), North Andover.

SATURDAY 5/8, 10AM-2PM. 5 Hawthorne Circle, Andover. Baby items, furniture, building supplies, toys.

YARD SALE- Saturday, May 8th, 9am-2pm. 4 Penobscott Way, near police barracks on route 125. Many household items including furniture. No early birds!

THREE FAMILY YARD SALE. Saturday, May 8th, 9am-11am. 2 Cottonwood Circle, Andover.

YARD SALE- Saturday, 5/8, 9am-3pm. Antiques, household items, slightly used carpets, many items large and small. Reasonable prices. 9 North Street, Andover.

YARD SALE- Saturday, May 8th, 9am-4pm. Weight bench, rowing machine, reel mower, toys, books for all, bedspreads, drapes, household items. 19 Exeter Way, Andover.

Houses for Sale

SOUTHERN N.H. Real Estate company specializing in bank owned properties. Owner occupied or investor. Single family, condos, commercial and land. **REAL ESTATE RESULTS** 603-880-7070.

Condos for Rent

ANDOVER- First ad! Oversized 1 bedroom, fully appliances corner unit in quaint building on bus line. Owner prefers long-term lease. \$750/month. Call Carla 686-5300 ext. 112.

NORTH ANDOVER 1 bedroom- nice! First floor, patio, back yard, d.w., a/c, central vac, new carpet and paint. Beautifully landscaped complex, 2 swimming pools, tennis, clubhouse, fitness room. \$600/month including heat. 975-4060.

NORTH ANDOVER- townhouse for rent. 3 bedroom, 1.5 baths, fenced yard, pool. Available 7/1. \$1000 includes heat. Century 21 Minuteman 475-1243.

SOUTH LAWRENCE- 2 bedroom, 1-1/2 bath townhouse. Lower level family room. \$650/month. Available June 1st. Call 508-657-6068.

Houses for Rent

ANDOVER - 7 room ranch, 2 baths, garage, one acre, great neighborhood. \$1,000 per month. 474-0538.

ANDOVER- private country 3 bedroom split available June 1st. \$1350. Call 686-7984.

Apartments for Rent

ANDOVER - Clean, cheerful and cozy describe this 4 room apartment in convenient Ballardvale location. \$675 month. No utilities. 470-0383.

ANDOVER - Modern updated 2 bedroom duplex. Wall to wall carpeting, natural woodwork. Storage. \$725 Carol Marrano RE/Ltd. 617-662-0414.

ANDOVER- 1 bedroom. Pool, tennis, heat included. Real charmer. Don't miss this one. Some pets welcome. \$650/mo. Call 937-4421.

ANDOVER- Intown location, first floor, spacious, quiet three room apartment. All electric kitchen with stove and refrigerator, wall/wall carpet throughout, parking. No pets. \$600/month. 475-6368.

Jim Fowler PAINTING
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CALL COLDWELL BANKER

ANDOVER



WELL MAINTAINED 8 room Split set on an acre lot convenient to highways. Bright, sunny kitchen, fireplaced living room, security system, plus central air. **\$199,900**

HOME WARRANTY

ANDOVER



ENTERTAINMENT SIZED living room and dining room in this spacious 7 room ranch. Gleaming hardwood floors, great size bedrooms, large kitchen, knotty pine paneled family room and a relaxing screened porch for you to enjoy. **\$230,000**

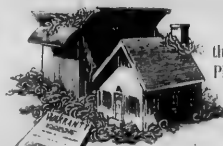
NORTH ANDOVER



MAGNIFICENT Center Entrance Colonial featuring 5 bedrooms, 3 baths plus so much more...

HOME WARRANTY \$499,900

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Good question. So we offer the Best Buyer Home Protection Plan, a warranty on your newly purchased home for 12 months after the sale. For more information, call us today.

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ANDOVER



BETTER THAN NEW is this 9+ room Center Entrance Colonial on almost 2 acres. Wonderful walk-in pantry off eat-in kitchen, first floor office or den, central vac, central air, underground sprinkler system are but a few of the fine features throughout this special home. **\$429,900**

HOME WARRANTY

ANDOVER



CLOSE TO TOWN in prestigious location - Sanborn School district. Formal living room, dining room, spacious master bedroom suite, central air plus so much more... **\$380,000**

HOME WARRANTY AVAILABLE

ANDOVER



BEAUTIFULLY RESTORED in-town Victorian located in Academy area. Home features fireplaced modern eat-in kitchen overlooking enclosed brick patio, oversized fireplaced formal dining room with plenty of built-ins, fireplaced family room, Master bedroom suite with Cathedral ceiling and private bath, heated inground pool all on 3/4 acre lot. **\$449,000**

HOME WARRANTY

NORTH ANDOVER



SUPER - describes this meticulous 5 room townhouse with new kitchen. All oak cabinets and vanities, new appliances and carpeting. **\$95,000**

Gurry Real Estate

28 Elm St., Andover, MA 01810

475-8500

FREE HOME WARRANTY

COMPLIMENTS OF:



Gurry Real Estate

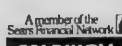
SELLING?

List your home with one of our trained professionals, and receive, absolutely **FREE**, a Home Warranty that covers you during the term of the listing **AND** the Buyer for **ONE YEAR** after the closing. (Call for complete details.)

NOTE: Free Market Analysis, also available.

(OFFER EXPIRES JUNE 30th, 1993.)

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The Home Sellers.



ANDOVER- 2 bedroom townhouse. Walk to town, near train/bus. Washer/dryer, hardwood floors. \$750/month. Available mid June. 475-4834.

ANDOVER- 4 rooms in Colonial house. Walking distance to Brickstone. \$550/mo. Call 475-5798.

ANDOVER- Intown, 2 bedroom. Parking. \$675. No pets. No utilities. Call 475-9100 or 475-0033.

ANDOVER- Luxury studio, one and two bedrooms from \$495 including heat and hot water, pool, tennis, parking, laundry and storage. Convenient location. Call 9:30am-5:30pm Mon.-Fri. 475-3073. Sat. 9:00am-5:00pm.

ANDOVER- Modern 3 bedroom apartment near stores and public transportation. No utilities. NO PETS. \$800/month. Call after 6pm 475-4117.

ANDOVER- modern new studio, cathedral ceiling, skylight, separate kitchen, private deck and yard. Near center \$475/month. Non-smoker. Call Kris 508-658-5355 days.

ANDOVER- Nice, clean studio, close to town, in two family. Appliances, yard. \$395/month. Call BANNER REALTY at 475-3535.

ANDOVER- one bedroom furnished apartment in quiet executive area home. Near conservation land. Kitchen, bedroom, living room w/fireplace, laundry with washer/dryer. Ideal for single professional. Non-smoker. \$625/mo. including utilities. 474-0455.

ANDOVER- spacious 1 and 2 bedroom apartments complete with pool, tennis courts, hiking trails, clubhouse, on-site dry cleaning service and much more. Open daily 10am-6 p.m. From \$685. Also short term corporate suites available. Riverview Commons 508-685-0552. Corcoran Management Company. Equal Housing Opportunity.

ANDOVER- Studio apartment condo. Rent to own. \$500 per month. Call days 617-944-2230.

ANDOVER- Washington Park, sunny 2 bedroom. \$750/month includes heat. Call Allyson 1-346-4453.

BRADFORD Large elegant one BEDROOM and STUDIO in vine covered brick Victorian. Wide pine and hardwood floors, w/w, washer/dryer, fireplace hearth, parking, no pets. \$550 and \$395. 373-8292.

HELP WANTED

Legal Secretary

Andover Firm
Salary commensurate with experience.
Replies confidential.

Reply: Box MR - 15
c/o Andover Townsman
33 Chestnut St.
Andover, MA 01810

Josette Adams
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Kathy Edholm
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ANDOVER, MA 01810
470-1200



1 \$178,500



4 \$249,900



7 \$545,000



2 \$213,900



5 \$286,900



8 \$560,000



3 \$219,900



6 \$285,000



9 \$630,000

1 **NORTH ANDOVER.** Charming 8 room-4 bedroom, 1 1/2 bath Dutch Colonial with fireplace and hardwood floors. Detached 2 car garage and inground pool. **Exclusive**

2 **NORTH ANDOVER. JUST LISTED.** This well maintained 3 bedroom, 1 1/2 bath Contemporary Colonial is set on 2 acres which abuts conservation land. This home is light and bright as well as cozy and comfortable. Large LR, DR, and eat-in kitchen plus lovely fireplaced family room with a cathedral ceiling. 2 car garage under. This home has been well cared for both inside and out! **Exclusive**

3 **ANDOVER. JUST LISTED.** Intown 2 family. Six rooms - 3 bedrooms - modern bath in each unit. Excellent closet storage. Staircase to huge attic. Vinyl siding. Spacious, level rear yard. **Exclusive**

4 **NORTH ANDOVER.** 9 room-4 bedroom-2 1/2 bath brick front Colonial. Great young family neighborhood! Anderson windows-tiled foyer-hardwood flooring in living room, dining room, family room & hallway. Oversized deck. Acre lot. **Exclusive**

5 **ANDOVER.** Intown Cape on a quiet street. 3/4 acre lot. 8 rooms-4 bedrooms-2.5 baths, cherry cabinet kitchen with laundry facilities open to fireplaced family room. 2 car garage. Inground pool. **Exclusive**

6 **NORTH ANDOVER.** Charm of yesterday, convenience of today! Built in 1600's, this home has been lovingly maintained & tastefully updated. Bright living room w/fireplace, entertainment sized dining room w/fireplace, modern kitchen w/skylight. 3/4 bedrooms including a master bedroom w/fireplace and private bath. Nooks & crannies, front & rear stairways, 3 full modern baths, storage galore, fabulous porch, perennial gardens plus a super barn. **Exclusive**

7 **ANDOVER. JUST LISTED!** Located adjacent to Phillips Academy fields, this circa 1880 Colonial features a sunfilled addition and oversized double decks. The kitchen is a gourmet's delight! 10 rooms - 4 bedrooms - 2 1/2 baths. **Exclusive**

8 **ANDOVER. OPEN HOUSE SATURDAY AND SUNDAY 1-3.** Spectacular 10 room home under construction. First floor, den, family room and great room. Extraordinary kitchen, 3 1/2 baths and 3 car garage, central air, town sewer, great neighborhood. **Exclusive**
Dir: Country Club Estates.

9 **ANDOVER.** Spectacular 2 year old, 10 room Wynwood home with exceptional master bedroom complete with sauna. Fireplaced family room with adjoining sunroom. Terrific floor plan with first floor office with built-in bookcases, extraordinary kitchen with Corian countertops, 3 car garage and gazebo for summer enjoyment. **Exclusive**



470-1200

HomeView
MEMBER BROKER



Dear Andover Moms,

We, at Century 21 Minuteman Realty, are proud to acknowledge all of your hard work and caring. Please drop by our office Sunday so we can thank you with

FREE MOTHER'S DAY FLOWERS

While you are here, pick up a copy of our free booklet entitled

"Real Estate Career Opportunities"

Read how many moms have received free professional training through Century 21's Careertrak Program, and are now enjoying the exciting field of real estate sales. Please call Jean or Pam to discuss how you can have an interesting and lucrative career, while maintaining the flexible schedule you need.

Happy Mother's Day!



NORTH ANDOVER - Tired of paying rent? Less than \$500/mo owns this home! By purchasing this 3 room unit you can start building equity, and still have time to enjoy one of the 3 pools, play tennis, and use the sauna and clubhouse! All spacious rooms, patio for your BBQ, cable, convenient to highways. **\$59,900**

NEW EXCLUSIVE!



ANDOVER - Location! Terrific 4 bedroom, 2.5 bath Split entry in most desirable Sanborn School/Indian Ridge area. Large living room, adjoining formal dining area opens to 3 season porch, family room with fireplace; well-built home with hardwood floors, nicely situated on level treed lot. **\$239,900**



ANDOVER - Pond view! Terrific updated Colonial with magnificent view of Haggetts Pond! "Like new" inside with new kitchen and baths, new hardwood floors, updated systems. Garage and security systems. Lovely neutral decor and mint condition! **\$169,900**

OPEN HOUSE SUNDAY 12-2



ANDOVER - Wonderful neighborhood! Expanded 3 bedroom Colonial with fabulous backyard located in super family neighborhood. Pristine condition inside with sun-filled breakfast room and cathedral ceiling family room with sliders to yard. **\$169,900**
Dir: Main to 11 Shepley.

HOUSE OF THE WEEK



ANDOVER - REDUCED! Handsome Garrison Colonial on private treed lot in desirable executive area. Spotless condition throughout with nicely decorated interior, 3 bedrooms, terrific cathedral ceiling fireplace family room, 2 car garage. **\$239,900**



ANDOVER - Outstanding unit at Abbots Pond featuring 2 bedrooms, 2 full baths, hardwood floors, skylights, jacuzzi, gorgeous sunroom and one car garage. Walking distance to town with easy access to highways. **\$219,900**

OPEN HOUSE SUNDAY 2-4



ANDOVER - Walk to town! Charming Cape in mint condition, conveniently located near town. Three bedrooms, 2 full baths, family room plus den, large screened porch off kitchen. Central air, sprinkler system. Must be seen to be appreciated! **\$219,900**
Dir: High to 19 Burnham Rd.



NORTH ANDOVER - Winning combination! Affordable & charming! Bright and sunny Colonial featuring wonderful new kitchen, formal dining room with built-ins, 3 bedrooms, 18'8" x 7' enclosed sunporch, all hardwood floors, updated utilities, gas heat, fenced yard. **\$179,900**



ANDOVER - Desirable location! Gorgeous 3 year old Colonial with fantastic gourmet kitchen complete with Jenn-Air, handsome pickled hardwood floors, vaulted ceilings, 2 living rooms plus 21x26 family room, 2 jacuzzis, 3 full baths, and much more! **\$418,000**

We are a FULL SERVICE COMPANY!

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- Relocation Services

And we're conveniently located in DOWNTOWN Andover in THE MUSGROVE BUILDING, 2 ELM SQUARE

EACH OFFICE IS INDEPENDENTLY OWNED AND OPERATED. Equal Housing Opportunity

Apartments for Rent

BRADFORD - 2 large elegant 1 bedrooms in vine covered Victorian, circa 1800. Fireplace hearths, beamed ceilings, exposed brick, wall/wall, washer/dryer, parking. No pets. **\$595. 373-2253.**

BRITISH COLONIAL apartments. Now available. Two bedrooms, wall to wall carpeting, air conditioning, garbage disposal, double security alarm system. Model apartment open weekdays 8 to 5, Saturdays 9-2. For information call **685-7467.**

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Exclusive \$129,900



JUST A SHORT WALK to town from this mint condition Colonial. Freshly painted inside and out, it has been meticulously cared for and decorated to perfection. Call now for details on this picturesque home.

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A REMODELED KITCHEN with a hardwood floor is just one of the delightful rooms you will find when you view this charming Cape. Set behind a stone wall, it is located in a very convenient area with easy access to highways and YMCA. A living room with fireplace and a den adjoining the kitchen are other super features.

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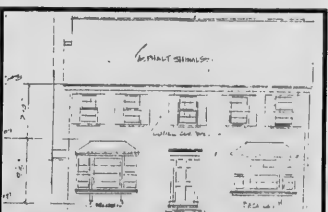
ANDOVER - Dare to be different! Yes it is near the highway. Custom-built four bedroom contemporary must be seen to be appreciated. Spacious foyer, cathedral ceilings, fireplaced master bedroom, on one acre lot abutting conservation land. **\$259,900**



NORTH ANDOVER - Young 3 BR Colonial. Bright and cheery. Well maintained. In town location. Walkout basement. Lovely yard. **\$159,900**



NORTH ANDOVER - Pristine perfection! Prime location! Sophisticated & young 9 room Colonial graced with study, skylit family room & kitchen with cherry cabinets. Sweeping lawns & English gardens - A show stopper! **\$337,900**



ANDOVER - New construction starting soon! Four bedroom rear Garrison Colonial on choice intown lot featuring all public underground utilities, 2 car garage, fireplace. **\$249,900**



NORTH ANDOVER - Antique Colonial Farmhouse graced with charm and the architectural details of the period. Fireplaced living room, formal dining room with built-in cupboard, oversized eat-in kitchen and attractive fireplaced family room. 3.4 Acre lot included in sale. **\$625,000**



NORTH ANDOVER - Large traditional Center Entrance Colonial with finished third floor fireplaced family room, enclosed porch and lovely level acre lot. Home conveniently located close to Olde Center. **\$273,900**



ANDOVER - You'll be surprised at all the new space in this lovely, sunny Ranch with extras galore. Fully finished lower level, hardwood floors, 3 baths, enclosed porch. **\$229,900**



NORTH ANDOVER - Bright, young 9 RM Contemporary Colonial loaded with pizzazz and extras. Vaulted ceilings with skylights, central air, marble baths, 3 car garage. Outstanding neighborhood in one of Andover's most convenient locations. **\$374,900**



NORTH ANDOVER - Sophisticated Sutton Hill! 3 BR's, 2.5 baths, spacious tri-level, h/w floors, two fireplaces. Kitchen has new white on white appliances, mahogany cabinets. Priced to sell! **\$219,500**

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\$259,900

NORTH ANDOVER - Nicely sited on acre plus lot in wonderful neighborhood is this fine 8 room colonial. Fireplaced, cathedral ceiling family room, large deck off kitchen, private backyard & 4 generous sized bedrooms making for a great family home!



\$369,000

ANDOVER - Stately 9 room brick front colonial on a quiet cul-de-sac. Fabulous kitchen with center island, front to back family room with fireplace, formal fireplaced living room. Many extras.



\$82,500

NORTH ANDOVER - Deluxe, second floor, end unit at Heritage Green, recently remodeled with oak kitchen and neutral decor. Balcony sited for relaxing summer evenings to come!



\$129,000

HAVERHILL - Gracious home of yesteryear, with conveniences of today. Grand marble foyer leads to over 7500 SF of living space including 3rd floor au pair suite with private entrance.



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SOUTH LAWRENCE - Owner occupied and beautifully maintained, this lovely two-family has in-law potential and is located near Lawrence Boat Club. Detached two car garage and gazebo.



\$129,000

METHUEN - Lovingly maintained 3 bedroom ranch on corner lot. New vinyl windows, vinyl siding, roof and enclosed porch. Also new kitchen & bath. Large patio area & 18 x 18 screenhouse are added bonuses!



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ANDOVER - Picturesque cottage set on a knoll in great family area offers opportunity to build into a dream home as your needs grow. Wonderful setting on large pond & state forest.



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ANDOVER

TOTALLY UPDATED, yet maintaining the charm and personality of yesteryear, in this cozy 3 bedroom, Antique Colonial/Cape. Spacious and beautiful new oak kitchen. New bath with ceramic floor. Tremendous value!
CALL LILLIAN MONTALTO X110.....\$154,900

ANDOVER

DON'T WAIT until "Before and After" photos of this 7 room, 3 bedroom colonial show up in a magazine! Needed: A talented buyer to visualize this property returned, refreshed, and redecorated!! Natural woodwork, hardwood floors, high ceilings, intown location and exceptional lot!
CALL CARLA POLIZZOTTI X112.....\$172,500

ANDOVER

WELL MAINTAINED 3 bedroom Ranch at end of cul-de-sac. Eat-in kitchen and 2 car garage. Pressure treated deck overlooks well maintained grounds.
CALL SUE PAPALIA X126.....\$189,900

ANDOVER

A FRESH NEW LOOK makes this 3 bedroom Tri-level most appealing! A big fireplace living room, a family room and a sunroom allow space for everyone.
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ANDOVER

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ANDOVER

CLASSIC NEW ENGLAND CAPE offers 10 rooms in total! 4 bedrooms, 2 full baths, fireplace family room with french doors to spacious sun-room which overlooks peaceful, level backyard! Great family neighborhood! Gigantic finished lower level, hardwood floors and more.
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ANDOVER

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ANDOVER



WALK TO TOWN CAPE in great family neighborhood! 6 rooms, fireplace living room, hardwood floors, garage - needs some TLC, but what a value!
Call 475-2201 **\$139,000**

NORTH ANDOVER



TERRIFIC OPPORTUNITY! Young Colonial in very convenient, near town neighborhood offering fireplace living room with hardwood floors, dining room and family room, a detached 3 car garage, too! Move right in!
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ANDOVER



HISTORIC SHAWSHEN COLONIAL on pretty landscaped lot with flowering trees and perennials. Charming full length front porch, fireplace living room, 4 bedrooms, walk up attic for future expansion, and detached garage. A spring delight!
Call 475-2201 **\$199,900**

NORTH ANDOVER



CLASSIC COLONIAL ON COUNTRY ACRE, but not too far out! 8 rooms, charming kitchen with hardwood floor, fireplace family room, lovely master bedroom with private bath. A very special value on today's market!
Call 475-2201 **\$233,000**

ANDOVER



TOTALLY UPDATED, so you can move right in! Wonderful 4 bedroom Ranch on big, level lot in most desirable family neighborhood! Bow window in fireplace living room and large family room with floor to ceiling custom built-ins, central air, security system, garage & more! Ready for you to enjoy!
Call 475-2201 **\$224,000**

NORTH ANDOVER



BRIGHT, LIGHT & AIRY 8 room Colonial in super family neighborhood with Route 125 nearby! Traditional floorplan with front-to-back living room, formal dining room and wonderful new kitchen that opens to huge family room with bay window and sliders to deck, play room & more!
Call 475-2201 **\$269,900**

ANDOVER



ONE OF A KIND HOME in a very convenient location! This 10 room Contemporary Cape has a flexible floor plan, large eat-in kitchen opens to fireplace family room, party sized dining room with wet bar, office with full bath and private entrance - you have to see it!
Call 475-2201 **\$279,900**

NORTH ANDOVER



SURROUNDED BY TOWERING PINES AND STONE WALLS - beautifully maintained New England Contemporary Ranch! 8 rooms, cathedral ceiling family room with fireplace and sliders to 35' deck, formal dining room, large master bedroom with private bath & sliders to deck - unique & exciting family home!
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NORTH ANDOVER



GUNITE POOL & BEAUTIFUL LANDSCAPING compliment this stately brick front Colonial set on an acre lot on a peaceful cul-de-sac! Ideal family home with 4 bedrooms, 2 1/2 baths, large rooms, hardwood floors and lovely decorating! A joy to own!
Call 475-2201 **\$294,900**

ANDOVER



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Senior citizens' bingo prize here may be too large

(Continued from page 1)

"You'd think the Lottery Commission would have better things to do than monitor senior citizens' bingo games."

Ms. Souza is delaying any changes in the local game because an amendment to the law is seeking to increase winnings to \$10 per game. Andover Senior Center bingo pots average about \$20, she said.

A separate law regulates bingo games run by religious affiliations and other non-profit organizations, said Ms. Souza. She looked into acquiring a license like the ones church groups have to run bingo games with larger winnings, but because the Senior Citizens games are played in a building owned by a town, it was not possible, she said.

The current senior citizen law also mandates that bingo cards may not be sold for more than 25 cents each and players may only purchase and play 10 cards at a time. Currently, the Andover bingo cards are sold at 50 cents each, she said, but the Senior Center bingo organizers are in compliance with the 10-card limit, she said.

Ms. Souza said neither she nor any of the other people at the Andover Senior Center were aware that bingo game regulations existed.

"I've talked with a few other people

at different senior citizens centers and they didn't know about these regulations either," she said.

Ms. Souza said the Andover Senior Center bingo room is always filled to its 100-person capacity during the Friday games. Each week they play 10 regular games and three final games, where each player must cover an entire card to win the pot.

If each person bought the maximum number of cards the pots for each game could average about \$30. Not everyone buys 10 cards, so the pots are usually about \$20, she said. About \$50 of the total earnings from card sales goes to pay for refreshments each week, said Ms. Souza.

She is waiting to see if the amendment passes before she makes any changes.

"If I'm going to have to make any changes, I'm only going to make them once," she said.

Ms. Souza said a Lottery Commission representative assured her that she could wait for the outcome of the amendment in the state Legislature before she makes any changes. She has also been told it may take up to six weeks for the amendment to come up for a vote.

"Plus, I haven't given up on trying to get a license," she said.

COPS 101: lessons in law

By Don Staruk

The Andover Police Department and the town have joined forces to teach a course in community policing.

The Community Oriented Policing Seminar, or COPS for short, is being offered by the Department of Community Services as a six-week course beginning Tuesday, May 18.

The six-week course will be taught by Patrolman Bob Cronin. It will meet once a week for six weeks on Tuesdays from 7-9 p.m. Registration fee is \$12 and is limited to 18 students.

"COPS is a unique program whose true focus is toward the citizenry gaining an understanding of the role Andover police and its officers play in the community," according to the course description.

It will accomplish its goal by giving residents a first-hand look at the department from an insider's perspective in a "police academy setting," according to Officer Cronin.

Participants will tour the police station and learn about daily operating procedures at the station and out on the road, "just to understand what we do and why we do it."

Topics will include criminal investigation, motor vehicle laws and domestic violence, including attitudes toward it and the town's policies on handling it.

"We're looking at putting on a

'I think it's a two-way street. It's a chance for us to get to know the citizens and them to know the police.'

Patrolman Bob Cronin, who will teach the course

simulated drunk driving arrest with an intoxicated person," Officer Cronin said. "Detectives are going to do a segment on home security."

In another class participants will discuss crime-scene evidence.

At the same time, police are hoping "to learn something about residents' attitudes toward crime and the police."

"I think it's a two-way street. It's a chance for us to get to know the citizens and them to know the police," Officer Cronin said. "And to have some fun."

Contact the Department of Community Services for further information.

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Hospitals, Health Care, Beauty & Fitness

May 6, 1993



ANDOVER
TOWNSMAN

Get the facts about your health insurance coverage

By William E. Callahan, M.D.
president, Massachusetts
Medical Society

Millions of Americans have health insurance. But surprisingly few of us know much about how that insurance works. Knowing the facts about our health insurance coverage is an important responsibility, because at one time or another, we're all going to need it.

As consumers, we are a critical part of the health insurance system. We get the benefits and pay the premiums. How we use the health insurance system was a major part of the national debate on health care in the presidential election. President Clinton's promises to reform the system are based on two premises: first, that soaring costs have to be controlled, and second, that affordable health care must exist for all Americans.

Most of us get health insurance through our employers and the choices can range from Blue Cross and Blue Shield plans to commercial insurance, health maintenance organizations (HMOs), and preferred provider organizations (PPOs). Every plan has different rules - rules about which doc-

tor or hospital can be used, the cost of a visit, the kinds of services that are covered, where those services can be provided.

And every plan has advantages and restrictions that directly affect how "right" the plan is for you and your family. You might like the low payments of one plan until you find out there are stiff penalties if you choose a doctor or hospital outside the plan. You might think that freedom of choice is most important and wince when you find that the choice comes with a hefty price tag in premium deductibles and co-payments.

So how do you know which health insurance plan is right for you? Ask yourself some questions:

- If I pick health Plan A over Plan B, can I still use my doctor or hospital I now like and trust?
- Is routine care - "well-baby" programs, immunizations, general check-ups and outpatient services - important to me? How much will it cost and how much will I have to pay each year?
- Does the plan limit major medical expenses, such as in-patient hospital-

(Continued on page 15A)

About the cover: Three girls on High Street enjoy an Andover early spring afternoon. They are, from left, Michelle Empey, Beth Murphy and Emmy Lugus. Photograph by Matthew Sapienza. Cover design, section editing and layout by Jack Grady.

Family Health Care Today.

The New England Health Center in Wilmington provides general medical care for teenagers and adults.

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William Patterson,
M.D., M.P.H.
President

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If there's a baby in your future, consider *all* the benefits of delivering at The General. Call (508) 683-4000, ext. 2206 and ask for our maternity brochure. If you would like to see for yourself, tours are conducted by individual appointment. We'd be proud to show you our new creation.



One General Street, Lawrence MA 01842





Dr. Michel Biedermann guides a patient and analyzes her progress at Genesis² located at Whittier Rehabilitation Hospital, Haverhill.

Whittier Rehab sets the pace in sports medicine with Genesis²

Whittier Rehabilitation Hospital in Haverhill is proud to introduce a new concept in sports medicine, performance and lifestyle management: Genesis². The purpose of Genesis² is to bring together the fields of science, technology, medicine and sports in an aggressive approach to treating sports injuries and solving sports performance-related problems and individual limitations. Genesis² is the only clinic in New England that offers state-of-the-art computerized isokinetic equipment, 3-D video biomechanical motion analysis, underwater treadmill and metabolic exercise stress testing.

Computerized isokinetic equipment is unique in that it allows peak activation of a muscle throughout its range of motion. During an arm curl for example, the arm is weakest when it is fully extended but is strongest at about a 90 degree angle, or halfway up the curl. Thus the usual strength-training techniques can not accommodate these highly personalized differences. Free weights for example may maximally stress an extended arm, but as the arm bends and becomes stronger, this stress is no longer maximal. This is not so with the isokinetic equipment used by Genesis². Indeed, by sensing the changes in strength that a limb has over its range of motion, the computer can adjust precisely how much resistance needs to be applied on the arm to optimally stress the muscle. Furthermore, isokinetic equipment allows working out in half the time it would take with free weights by stressing both the extensor and flexor muscles during one repetition.

Biomechanics applies the laws of physics to the body by measuring the mechanical forces exerted on the

body. This science has applications from sports performance, ergonomic design and industrial applications to name but a few. The 3-D video biomechanical motion analysis allows the Genesis² staff to evaluate the efficiency of a motion. A golf swing or a tennis serve can be dissected frame by frame for inconsistencies or weaknesses. Based upon this biomechanical analysis, changes in technique can be suggested to improve the execution of the movement.

Water-based exercises and rehabilitation have recently gained tremendous acceptance because they minimize the stress on the joints. Indeed, the higher the water level, the lighter the body will appear. But as anybody who has run in the water along a beach knows very well another benefit from exercising in water is that the body is strengthened by the resistance of the water. The limitations of this form of exercise are that the water is usually cool, which may exacerbate arthritic inflammations, and that usually one of two water levels exist. One either exercises in the deep end of the pool, in which case the body simply bobs around, or in the shallow end where more stress can be applied to the lower body. Furthermore, runners often find it very important to keep feeling the ground under their feet, even while they run in a pool. This allows them to make the small adjustments necessary to have a relatively normal stride. This feedback on the sole of the foot is called the proprioceptive feedback. Most people who run in the deep end of the pool have severely reduced proprioceptive feedback and thus exercise with an awkward cycling motion instead of a fluid

(Continued on page 4A)

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Renovations to Holy Family Hospital's obstetric unit are underway; tours available

Renovations to Holy Family Hospital's obstetric unit are well under way, with completion of this \$2.4 million project expected by early fall. When completed the hospital will have 14 LDRP (labor-delivery-recovery-postpartum) rooms, a dedicated caesarean section suite, a special care nursery, renovated nursing station and nurses lounge, physician lounge and a new maternity conference/classroom.

The LDRPs will provide single room maternity care; that is, the mother (and baby) stay in one room from the time of admission until discharge. There will be no need for the mother and baby to be moved to

another room following delivery/recovery.

Due to the complexity of this project, construct/renovation work has been segmented into 8 phases. In this way, the unit has operated on a continuing basis and no part of the service has ever had to be shut down in order for work to proceed.

Anyone wishing to tour the new obstetrical/gynecologic suite should call the hospital at (508) 687-0156, Ext. 2226, to arrange such a tour. In addition, anyone wishing information on or registration for any of the prenatal classes offered at the hospital can call Ext. 2271.

Sports medicine with Genesis²

(Continued from page 3A)

running one. All of these drawbacks are eliminated by using an underwater treadmill. Genesis² is very proud to have the only AquaTrex underwater treadmill in New England. In the underwater treadmill, the water level and temperature can be set to individual preferences. By varying the level of water, the Genesis² staff can accurately set the amount of stress exerted on the body.

The metabolic exercise stress testing equipment allows us to measure how much oxygen is consumed during progressively harder exercise. Fitter people have a greater ability to consume oxygen than do deconditioned people. This test is one of the marker of endurance fitness and is called a VO₂max test for it establishes how much oxygen is consumed by an individual during peak exercise. This information along with such parameters as heart rate and respiratory changes with exercise allow us to establish very accurate endurance-training programs. One variable that has recently prompted many questions is that of anaerobic threshold.

There exists a well defined exercise intensity beyond which the breathing rate and the amount of lactic acid produced in the muscle increase rather suddenly. This threshold intensity is the level above which the needs in energy of the body can no longer be met almost exclusively by the breakdown of fats. Instead, the body needs to rely much more heavily on the anaerobic metabolism where energy comes from the breakdown of sugars with the production of lactic acid. Recent evidence suggests that the best way of increasing VO₂max and endurance performance are actually to exercise at a higher intensity than previously believed, above the anaerobic threshold.

It is the combination of sophisticated equipment with a highly qualified staff that allows Genesis² to offer to anyone the same athletic care given to professional athletes. The Genesis² clinic is located in Haverhill on the first floor of the Whittier Rehabilitation Hospital. It can be reached by phone at (508) 372-8000 or (800) 442-1717. On Monday nights, the clinic offers free consultations and guided tours of its facility.

Chlorine can be extremely irritating

Chlorine reacts with water in human skin tissue to form hydrochloric acid. Mild to severe irritation can result. Chlorine poisoning can also cause coughing, choking and shortness of breath. Chlorinated bleaches when mixed with acidic cleaners liberate potent fumes, which are highly irritating to the respiratory tract and cause inflammation of lung tissue.

The Massachusetts Poison Control Center, (800) 682-9211 or (617) 232-2120, recommends the following precautions to prevent poisoning from chlorine:

Store chlorinating liquids and tablets in locked cabinets; never next

to the family pool or within reach of children. Never allow children to explore chlorinating machines or sheds at public or private pools. Never allow children to be unsupervised at pools. Never allow children to mix chlorinating solutions. When mixing chlorine for disinfection purposes, especially in strong concentrations, cover exposed skin. Mix carefully; wear gloves, cover mouth with mask, protect eyes with goggles. Never combine cleaners containing chlorine, ammonia or mix with acid-based cleansers. Store all chlorinated household cleaners in locked cabinets, out of sight and reach of children.

CARDIAC CATHETERIZATION/CARDIAC REHABILITATION • NUTRITION SERVICES

From emergency health care to specialized treatments, everything we do at Holy Family Hospital is focused on one goal: To provide you and your family with the highest quality health care available. Anywhere. It's a "commitment to healing" that each and every one of us takes personally. And it's backed by the most advanced medical staff, and technology, in the region. You'll feel good at Holy Family Hospital.

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Will Leave You Breathless.)

If you're expecting a new addition, we'd like you to see ours — the new, private birthing suites at Holy Family Hospital. Each features a private bath, designer furnishings, and other amenities to help you feel at home. Your own dedicated, special nurse cares for you and your baby for your entire stay with us. And, because the birth takes place in your personal suite, your delivery will be a true family experience. But, with a name like Holy Family Hospital, what would you expect? Call (508) 687-0151 today for a tour. It will leave you breathless.



Holy Family Hospital and Medical Center

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'Sophisticated Living'**Cable television show for seniors to air in Andover**

"Sophisticated Living," a new Continental Cablevision CTV-3 show for and about senior citizens, is expected to be introduced to Andover viewers this spring.

Produced in association with Prescott House Nursing Home and Sutton Hill Nursing and Retirement Center, the half-hour program departs from traditional talk shows with its magazine format and on-location filming. Features and commentary focus on issues of concern to seniors in the Merrimack Valley.

"We wanted to both inform and entertain," noted on-air host Beverly Gioia, director of family services for Prescott House and Sutton Hill. "Our topics are diverse, ranging from interviews of active, interesting seniors to commentary by experts in senior issues."

A recent show segment reminisced about the good times and spirited national mood during the big band era in an interview with members of Manuel's Black and White Band, a local group formed originally in 1926 which became celebrated for its big band music. Another "Sophisticated Living" show featured an interview



Beverly Gioia, host for *Sophisticated Living*, with guest Maria Webster.

with 93-year-old author Frances Coleman Hayes, whose book *A Giant In The Stream* portrays the Lawrence mills during a period of great prosperity.

Regular segments of each show include tips on healthy eating by dietitian consultant Elinor Toebes, cooking demonstrations by Prescott House chef Paul Schorman, a Medicare and Medicaid update by former *Boston Herald* syndicated columnist Wendell Coltin

and an elder crime alert by area police officials.

"This is the first regular programming we've done for this segment of the community," said Barrett Lester, Continental Cablevision's program director for the Lawrence area. "The response so far has been great."

Ms. Gioia credits much of the show's popularity with its positive, upbeat focus on senior living.

"During one recent show we talked to Maria Webster, a 102-year-old resident of Sutton Hill," she said. "She discussed her various activities, interests and visits by family members. It makes the audience aware that nursing and retirement homes such as Prescott House and Sutton Hill are designed to provide a stimulating environment, allowing individuals to enjoy an interesting and satisfying lifestyle, regardless of their age."

Produced monthly, "Sophisticated Living" premiered in March and is currently aired in several Merrimack Valley communities. The show was the idea of Delores Schermer, administrator at Prescott House, who recognized cablevision as an ideal medium for addressing the broad range of issues that affect seniors, their families and friends.

Working with Prescott House and Sutton Hill, David Wible produces the show for Continental Cablevision.

Suggestions for future programs are invited by the show's producers. These should be sent to Beverly Gioia, Prescott House Nursing Home, 140 Prescott Street, North Andover, Mass.

"It Was The Right Move."

The Assisted Living Program at Sutton Hill Nursing and Retirement Center offered Ed Fenton what he wanted: to be independent and productive.

"It was the right move," he says. "I'm active and involved. And if I need any special assistance, it's available. That's the way I like it."

Residents at Sutton Hill and Prescott House Nursing Home enjoy a wide variety of daily activities, beautiful surroundings, and fine care. Both facilities have a reputation for excellence.

When considering assisted living, respite and skilled nursing care, make your first move a visit to us.

Ed Fenton plays chess with young volunteers as resident Susie Mae Stuart looks on.

Offering the full range of services including assisted living, respite care, skilled nursing care, and rehabilitation services.



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Nursing Home



SUTTON HILL
Nursing and Retirement Center

Prescott House Nursing Home, 140 Prescott Street, North Andover, MA 01845 508-685-8086
Sutton Hill Nursing and Retirement Center, 1801 Turnpike Street, North Andover, MA 01845 508-688-1212

Managed By A-D-S Long-Term Care — Specialists In Long-Term Care And Senior Living.



Here are the staff members of Tallman Eye and the volunteers for Mission Cataract USA '93 day.

Tallman Eye participates in donating cataract surgery

On April 24, Tallman Eye Associates participated in a national program called Mission Cataract USA '93. This project was designed to provide free cataract surgery to patients who have no means of paying. The surgery will be performed at no cost to the patients at area hospitals.

Dr. Tallman, who has done medical missions in Haiti, the Dominican Republic and Honduras, is donating his time and services along with his staff. Dr. Tallman says, "I had intended to do a mission in Ghana last October, but was recovering from an automobile accident. This project fit in with my desire to provide help where needed. We have found that we have a large population in the Greater Lawrence area who are in need. Some may have been working and lost their job or some may own a home or car and thus not qualify for coverage.

"Everyone we contacted about the mission cataract program was very enthusiastic," Dr. Tallman says. "The response from the clergy and Elder Services in the area was tremendous. We had many offers to volunteer help."

Those persons screened who have significant cataracts are being scheduled for surgery at Hale Hospital and other area hospitals. Thanks to the generosity of these hospitals and the donations from medial suppliers, not only will the surgery be done at no cost, but all ancillary supplies will be provided free. Thus the surgery will be done at no cost to the patient.

Ernest (Bud) Munsey Sr. of Atkinson, N.H., heard about the program through Father Murphy at Holy Angels Church in Plaistow, N.H. This was a real case of destiny as Father Murphy discovered a flyer announcing the cataract mission on the floor of the church lobby. Father Murphy thought it was a piece of trash but looked at it at the last minute. Bud Munsey used to be the caretaker at the church.

"How could I pass up this opportunity when it came from the priest. I am disabled and unable to work or get



Surgical nurse Nina Gray, RN, goes over information with patient Bud Munsey.

insurance. One of my hobbies is painting and I have been unable to do any because my eyes are so cloudy," Mr. Munsey stated. "The Lions Club gave me an emergency beeper because I live alone and have lung problems. I am extremely grateful to Dr. Tallman for giving me this opportunity."

Another of the patients, Miguel Torres, has been unable to work the last two years because of his blurry, cloudy eyesight. When interviewed, Mr. Torres said, "The first thing I will do after the surgery is to look for work. I am a machine operator and it was too dangerous to work without better vision." Mr. Torres cannot afford insurance and does not qualify for Medicaid.

Dr. Tallman is planning to repeat the program in the future and is hoping for an even larger turnout. "We feel that there are many more people in the Merrimack Valley who do not have insurance or adequate means to pay. Hopefully, more people will call our office for more information about this mission program. We consider it a grass-roots effort to provide care for the underserved and underinsured," Dr. Tallman commented.

TALLMAN EYE ASSOCIATES



TALLMAN EYE ASSOCIATES wishes to thank all who made the free cataract surgery screening day such a success. The many volunteers helped provide a needed service to the under-served and the under-insured. We especially wish to thank the following vendors, agencies and hospitals:

Hale Hospital
ARA/Cory Coffee Service
Vogel Printing
Fisichelli Pastry Shop
Alcon • Allergan Medical
Ioptex • Storz

If you would like information about upcoming mission cataract screenings or no-stitch cataract surgery, please call our Lawrence office at 688-6182.

50 Prospect St.
Lawrence, MA
688-6182

Morrill Place
Amesbury, MA
388-4044

32 Stiles Road
Salem, NH
893-7400

One Parkway
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521-5653

New facilities at the center will include a state-of-

New England Memorial Hospital is a community-based, acute-care hospital offering a full range of health care services to 14 communities north of Boston.



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Gene Parcellin, Malde

[illegible]

New England
Memorial
Hospital
the staff of life

New England Memorial Hospital salutes its outstanding staff of nurses during National Nurses Week, May 6-12.



A Cedardale summer means lots of sunshine.

Enjoy the amenities and programs of a resort all summer long at Cedardale

Cedardale Athletic Club, New England's largest health and fitness center, is currently offering summer memberships. A new addition to Cedardale's membership opportunities, the summer membership is good from Memorial Day weekend through Labor Day. A summer member will have full membership privileges entitling them to use of the indoor as well as outdoor facilities.

The outdoor facilities at Cedardale include five pools, 10 tennis courts, a playground, concession area, basketball and other hardtop courts as well as an "adults only" compound. The "adults only" compound contains its own pool, Jacuzzi and pool side bar and grill.

Summer members will also have access to the newly renovated fitness center, a multitude of aerobic classes, racquetball, volleyball, indoor basketball, pool tables and more.

To go along with its many facilities, Cedardale offers a variety of programs for both juniors and adults. Juniors starting at age 2 can participate at no additional fee in a number of age-appropriate recreational programs such as kids' coordination, arts and crafts and pickle ball. For a nominal fee members may choose to take lessons or be involved in the various teams offered for such activities as swimming and tennis.

If you are looking for a more structured junior program, Cedardale also offers the Cedarland Fitness 'n Fun Summer Day Camp for children between the ages of 4 and 12. The emphasis of the camp, which runs in four two-week sessions starting June 28, is to improve a child's fitness and

confidence through participation in a variety of fun programs and activities. Activities include daily swimming lessons, tennis and racquetball instruction and play, nature fun, arts and crafts, boating skills and more. Camp hours are 9 a.m. to 3:30 p.m., Monday through Friday. Extended supervised hours are available (from 7:30 a.m. to 5:30 p.m.) to accompany busy parents' schedules. Cedarland also offers a half-day Preschool Camp for children 3-5 years old as well as a Junior Outing Camp for juniors 11-14 years old. The Junior Outing Camp is new this year and will include exciting off-site day trips and more advanced on-site programming.

Cedarland Fitness 'n Fun Summer Day Camp offers an exciting facility separate from the health club. The camp facility features a 75 ft. x 75 ft. pool with its own instructional wading area, basketball and volleyball courts and a nurse's station. Campers will also have use of the two 18-hole miniature golf courses and nine batting cages located at the neighboring Cedarland Family Fun Center.

So this year, don't spend a lot of money on expensive one- or two-week vacation rentals when you can enjoy the amenities and programs of a resort all summer long! Come down and see how much fun you and your family can have this summer at Cedardale Athletic Club. Space for both summer membership and camp is limited, so don't wait too long.

Cedardale Athletic Club and Cedarland Fitness 'n Fun Summer Day Camp are conveniently located off Exit 48 of Route 495 on Boston Road in Haverhill.

Look No Further For Summer Fun!



A Cedardale Athletic Club Summer Membership is a *great* summer vacation!

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- Tennis
- Aerobics
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Athletic Club

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Adults, children learn Tai Chi, Kung Fu at Andover's YMAA

By Scott Stroot

Warf on *Star Trek the Next Generation* does it. David Carridine, as Qwi Chang Kane of the popular TV series *Kung Fu*, does it. And thanks to Bill Moyers and public television with their series *Healing and the Mind*, which aired recently, many Americans have now been introduced to Tai Chi Chuan (pronounced tie-chee-chan), the slow and graceful traditional Chinese martial art that focuses on the circulation of "chi," or "life energy" found within and around all living things. An early morning visit to any park or town square anywhere in China, or any Chinese-American community from New York City to San Francisco for that matter, will reveal groups of people moving their arms and legs together in slow, smooth unison, their bodies aligned, their breathing calm: They are practicing Tai Chi and their soft fluid movements belie a great power beneath the calm surface. And now, in ever-increasing numbers, Americans of all ages and outlooks are turning to this thousand-year-old Chinese martial art to help them cope with the stress and strain of 20th-century American life. One reason for Tai Chi's popularity, and indeed one of its beauties,



Scott Stroot and Alex Kiesel demonstrate Tai Chi Chuan.

is its simplicity: Tai Chi requires no special or expensive gear or clothing; any loose, comfortable clothes will do. It requires no special equipment or playing field; your own body and a lit-

tle open space is all you need. And because of its gentle, low-impact nature, anyone of any age can practice Tai Chi; some of the most qualified Tai Chi masters in the world are 80 years old or more, and many serious Tai Chi students begin their training well into and out the other side of middle age. The only requirements for starting on this path of quiet power and peace of mind are a willing and qualified teacher and a good measure of patience and determination; for like any fine art or good wine, Tai Chi takes time to mature.

To learn Tai Chi, one first practices a series of slow, smooth movements designed to gradually increase the bodies muscular balance, coordination and flexibility while reinforcing the connections to the deeper, internal processes of breath and circulation. And according to traditional Chinese medical theory, proper circulation of chi is as important to overall health as is the proper circulation of blood or air. This in turn is the ultimate focus of Tai Chi: to properly store, circulate and express chi. This focus on chi circulation is the basis of many traditional Chinese healing practices, including acupuncture and it is what sets Tai Chi apart from



The ultimate focus of Tai Chi is to properly store, circulate and express chi.

the more familiar, "external" martial arts, such as karate and Kung Fu. Once these basic movement forms are

(Continued on page 14A)

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Established 1982



May is Better Hearing and Speech Month

AT&T Bell improvements in hearing aid technology are available in the Andovers

An estimated 24 million Americans have some form of hearing impairment. It is probable that every person reading this article personally knows someone with this problem.

Hearing loss is one of the more prevalent disabilities in the United States today. Yet only a minority of those affected have obtained the help available to overcome the communication difficulties that can result from hearing impairment.

To highlight this condition, May has been declared Better Hearing and Speech Month.

Most cases of hearing loss can be attributed to the effects of aging or to the exposure to noise over long periods of time. In some cases, medical or surgical intervention can improve the deficit. In the majority of cases, however, the diagnosis is sensorineural hearing loss - also known as nerve deafness - which cannot be treated by a physician. The answer to this problem is the much-maligned hearing aid.

There have been many advances in hearing-instrument technology in recent years. The most notable to date is the continuing success in making hearing aids smaller and smaller. The latest "mini-canal" aids can often fit fully in the ear canal of clients, resulting in a very discreet fit.

The industry has always been trying to deal with the imperfection of hearing instruments. Annoying background noise and overamplification of loud sounds are the two major problems that are most often cited by hearing aid users.

Although much touted by the industry, circuits that are designed to solve these problems are only partially effective. It has taken AT&T Bell Laboratories with its vast signal-processing capabilities to develop a novel approach to hearing aid amplification.

After many years and millions of dollars in development, AT&T decided to spin off a separate company - ReSound Corp. of Redwood City, Calif. - to market and manufacture this technology.

First, ReSound thoroughly researched modern hearing aid tech-

nology and addressed the major reason that these instruments are not effective for current users or are rejected by others. Researchers discovered that current instrumentation amplifies sound but is unable to keep the loudness of those sounds in balance. This results in difficulties with

noise, harshness and overamplification of loud sounds.

The new digital hearing system addresses these problems by selectively amplifying sounds based on their relative strengths, while maintaining the balance between soft and loud. The results are dramatic, with the sound processing technology creating substantially enhanced speech intelligibility and smooth response. Present hearing aid users are the most vocal advocates, being, of course, most

familiar with the weaknesses of their present instruments.

This dramatic new technology is available in an in-the-ear instrument. Its fully programmable capabilities allow Audio Hearing Center personnel to modify the response, optimizing the benefit to each individual user. With the added flexibility of the instrument, it is especially important to have a competent, well-trained individual fit the unit.

ReSound has designated Audio Hearing Center - with offices in Andover and Lowell - as the full-service hearing-care professionals to distribute this technology. All Audio Hearing Center personnel have been fully factory-trained to get the most out of this technology.

Many satisfied customers are testimony to the capabilities of the equipment, but also to the competence of the staff. Audio Hearing Center employs certified, licensed audiologists. These are the only professionals licensed by the state to test and evaluate hearing loss and to prescribe and fit hearing aids.

As May is Better Hearing and Speech Month, it is timely to find out more about this important breakthrough. Interested persons can contact either office for a complimentary consultation.

This dramatic new technology is available in an in-the-ear instrument. Its fully programmable capabilities allow Audio Hearing Center personnel to modify the response, optimizing the benefit to each individual user. With the added flexibility of the instrument, it is especially important to have a competent, well-trained individual fit the unit.

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Please bring along a friend or relative whose voice is familiar to you.

Winchester Hospital's new Breast Care Center: the area's newest resource for breast health

Informing women of all their options for total patient care

Winchester Hospital's new Breast Care Center is the area's newest resource for matters relating to breast health. Whether a woman is looking to get a baseline mammogram or just wants to talk to someone about breast self-examination, the Breast Care Center is the community's most comprehensive and convenient resource.

"Our purpose is to coordinate and integrate all the available breast care resources in a single location so that a woman's experience is more user-friendly and there is faster resolution of any health problem she may have,"

explains Richard Kingsbury, M.D., medical director of the center.

An important feature of the Breast Care Center is its affiliation with New England Medical Center (NEMC). The intent is to give the center a tertiary affiliation and to provide patient referrals to NEMC when needed. The other benefit of the affiliation is the multidisciplinary approach to patient care, which involved NEMC and Winchester Hospital teaming up in case-management conferences.

"We're here to let women know all of their options," says Denise Costello,

The center, affiliated with NEMC, is founded on philosophies of empowering women through education and support.

RN, MS, nurse coordinator at the Breast Care Center. "That includes treatment alternatives at NEMC." Referring to the Winchester Hospital and NEMC affiliation, Ms. Costello

notes, "Basically we're a team."

For women who are diagnosed with breast cancer, the center coordinates all necessary treatment services as well as related services such as home care, psychological counseling, nutrition services, rehabilitation and clothing/prosthesis information.

The center is founded on philosophies of empowering women through education and support. "Our emphasis is on breast health," says Dr. Kingsbury, "and women are encouraged to actively participate in their care, not simply receive it."

Ensuring a healthy pregnancy begins before conception

When asked his advice for ensuring a healthy pregnancy, Nabil Arian, M.D., a Winchester Hospital obstetrician/gynecologist, says it all begins before conception.

"It's important for a woman to see her doctor before she gets pregnant," he explains. "She should have a com-

prehensive physical exam, including a pap smear and complete medical history, to make sure everything is in order.

"By taking a family history, we can identify if genetic counseling is needed," he explains. "If so, it can be done prior to pregnancy, so that informed decisions can be made before a baby is

conceived."

Dr. Arian also recommends prenatal vitamins.

"Recent studies indicate that folic acid can diminish the incidence of certain birth defects such as spina bifida," he notes. "And all it takes is a vitamin a day."

Once a woman becomes pregnant, Dr. Arian believes she should consider herself in a physiological condition, not a disease condition, and care for herself accordingly. To a great degree, that comes down to common sense.

Regarding diet: "Follow established

(Continued on page 14A)

At the Winchester Hospital Breast Care Center, we start by listening to you.

If you're a woman with questions or concerns about breast health, now there's a resource where medical experts are dedicated to hearing what's on your mind. We know that's the best way to give you the information and options that will meet your needs.

The Winchester Hospital Breast Care Center offers a team approach to breast care. We've brought together board-certified physicians and nursing specialists, all trained in breast health. Your team works with you to maintain breast health through ongoing education, mammography, treatment, support, and follow-up. We make sure you know all the options and understand what to expect at every step.

We also provide unique information resources. You're welcome to visit the library, register for comprehensive breast health education sessions, or call the Information Hotline with your questions. We're here to listen to you.

For a brochure or an appointment, please call 617-756-2308.

Winchester Hospital Breast Care Center, Baldwin Park II, 7 Alfred Street, Woburn, Massachusetts 01801

Winchester Hospital
Breast Care Center



Recognizing anxiety, stress

I often feel shaky and light-headed before speaking before a group of people or talking to my boss about a raise. Is this what's known as anxiety? What should I be doing to prevent it? Should I be taking tranquilizers?

The conditions described here are classic symptoms of anxiety, which everyone experiences at one time or another. While anxiety is a frustrating reaction to situations, it is one that often can be tempered by taking some basic steps. In many cases, tranquilizers are not needed to control the condition.

Anxiety often develops when a person is worried about something or under some kind of pressure. It's hard not to worry about people who are important to us or to feel apprehensive about an upcoming engagement, especially when the spotlight is on you. In fact, anxiety can be of benefit in these situations; it adds the extra stimulus to take useful action and to perform better. However, too much anxiety often restricts or interferes with daily functioning.

While the causes of anxiety are numerous, the symptoms are well defined. They include a fast or pounding heartbeat, trembling, dry mouth, sweating, difficulty in breathing, dizziness, nausea, sweaty palms, loss of appetite, fatigue and loss of sexual interest.

Although anxiety is often caused by fear and apprehension brought on by stressful situations, there are organic causes of anxiety too, and some of these can be eliminated by making a

few changes in your lifestyle. Caffeine, for example, is a major cause of organically derived anxiety. Caffeine is the stimulant of choice for coping with the morning rush, but after several cups, your heart often beats harder than it would without the caffeine. Cutting back on coffee and chocolate, which contains a chemically related form of caffeine, helps reduce some of the feeling associated with anxiety.

Sometimes anxiousness manifests itself as a physical illness. Psychosomatic illness can carry with it all the classic symptoms of a real disease and can be very difficult for a doctor to diagnose.

Recognizing that anxiety is the cause of the underlying trouble is a first, and major, step toward identifying and treating the real cause of the anxiety itself.

What can you do to decrease anxiety? One of the first steps should be to learn how to reduce stress. Relaxation techniques and exercise are often helpful. Working around the house can help some people take their minds off especially disconcerting events of the day.

Medications, such as tranquilizers, do have a limited place in helping people cope with anxiety; however, they are not a cure-all. Psychiatrists sometimes prescribe mild medications as an aid to psychotherapy, but only on a temporary basis.

It is often helpful to talk to a professional therapist about being anxious and for help in identifying the cause behind those feelings.

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Suburban Healthcare Center is located at 15 Stevens St. in Andover

Suburban offers full spectrum of care, right in your own neighborhood

It has been almost a year since completion of the expansion of Suburban Healthcare Center, doubling its number of examination rooms from six to 12. According to Jean McAuliffe, administrator, "The expansion has enabled us to see patients faster, maintaining a steady flow of patients from the waiting room to treatment." She adds that the expansion has enhanced the center's ability to offer both walk-in services as well as primary care all in one convenient location.

With a staff of six full-time physicians and three part-time physicians, "We're uniquely prepared to offer comprehensive care from preventative services to suturing, school physi-

cals, well-baby care and minor surgical procedures. With our walk-in services, people who don't have an appointment can come in without ever becoming a regular patient of one of our physicians. But people can also choose one of our physicians as their primary-care provider. That lends itself well to continuity of care because whether people come in due to a sudden illness or an injury or a regular doctor's appointment, they're coming to a familiar place with the same friendly, familiar faces and their medical chart and all their medical information is here," Ms. McAuliffe adds. "More and more people are discovering that we're the one place

Adding to the center's atmosphere is its arrangement with the Andovers Artists Guild to display artwork by local artists.

where they can get a full spectrum of care right in their own neighborhood."

With laboratory and X-ray services on site, Suburban Healthcare has eliminated the need for patients to travel from one location to another.

Also adding to the center's atmosphere is Suburban's arrangement with the Andovers Artists Guild to display artwork created by local artists. "The artwork has created a warm and pleasing atmosphere within the center. Not only do our patients enjoy the wonderful artwork, but our staff appreciates it as well," notes Ms. McAuliffe.

Suburban Healthcare Center is located at 15 Stevens St. in Andover and is open every day except Christmas: Monday through Friday 8 a.m. to 9 p.m., Saturday, 8 a.m. to 6 p.m., and Sunday and holidays 10 a.m. to 6 p.m. Suburban Healthcare Center is a member of most major HMOs.

Wash your hands! It's good advice for everyone, according to PHS

The U.S. Public Health Service says mom was right: Wash your hands! It's good advice for everyone, especially children and those who care for them.

"Handwashing is the best way to prevent illness among children in child care settings," says Jacqueline Polder, coordinator for the Child Care Health and Safety Program in

the Centers for Disease Control and Prevention, an agency of the Public Health Service.

Because they often put their hands in their mouths - hands they may not have washed

after using the toilet - children are very likely to spread disease to themselves and others. And as the number of youngsters attending day care increases (from 3.5 percent in

1970 to 22 percent in 1988), so does the risk of spreading illness.

One of the "Healthy People 2000" public health objectives

(Continued on page 15A)

WE EXPECT THE UNEXPECTED



~ With the beginning of allergy season upon us and summer vacation around the corner, the Suburban Healthcare Center offers walk-in convenience for those unexpected sniffles, headaches, cuts, bruises, and sprains that need a doctor's immediate attention. We are also available by appointment for regular office visits. ~

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Safe and healthy summer job conditions for teen-agers

By Maria Moskos

Summer time will soon be here and teens are currently seeking vacation employment. For teens 14-17 years of age, it often means seeking jobs in food establishments such as restaurants, markets, etc. This is convenient for parents and teens since such job opportunities are often local and teens without licenses can bike, walk or be driven a short distance to work. These establishments are usually open seven days a week, from early morning to late at night, which gives young teens a good edge for a job opportunity. However, it is important for teens and parents to be well-informed about federal child-labor laws, which are not always clearly

spelled out during the hiring phase.

Since I have an avid interest in food and in children, I feel it is important for parents of teens to be aware of the following federal regulations.

Under federal child-labor law, 14- and 15-year-olds may not:

- Work in or around a boiler or engine room;
- Do maintenance or repair work on machines and equipment;
- Cook (except at soda fountains, lunch counters, snack bars and cafeteria serving counters) or bake;
- Operate, set up, adjust, clean, oil or repair power-driven food choppers and cutters and bakery-type mixers;
- Work in freezers and meat coolers;

• Load or unload goods to and from trucks, railroad cars or conveyors.

Minors ages 16 and 17 may not:

- Operate power-driven shearing machines or bakery machinery. (The Labor Department states 16- and 17-year-olds may operate pizza-dough rollers only if the dough rollers meet certain safety criteria);
- Operate circular saws, band saws and guillotine shears. (The Labor Department prohibits food-service workers under 18 from using power-driven meat and food slicers).

Hours

Minors ages 14 and 15 cannot work more than three hours per day on

school days or 18 hours per week in school weeks. They cannot work more than eight hours a day on non-school days or 40 hours a week, in non-school weeks.

Minors under 16 may not work before 7 a.m. or after 7 p.m. From June 1 to Labor Day, 14- and 15-year-olds may work as late as 9 p.m.

There are no federal restrictions on working hours for 16- and 17-year-olds although state laws may have their own restrictions.

These key points are widely distributed by the National Restaurant Association in its campaign to help foodservice operators comply with federal child-labor laws.

Children should learn how to make nutritious choices themselves

Are your children eating healthy foods? While you may be careful about choosing nutritious foods and preparing balanced, healthy meals, do you know who may be playing almost as important a role in feeding your kids?

Your kids themselves.

According to a recent university study cited in *Eating Well* magazine, American kids between ages 4 and 12 are spending \$2.5 billion of their own cash each year on food and beverages of their own choosing. It's clear that if you want your children to be eating for good health, you've got to educate them

on how to make the right choices as consumers. And the American Institute for Cancer Research is offering some advice and helpful aids to make that job easier.

They advise starting with some basics about the benefits of a diet that's lower in fat and sugar and that includes more fruits and vegetables. You might be surprised, for example, how quickly kids can become avid label readers. Get them started on searching for the brand lowest in fat or sugar and you'll soon have a dedicated nutrition helper to take along on trips

to the grocery store.

Another key is providing a good example at home. There's a big middle ground between Twinkies and broccoli. When you start showing your children how many good, healthy food choices there are, including foods they actually like, you may find they become smarter consumers themselves when they're out there spending their portion of that \$2.5 billion and making their own food choices.

Keep in mind that most of the food spending done by children is on fast foods and between-meals snacks. Those food categories are the most productive places to teach your children about eating right. And remember the benefits of a positive approach, rather than just negative comments about a child's usual food or snack choices.

One good way to provide the right example is with the snack choices you

have in the house. A supply of fresh fruit is one of the best ways to set the right tone. If your child feels a need for something crunchy, try offering pret-

zels, popcorn, or dry breakfast cereals that aren't overly high in sugar. They're all a much healthier choice than the usual bag of potato or taco chips.

Teaching kids to choose the right drinks can also be productive. You'll probably never get your kids to give up totally that sugary soft drink.

But instead of trying to outlaw that cola drink, try offering interesting substitutes. There's a variety of bottled, canned and frozen fruit juices available, most of which will satisfy that sweet tooth while still offering better nutrition. Helping your kids learn and enjoy healthful food choices while they're young is likely to teach them good eating habits that will last throughout their lives.

One key is providing a good example at home. There's a big middle ground between Twinkies and broccoli. Start showing your children how many good, healthy food choices there are, including foods they actually like.

Tai Chi taught in Andover

(Continued from page 9A)

learned and one becomes comfortable and adept at coordinating chi, breath, body and mind, some of the more competitive "martial" aspects of Tai Chi can be approached: "jing" training, the whip-like expression of power, and "pushing hands," a two-person exercise emphasizing the sensing and redirecting of an opponent's attack. It can take several years to reach this level of proficiency however, and many people are content to focus on perfecting the meditative, "mind-body health" aspects of Tai Chi. And while large scale empirical evidence is only now being gathered, many of these students tell of lowered blood pressure, diminished lower back pain, even dramatic improvements in chronic conditions such as psoriasis; all attributed to the regular practice of Tai Chi.

Interested? You don't have to travel all the way to China or even exotic San Francisco (or even to somewhat less-exotic Boston) to find a qualified Tai Chi teacher. The instructors at the Andover branch of Yang's Martial Arts Association have been successfully teaching children and adults the arts of Tai Chi and Kung Fu for five years now under the auspices of Dr. Yang Jwing Ming, one of the world's most respected and popular masters of Chinese Kung Fu, Chi Kung and Tai Chi. A profound and prolific writer as well as a recog-

nized martial arts master, Dr. Yang (he holds a Ph. D. in mechanical engineering) has authored several widely respected books on the theory and practice of Chinese martial arts and Chi Kung (theories and methods of chi circulation), along with several children's books based on Chinese folk tales. And although his activities in the international spread of Chinese health and martial arts traditions often find him in places as distant as Portugal and Poland, Dr. Yang nevertheless finds time to continue to personally teach generation after generation of tournament champions right here in New England. The Andover branch of YMAA has been operating out of its storefront school at corner of routes 28 and 133 since 1988, and according to chief instructor and director Alex Kiesel, enrollment has grown steadily ever since. Some of the classes available are Tai Chi for adults, both short and long forms; Kung Fu for children, juniors and adults; and self-defense for women. Some special upcoming classes include Chi Kung meditation and self-massage, taught by Master Yang himself. For more general information and information about specific classes and schedules, call Yang's Martial Arts Association at (508) 474-0509.

Scott Stroot is a free-lance writer and student of Tai Chi at the Andover Branch of YMAA since 1990.

Ensuring healthy pregnancy

(Continued from page 11A)

guidelines for proper nutrition with a well-balanced diet," he advises. If a woman has special dietary needs - if she is a vegetarian, for example - Dr. Arian often will refer her to a nutritionist to ensure that mother and child receive the appropriate nutrition during pregnancy.

"The ideal weight gain during pregnancy is 35 pounds," he says. "But it can be more or less, depending on the circumstances."

"And no smoking, drinking or drug intake," he states, citing the risks that include miscarriage, premature birth, low birth weight, fetal alcohol syndrome and birth defects.

Regarding exercise: "Any activity

that doesn't potentially result in physical harm is acceptable," he says. Downhill skiing and bicycle-riding are too high-risk, he feels, but low-impact aerobics, walking and swimming are "ideal exercises for pregnant women."

On a woman's psychological well-being during pregnancy: "Sometimes women will experience sudden mood changes during pregnancy; for others, it's a time of concern and anxiety, wondering if their baby is all right," Dr. Arian says. "This is a normal process and I encourage women to share their concerns with their doctor."

"Establish a relationship with a physician you trust," he advises. "That is a key element of a healthy pregnancy."

Get the facts about your health insurance coverage

(Continued from page 2A)

ization, that it will cover for specific services? Which services and how important are they to me?

- Where are the doctors or hospitals located under the plan? Does the health plan restrict me to a certain geographic area and will it be an inconvenience? If I travel out of state, am I covered?

- Is there a waiting period before my family is covered? Is there a special waiting period for certain operations we might need right now? If someone has a pre-existing medical condition, will the plan refuse

to cover it or only cover it after a waiting period?

- How can I convert from a group policy to an individual policy if I decide to leave my job? (Under federal law, your employer has to offer you the chance to continue individual coverage for a certain period of time after you voluntarily leave your job.)

- Who can cancel my insurance contract? When? Under what circumstances? Do I have any options if this happens?

Your employer's benefits office or a health insurance representative can answer these and other questions about specific plans. Word of

mouth from friends or coworkers can also help you pick a plan.

Remember that your job as a health insurance consumer doesn't end after you've selected a plan. Almost all health insurers in some way or another now use the cost-control concept of managed care. That means rules for you and your doctor.

The rules for you can include demands for a second opinion for certain surgeries. Others require that you call them before you go into the hospital, including admissions through the emergency room.

The rules for your doctor

include mandatory review of your plan of care while you're hospitalized, questions about the appropriateness of that hospital stay. Many managed care plans also use the concept of a "gatekeeper," who is your primary care physician. These plans may tie the gatekeeper's income to the number of tests or hospitalizations he or she orders, thereby giving more incentive to order fewer tests and hospitalizations.

Insurers use these rules to control costs that all of us, as health-care consumers, ultimately pay. But it's not always easy to figure out the provisions of insurance plans or

what the penalties are if you break the rules. The Massachusetts Medical Society has proposed legislation to require health insurers to explain their plans in "plain English," to simplify health insurance provisions so they're more easily understood by consumers.

As a nation, we'll never get control of our soaring health costs or improve our health-care system unless every one of us can make informed decisions on health coverage. Those decisions start with you and your doctor. Make the time to get the facts about health insurance so it will be there when you need it.

Studies confirm that secondhand-smoke dangers are real

The dangers of secondhand smoke, inhaling cigarette smoke from the air, have long been under investigation, and recent studies confirm that these dangers are real. Secondhand smoke contains all the dangerous chemicals that cigarettes release in a smoker's lungs, the only difference is that the smoker gets more of them.

People with pulmonary diseases like asthma, angina or heart disease can clearly be harmed by secondhand smoke. But new evidence proves that this so-called passive smoke is a health risk for healthy non-smokers as well. In addition to the immediate effects of continued exposure, such as eye, nose and throat irritation as well as acute respiratory irritation, headaches and coughing, passive smoke increases the chances of lung cancer and heart dis-

ease. In fact, it is estimated that secondhand smoke causes 3,800 deaths from lung cancer each year, other studies have estimated that as many as 50,000 Americans die each year as a result of passive smoke, 75 percent of them from heart disease.

Joseph Pappalardo, director of respiratory services at Winchester Hospital, said, "We treat a fair amount of patients who have never smoked but who have pulmonary disorders. It comes as no surprise to hear these new research findings that secondhand smoke is the culprit."

He describes the incidence of berylliosis, a cancerlike pulmonary disease, right after World War II, and how it revealed that "atmospheric" contaminants could affect people secondhand.

"A substance called beryllium used

to be used in producing light bulbs," he explains. "Factory workers started being diagnosed with berylliosis, then it spread to the community - people were bringing their beryllium home on their clothes."

Similarly, when it comes to secondhand smoke, the risks are greatest for people who live with someone who smokes. For example, one study shows that a nonsmoker living with a smoker has a 20-30 percent greater risk of death from heart disease.

Even individuals who are exposed to passive smoke for shorter periods may be at increased risk. A study found that rabbits exposed to sidestream smoke (the smoke that drifts up from the lit end of a cigarette) for just 15 minutes a day developed lung damage.

Children are at greatest risk when it

comes to the harmful effects of secondhand smoke. When one or both parents smoke, there is increased risk of chronic respiratory problems such as wheezing and chronic coughing, and decreased lung capacity.

How can people avoid secondhand smoke?

"In an environment you can control, be frank about asking people not to smoke," says Mr. Pappalardo. "This includes your home and especially closed-in spaces like the car."

"The good news is that our society appears to be moving toward more smoke-free environments." Hospitals are mandated to be smoke-free and here in Massachusetts, in particular, more restaurants and office buildings are adopting smoke-free policies."

Cholesterol plays an important role in one's overall health

If Americans spent as much time worrying about their cholesterol count as they do worrying about their caloric count, we might have a much healthier society. High cholesterol is a major risk factor for heart disease and stroke, the leading causes of death among women, as well as men.

Cholesterol is a white, waxy substance made by the liver. It is also obtained from certain foods, including meat, butter, whole milk, cheese and eggs. The amount of cholesterol in your body depends partially upon what you eat and partially upon hereditary factors.

When a person has too much cholesterol in the bloodstream, deposits can

collect in the blood vessels. Eventually, these cholesterol deposits may form plaque, a substance that can narrow and harden the arteries. This condition, called atherosclerosis, can block vessels to the heart or brain, causing a heart attack or stroke.

The amount of cholesterol in your blood is measured by a blood test. Total cholesterol is expressed as milligrams per deciliter of blood (mg/dl). A desirable level of total cholesterol is less than 200 mg/dl. If your total cholesterol is above 200 mg/dl, your doctor may do an analysis of lipoproteins, the substances that carry the cholesterol in the blood. These additional tests provide for a more thorough assessment of

cholesterol level.

You should have your cholesterol checked about every five years. If you have a personal or family history of high cholesterol or heart disease or you smoke or have diabetes, your doctor will probably recommend testing every one to two years.

If your cholesterol is elevated, you should take steps to bring the level down. Eating foods low in fat and cholesterol is one important way to help control your blood cholesterol level. Fat should make up no more than 30 percent of the calories in your daily diet. Be especially wary of saturated fats, as these interfere with cholesterol breakdown in the body.

Changes in your lifestyle

Changes in your lifestyle can also help reduce your risks of high cholesterol and cardiovascular disease. Regular exercise is a good way to help lower the level of cholesterol circulating in the blood. Smoking, on the other hand, can increase the circulating cholesterol level as well as your risk of heart disease.

Because cholesterol plays such an important role in your overall health, it is wise to understand how this substance affects you and to have your cholesterol tested. Talk to your doctor about how to maintain a healthy cholesterol level through diet, exercise, and regular checkups.

Wash your hands! It's good advice for everyone, according to the PHS

(Continued from page 13A)

for the year 2000 is to reduce by 25 percent the number of cases of infectious diarrhea among children who attend licensed day care centers. To decrease the spread of disease

in day care centers, PHS recommends:

- Teaching children and staff to wash hands vigorously and consistently, using soap and water.

- Making certain children and staff wash hands after

using the toilet or changing diapers and before handling, preparing, serving and eating food. During an outbreak of diarrhea, staff and children also should wash their hands when entering the day care center.

- Making certain staff members who prepare food, including bottles, avoid changing diapers or assisting children in using the toilet. If they must perform these functions, they should wash hands vigorously afterwards.

- Washing surfaces and plastic, metal and wooden toys with hot, soapy water regularly. During an outbreak of illness this should be done at least once a day.

- Telling parents they must keep sick children home.

New companion service offered

Nursing Services Staffing of N.H. Inc. announced recently that a new service is available to elders in the community. The newly formed "companion" program allows the elders in the community to maintain their independence by having someone assist them in their daily activities. The companion, according to Randy Beth DiSalvo, president of Nursing Services Staffing, assists the elder in their personal care, meal preparation, housekeeping and errands.

Nursing Services Staffing, as well as Nursing Services Homecare Inc. is a family owned and operated company that has provided services in clients' homes for 20 years. Services are available 24 hours a day, seven days a week.

Nursing Services Staffing/Nursing Services Homecare Inc. is a family owned and operated company that has provided services in clients' homes for 20 years. Services are available 24 hours a day, seven days a week.

Early detection important in treating head, neck cancer

Head and neck cancer is a term used to describe cancers of the sinuses, the throat (the larynx and pharynx), the face and the oral cavity (the area in the mouth from the lips to the base of the tongue).

Each year, approximately 40,000 people are diagnosed with a head and neck cancer (not including facial skin cancer), and about 13,000 die of the disease.

Those at risk of developing head and neck cancer include people over the age of 40 who smoke (or have ever smoked), consume alcohol or have a family history of the disease. However, it's important to note that many people diagnosed with head and neck cancer do not fall into any of these risk groups.

Signs of the disease vary, depending upon where the cancer is located. Symptoms of cancer of the sinuses include nasal blockage and drainage, facial pain and bleeding; signs of cancer of the larynx include voice change, difficulty swallowing, a pain or lump in the neck, and a persistent cough; symptoms of face cancer include a lesion on the skin; symptoms of cancer of the oral cavity include difficulty chewing or mouth sores.

Those people who have experienced any of these symptoms consistently for a period of 10 days to two weeks should consult their physician, who, in turn, may refer them to an otolaryngologist (an ears, nose and throat specialist) who is also a head and neck surgeon. An otolaryngologist can diagnose the problem by taking the patient's medical history; physically examining the head and neck area; and, with the use of a fiberoptic diagnostic tool, viewing the muscular surface of the pharynx and larynx.

If an abnormality or mass is found, a radiographic evaluation is performed and a biopsy is done. If the abnormality proves to be cancerous, surgery, radiation therapy and/or

chemotherapy are used either together or separately to treat the disease. Treatment depends on how advanced the cancer is and where it is located.

As is the case with many diseases, early detection plays a crucial role in determining the success of head and neck cancer treatment. If caught in an early stage, the five-year survival and cure rate for most of these cancers is very good, but the rate drops as the cancer progresses.

If, for example, cancer of the larynx is diagnosed in Stage I (the earliest stage), the five-year survival and cure rate is about 95 percent; if it is discovered in Stage IV (the last stage) the rate decreases to 25 percent. If the cancer spreads to the neck, such important structures as the windpipe, swallowing pipe and arteries going to the brain can become affected.

A secondary, but devastating, aspect of this disease is the disfigurement that often results from tumor resection. Fortunately, techniques in reconstructive surgery now enable physicians to rebuild the areas destroyed by the disease. Many otolaryngologists are now trained not only to detect and surgically remove the cancer but also to perform the reconstructive surgery, thus easing the treatment process for the patient with head and neck cancer.

Radiation therapy and chemotherapy play a very important role in improving control of certain head and neck cancer tumors. In some medical centers, a multidisciplinary approach is carried out by what's known as a tumor board, where head and neck cancer cases are discussed by the head and neck surgeon, radiation therapist and oncologists, and a decision is made to determine the best treatment options. It is through this multidisciplinary approach that gains are made in improving control of the cancer and the chance of survival of patients with head and neck cancer.

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Lahey Clinic to hold health-care career expo on May 12

In conjunction with Lahey Clinic's celebration of National Hospital Week, May 10 through 15, the Human Resources Department at the clinic is sponsoring a "Careers in Health Care" expo for individuals interested in pursuing careers in health care or making a transition into a new role in the medical field.

The expo will be held on Wednesday, May 12, from 10 a.m. to 2 p.m. at the Lahey Clinic, 41 Mall Road, in Burlington. Information will be provided about educational requirements, scope of responsibilities and starting salaries of a variety of health-care positions.

Lahey Clinic representatives from departments such as nursing, respiratory therapy, medical technology, radiologic technology, physical therapy,

National Hospital Week is May 10-15. Lahey Clinic is sponsoring a career expo with information on roles in the medical field.

occupational therapy, pharmacy, medical records and physician support services will be available to discuss career options and answer questions. In addition, representatives from several colleges will be available to discuss educational programs at their schools.

For further information, call Kathy Doley of the Human Resources Department at (617) 273-8008.



"Careers in Health Care" Expo for individuals interested in pursuing careers in health care or making transitions into a new role in the medical field will be held at Lahey Clinic on Wednesday, May 12.

Follow doctor's orders for health

Scientific advances are constantly in the news. However, health-care professionals say they are battling a health problem that can make even the most effective new drugs useless — failure of patients to take the drugs as prescribed.

It has been estimated that

about half the 1.8 billion prescriptions filled in the United States annually are not taken correctly — and 20 million work days, totaling \$1.5 billion in earnings, are lost each year due to patients who don't follow their doctor's orders.

According to the American

Heart Association, only 11 percent of the 63 million Americans being treated for hypertension adhere to their medication regimens.

"What is equally unfortunate" says Irwin Rosenstock, Ph.D., director of the Center for Health Behavior Studies, California State University, Long Beach, "is that many of

the conditions patients are dying from, like cardiovascular disease, can be controlled through drug therapy."

Dr. Rosenstock, a researcher in compliance, offers some helpful compliance tips:

- Decide on a daily schedule for taking your medication — with breakfast each morning,

for example — and stick to that schedule.

- If you travel frequently, keep your prescription number and pharmacy telephone number in your purse, briefcase or luggage.

- If you are taking several medications, consider investing in a pill box that can help you organize your medication.

Keep Your Eye on the Map!



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For information about Lahey Health Care Network services, call 617-273-8733.



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Bay State Eye Associates customers are valued friends

Dr. Dee C. Kahan at Bay State Eye Associates at 209A North Main St., Shawsheen Plaza, founded and owns Bay State Eye.

"We're a family-owned and run business; all the offices are owned by optometrists. We care about our patients' eye health and the way they look. My name is on the door, so it is very important to me that we provide the highest quality at the best prices," said Dr. Kahan.

The group of independently owned offices began in 1979 as a response to the large, impersonal optical chains. Bay State Eye's motto is "Better buys

for your eyes."

The group provides high quality, personalized service at much lower prices, because its overhead is much lower than optical chain stores.

Bay State Eye provides a full range of ophthalmic services, such as complete eye exams and glaucoma testing and retinal photography.

Contact lens services include all new innovations, such as colored, disposables and bifocal contacts.

Bay State Eye has a huge selection of designer as well as moderately priced eyewear.

At Bay State Eye, you're not just a number, you're a valued friend.

Good reasons to wear sunglasses

Aside from their fashionable good looks, there are four good reasons to wear sunglasses:

- **Aging:** Sunglasses keep you from squinting, so they can help delay the arrival of wrinkles.

- **Vision:** Wearing sunglasses during the day, no matter the season, can preserve optimum night vision. Explains Dr. Jack Weber, director of education and research at Marchon and Marcolin Eyewear, "Rhodopsin or 'visual purple' is a chemical in the retina of the eye. During the day, the substance can be 'bleached out' by light. At night, it regenerates to enable us to recognize objects under dim illumination. Once unprotected or underprotected eyes are exposed to bright light such as reflections off water, sand or snow the retina becomes exhausted, slowing down the normal regeneration process, making vision under dim light difficult."

- **Sunburn:** Eyes can burn just as skin does. Dr. Weber suggests you protect your eyes with a brimmed hat and a quality pair of sun-blocking glasses that are 100 percent protected from the sun's harmful ultraviolet rays.

- **Eye disease:** Age-related retinal disease is the cause of blindness affecting 24 percent of those over 60. Researchers now believe this mostly untreatable disease may have its origin in exposure to ultraviolet rays as early as childhood. Since ultraviolet rays are present on cloudy as well as sunny days, all year-round, Dr. Weber suggests you wear sunglasses.

When shopping for sunglasses, look for UV information. The Sunglass Association of America and the FDA developed a voluntary labeling system for nonprescription sunglasses: *Cosmetic:* Blocks at least 70 percent UVB and 20 percent UVA rays; lightly-tinted lenses for around-town use; *General Purpose:* Blocks at least 95 percent UVB and 60 percent UVA; medium to dark lenses for most outdoor activities; *Special Purpose:* Blocks at least 99 percent UVB and 60 percent UVA for very bright environments, such as ski slopes and beaches.

Keeping these facts in mind can help you keep your eye on good health. Write to The Better Vision Institute 1800 N. Kent, Rosslyn, Va. 22209.

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Mother and son benefit from same-day eye-lens surgery

"The last time my son and I were in the hospital together was the day he was born," says Flora Burke, who recently found herself in New England Memorial Hospital, one room over from her son, Michael. The two underwent eye surgery performed by Dr. Wilson Horsley of the Horsley Eye Clinic in Stoneham.

Ironically, it was the physician's mother, Dr. Margaret Horsley, who saved Michael's eye 17 years earlier. "I was pounding a nail into a cement wall when the head of the nail shot off into my left eye," remembers Michael. "That's when I met Dr. Margaret. I thought they were going to have to take my eye out, but Dr. Margaret only removed the lens, which wasn't salvageable, and closed the incision."

Although the eye was saved, Michael lost most of the vision in it and consequently the eye began to "float" outward. "A person's eyes normally stay straight because the brain sends an impulse to

them to line up when it perceives a clear image," explains Dr. Will Horsley. "Because Michael's eye no longer transmitted that clear image, the normal mechanisms to straighten it were not there. After all those years, Michael's eye had basically turned out about as far as it could."

It was Michael's fiancée, Kathy Griffin, who brought the Burkes and the Horsleys together again. She read about lens implants in the newspaper and was convinced that there must have been improvements since Michael's accident. Ms. Griffin took it upon herself to call the Horsley Clinic and when she was told that Dr. Margaret's son, Will, was also practicing, she made an appointment for her husband-to-be.

"I knew it would help him to be a stronger per-



Flora Burke and her son, Michael, are at home after both underwent a lens implant operation on the same morning by Dr. Wilson Horsley of Andover. Michael's restored vision has made him feel more self confident.

son. Michael is very intelligent, but his self esteem and self confidence was affected," Ms. Griffin says, a by-product, perhaps, of his weak eye.

Michael agrees that the condition had an effect on his day-to-day interactions. "When I talked to people they would say, 'Are you talking to me?' because I couldn't look them in the eye. I used to hate that."

Improving Michael's left eye was a two-step process. The goal of the first operation was to center the eye in preparation for the lens implant. This involved cutting and repairing the eye muscles to align the eye correctly.

The second step, which took place in January, was insertion of the lens implant. Some-

time before then, Ms. Griffin suggested that Michael's mother, Flora, whose cataracts had been worsening over the years, meet with Dr. Horsley. "She didn't want to go because of her age (78) and because she's a diabetic," explains Michael. But Kathy made an appointment anyway.

"I didn't really have any hope at all when I walked into Dr. Horsley's office because I was stone blind in one eye, and only had about 20 percent of my vision in the other," Flora recalls. "I'm a person used to doing everything myself, so the loss of vision has been hard for me to take. When Dr. Horsley examined my eyes he said, 'Well, you're going to see.' I just couldn't believe it. He's a wonderful person, he really is. He did so much for my son, so I trusted him the minute I walked into the office."

Flora took an "if you can do it, I can do it" attitude and

(Continued on page 20A)

"This is the first and only medical subspecialty group that measures hands on, current surgical skills. Dr. Horsley has gone beyond what is normally required as an ophthalmologist and volunteered to take this exam, and have his surgical skills judged by his peers."

Donald C. Nichols, Ed.D.,
Executive Director
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Dr. Horsley received his MD from Loma Linda University School of Medicine, Loma Linda, CA. He served his residency at Tulane University, New Orleans, LA. He completed fellowships in intraocular lens implantation, cataract surgery and glaucoma. He studied under Dr. William Harris, a pioneer in cataract/implant surgery.

Dr. Horsley is also certified by the American Academy of Ophthalmology. He is Chief of Ophthalmology at New England Memorial Hospital, Stoneham, MA, and is on the staff of 6 hospitals.

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Mother and son benefit from same-day eye-lens surgery

(Continued from page 19A)

agreed to the procedure, which took place at New England Memorial Hospital on Jan. 20. Michael and his mother had adjacent pre-op rooms, which was convenient for Kathy, who kept them both company before the surgery.

To remove the thick, leather-like cataract from Flora's eye, Dr. Horsley used a procedure called phacoemulsification.

This remarkable procedure uses ultrasound waves to gently break up the clouded lens.

A tiny incision is made in the eye's tissue wall and through the cornea, which allows the "phaco" instrument to be inserted. It vibrates very rapidly emitting ultrasound energy that gently breaks up, or emulsifies, the cataract into a liquid-like state, allowing it to be flushed out through the tiny opening.

Because this procedure requires such a small incision, the healing pro-

cess is very rapid. There is less discomfort and patients are able to see a lot sooner, according to Dr. Horsley. Dr. Horsley is one of only a few ophthalmologists in the country who is board-certified in cataract and lens implant surgery by the American Board of Eye Surgery.

Both Flora and her son received lens implants that day - in Michael's case, to replace what the nail head had stolen from him years before and, for Flora, in exchange for her cataract, another name for a clouded, thickened natural lens.

Although he is still healing, Michael says that he feels better every day. "As each day goes on, I'm starting to notice even more - the small numbers on a calendar, for instance."

Ms. Griffin believes that the surgery helped Michael gain more self-esteem. "He's a different person, he's much more outspoken."

Says an astounded Flora, "Would

you believe it, the other day I threaded a needle. I really did! I felt so happy. When you're in the dark for so long, it's truly a different world."

Bananas good for babies

In the first six months of life, a baby's birth weight may double and it triples by the end of the first year.

Just imagine: If this rate of weight gain continued, a child would weigh as much as 7,000 pounds by its fifth birthday.

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all nutrients, in a form their very young systems can handle.

That's why, when baby is ready for solid foods, pediatricians often recommend a mashed, thoroughly ripe banana.

It's especially digestible and its broad vitamin and mineral content can make a strong contribution to baby's growth, say the experts at the International Banana Association.

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If you have ever had trouble getting the medical care you and your family deserve, you're not alone. Increasing specialization by doctors, limited office hours and waits once you arrive are just a few of the problems that can occur.

Fortunately, there's a simple way to avoid these hassles: Come to the Andover Walk-In Medical Center at Doctors' Park.

The Walk-In Medical Center is designed to provide quality medical care — without the delays.

When you're hurt or under the weather, you feel bad enough. But waiting to receive attention only adds to your misery. At the Andover Walk-In Medical Center, the staff does everything to make your visit as pleasant as possible — from seeing you quickly to treating you with courtesy and respect.

"We never forget that you're the reason we're here," said registered nurse Pat Palermo, administrative director of the center. "And that's only natural, since we're locally-owned, not part of some health-care chain."

You never need an appointment at the Walk-In Center. Just walk in, like the name says. That means no more waiting a long time to see a doctor or to get medical attention in a busy emergency room. You can get help when it's most convenient for you.

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Our new affiliation with Lawrence General Hospital enhances the care we provide to the community. We now have the full back-up services of one of the premier hospitals of the Merrimack Valley.

such as colds, sore throats and flu, fractures, burns and cuts, sprains and other sports injuries, allergic reactions and minor skin infections, minor medical illnesses and physical exams.

The center has on-site X-ray, electrocardiogram and lab facilities to make diagnosis and treatment easier and more accurate. Mammography services, nutrition counseling and international travel immunizations and counseling have recently been added.

If you've ever gotten sick or hurt on a weekend, you know how hard it is to find convenient medical attention.

"Our new affiliation with Lawrence General Hospital enhances the care we provide to the community. We now have the full back-up services of one of the premier hospitals of the Merrimack Valley," says Ms. Palermo.

The center is open Monday through Friday from 8 a.m. to 8 p.m.; Saturday from 8 a.m. to 4 p.m.; and Sunday and holidays from 10 a.m. to 4 p.m.

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Most services are covered by major insurance companies and HMOs, such as Tufts Health Plan and Bay State Health Care.

Does your child get enough fluoride? Consider supplements

If you don't know whether your child gets enough fluoride, you are not alone.

According to the American Academy of Pediatrics, parental supervision of a child's fluoride consumption is the key to oral health.

Yet many parents do not understand how or when supplemental fluoride should be administered.

"Many parents think kids will get enough fluoride simply by brushing, but fluoride must be ingested starting from birth to ensure developing teeth grow their strongest," said Dr. Stephen Shusterman, dentist-in-chief

at Children's Hospital in Boston. "And while fluoridated-water communities provide the best source of consistent dietary fluoride, many families do not live in these areas."

According to Colgate-Hoyt Laboratories, parents should consider supplemental fluoride drops or tablets with a physician or dentist if their children regularly drink non-fluoridated water, bottled water, ready-to-use formula or are breast-fed.

Using a sugar-free supplement is suggested because sugar on the teeth overnight can promote tooth decay.

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Herpes drug holds promise for cold sores/fever blisters

Acyclovir, a drug approved for treating genital herpes, now has been shown to also heal and reduce outbreaks of fever blisters, which a related herpes virus causes on the mouth.

U.S. Public Health Service researchers report in the Feb. 15 issue of *Annals of Internal Medicine* that patients who took acyclovir had 53 percent fewer episodes of fever blisters, also known as cold sores. In those specific blisters in which herpes simplex type 1 virus could be detected, acyclovir reduced outbreaks by 71 percent.

One third of the U.S. population suf-

fers fever blisters and up to 10 percent of the victims have frequent recurrences, six or more outbreaks a year. These sometimes are painful and unsightly.

Genital herpes is caused by herpes simplex type 2. Dr. James F. Rooney of the National Institute of Dental Research said most fever blisters are not severe enough to warrant the treatment, but it will probably be a useful therapy "for those who suffer most."

Also reporting the research were Dr. Stephen E. Straus of the National Institute of Allergy and Infectious Diseases,

and Dr. Abner Louis Notkins, Margaret L. Mannix, Charles R. Wohlen-

berg and Dr. Juan A. Dumois, and Dr. David W. Alling of NIAID.

Exercise is vital

Shape up or your health may start shipping out. That's the word from fitness experts who point to studies showing that regular physical activity can help prevent serious illnesses, including heart disease, high blood pressure, certain types of diabetes, osteoporosis, depression, anxiety, colon cancer and stroke.

Just three, 20-minute workouts a week can help you live a longer and healthier life, according to experts. They hold that less than half the adult population get enough exercise.

If you've been making excuses to avoid exercising, consider the following ideas from the "Healthy People 2000" program, designed by the federal government to dramatically improve America's health by the next century:

• **Excuse: Exercise is hard work.**

Solution: Not if it's fun. Dancing is exercise, so is walking, hiking, biking or skating. Start out slow and work your way up.

• **Excuse: I don't have the time.**

Solution: Three, 20-minute exercise sessions add up to just an hour a week.

• **Excuse: I'm too tired to exercise.**

Solution: The more fit you are, the more energy you'll have.

• **Excuse: I don't have anyone to work out with.**

Solution: Check your local paper or community center for fitness programs. Or try listening to music during your activity to keep your mind occupied. Walking, hiking or running take you past a lot of interesting things.

• **Excuse: I'm too overweight or too old.**

Solution: You can benefit regardless of your weight and it's never too late to start.

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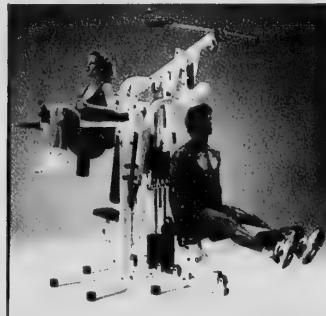
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This way to Muscle Beach

By Diana Morris
Rolling Green Fitness Center

Bathing suit, towel, beach chair, sunblock, umbrella, water bottle, muscles. Muscles? Yes, muscles. Muscles are in. Hip. Cool. You gotta have them. Do you have them? You mean you're not on any type of weight training program? Well, you're not alone. As a matter of fact, I was guilty up until two months ago. I was strictly a cardiovascular woman, running, biking and teaching step aerobics to keep up with my appetite and maintain my weight. I did not want to "get big" with weight training. Good genetics has blessed me with halfway decent muscle tone without weight training so I've been able to slide by the past 10 years without it, or so I thought.

That was before I read about a study done by the South Shore YMCA in Quincy. Plain and simple, the study had two groups. One group exercised for 30 minutes on a stationary bike three days per week; the other performed 15 minutes on the stationary bike and 15 minutes of strength training. After eight weeks, the 30-minute cyclers lost an average of three pounds of fat and one-half pound of muscle. The cyclist/weight trainers had lost 10 pounds of fat and gained two pounds of muscle. I was convinced. If you're still not convinced, here are some more very enlightening facts: 1. Starting in your mid-20s, you lose about a half a pound of muscle for every year you don't weight train; 2. The muscle you gain from weight training is more active than the fat you lose. So, now your body will be burning more calories at rest because of the added muscle; 3. More muscle means less body fat and a better body

fat percentage (the ratio of fat tissue to muscle tissue); 4. And most importantly, muscles are sexy.

I knew that fourth fact would get you. So now you're convinced and ready to get started. Where do you begin? At the Rolling Green Fitness Center, of course. Actually, any weight equipment will do, but I happen to work at the Rolling Green Fitness Center and know that our professional staff is what you need to get exactly what you want out of your weight-training program, safely and efficiently.

The best part about all this weight-training stuff is that you don't have to spend hours in the weight room to get all those nice toned muscles. The American College of Sports Medicine says a minimum of two times per week working all the major muscle groups. Here at the Rolling Green we can design a simple program for you and get you in and out of the weight room in 20 minutes. Twenty minutes two times per week; even you could handle that. Don't worry about "getting too big" — research says that only a small percentage of men and women have the genetic capability of gaining large muscle mass. What you really should be worried about is losing too much muscle mass.

OK, put your bathing suit on and go stand in front of the mirror. So you have them? If you don't, it's time to get with the program — a weight-training program, that is. Don't get caught on the beach this summer without them.

Diana Morris has her master's degree in exercise physiology and is an exercise specialist at Rolling Green. She now weight trains three times per week for 40 minutes and really likes it.

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10 tips for emergencies

Based on the new *American Red Cross Safety Handbook* (Little, Brown and Co.) available to consumers for the first time in 10 years, here are 10 steps you can take that can make a difference in an emergency:

- Do call Emergency Medical Services (EMS) first whenever someone is seriously injured or ill.
- Don't put creams, ointments or oils on burns, but cool a small, superficial burn by immersing it in cool (not icy) water.
- Do call the poison control center in any emergency involving poison. Keep the number near your phone.
- Don't use tweezers to remove a bee's stinger. Scrape it off the skin with a fingernail, credit card or other stiff-edged object.
- Do apply pressure to stop bleeding of minor cuts. Use a sterile dress-

ing or clean cloth and apply pressure directly to the wound and elevate.

Tips from the American Red Cross Safety Handbook

- Don't throw away a tooth that has been knocked out. Press it back into the socket or put it in a container of cool milk and take it to a dentist or hospital emergency department immediately.

- Do apply a cold compress to a bruise as soon as possible to reduce swelling.

- Don't touch someone being shocked by household current. Unplug the appliance or turn off the power switch. Stand on dry insulating material and use a dry wooden object to separate the person from the current.

- Do keep someone with a nose-bleed from lying down. Have him or her sit down and lean forward, pinch the soft part of the nose for 15 minutes.

When do nagging digestive problems require a specialist?

Most of us have had heartburn at one time or another or had a bout with what the TV commercials euphemistically refer to as "irregularity." But how do you know when it's just a temporary condition, perhaps a reaction to something you ate, or when it requires medical attention from a specialist?

"The first step is to discuss it with your primary care physician," says Daniel Friedlander, M.D., a board-certified gastroenterologist at Winchester Hospital. Gastroenterology is the medical specialty for problems of the digestive tract.

"It's important to have an ongoing relationship with a primary care physician who knows your medical history," he explains. "Then he or she is in the best position to evaluate whether referral to a specialist is necessary."

The most common symptoms that bring patients to a gastroenterologist include heartburn, changes in bowel habits, abdominal pain, rectal bleeding, trouble swallowing, blood test that shows an abnormality in the liver and a family history of colon cancer or polyps.

Some of the most common illnesses gastroenterologists would treat include ulcers, diverticulosis, inflammatory bowel disease such as ulcerative colitis and Crohn's disease, gallstone disease, colon cancer and digestive disorders such as lactose intolerance.

Recent advances in the field of gastroenterology hold great promise for patients with disorders of the digestive

tract.

"Recent findings show that, in a certain percentage of patients with ulcers, the persistence of the ulcer is promoted by a bacteria," explains Dr. Friedlander. This means that the ulcer can sometimes be treated with an antibiotic rather than by a lengthy and expensive regimen of antacids and other prescription drugs that often simply control but do not cure the condition. A simple test can determine whether the bacteria is the culprit.

There also are newer, more effective medications available today for the treatment of inflammatory bowel disease including ulcerative colitis and Crohn's disease.

Another important advance in the field of gastroenterology is endoscopy. Using fiberoptic technology, a "scope" can be inserted (either through the mouth or the rectum, depending on the area of the body to be evaluated), which enables the physician to view and readily evaluate esophageal, stomach, colon and upper intestinal ("G.I.") problems. This obviates the need for an invasive surgical procedure just to identify whether a problem exists.

"Endoscopy also is a helpful method to manage certain complications of gallstone disease," says Dr. Friedlander.

Any advice for keeping the digestive tract healthy?

"Diet is important," he says. "The high-fiber, low-fat diet recommended for lowering cholesterol and losing weight is a good one to follow.

"If you have liver or pancreatic dis-

ease, moderate your intake of alcohol. And convey to your primary care physician if there is family propensity for colon cancer," he stresses.

The UNDERDOG



As a Doctor of Chiropractic, I am the underdog. The underdogs have a different way of looking at health. The underdogs believe that the body is a self-healing organism. The underdogs believe you can be healthy without the constant need for taking drugs or medicine.

A recent study compared the overall health of the populations of the seven wealthiest industrialized nations and the United States finished dead last. If medicine causes healing then the United States should be first, not last. Obviously medicine does not cause healing, temporary relief maybe, but not healing.

Our purpose at Andover Family Chiropractic is to assist you and your family in reaching your highest potential for health by correcting Vertebral Subluxations. Vertebral Subluxations are common and can occur in the spine as early as birth. They interfere with the nerve system and can affect the health of the entire body.

If you're tired of being told to take this drug or that medicine to get better and it's just not working for you, then try the underdog. Pills, potions and lotions are not the answer. The answer is to unlock the healing potential within each and every one of us. Chiropractic care can help.

If you're looking for an alternative to the failing health care system in this country, try chiropractic care. It's painless, gentle and it works with your body's innate ability to heal itself.

Phone or write me today if you have any questions about chiropractic care.

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Appointments Now Being Made

VNA expands to meet the needs of the community

In 1895 when the Visiting Nurses of Greater Lawrence first began making rounds, their goal was to provide care and comfort. For nearly 100 years that goal has remained essentially unchanged.

Visiting nurses have been an organized force in the Merrimack Valley since 1895. The Visiting Nurse Association, located at 1 Union St., expanded its services into two other organizations to meet the growing needs of surrounding communities.

VNA HomeCare Inc., Merrimack Valley Hospice and HomeCare Inc. are nonprofit subsidiaries of the Home Health Founda-

tion. The three agencies work together to provide people recovering from illness and injury, the elderly and disabled with health care. VNA HomeCare and Merrimack Valley Hospice services are covered by Blue Cross and accept private insurance plans, health-maintenance organization plans, Medicare and Medicaid and patients' private funds. HomeCare services are paid privately or by insurance companies.

VNA registered nurses specialize in a number of health-care fields, including maternal-child nurses who provide care for mothers, infants and small children and nurses with training in mental health who work with physicians and family members of patients to develop a home-care plan to ease the transition from institution to home.

Certified home-health aides, supervised by VNA nurses, give personal care to assist patients with daily activities. Spanish-speaking staff members are available.

Rehabilitation services staff members, which include occupational, physical and speech therapists, work with patients to return them to productive living through a plan of home exercise, the use of adaptive equipment and ongoing education for the patient, family and caregiver.

The rehabilitation team includes more than 40 therapists with specialties in adult and pediatric home therapy. Home rehabilitation therapy can help those recovering from broken bones, joint replacement surgery or other orthopedic problems, and strokes. The goal of a home-therapy program is to assist the client with becoming as functional as possible after an injury or illness. Handicapped individuals, as well as elders who wish to remain in their own homes, can gain a lot from an individualized therapy program.

VNA also has a complete range of high-tech nursing services, including IV therapy. The VNA team meets with

the patient and family before discharge from a hospital to discuss health-care plans.

Geriatric nurses and nurse practitioners are trained to focus on keeping elderly patients healthy. Health clinics for the elderly are held at local councils on aging and other sites with funding from Elder Services of the Merrimack Valley. There are also clinics for Hispanics, Vietnamese and hearing-impaired elders. The clinics offer health screenings, blood pressure, cholesterol monitoring, medication, nutrition and diabetic teaching and flu shots. Other community

programs include caregiver seminars and maternal health clinics.

The AIDS program offers HIV-related support services for patients and their families. Since 1986, VNA HomeCare has been recognized for service in the field of HIV care by receiving grants from the state, said Phebe Goldman, executive director of HomeCare Inc., VNA and Hospice. Services include nursing and high-tech care, medical-related social services, volunteer support, support groups for HIV-infected clients and their families and loved ones and bereavement support.

Medical social workers deal with entire families to give emotional support and serve as a resource for finding alternative assistance. Private duty and homemaker services are also available.

Home-health aides and nurses are a solution for finding peace of mind for caregivers who sometimes must leave a home-bound person alone, said Ms. Goldman.

HomeCare Inc. is a private, nonprofit agency that provides in-home care for those who are home-bound or need extra care to remain safe and healthy in their homes. HomeCare clients pay privately for services in their home. HomeCare staffers work closely with the VNA and Hospice branches of the organization.

The majority of HomeCare clients are elderly people who may live alone, new mothers who need help with children and/or around their homes, handicapped people who live alone, people recently discharged from the hospital and rehabilitation facilities, and families needing assistance with dependent family members.

Twenty-four-hour live-in care is available, as well as private-duty licensed nursing.

Live-in or companion care is quite popular, according to Ms. Goldman, "With an overnight companion in the home, families feel more secure about the safety of an elderly parent or rela-

(Continued on page 26A)

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VNA expands to meet the needs of the community

(Continued from page 25)

tive."

The Lifeline Person Emergency Response System augments other HomeCare services by providing an extra measure of security for anyone living alone. Lifeline can be installed into an existing phone line and offers a direct line to emergency help with the touch of a button.

Homemaking services are also offered by HomeCare. Homemakers can help by doing personal care such as bathing or even housework and shopping for home-bound individuals.

Merrimack Valley Hospice offers care for patients in the final stages of life. Once a diagnosis of any terminal illness has been made and treatment is beyond the curative stage, hospice care may be considered. Hospice offers emotional, spiritual as well as medical sup-

port to the patient and family. Hospice works closely with a patient's doctor to monitor appropriate care. Its goal is to help a patient remain at home with family and friends. Hospice is Medicare-certified and is covered by many insurance and HMO agencies. When insurance doesn't cover all the costs, tax-deductible contributions from individuals and memorial donations help hospice provide care for all patients who need it. The hospice staff includes a medical director, registered nurses, medical social workers, pastoral and bereavement counselors, home-health aides and volunteers.

Merrimack Valley Hospice offers a free volunteer-training program and bereavement support for up to 13 months after the death of a loved one.

VNA HomeCare, Merrimack Valley Hospice and HomeCare Inc. serve the Merrimack Valley, northeastern Mas-

sachusetts and southern New Hampshire and the seacoast.

For information on the three organizations, call 1-800-933-5593 or 470-1615.

Suspect lactose intolerance? Consult a physician

In the words of the well-known ad campaign slogan, "Milk does a body good." For thousands of Americans, however, a nice cold glass of milk is a source of physical discomfort. The reason is a condition known as lactose intolerance: the inability of the body to digest milk sugar, or lactose.

"The inability to digest milk and milk products occurs because of the lack of an enzyme called lactase," explains Daniel Friedlander, M.D., a Winchester Hospital gastroenterologist. "Lactase breaks down milk sugar

in the small intestines."

While lactose intolerance is often seen in children, it also affects many adults because lactase is produced in increasingly smaller amounts as a person ages.

Lactose intolerance causes physical discomfort in the form of abdominal distention (bloating), cramps, gas and diarrhea.

If you suspect that you or a family member have lactose intolerance, it is best to consult your physician for a definitive diagnosis.



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'Real man' benefits from nose surgery

For the last 10 or 15 years, David Billings has thought about having rhinoplasty (corrective surgery on his nose) to solve two problems that have plagued him for as long as he can remember: the way his nose worked and the way it looked.

Finally, this year, the 33-year-old bank officer decided to wait no longer and have the dual-purpose surgery performed.

"Over the past year, some people at work passed away and their deaths really affected me," he said. "I realized that if there's something you really want to do, you'd better not wait. Life is just too short."

A double deviated septum (a piece of cartilage in the middle of the nose) had obstructed his breathing for several years, and in the past four or five years, the problem had gotten worse.

"I was breathing through my mouth almost all the time and I couldn't smell anything or really taste food. I was also getting colds all the time. It just got to the point where I had to do something about it."

As in the case of Mr. Billings, who had broken his nose twice, a deviated septum is often the result of a trauma that damages the structure and causes it to grow in a crooked manner, eventually obstructing breathing. Corrective surgery involves straightening the septum and removing or correcting any other obstructions.

As he thought about the surgery, Mr. Billings decided he might as well improve his life in more ways than one.

"It's very important that patients know exactly what they want to fix before we do anything," said Dr. Gurminder Kohli of the Center for Plastic Surgery and Personal Development at New England Memorial Hospital in Stoneham and Boston University Medical Center.

"That tells me they've really thought about it and that it's a change that will make a concrete, important difference in their lives. They're not looking for some kind of magic to fix their lives."

It's also important, he says, that people have this kind of surgery done "only for themselves."

"They shouldn't be trying to please anyone else," he said.

Mr. Billings couldn't agree more.

"I really didn't do this for anyone else; just for myself. I just wanted to be a little happier when I looked in the mirror," he said.

Attractive, well-groomed and impeccably dressed, he seems an integral part of his artfully decorated Melrose apartment, filled as it is with antiques, fine china and crystal.

It's not surprising that he chose to make an aesthetic difference in his own appearance.

"I can remember once being in a store that was full of mirrors and catch-



David Billings

ing a glimpse of myself in one. My first thought was, 'Who's that guy with the funny looking nose?' Now I just feel better about the way I look. It's made me more at ease and outgoing. And I'm dressing a little more flamboyantly. I recently bought a stylish hat that I really like to wear," he said.

It was not until after the fact that Mr. Billings realized how much of an effect both the functional and aesthetic problems with his nose had had on his life. Since surgery, he's hardly had a cold, he breathes and sleeps better at night and he can once again experience all the smells and tastes of the world.

Along with his sense of smell and taste, he's also noticed a difference in his sense of himself.

"A while after the surgery, Dr. Kohli wanted to show me some 'before' and 'after' pictures, and I could hardly make myself look at the 'befores.'"

But according to Dr. Kohli, "If it's important to a person's self-image, then it's a change that's important to make. To someone looking on, the difference may be imperceptible, but it may make all the difference in the life of the person himself."

Mr. Billings recalled how several friends couldn't understand why he wanted to have the cosmetic part of the surgery. He also felt a certain stigma against men having cosmetic surgery.

"There's sometimes the feeling that a man who has surgery isn't a 'real' man. But that's ridiculous. A man has as much right as a woman to do something to make himself happier," Dr. Kohli said.

Other popular cosmetic surgery procedures for men, he said, are eyelid surgery, forehead lifts to smooth out wrinkles, and facelifts. Surgery on the lids and around the eyes is the second most frequently requested procedure among men.

Now, many of the people who originally hesitated about supporting Mr. Billings' decision can appreciate the difference it has made.

"People tell me I look great. My mother says, 'Well, you used to have your father's nose, now you have mine.'"

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Computer generated images of before and after. The right side shows how the patient could appear after cosmetic surgery. The nose is lengthened, the chin is built out, and the skin under the eyes is tightened.

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Four generations of caring at Academy Manor of Andover

Four generations of caring – Meyer, David, Ari and Dov Baer Solomont – share a wealth of compassion and understanding for each of their guests at Academy Manor of Andover. They are dedicated to maintaining the highest standards of health care in an atmosphere of warmth, ambiance and elegance for their 174 guests at their Medicare-certified, skilled and intermediate care nursing facility.

The Solomont men are proud of their accomplishments and innovative ideas over the years at Academy Manor of Andover. A unique selective meal program, featuring a five-week menu cycle, was created in 1980 where guests choose their meals. A guest service department began operating in 1984, serving the special personal needs and requests of any guest. Also, a full-time music therapy program was added in 1984 to the busy seven-days-a-week, 365-days-a-year social calendar. A summertime family barbecue (first held in 1975) and the "Home for the Holidays" party in December (first held in 1990) easily became annual traditions. In 1992, a special care unit was developed for guests needing intensive medical and psychosocial care.

The story of Academy Manor of Andover began in 1975 when Meyer

assumed ownership of the facility. Meyer, an attorney for more than 50 years, along with his brothers became involved with nursing homes in 1965 when they opened their first home. Today, Meyer still maintains an active interest in Academy Manor, offering counsel and advice to his son, David, in various matters. Meyer and his wife, Ruth, live in Florida and Lowell. They are active members in many religious and secular organizations.

Inspired by the leadership of his late uncle, S. Joseph, David's interest was sparked in the health-care profession. He is a graduate of the University of New Hampshire with a bachelor of science degree in health administration and is a licensed nursing home administrator.

In 1975, David became administrator and owner of Academy Manor of Andover. While focusing on providing optimum care, David transformed the nursing home from a hospital-like appearance into a homelike, family-oriented environment.

Ten years later, David broke ground

They have a wealth of compassion and understanding for each of their guests.

for the Phillips Brooks Wing. This 90-bed addition includes a "health club" (a full service physical/occupational therapy room), elegant dining rooms, a gift shop, a Victorian pub and expanded kitchen and beauty/barber shop. Extensive renovations were also done at that time to update the George Abbott Wing.

David and his wife, Judi, a nurse, medical records administrator and licensed nursing home administrator, live in Lowell. Both their children, Ari, a licensed nursing home administrator, and Adina, a social worker in a Missouri nursing home, have followed in their parents' footsteps.

As owner and administrator of Academy Manor of Andover, David prides himself on being accessible to families and guests. Those seeking admission information speak directly with David and his assistant director of admissions, Laurie Ortstein.

David is also treasurer of the Samaritans of the Merrimack Valley and president of Montefiore Synagogue in Lowell.

David's son, Ari, and his wife, Sarah Beth, an art therapist, live in Lowell with their three children. When he was 5 years old, Ari visited a nursing home for the first time. From that day on, Ari enjoyed spending his time, aside from schooling, working in the long-term care setting. A graduate of Touro College with a bachelor of science degree in business management, Ari completed an internship in long-term care and became a licensed nursing home administrator. Ari is presently gaining experience in other nursing homes, but will eventually return to Academy Manor of Andover to assist his father.

At 2 weeks of age, Dov Baer made his debut at Academy's annual family barbecue. Now 3½, Dov Baer, aside from school and playing with his two younger sisters, Malka Bracha and Nechama Elkeh Drazeh, enjoys his visits to Academy Manor of Andover. Like father, grandfather and great-grandfather, it is hoped that Dov Baer will follow in his family's footsteps.

Men in business they are, but for the Solomont men, Academy Manor of Andover is much more than just a job. It's a lifetime commitment to providing optimum care, exceptional service and an environment where each guest can feel "at home."



What's in a name? Everything!

At Academy Manor of Andover, it's a reputation that has been earned, in part, by the family tradition of providing quality care and exceptional service in an atmosphere of warmth, ambiance, and elegance.



Four Generations of Caring - Meyer Solomont with his son, David, grandson, Ari, and great-grandson, Dov Baer



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